

CASOA™

COMMUNITY ASSESSMENT SURVEY
FOR OLDER ADULTS™

Denver Regional Council of Governments AAA

Community Assessment Survey for Older Adults

January 2023



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Table of Contents

Section 1: Introduction	1
Section 2: Key Findings	6
Section 3: Understanding the Report	15
Section 4: Community Readiness	16
Section 5: Community Livability Topics	19
Section 6: Overall Community Quality	
Section 6A: Place to Live and Retire	22
Section 6B: Recommend and Remain in Community	24
Section 7: Community Design	
Section 7A: Housing	26
Section 7B: Land Use	29
Section 7C: Mobility	31
Section 8: Employment and Finances	
Section 8A: Employment	34
Section 8B: Finances	37
Section 9: Equity and Inclusivity	
Section 9A: Community Inclusivity	40
Section 9B: Equity	43
Section 10: Health and Wellness	
Section 10A: Health Care	45
Section 10B: Independent Living	48
Section 10C: Mental Health	51
Section 10D: Physical Health	54
Section 10E: Safety	58
Section 11: Information and Assistance	
Section 11A: Information on Available Older Adult Services	60
Section 11B: Quality of Older Adult Services	64
Section 12: Productive Activities	

Section 12A: Caregiving	66
Section 12B: Civic Engagement	69
Section 12C: Social Engagement	73
Section 13: Economic Contribution	77
Section 14: Community Needs	80
Section 15: Full Results (with No Opinion)	87
Section 16: Full Results (excluding No Opinion)	112
Section 17: National Benchmark Comparisons	136
Section 18: Methods	152

Section 1: Introduction

About the Community Assessment Survey for Older Adults®

The Community Assessment Survey for Older Adults (CASOA)® provides a statistically valid survey of the strengths and needs of older adults as reported by older adults themselves. This report is intended to enable local governments, community-based organizations, the private sector and other community members to understand more thoroughly and predict more accurately the services and resources required to serve an aging population. With this data, community

stakeholders can shape public policy, educate the public and assist communities and organizations in their efforts to sustain a high quality of life for older adults.



The results of this exploration will provide useful information for planning and resource development as well as strengths advocacy efforts and stakeholder engagement. The ultimate goal of the assessment is to create empowered communities that support vibrant older adult populations.

This report summarizes how older residents view their community and its success in creating a thriving environment for older adults. Aspects of livability are explored within six community dimensions: Community

Design, Employment and Finances, Equity and Inclusivity, Health and Wellness, Information and Assistance, and Productive Activities. Overall community quality also is assessed.

Domain of Community Livability	Description	Community Livability Topics
 <p>Overall Community Quality</p>	Measuring community livability starts with assessing the quality of life of those who live there, and ensuring that the community is attractive, accessible, and welcoming to residents of all ages.	<ul style="list-style-type: none"> Place to Live and Retire Recommend and Remain in Community
 <p>Community Design</p>	A well-designed community enhances the quality of life for its residents by encouraging smart land use and zoning, ensuring that affordable housing is accessible to all, and providing mobility options to support residents aging in place.	<ul style="list-style-type: none"> Housing Mobility Land Use
 <p>Employment and Finances</p>	Communities that work to foster sustainable growth, create jobs and workforce training for persons of all ages, and promote equitable economies ensure older adults are able to sustain their financial well-being through retirement and not outlive their life investments.	<ul style="list-style-type: none"> Employment Finances
 <p>Equity and Inclusivity</p>	A community is often greater than the sum of its parts. Having a sense of community entails not only a sense of membership and belonging, but also feelings of safety and trust in the other members of the community.	<ul style="list-style-type: none"> Equity Community Inclusivity
 <p>Health and Wellness</p>	The amenities available in the communities have a direct impact on the health and wellness of residents, and thus, on their quality of life overall.	<ul style="list-style-type: none"> Safety Physical Health Mental Health Health Care Independent Living
 <p>Information and Assistance</p>	Government programs, policies and information assistance can support successful aging initiatives allowing older residents to remain independent contributors to community quality.	<ul style="list-style-type: none"> Quality of Older Adult Services Information on Available Older Adult Services
 <p>Productive Activities</p>	Productivity is the touchstone of a thriving old age. Older adults' engagement and contribution to the community can be determined by their time spent in civic meetings and social activities or providing help to others.	<ul style="list-style-type: none"> Civic Engagement Social Engagement Caregiving

Survey Methods

The CASOA survey instrument and its administration are standardized to assure high-quality survey methods and comparable results across communities. Households with an adult member 60 years or older were selected at random. Multiple mailed contacts gave each household more than one prompt to participate. A total of 39,603 older adult households were randomly selected to receive the survey. These households first received a half-page postcard inviting them to

complete the survey online, followed by a mailed hard copy survey packet which included a cover letter, a copy of the questionnaire and a postage-paid return envelope. A total of 4,595 completed surveys was obtained, providing an overall response rate of 12.5% and a margin of error plus or minus 1.45% around any given percent and one point around any given average rating for the entire sample (e.g., average number of caregiving hours). Results were statistically weighted to reflect the proper demographic composition of older adults in the entire community.

In addition to the random sample "probability" survey, an open participation survey was conducted, in which all older adults 60 years or older were invited to participate. The open participation survey instrument was identical to the probability sample survey. This survey was conducted entirely online. A total of 2 surveys were completed by open participation survey respondents. The open participation survey results were combined with responses from the probability sample survey, for a total of 4,597 completed surveys. With the inclusion of the open participation survey participants, it is likely that the precision of the responses would be even greater (and thus the margin of error smaller).

Results were statistically weighted to reflect the proper demographic composition of older adults in the entire community.

Since this was the fourth implementation of CASOA in Denver Regional Council of Governments Area Agency on Aging, the current results are presented along with the prior results when available. Differences in responses between the survey administrations were tested for statistical significance, and statistically significant differences are noted in the charts. Trend data represent important comparisons and should be examined for improvements or declines.

For additional details on the survey methodology, see the Methods section.

How the Results Are Reported

Don't Know Responses and Rounding

On many of the questions in the survey, respondents could provide an answer of don't know. The proportion of residents giving this reply can be seen in Responses. However, these responses have been removed from the analyses presented in the body of the report, unless otherwise indicated. In other words, the majority of the tables and graphs in the body of the report display the responses from respondents who had an opinion about a specific item.

For some questions, respondents were permitted to select multiple responses. When the total exceeds 100% in a table for a multiple response question, it is because some respondents are counted in multiple categories. When a table for a question that only permitted a single response does not total to exactly 100%, it is due to the customary practice of rounding percentages to the nearest whole number.

Benchmark Comparison Data

National Research Center at Polco has developed a database that collates responses to CASOA and related surveys administered in other communities, which allows the results from Denver Regional Council of Governments Area Agency on Aging to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in over 327 communities across the nation.

Ratings are compared when similar questions are included in Polco's database and when there are at least five other communities in which the question was asked. Where comparisons for ratings are available, Denver Regional Council of Governments Area Agency on Aging's results are shown as more favorable than the benchmark, less favorable than the benchmark or similar to the benchmark. In instances where ratings are considerably more or less favorable than the benchmark, these ratings have been further demarcated by the attribute of "much" (for example, much more favorable or much less favorable).

Section 2: Key Findings

Background

Most older adults desire to age in place. Communities that assist older adults in remaining or becoming active community participants must provide the requisite opportunities for recreation, transportation, culture, education, communication, social connection, spiritual enrichment and health care.

To better understand the strengths and challenges of Colorado communities aging in place, the Colorado Association of Area Agencies on Aging partnered with Polco to administer The Community Assessment Survey for Older Adults (CASOA[®]) across all Area Agencies on Aging across the state. Data in this report focus specifically on older residents in Denver Regional Council of Governments Area Agency on Aging.

Survey participants rated the overall quality of life in their community. They also evaluated their communities as livable communities for older adults within six domains:

- Community Design
- Employment and Finances
- Equity and Inclusivity
- Health and Wellness
- Information and Assistance
- Productive Activities.

The extent to which older adults experience challenges within these domains is also described.

Overall Community Quality

Measuring community livability for older adults starts with assessing the quality of life of those who live there, and ensuring that the community is attractive, accessible, and welcoming to all. Exploring

how older residents view their community overall and how likely they are to recommend and remain in their communities can provide a high-level overview of the quality and livability of the community.

- About 78% of older residents living in the region rated their overall quality of life as excellent or good. Most of the older respondents scored their communities positively as a place to live and would recommend their communities to others. About 76% residents planned to stay in their community throughout their retirement.
- Positive scores were given to their communities as places to retire by 64% of older residents.

Overall Scores of Community Livability

The Community Assessment Survey of Older Adults (CASOA) is designed to examine the status of older adults and the community around many (17) topics of livability within six domains: Community Design, Employment and Finances, Equity and Inclusivity, Health and Wellness, Information and Assistance, and Productive Activities.

Summary scores of community livability were created through the aggregation of a series of resident ratings within each of these different livability aspects and domains. Of the 17 aspects of livability examined, the aspects found to be strongest in the region related to areas of Physical Health (average positive score of 66%), Mobility (66%), and Social Engagement (66%). The areas showing the greatest need for improvement related to Housing (23%), Employment (31%) and Independent Living (33%). More detailed information about each livability domain follows.

