

Strategic Plan for Aging Well in Jefferson County 2015-2020

Jefferson County Human Services

Why Did We Do It?



Over the age of 60

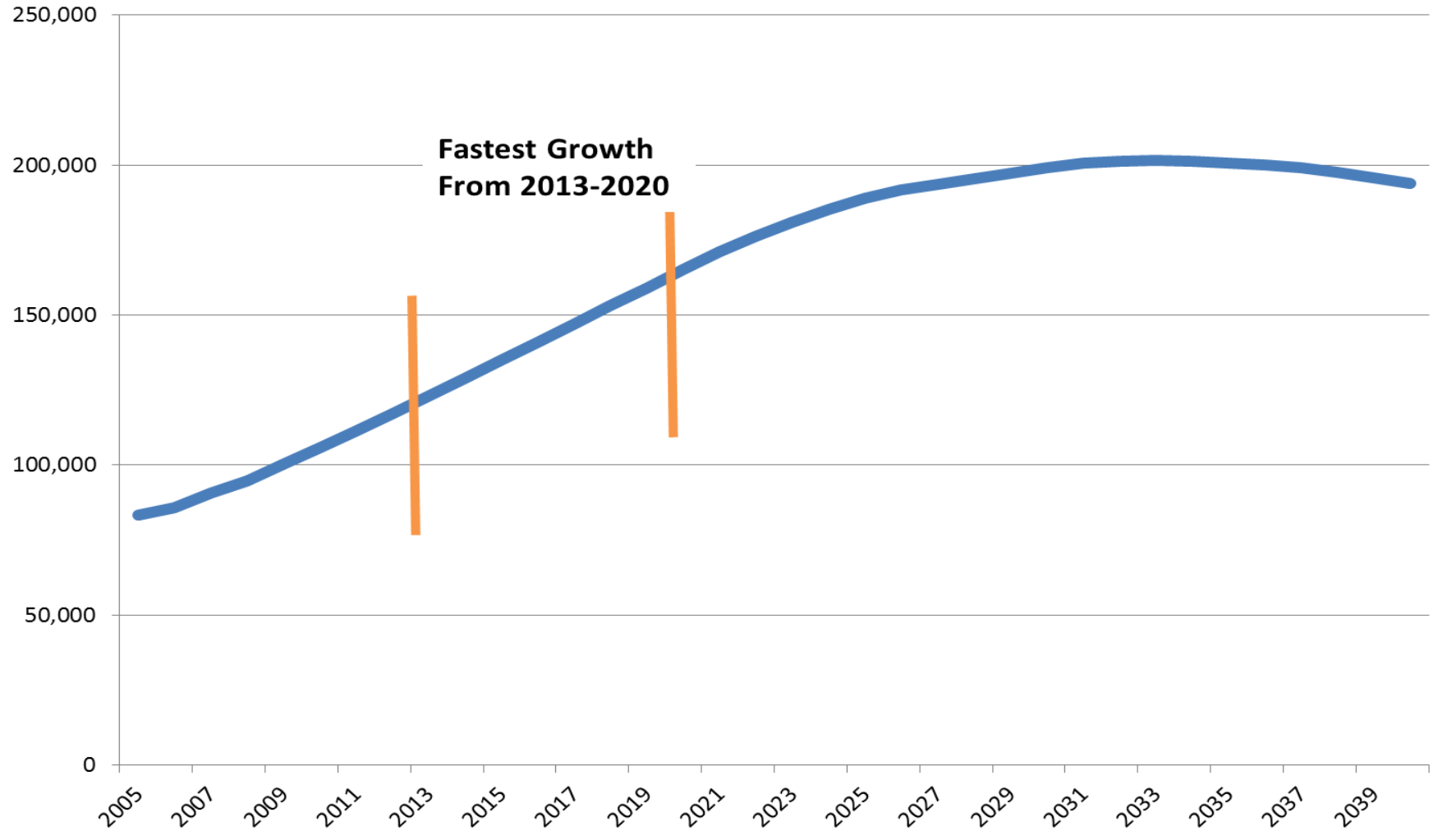
1990	12%
2000	13%
2010	19%
2014	22%
2030	30%