Community Design

Livable communities (which include those with mixed-use neighborhoods, higher-density development, increased connections, shared community spaces and more human-scale design) will become

a necessity for communities to age successfully. Communities that have planned and been designed for older adults tend to emphasize access, helping to facilitate movement and participation.

- About 58% of respondents rated the overall quality of the transportation system (auto, bicycle, foot, bus) in their community as excellent or good. In many communities, ease of travel by walking or bicycling is given lower ratings than travel by car. Here, ease of travel by car was considered excellent or good by 81% of respondents, while ease of travel by walking and bicycling was considered excellent or good by 70% and 68% of respondents, respectively.
- When considering aspects of housing (affordability and variety) and community features of new urbanism (where people can live close to places where they can eat, shop, work, and receive services), relatively lower scores were given by older adults compared to many other items on the survey. Only 17% of respondents gave a positive score to the availability of affordable quality housing in their communities, and only about 37% older adults gave excellent or good ratings to the availability of mixed-use neighborhoods.
- About 39% of older residents in the region reported experiencing housing needs and 22% reported mobility needs.

Employment and Finances

The life expectancy for those born between 1940 and 1960 has increased dramatically due to advances in health care and lifestyle changes. While this is a very positive trend overall, it also highlights

both the importance of communities providing employment opportunities for older adults and the need for older adults to plan well for their retirement years.

- About 74% of older residents rated the overall economic health of their communities positively, although the cost of living was rated as excellent or good by only 21%.
- Employment opportunities for older adults (quality and variety) received low ratings (28% and 25% positive, respectively), and the opportunity to build work skills also was found to be lacking (25% excellent or good).
- About 26% older adults reported financial challenges and 16% reported employment needs.

Equity and Inclusion

A community is often greater than the sum of its parts. Having a sense of community entails not only a sense of membership and belonging, but also feelings of equity and trust in the other members of the community.

- About 55% of older residents rated the sense of community in their towns as excellent or good, and neighborliness was rated positively by 54% of residents.
- About 54% of the respondents positively rated their community's openness and acceptance toward older residents of diverse backgrounds, and 48% indicated that their community valued older residents.
- Inclusion challenges were reported by about 19% of older residents and equity challenges by 9%.

Health and Wellness

Of all the attributes of aging, health poses the greatest risk and the biggest opportunity for communities to ensure the independence and contributions of their aging populations. Health and wellness, for the purposes of this study, included not only physical and mental health, but issues of safety, independent living and health care.

- About 81% older residents in the region rated their overall physical health as excellent or good and 88% rated their mental health as excellent or good.
- In most places, opportunities for health and wellness receive higher ratings from older adults than do health care ratings. Here, community opportunities for health and wellness were scored positively by 72% residents, while the percent giving ratings of excellent or good to the availability of physical health care was 51%, to mental health care 36%, and to long term care options 39%.
- Health-related problems were some of the most common challenges listed by older adults in the survey, with 32% reporting physical health challenges and 25% reporting mental health challenges. Health care was also a challenge for about 32% of older residents.

Information and Assistance

The older adult service network, while strong, is under-resourced and unable to single-handedly meet the needs of the continuously growing population of older adults. Providing useful and well-designed programs, as well as informing residents about other assistance resources, is an important way that government agencies can help residents age in place.

- The overall services provided to older adults in the region were rated as excellent or good by 55% of survey respondents.
- About 60% of survey respondents reported being somewhat informed or very informed about services and activities available to older adults. The availability of information about resources for

older adults was rated positively by 33% of older residents and the availability of financial or legal planning services was rated positively by 35% of older residents.

- About 37% of older adults were found to have information access challenges in the region.

Productive Activities

Productive activities outside of work (such as volunteerism and social activity) promote quality of life and contribute to active aging. This domain examines the extent of older adults' participation in social and leisure programs and their time spent attending or viewing civic meetings, volunteering or providing help to others.

- About 65% of older adults surveyed felt they had excellent or good opportunities to volunteer, and 46% participated in some kind of volunteer work.
- The caregiving contribution of older adults was substantial in the region. About 30% of older residents reported providing care to individuals 55 and older, 15% to individuals 18-54 and 21% to individuals under 18.
- Older adults in the region reported challenges with being civically engaged 24%, being socially engaged 21% and caregiving 11%.

The Economic Contribution of Older Adults

The contribution older adults make through employment, volunteerism and caregiving was calculated for all older adults living in the region. It is estimated that older residents contribute \$18,733,766,294 annually to their community through paid and unpaid work.

Older Resident Needs

Through the survey, more than 40 challenges commonly facing older adults were assessed by respondents. These challenges were grouped into 15 larger categories of needs. In the region, the largest challenges were in the areas of housing, information about older adult services,

and healthcare and physical health. At least 39% of older residents reported at least one item in these categories was a major or moderate problem in the 12 months prior to taking the survey.

Comparison to National Benchmarks

Community Characteristics Benchmarks

To better provide context to the survey data, resident responses for the region were compared to Polco's national benchmark database or older adult opinion. Of the 52 assessments of community livability that were compared to the benchmark database, 51 were similar, 1 above, and 0 below the benchmark comparisons.

The one area in which the region rating was higher than benchmark comparisons was:

- Opportunities to enroll in skill-building or personal enrichment classes

Older Adult Challenges Benchmarks

Comparisons to the benchmark database can also be made for the proportion of residents experiencing a variety of challenges. In the region, there was a lower proportion of older adults experiencing challenges for 2 item(s), a greater proportion of older adults experiencing challenges for 0 item(s), and a similar proportion experiencing challenges for 40 item(s).

The challenges for which a **lower** proportion of residents reported a problem compared to benchmarks were:

- Getting the health care you need
- Getting the vision care you need

Comparison of Ratings Over Time

Community Characteristics Trends

The COVID-19 pandemic was disruptive to many areas of community livability and resulted in profound impacts on many older adults lives around the world, nation and in communities throughout Colorado. It is

important to keep these disruptions in mind while comparing results from 2018 with the present results.

Of the 33 assessments of community livability that could be compared over time (questions that were asked on both the 2018 and current survey instruments), the ratings were similar for 7 items.

The 13 areas where ratings improved since 2018 were:

- Sense of community in your community
- Your overall physical health
- Your overall quality of life
- Ease of travel by public transportation in your community
- Ease of travel by car in your community
- Ease of walking in your community
- Availability of affordable quality housing
- Variety of housing options
- Availability of long-term care options
- Availability of affordable quality physical health care
- Availability of affordable quality mental health care
- Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)
- Neighborliness of your community

There were no areas of community livability showing a decline in quality ratings from 2018.

Resident Challenges Trends

Of the 35 potential challenges facing older adults assessed through the survey that were asked in both 2018 and 2022, there were 13 potential challenges for which a similar proportion of residents reported each were a problem in both survey time periods.

There were no potential challenges where the proportion of older adults reporting a challenge was lower in 2022 compared to 2018.

The 10 potential challenge or challenges where the proportion of older adults reporting a problem increased in 2022 were:

- Having enough money to pay your property taxes
- Having housing to suit your needs
- Doing heavy or intense housework
- Maintaining your home
- Maintaining your yard
- Having safe and affordable transportation available
- Building skills for paid or unpaid work
- Not knowing what services are available to older adults in your community
- Being a victim of crime
- Being a victim of fraud or a scam

Section 3: Understanding the Report

Throughout this report, iconography is used to denote trends and benchmarks. While some pages will show the legend, others won't for the sake of space. Keep this page handy for reference.

Trends

-  **Favorably**
At least 7 percentage points more favorable than last measure
-  **Similar**
No statistically significant difference
-  **Unfavorably**
At least 7 percentage points less favorable than last measure

Benchmarks

-  **Much more favorable**
At least 20 points more favorable than benchmark
-  **More favorable**
10-20 points more favorable than benchmark
-  **Similar**
No statistically significant difference
-  **Less favorable**
10-20 points less favorable than benchmark
-  **Much less favorable**
At least 20 points less favorable than benchmark

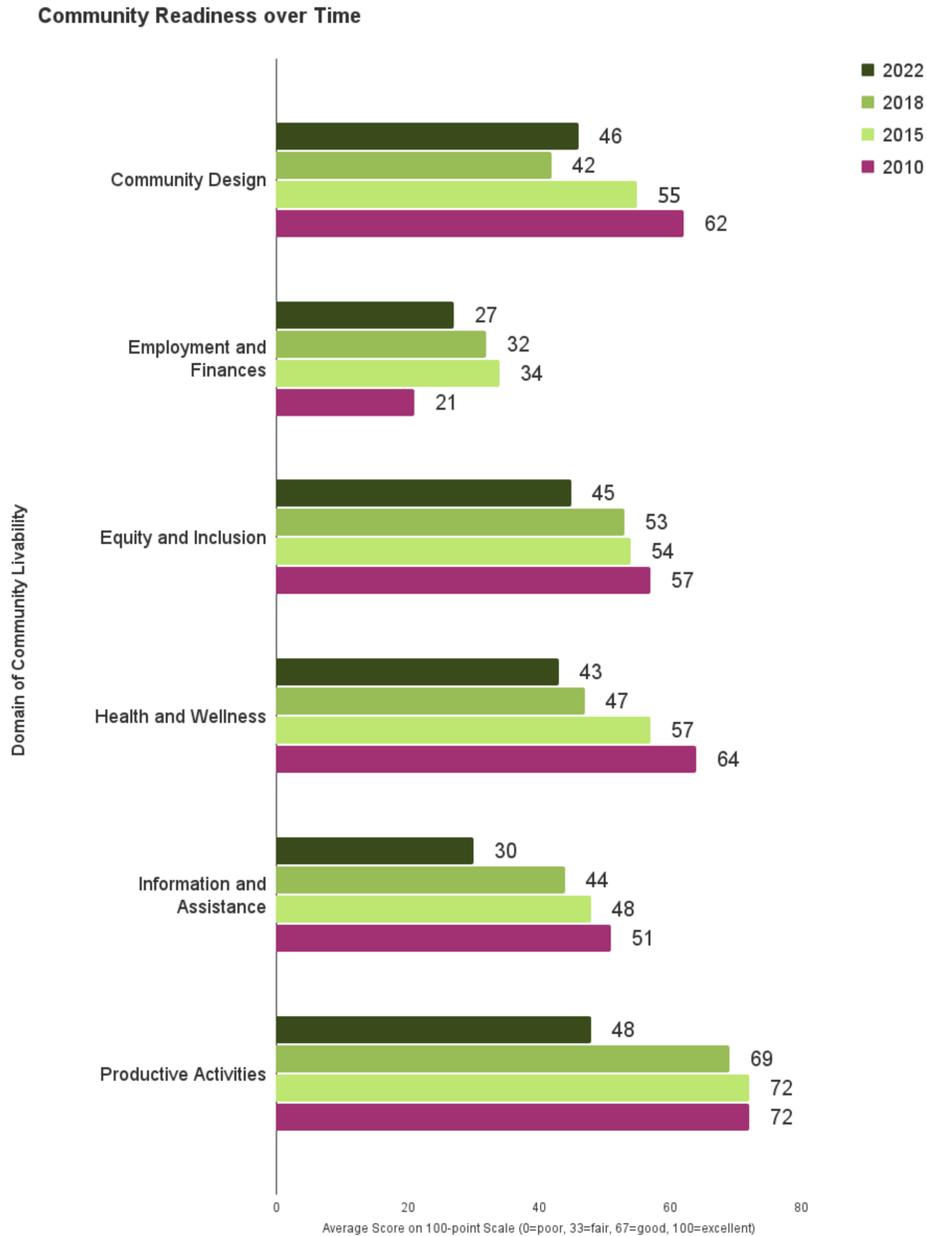
Section 4: Community Readiness

Communities that assist older adults to remain or become active community participants must provide the requisite opportunities for recreation, transportation, culture, education, communication, social connection, spiritual enrichment and health care. Because every community is different, each must identify what its older adults value most and what the community offers its older residents. The judgments of these residents provide the elements used to calculate the overall community quality in Denver Regional Council of Governments Area Agency on Aging.

Survey respondents were asked to rate a number of aspects of the community. These ratings were converted to an average scale of 0 (the lowest rating, such as poor) to 100 (the highest rating, such as excellent) and then combined to provide one overall rating (index¹) for each of the six dimensions of Community Readiness, as well as an overall rating of the Quality of the Community. If trend data prior to 2022 are shown, it should be noted that community readiness scores have been updated from previous reports to improve these metrics. Readiness scores for past surveys were recalculated using the new dimensions to make them comparable to the current structure.

Community Readiness Chart

Dimension	Community Livability Topics	Score (out of 100)
Overall Community Quality	<ul style="list-style-type: none"> • Place to Live and Retire • Recommend and Remain in Community 	66
Community Design	<ul style="list-style-type: none"> • Housing • Mobility • Land Use 	46
Employment and Finances	<ul style="list-style-type: none"> • Employment • Finances 	27
Equity and Inclusivity	<ul style="list-style-type: none"> • Equity • Community Inclusivity 	45
Health and Wellness	<ul style="list-style-type: none"> • Safety • Physical Health • Mental Health • Health Care • Independent Living 	43
Information and Assistance	<ul style="list-style-type: none"> • Quality of Older Adult Services • Information on Available Older Adult Services 	30
Productive Activities	<ul style="list-style-type: none"> • Civic Engagement • Social Engagement • Caregiving 	48



¹These ratings are not to be understood like ratings from school tests, because they are summaries of several questions that range from 0 as poor, 33 as fair, 67 as good and 100 as excellent. For example, a score of 58 should be interpreted as closer to good than to fair (with the midpoint of the scale, 50, representing equidistance between good and fair).

Section 5: Community livability topics

The Community Assessment Survey of Older Adults (CASOA) is designed to examine the status of older adults and the community around many (17) aspects of livability within six domains: Community Design, Employment and Finances, Equity and Inclusivity, Health and Wellness, Information and Assistance, and Productive Activities. Overall community quality also is assessed with two topics. (See **Introduction** section *About the Community Assessment Survey for Older Adults* for an overview of all the community livability topics within these domains.) For each of these 19 community livability topic areas, survey questions evaluated the community's ability to accommodate the needs of older residents, as well as the actual experiences and challenges of older adults.

To summarize the data, an index score was calculated for each aspect of livability by averaging the ratings given to the questions related to the specific community livability topic. (This index includes only the ratings of community amenities, not those items related to the respondents' own status or the challenges faced by the respondent.)

i Certain trends unavailable

Because Denver Regional Council of Governments AAA doesn't have prior measurements for certain topics, those topics don't have trend values. All topics will have trends after this survey has been conducted a second time.

Overall Community Quality



Place to Live and Retire

77 / 100



Recommend and Remain in Community

74 / 100

Community Design



Housing

23 / 100



Land Use

57 / 100



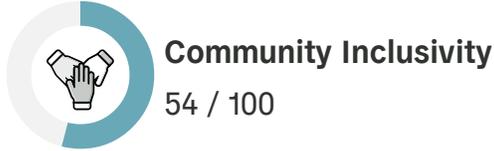
Mobility

66 / 100

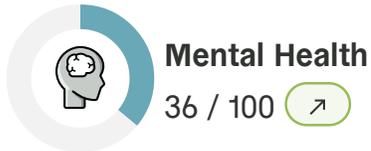
Employment and Finances



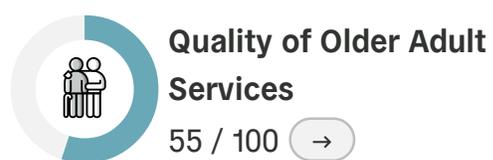
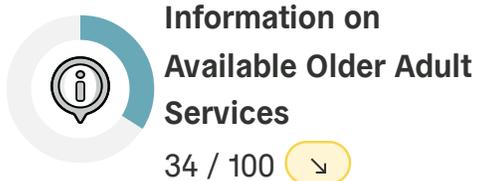
Equity and Inclusivity



Health and Wellness



Information and Assistance



Productive Activities



Caregiving

Scoring not applicable



Civic Engagement

56 / 100

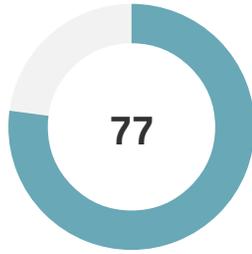


Social Engagement

66 / 100

Section 6A: Place to Live and Retire

Successful aging communities are attractive and welcoming to older adults and provide the support necessary for residents to age in place.



Livability score
Average of community quality items

i Livability score trend unavailable.

Because Denver Regional Council of Governments AAA doesn't have a prior livability score, trends for livability aren't available. Trends will be available after this survey has been conducted a second time.

Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

i Certain trends unavailable

Because Denver Regional Council of Governments AAA doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Your community as a place to live	83%		
Your neighborhood as a place to live	82%	N/A	
The overall quality of life in your community	78%	N/A	
Your community as a place to retire	64%		

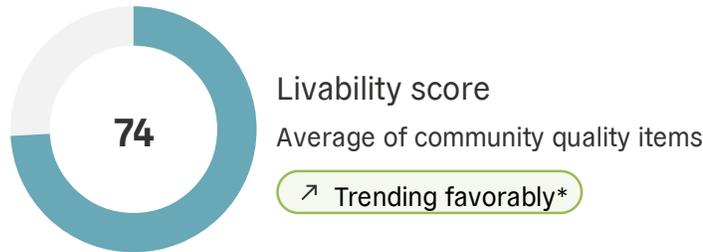
Status Indicators - Personal Quality of Life

Percent reporting *excellent* or *good*.

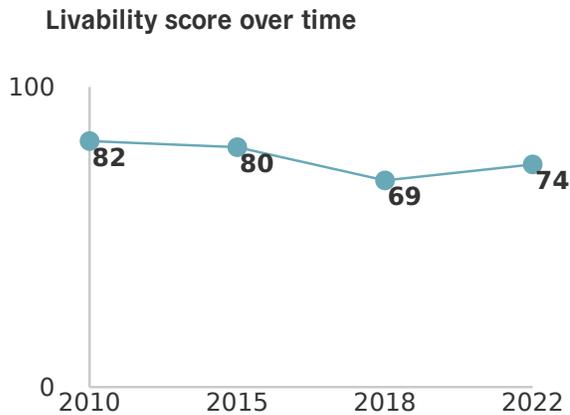
Characteristic	% positive	Trend	National Benchmark
Your overall quality of life	87%		

Section 6B: Recommend and Remain in Community

A strong testament to the quality of a community is the likelihood of residents recommending and remaining in the community. Generally, residents will not recommend a community to friends unless they believe that community is offering the right amenities and services. Furthermore, communities that do a good job supporting seniors allow their residents to remain throughout their retirement years.