2013-2020

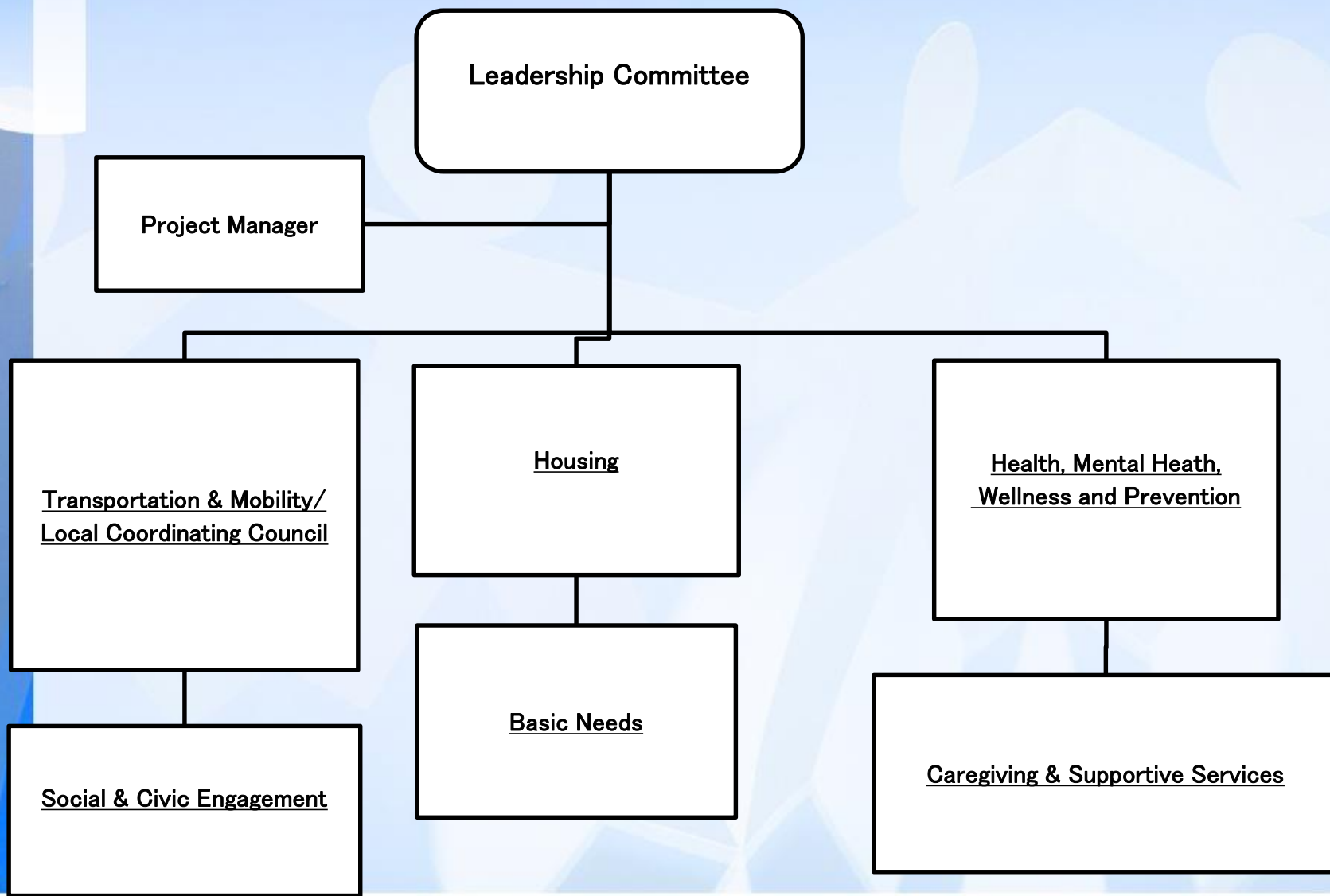


Jefferson County Population Forecast for the 60+ State Demography Office, 2010





Aging Well Organizational Chart



Jefferson County Aging Well Project



VISION

- Jefferson County: A thriving community for aging well.