* Only applies to last two measurements



Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Quality of Community

Percent reporting *very likely* or *somewhat likely*.

Characteristic	% likely	Trend	National Benchmark
Remain in your community throughout your retirement	76%		
Recommend living in your community to older adults	71%		

Section 7A: Housing

Most older adults want to age in place; however, many do not have homes that feature universal design allowing access for walkers and wheelchairs and providing safety for those who are frail or experiencing mobility impairments. Ensuring the availability of housing stock that is both affordable and suitable for seniors is necessary as a community's population ages.



i Livability score trend unavailable.

Because Denver Regional Council of Governments AAA doesn't have a prior livability score, trends for livability aren't available. Trends will be available after this survey has been conducted a second time.

Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

i Certain trends unavailable

Because Denver Regional Council of Governments AAA doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Potential Problems

Percent reporting *minor problem*, *moderate problem* or *major problem*.

Characteristic	% problematic	Trend	National Benchmark
Doing heavy or intense housework	58%		
Maintaining your home	54%		
Maintaining your yard	49%		
Having housing to suit your needs	29%		

Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Variety of housing options	29%		
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)	23%	N/A	
Availability of affordable quality housing	17%		

Section 7B: Land Use

The movement in America towards designing more livable communities (which include mixed-use neighborhoods, higher-density development, increased connections, shared community spaces and more human-scale design) will become a necessity for communities to age successfully. Communities that have planned and been designed for older adults tend to emphasize access, helping to facilitate movement and participation.



i Livability score trend unavailable.

Because Denver Regional Council of Governments AAA doesn't have a prior livability score, trends for livability aren't available. Trends will be available after this survey has been conducted a second time.

Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

i Trends unavailable

Because Denver Regional Council of Governments AAA doesn't have any prior measurements, these trends aren't available. Trends will be available after this survey has been conducted a second time.

Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	National Benchmark
Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric/gas, broadband)	73%	—
Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	68%	—
Public places where people want to spend time	47%	—
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	37%	—

Section 7C: Mobility

The ease with which older residents can move about their communities, whether for commuting, leisure, or recreation, plays a major role in the quality of life for all who live, work, and play in the community. Those who reside in livable communities where they can reach their destinations easily and comfortably by auto, on foot or in public transportation are more likely to remain engaged in their communities and to demonstrate signs of successful aging. Residents that must give up driving are more likely to be able to age in place if other modes of transportation are easily accessed in their neighborhood and community.



i Livability score trend unavailable.

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Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

i Certain trends unavailable

Because Denver Regional Council of Governments AAA doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Potential Problems

Percent reporting *minor problem*, *moderate problem* or *major problem*.

Characteristic	% problematic	Trend	National Benchmark
Having safe and affordable transportation available	36%		
No longer being able to drive	16%		

Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Ease of travel by car in your community	81%		
Ease of getting to the places you usually have to visit	79%	N/A	
Ease of walking in your community	70%		
Ease of bicycling in your community	68%	N/A	
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community	58%	N/A	
Ease of travel by public transportation in your community	38%		

Section 8A: Employment

People in the U.S. are working longer and retiring at an older age than they have in the past. Older adults are postponing retirement for a variety of reasons: improved health, the desire to accumulate additional wealth and/or benefit from delayed pension plans, and because the information age-based economy is less physically demanding than jobs from the industrial age. Older workers are an untapped resource for many communities seeking economic stability and growth.



i Livability score trend unavailable.

Because Denver Regional Council of Governments AAA doesn't have a prior livability score, trends for livability aren't available. Trends will be available after this survey has been conducted a second time.

Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

i Certain trends unavailable

Because Denver Regional Council of Governments AAA doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

i Certain benchmarks unavailable

Because this survey includes new characteristics, we can't determine your benchmark performance on the new characteristics until a sufficient number of communities have completed surveying.

Potential Problems

Percent reporting *minor problem*, *moderate problem* or *major problem*.

Characteristic	% problematic	Trend	National Benchmark
Building skills for paid or unpaid work	39%		
Finding work in retirement	36%		

Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Opportunities to build work skills	40%	N/A	-
Quality of employment opportunities for older adults	28%	↘	-
Variety of employment opportunities for older adults	25%	N/A	-

Section 8B: Finances

With longer life spans, the importance of financial well-being in old age has increased dramatically. Financial independence and the ability to economically contribute to a community have become critical factors in enhancing the quality of life of older adults.



i Livability score trend unavailable.

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Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

i Certain trends unavailable

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Potential Problems

Percent reporting *minor problem*, *moderate problem* or *major problem*.

Characteristic	% problematic	Trend	National Benchmark
Having enough money to meet daily expenses	42%	→	–
Having enough money to pay your property taxes	33%	↘	–

Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Overall economic health of your community	74%	N/A	–
Cost of living in your community	21%	↘	–

Status Indicators - Household Financial Status

Percent reporting *very positive* or *somewhat positive*.

Characteristic	% positive	Trend	National Benchmark
What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:	14%	N/A	-

Section 9A: Community Inclusivity

Inclusivity refers to a cultural and environmental feeling of belonging. Creating places in which any individual or group can be and feel welcomed, respected, supported, and valued increases the overall livability of communities.



i Livability score trend unavailable.

Because Denver Regional Council of Governments AAA doesn't have a prior livability score, trends for livability aren't available. Trends will be available after this survey has been conducted a second time.

Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

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i Certain benchmarks unavailable

Because this survey includes new characteristics, we can't determine your benchmark performance on the new characteristics until a sufficient number of communities have completed surveying.

Potential Problems

Percent reporting *minor problem*, *moderate problem* or *major problem*.

Characteristic	% problematic	Trend	National Benchmark
Feeling lonely or isolated	32%		
Feeling like you don't fit in or belong	30%	N/A	
Having friends or family you can rely on	29%		

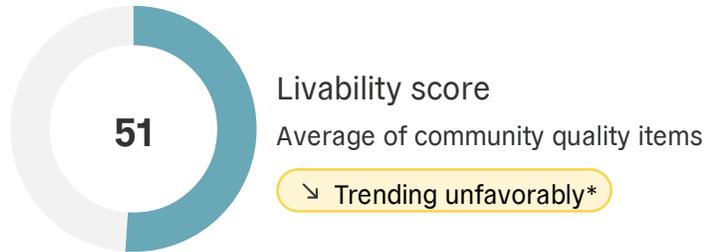
Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Sense of community in your community	55%		
Neighborliness of your community	54%		
Making all residents feel welcome	53%	N/A	

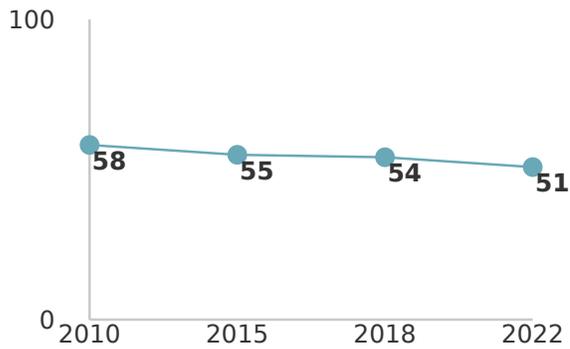
Section 9B: Equity

Opportunities for health, income, housing and other life circumstances are often disproportionate. Strong communities work to decrease inequalities so that all residents can successfully age in place.



* Only applies to last two measurements

Livability score over time



Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

i Certain trends unavailable

Because Denver Regional Council of Governments AAA doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Potential Problems

Percent reporting *minor problem*, *moderate problem* or *major problem*.

Characteristic	% problematic	Trend	National Benchmark
Being treated unfairly or discriminated against because of your age	26%	N/A	–

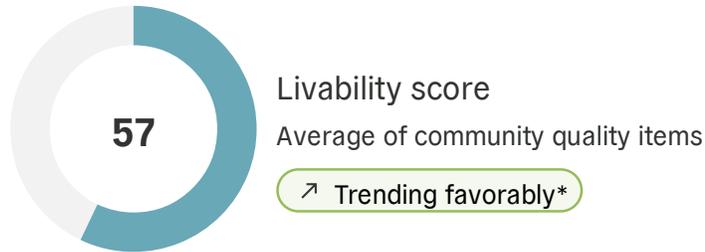
Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Openness and acceptance of the community towards older residents of diverse backgrounds	54%	→	–
Valuing older residents in your community	48%	↘	–

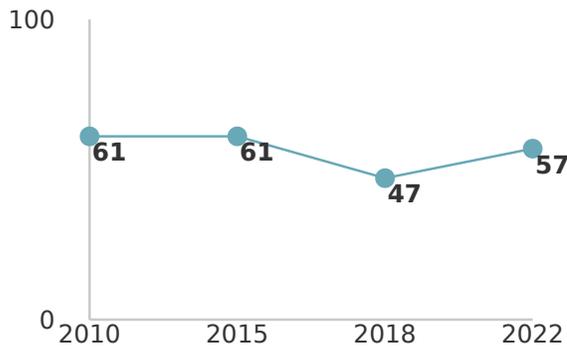
Section 10A: Health Care

Poor health does not need to be an inevitable consequence of aging. Adoptions of healthy lifestyles and the use of preventive services will reduce the risk of morbidity and increase healthy longevity of older residents.



* Only applies to last two measurements

Livability score over time



Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Potential Problems

Percent reporting *minor problem, moderate problem or major problem*.

Characteristic	% problematic	Trend	National Benchmark
Finding affordable health insurance	35%		
Getting the oral health care you need	31%		
Getting the health care you need	31%		
Affording the medications you need	30%		
Getting the vision care you need	28%		

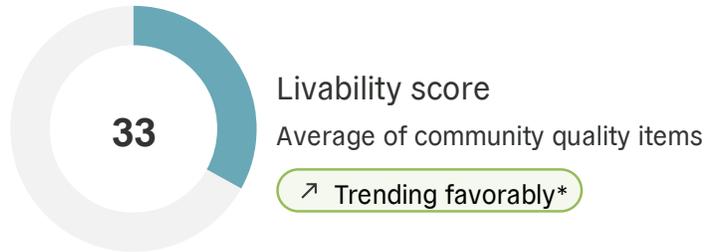
Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	61%	↗	–
Availability of affordable quality physical health care	51%	↗	–

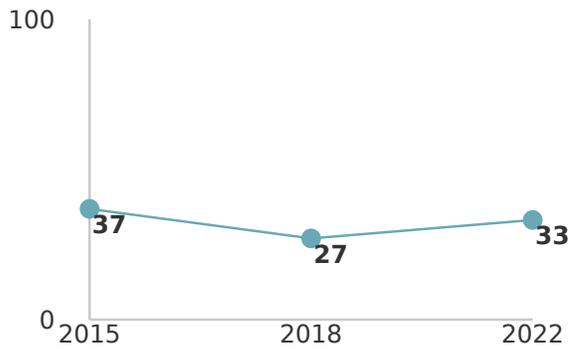
Section 10B: Independent Living

If the community cannot help maintain the independence of residents who experience the decline in health that often accompanies aging, the potential contribution of older residents will be lost to hospitals and nursing homes.



* Only applies to last two measurements

Livability score over time



Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

i Certain trends unavailable

Because Denver Regional Council of Governments AAA doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Average Number of Hours Providing Care

Average number of hours spent per respondent in a typical week

Characteristic	Average # of Hours	National Benchmark
Receiving assistance, paid or unpaid (e.g., with shopping, cooking, etc.)	0.6	–

Potential Problems

Percent reporting *minor problem*, *moderate problem* or *major problem*.

Characteristic	% problematic	Trend	National Benchmark
Performing regular activities, including walking, eating and preparing meals	23%	N/A	–

Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Availability of long-term care options	39%		
Availability of daytime care options for older adults	26%		

Status Indicators - Activities

Percent reporting *1 to 3 hours*, *4 to 5 hours*, *6 to 10 hours*, *11 to 19 hours* or *20 or more hours*.

Characteristic	% of respondents	Trend	National Benchmark
Receiving assistance, paid or unpaid (e.g., with shopping, cooking, etc.)	9%	N/A	

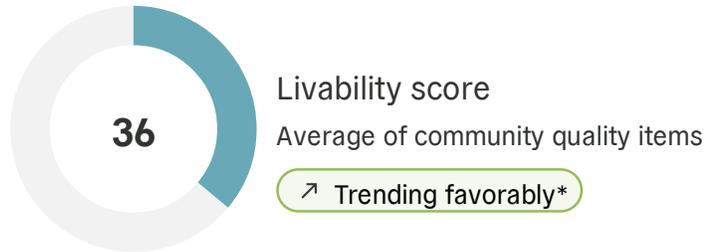
Status Indicators - Long-term Care Admissions

Percent reporting *1-2 days*, *3-5 days* or *6 or more days*.

Characteristic	% of respondents	Trend	National Benchmark
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	2%		

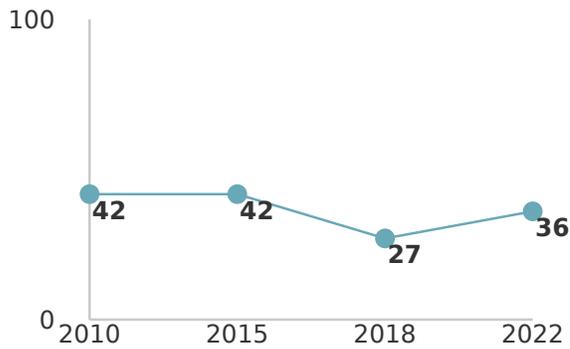
Section 10C: Mental Health

Mental health plays a vital role in the well-being of residents. Depression, isolation, anxiety and memory loss can have a direct and profound effect on older adults' quality of life.



* Only applies to last two measurements

Livability score over time



Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Potential Problems

Percent reporting *minor problem, moderate problem or major problem*.

Characteristic	% problematic	Trend	National Benchmark
Dealing with the loss of a close family member or friend	38%		
Feeling depressed	37%		
Experiencing confusion or forgetfulness	30%		

Quality of Community

Percent reporting *excellent or good*.

Characteristic	% positive	Trend	National Benchmark
Availability of affordable quality mental health care	36%		

Status Indicators - Personal Health Status

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Your overall mental health/emotional wellbeing	88%	→	-

Section 10D: Physical Health

Of all the attributes of aging, health poses the greatest risk and the biggest opportunity. When good health can be sustained, the individuals benefit by living a life of better quality, friends and family benefit from reduced caregiving burdens, and the community benefits by harnessing the power of older adults' contributions.



i Livability score trend unavailable.

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Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

i Certain trends unavailable

Because Denver Regional Council of Governments AAA doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Potential Problems

Percent reporting *minor problem*, *moderate problem* or *major problem*.

Characteristic	% problematic	Trend	National Benchmark
Your physical health	50%		
Staying physically fit	48%		
Maintaining a healthy diet	39%		
Falling or injuring yourself in your home	29%		
Having enough food to eat	14%		

Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Overall health and wellness opportunities in your community	72%	N/A	—
Fitness opportunities (including exercise classes and paths or trails, etc.)	71%	↘	—
Overall quality of natural environment in your community	71%	N/A	—
Availability of affordable quality food	52%	→	—

Status Indicators - Falls

Percent reporting *1 to 2 times*, *3 to 5 times* or *more than 5 times*.

Characteristic	% of respondents	Trend	National Benchmark
Thinking back over the past 12 months, how many times have you fallen and injured yourself?	32%	→	—

Status Indicators - Hospitalizations

Percent reporting *1-2 days, 3-5 days* or *6 or more days*.

Characteristic	% of respondents	Trend	National Benchmark
As a patient in a hospital	20%		

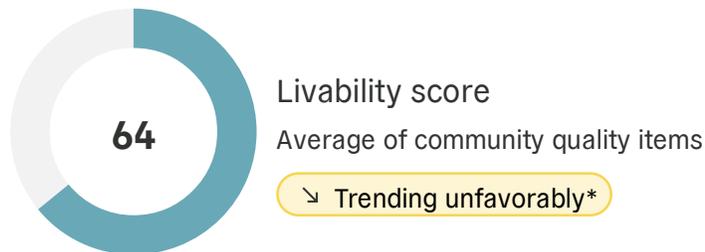
Status Indicators - Personal Health Status

Percent reporting *excellent* or *good*.

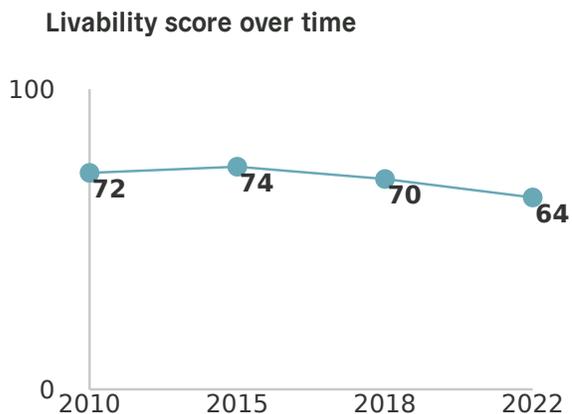
Characteristic	% positive	Trend	National Benchmark
Your overall physical health	81%		

Section 10E: Safety

Safety is one of the most essential components of community livability. The extent to which older residents feel safe from crime and other adverse events can strengthen their feelings of comfort and trust and impact their ability to live independently.



* Only applies to last two measurements



Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Potential Problems

Percent reporting *minor problem, moderate problem or major problem*.

Characteristic	% problematic	Trend	National Benchmark
Being a victim of fraud or a scam	27%		
Being a victim of crime	20%		
Being physically or emotionally abused	7%		

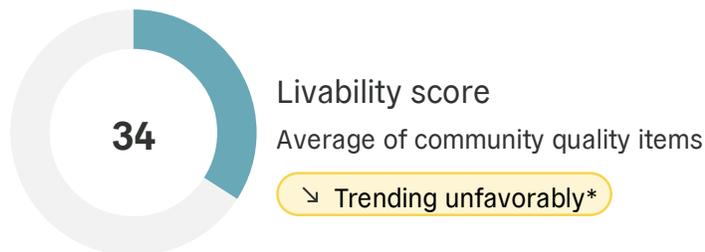
Quality of Community

Percent reporting *excellent or good*.