MISSION

- To develop and implement strategies creating inclusive, livable communities through sustainable partnerships and integrated services.



Overall Goals of Aging Well



- Create awareness
- Identify needs and gaps
- Provide advocacy
- Implement strategic plan

Aging Well in Jefferson County



- St. Anthony Hospital
- Colorado Commission on Aging
- Jefferson County Planning and Zoning
- Lutheran Family Services
- InnovAge
- Seniors' Resource Center
- Jefferson County Department of Health and Environment
- Jefferson Center for Mental Health
- The Center
- Jefferson County Council on Aging
- Brothers Redevelopment
- Columbine Community Village
- Build Responsible Institute
- The ARC-Jefferson, Clear Creek and Gilpin
- City of Wheat Ridge



Aging Well in Jefferson County



- Jefferson County Community Development
- City of Lakewood Senior Services
- Volunteers of America
- Parks and Recreation Centers
- The Legal Center for Elderly and People with Disabilities
- Jefferson County Workforce Center
- Developmental Disabilities Resource Center
- Adult Protection
- Options for Long Term Care
- Jefferson County Human Services
- BrightStar Care
- Mullins Youngdahl Design Company
- LiveWell Wheat Ridge
- Life Point Realty
- Urbitecture
- And Many Others



Local Coordinating Council for Human Services Transportation



- Transportation gap analysis. Conducted research and analysis regarding transportation options for seniors, people with disabilities and low-income individuals.
- Developed two White Papers
- Awareness and coordination with transportation advocacy groups, RTD and CDOT
- Continue to advocate on behalf of transit dependent residents in the county



Basic Needs



- Administered a food survey to seniors regarding fresh fruits and vegetables
- Created informational fliers on Medicare Savings, Commodities, SNAP and legal services for older adults
- Emergency preparedness kits assembled and distributed to 100 physically and/or emotionally isolated seniors
- Plan to expand access to food programs for Seniors

Social and Civic Engagement



- Provided computer classes to older adults through the E-train
- Assisted in creating training videos for DRCOG's Network of Care
- Implemented a series of pre-retirement classes in multiple communities
- Provided awareness on places to stay active and/or volunteer in Jefferson County



Health, Mental Health, Wellness, and Prevention



- Created materials to bring awareness to evidenced based practices regarding fall prevention
- Supported behavioral health services in integrated settings (MCPN, Senior Reach)
- Hosted focus groups on Aging Well for seniors living in low income housing
- Identified and provided awareness regarding the shortage of health professionals in the geriatric field
- Expand use of volunteers to provide health coaching to chronic health conditions and exercise opportunities



Housing



- Created a Senior Housing Options booklet that provides information on alternative housing solutions for older adults
- Completing Demographic Profile/Need and Demand Forecast Survey for 2017
- Created a “Call to Action” video to bring awareness about affordable housing
- Host a housing summit in 2017
- Continue to develop an Affordable Senior Housing Suitability Matrix



Caregiving and Supportive Services



- Conducted lunch and learns to Jefferson County employees
- Employer Outreach through a mail campaign (200 businesses)
- Developed and distributed a “Roadmap to Advance Planning” and a “Caring for the Caregiver” flyer
- Created awareness around caregiver support and advance care planning



Website

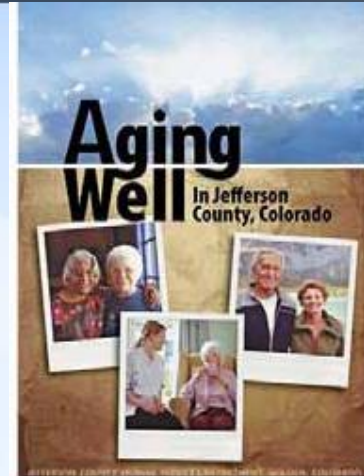


jeffco.us/adultsvc

or

Google

Aging Well Jefferson County



CASOAs, Report and Strategic Plans and other materials can be found on the website



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