Characteristic	% positive	Trend	National Benchmark
Overall feeling of safety in your community	64%		

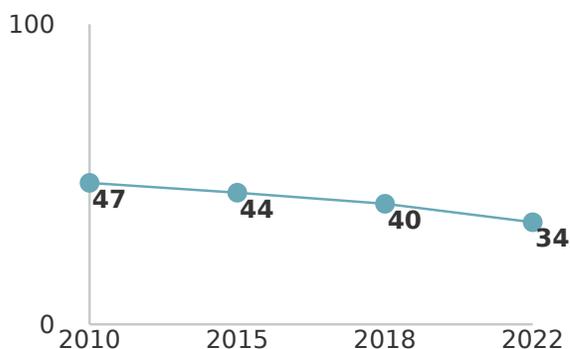
Section 11A: Information on Available Older Adult Services

Sometimes residents of any age fail to take advantage of services offered by a community solely because they are not aware of the opportunities that exist. Educating a large community of older adults is not simple, but raising awareness about attractive, useful and well-designed programs will lead more residents to benefit from becoming participants.



* Only applies to last two measurements

Livability score over time



Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

i Certain trends unavailable

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i Certain benchmarks unavailable

Because this survey includes new characteristics, we can't determine your benchmark performance on the new characteristics until a sufficient number of communities have completed surveying.

Potential Problems

Percent reporting *minor problem*, *moderate problem* or *major problem*.

Characteristic	% problematic	Trend	National Benchmark
Not knowing what services are available to older adults in your community	69%	↘	–
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	52%	→	–

Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Availability of financial or legal planning services	35%		
Availability of information about resources for older adults	33%		

Status Indicators - Informed about Services

Percent reporting *very informed* or *somewhat informed*.

Characteristic	% informed	Trend	National Benchmark
In general, how informed or uninformed do you feel about services and activities available to older adults in your community?	60%		N/A

Status Indicators - Use of Technology

Percent reporting *several times a day, once a day or a few times a week.*

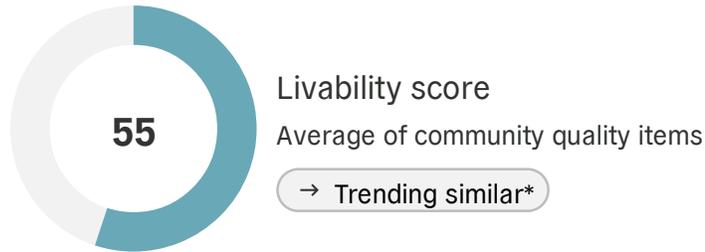
Characteristic	% of respondents	Trend	National Benchmark
Use or check email	93%	N/A	–
Access the internet from your home using a computer, laptop, or tablet computer	91%	N/A	–
Access the internet from your cell phone	83%	N/A	–
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	62%	N/A	–
Shop online	35%	N/A	–
Share your opinions online	21%	N/A	–

Percent reporting yes.

Characteristic	% yes	Trend	National Benchmark
I have high-speed internet/broadband at home	91%	N/A	–

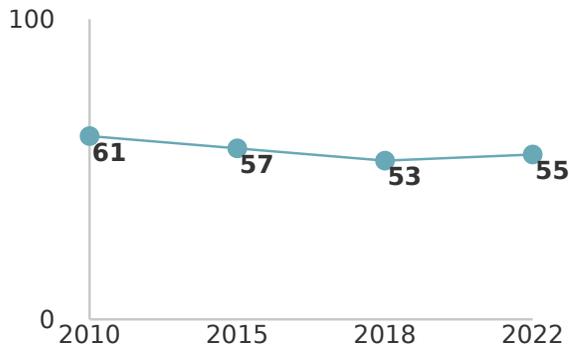
Section 11B: Quality of Older Adult Services

Strong local governments play a major role in producing communities that meet the needs of older residents while making the best use of available resources. Providing services that are responsive to the present and future needs of the older community is an important responsibility and a vital component of livable communities.



* Only applies to last two measurements

Livability score over time



Related survey results

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Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
How would you rate the overall services provided to older adults in your community?	55%	→	–

Section 12A: Caregiving

According to the Centers for Disease Control, about 2 in 5 adults 65 years and older have a disabling condition that affects their ability to live independently¹. Those who provide care to a loved one or friend with such a condition often feel a sense of contribution and personal worth despite the physical, emotional and financial burden such care can produce. While such caregiving is most often provided by family members and is unpaid, AARP researchers estimate the value of the care as \$470 billion annually. A caregiving crunch is predicted in the future, where the average American will spend more years caring for their parents than for their own children².

¹ Prevalence of Disabilities and Health Care Access by Disability Status and Type Among Adults — United States, 2016

² AARP Family Caregiver Contribution study

i Livability scoring is not applicable.

Because data for this topic are informational and not evaluative, no livability score is calculated.

Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Average Number of Hours Providing Care

Average number of hours spent per respondent in a typical week

Characteristic	Average # of Hours	Previous Measurement	National Benchmark
Providing care to someone age 55+	2.5	2.4	–
Providing care someone under age 18	1.9	1.9	–
Providing care to someone age 18 to 54	1.1	1	–

Potential Problems

Percent reporting *minor problem, moderate problem or major problem*.

Characteristic	% problematic	Trend	National Benchmark
Feeling EMOTIONALLY burdened by providing care for another person	21%	↗	–
Feeling PHYSICALLY burdened by providing care for another person	17%	↗	–
Feeling FINANCIALLY burdened by providing care for another person	16%	↗	–

Status Indicators - Activities

Percent reporting 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours.

Characteristic	% of respondents	Trend	National Benchmark
Providing care to someone age 55+	30%	→	–
Providing care someone under age 18	21%	↗	–
Providing care to someone age 18 to 54	15%	→	–

Section 12B: Civic Engagement

In communities where residents care about local politics and social conditions, where they feel engaged and effective, there tends to be greater social, economic and cultural prosperity. Civic activity of any kind, such as volunteering, participating in political groups or being active in community decision-making, benefits both communities and seniors themselves.



i Livability score trend unavailable.

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Related survey results

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i Certain trends unavailable

Because Denver Regional Council of Governments AAA doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Average Number of Hours Providing Care

Average number of hours spent per respondent in a typical week

Characteristic	Average # of Hours	Previous Measurement	National Benchmark
Volunteering your time	2.1	1.7	–

Potential Problems

Percent reporting *minor problem, moderate problem or major problem*.

Characteristic	% problematic	Trend	National Benchmark
Feeling like your voice is heard in the community	43%	↗	–
Finding productive or meaningful activities to do	32%	N/A	–
Finding meaningful volunteer work	24%	N/A	–

Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Opportunities to volunteer	65%		
Opportunities to participate in community matters	56%		
Residents' connection and engagement with their community	48%	N/A	

Status Indicators - Activities

Percent reporting *1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours*.

Characteristic	% of respondents	Trend	National Benchmark
Volunteering your time	46%		

Status Indicators - Participation

Percent reporting yes.

Characteristic	% yes	Trend	National Benchmark
Voted in your most recent local election	91%	N/A	—
Watched (online or on television) a local public meeting	28%	↗	—
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	22%	↘	—
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	11%	→	—

Section 12C: Social Engagement

It is well documented that social support also has many mental and physical health benefits. Extensive opportunities for recreation, the arts and social interaction make a community more attractive, especially to older adults.



i Livability score trend unavailable.

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Related survey results

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i Certain trends unavailable

Because Denver Regional Council of Governments AAA doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Average Number of Hours Providing Care

Average number of hours spent per respondent in a typical week

Characteristic	Average # of Hours	Previous Measurement	National Benchmark
Talking or visiting with friends/family	7	5.7	–
Assisting friends, relatives, or neighbors	3.8	3.4	–

Potential Problems

Percent reporting *minor problem, moderate problem or major problem*.

Characteristic	% problematic	Trend	National Benchmark
Having interesting social events or activities to attend	39%	N/A	–
Feeling bored	38%	→	–
Having interesting recreational or cultural activities to attend	35%	N/A	–

Quality of Community

Percent reporting *excellent* or *good*.

Characteristic	% positive	Trend	National Benchmark
Overall quality of parks and recreation opportunities	79%	N/A	–
Opportunities to attend religious or spiritual activities	73%	↘	–
Recreation opportunities (including games, arts, library services, etc.)	67%	↘	–
Overall opportunities for education, culture, and the arts	64%	N/A	–
Opportunities to attend social events or activities	54%	↘	–
Opportunities to enroll in skill-building or personal enrichment classes	49%	→	^

Status Indicators - Activities

Percent reporting 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours.

Characteristic	% of respondents	Trend	National Benchmark
Talking or visiting with friends/family	96%		
Assisting friends, relatives, or neighbors	80%		

Status Indicators - Participation

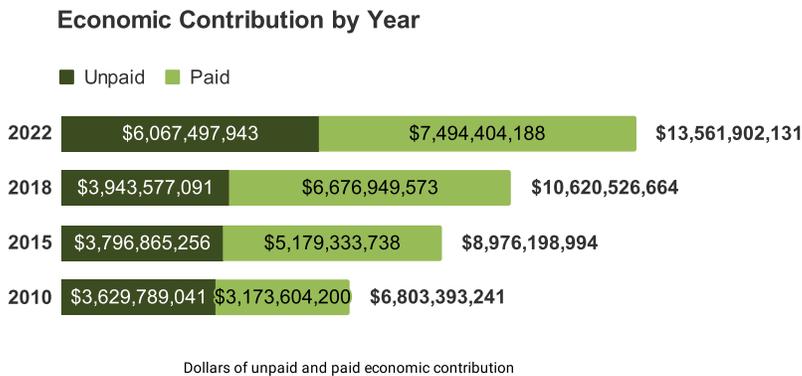
Percent reporting yes.

Characteristic	% yes	Trend	National Benchmark
Used a public library in your community	54%		
Participated in religious or spiritual activities with others	41%		
Used a recreation center in your community	41%		
Participated in a club (including book, dance, game, and other social)	32%		
Participated in a recreation program or group activity	31%		
Used a senior center in your community	17%		

Section 13: Economic Contribution

Productive behavior is “any activity, paid or unpaid, that generates goods or services of economic value.”¹ Productive activities include many types of paid and unpaid work, as well as services provided to friends, family or neighbors. Older adults make significant contributions (paid and unpaid) to the communities in which they live. In addition to their paid work, older adults contribute to the economy through volunteering, providing informal help to family and friends, and caregiving.

Economic Contribution of Older Adults in Denver Regional Council of Governments Area Agency on Aging



The calculations of the economic contributions of older adults in Denver Regional Council of Governments Area Agency on Aging were rough estimates using data from the U.S. Department of Labor Bureau of Labor Statistics (Metropolitan and Nonmetropolitan Area Occupational Employment and Wage Estimates).

Economic Contribution of Older Adults

	% of older adults	# of older adults*	Average # of hours**	Average hourly rate***	Annual total
Providing care to older adult(s)	31%	162,741	9.79	\$14.62	\$1,211,487,604
Providing care to adult(s)	17%	91,201	8.39	\$14.62	\$581,427,982
Providing care to child(ren)	21%	113,736	9.9	\$15.28	\$894,639,462
Providing help to family and friends	80%	424,943	4.9	\$17.48	\$1,894,575,471
Volunteering	49%	260,549	4.93	\$22.26	\$1,485,367,424
Subtotal unpaid					\$6,067,497,943
Working part time	11%	59,779	15	\$31.19	\$1,454,315,468
Working full time	22%	116,379	32	\$31.19	\$6,040,088,721
Subtotal paid					\$7,494,404,188
Total contribution					\$13,561,902,132

¹Rowe JW, Kahn RL. Successful Aging. New York: Pantheon Books; 1998.

* Based on U.S. Census Bureau - 2019 American Community Survey;

about 529,924 adults age 60 and over in the state.

** Respondents were asked to select a range of hours. The average number of hours was calculated from the mid-point of the response scale. For example, a response of 1 to 3 hours equated to 2 hours and a response of never was assumed to be zero hours. In cases where the respondent chose a response that indicated 11 or more hours or 20 or more hours, the number of hours was calculated as 125% of 11 and 125% of 20 (i.e., 13.75 and 25 respectively). Working full time was assumed to be 32 hours per week and working part time was assumed to be 15 hours per week.

*** The economic value of an hour worked was assumed to be the same as the average hourly wage as calculated by the Bureau of Labor statistics for similar types of work in undefined. Providing care for older adults and adults was assumed to be the equivalent of "Personal and Home Care Aides." Providing care for children was assumed to be the equivalent of "Child Care Workers." Providing help to family and friends was assumed to be the equivalent of "Personal Care and Service Occupations." Volunteering was assumed to be the equivalent of "Office Clerks, General." Working full time and part time was assumed to be the equivalent of "All Occupations."

Section 14: Community Needs

The individual survey questions about specific problems faced by older community members were summarized into the 17 larger categories to provide a broad picture of older resident needs in Denver Regional Council of Governments Area Agency on Aging. The figure below shows the percent of respondents who reported that one or more items within each of these 17 areas was a major or moderate problem. (See Methods for more information on the items included in each area.)

Typically, it is understood that the self-reported needs of older adults represent a minimum level, a conservative estimate attenuated by respondents' strong desire to feel and appear self-reliant and further reduced by the silent voice of some older adults who, no matter how sensitive the attempt, are too frail to participate in any survey enterprise.

Percent and Estimated Number of Older Adults With a Need

	Percent with need	Number affected (N=529,924)*
Housing	39%	208,672
Mobility	22%	116,974
Employment	16%	86,930
Finances	26%	136,821
Equity	9%	46,740
Community Inclusivity	19%	103,285
Safety	16%	82,603
Physical Health	32%	168,938
Mental Health	25%	134,012
Health Care	32%	167,466
Independent Living	8%	44,336
Information on Available Older Adult Services	37%	197,320
Civic Engagement	24%	127,492
Social Engagement	21%	111,552
Caregiving	11%	58,228

Populations at Higher Risk

As people age, many learn to take better care of themselves, to plan for retirement and, generally, to move more deliberately. Aging builds wisdom but can sap resources — physical, emotional and financial. Even those blessed by good luck or prescient enough to plan comprehensively for the best future may find themselves with unanticipated needs or with physical, emotional or financial strengths that could endure only with help. Some people age better than others,

and aging well requires certain strengths that are inherent and others that can be supported by assistance from the private sector and government.

The tables below show the reported needs within each category of livability of Denver Regional Council of Governments Area Agency on Aging's older adult population, by demographic subgroup. This information can help identify which groups are at higher risk in the community and account for sociodemographic disparities when addressing these needs.

Percent Needs of Older Population by Sociodemographic Characteristics, (529,924)

The sociodemographic characteristics examined included Gender, Age, Race, Ethnicity, Annual Household Income, Housing Tenure (Rent or

Own), and Household Composition (Lives alone or Lives with others)

	Housing	Mobility	Employment	Finances	Equity
Female	44%	24%	16%	28%	9%
Male	35%	20%	17%	23%	9%
60 to 64 years	38%	20%	19%	33%	11%
65 to 74 years	37%	20%	16%	23%	8%
75 or over	46%	28%	14%	21%	8%
White	37%	21%	14%	23%	8%
Not white	58%	30%	30%	45%	16%
Hispanic	50%	32%	28%	43%	15%
Not Hispanic	38%	20%	15%	23%	8%
Less than \$25,000	68%	39%	32%	63%	16%
\$25,000 to \$74,999	46%	23%	20%	32%	10%
\$75,000 or more	46%	28%	14%	21%	8%
Rent	58%	33%	26%	47%	16%
Own	34%	19%	14%	20%	7%
Lives alone	49%	26%	19%	35%	12%
Lives with others	35%	20%	15%	21%	7%
Overall	39%	22%	16%	26%	9%

	Community Inclusivity	Safety	Physical Health	Mental Health	Health Care	Independent Living
Female	21%	17%	34%	28%	31%	10%
Male	17%	14%	29%	22%	32%	7%
60 to 64 years	22%	15%	32%	27%	42%	8%
65 to 74 years	18%	15%	28%	21%	29%	6%
75 or over	20%	17%	38%	29%	24%	13%
White	18%	14%	29%	24%	30%	7%
Not white	29%	26%	48%	37%	44%	17%
Hispanic	25%	24%	45%	36%	45%	13%
Not Hispanic	18%	14%	30%	24%	30%	7%
Less than \$25,000	43%	26%	56%	47%	52%	21%
\$25,000 to \$74,999	21%	18%	36%	27%	35%	10%
\$75,000 or more	20%	17%	38%	29%	24%	13%
Rent	31%	23%	49%	38%	44%	16%
Own	16%	13%	27%	22%	28%	6%
Lives alone	30%	18%	38%	33%	33%	11%
Lives with others	14%	14%	29%	21%	31%	7%
Overall	19%	16%	32%	25%	32%	8%

	Information on Available Older Adult Services	Civic Engagement	Social Engagement	Caregiving
Female	39%	24%	23%	11%
Male	36%	24%	19%	11%
60 to 64 years	43%	28%	23%	15%
65 to 74 years	35%	22%	20%	10%
75 or over	34%	23%	21%	8%
White	35%	23%	19%	11%
Not white	49%	31%	34%	14%
Hispanic	48%	30%	25%	17%
Not Hispanic	36%	23%	20%	10%
Less than \$25,000	53%	37%	42%	10%
\$25,000 to \$74,999	40%	26%	23%	13%
\$75,000 or more	34%	23%	21%	8%
Rent	47%	33%	33%	13%
Own	35%	22%	18%	11%
Lives alone	41%	26%	28%	7%
Lives with others	35%	23%	17%	13%
Overall	37%	24%	21%	11%

* Source: U.S. Census Bureau, 2020 American Community Survey 5-Year Estimates

Section 15: Full Results (with No Opinion)

These results include all questions. The results include the percentage that responded for each answer choice and the number of responses. If the choices included a choice with no opinion (like don't know or not applicable), they will be shown in this section. The following section shows the results with no opinion choices.

1. In which category is your age?

Answer Choice	Percent
50-54 years	0% (0)
55-59 years	0% (0)
60-64 years	30% (1356)
65-69 years	23% (1036)
70-74 years	21% (962)
75-79 years	13% (575)
80-84 years	8% (383)
85-89 years	4% (178)
90-94 years	1% (66)
95 years or older	0% (20)

2. Please rate each of the following aspects of quality of life in your community.

Characteristic	Excellent	Good	Fair	Poor	Don't know
Your community as a place to live	32% (1442)	51% (2324)	14% (629)	3% (126)	1% (24)
Your neighborhood as a place to live	37% (1679)	45% (2012)	15% (674)	3% (118)	0% (14)
Your community as a place to retire	23% (1034)	39% (1731)	25% (1122)	10% (464)	3% (129)
Sense of community in your community	17% (762)	36% (1608)	33% (1486)	10% (461)	4% (174)
The overall quality of life in your community	25% (1144)	52% (2338)	19% (845)	3% (124)	1% (44)

3. Please rate each of the following characteristics as they relate to your community as a whole.

Characteristic	Excellent	Good	Fair	Poor	Don't know
Overall economic health of your community	17% (792)	52% (2348)	22% (979)	3% (131)	6% (279)
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community	15% (662)	41% (1876)	30% (1377)	10% (471)	3% (140)
Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	19% (853)	49% (2188)	26% (1166)	6% (251)	1% (49)
Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric/gas, broadband)	21% (946)	50% (2245)	20% (913)	6% (274)	3% (145)
Overall feeling of safety in your community	18% (823)	46% (2063)	26% (1158)	10% (453)	1% (27)
Overall quality of natural environment in your community	25% (1114)	46% (2058)	23% (1040)	5% (234)	2% (75)
Overall quality of parks and recreation opportunities	32% (1462)	44% (2009)	18% (793)	3% (156)	2% (111)
Overall health and wellness opportunities in your community	21% (949)	46% (2056)	23% (1034)	4% (162)	7% (311)
Overall opportunities for education, culture, and the arts	18% (812)	42% (1895)	26% (1153)	9% (392)	6% (256)
Residents' connection and engagement with their community	9% (425)	34% (1544)	36% (1644)	10% (451)	10% (454)

4. How would you rate the overall services provided to older adults in your community?

Answer Choice	Percent
Excellent	8% (355)
Good	34% (1512)
Fair	24% (1103)
Poor	9% (409)
Don't know	25% (1135)

5. Please indicate how likely or unlikely you are to do each of the following.

Characteristic	Very likely	Somewhat likely	Somewhat unlikely	Very unlikely	Don't know
Recommend living in your community to older adults	25% (1136)	42% (1927)	17% (757)	11% (493)	5% (228)
Remain in your community throughout your retirement	42% (1914)	31% (1405)	10% (471)	13% (570)	4% (160)

6. In general, how informed or uninformed do you feel about services and activities available to older adults in your community?

Answer Choice	Percent
Very informed	14% (644)
Somewhat informed	46% (2084)
Somewhat uninformed	25% (1140)
Very uninformed	15% (667)

7. Please rate the quality of each of the following.

Characteristic	Excellent	Good	Fair	Poor	Don't know
Your overall physical health	25% (1122)	56% (2552)	15% (699)	4% (182)	0% (3)
Your overall mental health/emotional wellbeing	36% (1633)	52% (2347)	10% (446)	3% (119)	0% (8)
Your overall quality of life	31% (1392)	56% (2541)	11% (511)	2% (80)	0% (10)

8. What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:

Answer Choice	Percent
Very positive	3% (125)
Somewhat positive	11% (493)
Neutral	38% (1725)
Somewhat negative	37% (1695)
Very negative	11% (523)

9. Please rate each of the following characteristics as they relate to older adults in your community.

Characteristic	Excellent	Good	Fair	Poor	Don't know
Ease of travel by public transportation in your community	6% (288)	26% (1156)	29% (1293)	23% (1019)	17% (766)
Ease of travel by car in your community	29% (1309)	51% (2309)	16% (722)	2% (111)	1% (61)
Ease of walking in your community	27% (1225)	41% (1874)	22% (1001)	7% (333)	2% (91)
Ease of bicycling in your community	20% (917)	38% (1691)	20% (905)	7% (319)	15% (667)
Ease of getting to the places you usually have to visit	25% (1127)	53% (2392)	18% (815)	3% (147)	1% (31)
Opportunities to build work skills	3% (142)	15% (652)	17% (751)	10% (425)	56% (2487)
Quality of employment opportunities for older adults	2% (98)	10% (452)	17% (757)	15% (657)	56% (2518)
Variety of employment opportunities for older adults	2% (89)	9% (398)	17% (750)	17% (746)	56% (2490)
Cost of living in your community	1% (60)	19% (834)	46% (2063)	30% (1361)	3% (156)
Availability of affordable quality food	12% (545)	39% (1775)	34% (1536)	13% (597)	2% (68)
Availability of affordable quality housing	3% (145)	12% (552)	28% (1283)	45% (2046)	11% (481)
Variety of housing options	4% (187)	20% (909)	33% (1491)	28% (1241)	14% (646)
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)	3% (131)	11% (504)	21% (928)	26% (1184)	39% (1757)
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	6% (272)	27% (1226)	35% (1571)	21% (931)	12% (525)

Characteristic	Excellent	Good	Fair	Poor	Don't know
Public places where people want to spend time	9% (425)	34% (1517)	32% (1455)	16% (707)	9% (413)
Availability of information about resources for older adults	5% (207)	20% (898)	29% (1322)	20% (901)	26% (1171)
Availability of financial or legal planning services	3% (150)	17% (769)	21% (934)	16% (742)	42% (1913)
Availability of long-term care options	4% (163)	19% (837)	20% (896)	15% (686)	43% (1931)
Availability of daytime care options for older adults	2% (84)	9% (394)	14% (640)	16% (725)	59% (2663)
Availability of affordable quality physical health care	8% (369)	31% (1411)	24% (1082)	14% (619)	22% (1006)
Availability of affordable quality mental health care	4% (163)	16% (705)	17% (774)	16% (738)	47% (2121)
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	14% (609)	38% (1717)	25% (1107)	8% (350)	16% (707)
Recreation opportunities (including games, arts, library services, etc.)	18% (817)	42% (1912)	23% (1029)	7% (324)	10% (429)
Fitness opportunities (including exercise classes and paths or trails, etc.)	25% (1138)	41% (1865)	21% (926)	6% (276)	7% (301)
Opportunities to participate in community matters	11% (491)	33% (1499)	26% (1160)	8% (378)	22% (986)
Opportunities to volunteer	13% (564)	35% (1553)	20% (903)	5% (221)	28% (1243)
Opportunities to enroll in skill-building or personal enrichment classes	6% (289)	22% (970)	19% (845)	11% (474)	43% (1920)
Opportunities to attend social events or activities	9% (407)	31% (1400)	24% (1096)	9% (426)	26% (1163)
Opportunities to attend religious or spiritual activities	19% (834)	39% (1733)	17% (755)	4% (179)	22% (994)

Characteristic	Excellent	Good	Fair	Poor	Don't know
Openness and acceptance of the community towards older residents of diverse backgrounds	9% (418)	32% (1426)	24% (1090)	10% (457)	24% (1098)
Making all residents feel welcome	10% (439)	36% (1602)	29% (1315)	10% (460)	15% (695)
Valuing older residents in your community	8% (360)	29% (1306)	27% (1241)	13% (593)	22% (1013)
Neighborliness of your community	13% (599)	38% (1714)	31% (1402)	13% (608)	4% (189)

10. Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem	Don't know
Having enough money to meet daily expenses	58% (2560)	18% (805)	15% (680)	8% (367)	0% (9)
Having enough money to pay your property taxes	60% (2613)	14% (592)	9% (401)	6% (277)	11% (463)
Having housing to suit your needs	70% (3111)	12% (542)	9% (387)	7% (318)	1% (64)
Doing heavy or intense housework	41% (1820)	32% (1393)	17% (755)	9% (397)	1% (46)
Maintaining your home	46% (2014)	31% (1350)	16% (683)	7% (287)	2% (69)
Maintaining your yard	47% (2022)	23% (1009)	14% (620)	8% (338)	8% (339)
Having safe and affordable transportation available	58% (2538)	15% (642)	12% (517)	6% (265)	10% (449)
No longer being able to drive	74% (3212)	5% (234)	4% (160)	5% (230)	12% (527)
Finding work in retirement	37% (1595)	6% (265)	7% (316)	7% (298)	43% (1841)
Building skills for paid or unpaid work	29% (1267)	7% (303)	7% (303)	4% (189)	52% (2238)
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	42% (1861)	22% (982)	17% (748)	7% (304)	11% (504)
Not knowing what services are available to older adults in your community	26% (1154)	25% (1090)	21% (938)	12% (550)	15% (677)
Your physical health	50% (2212)	30% (1337)	15% (663)	5% (203)	0% (9)
Falling or injuring yourself in your home	70% (3097)	18% (796)	7% (328)	3% (138)	2% (68)

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem	Don't know
Finding affordable health insurance	63% (2783)	15% (646)	10% (437)	10% (438)	3% (118)
Getting the health care you need	68% (3035)	18% (783)	9% (421)	4% (159)	1% (46)
Getting the oral health care you need	68% (3010)	15% (678)	9% (403)	6% (286)	2% (70)
Getting the vision care you need	71% (3182)	15% (670)	9% (384)	3% (153)	1% (61)
Affording the medications you need	69% (3051)	15% (684)	9% (395)	5% (240)	2% (79)
Staying physically fit	51% (2285)	30% (1324)	13% (563)	6% (254)	0% (14)
Maintaining a healthy diet	61% (2697)	25% (1099)	11% (477)	3% (145)	0% (14)
Having enough food to eat	86% (3807)	8% (371)	4% (170)	2% (74)	0% (5)
Experiencing confusion or forgetfulness	70% (3090)	21% (939)	6% (253)	3% (116)	1% (48)
Feeling depressed	63% (2781)	24% (1055)	9% (408)	4% (174)	1% (27)
Feeling bored	61% (2717)	26% (1168)	8% (376)	3% (140)	1% (45)
Having friends or family you can rely on	71% (3133)	17% (759)	7% (301)	5% (222)	1% (24)
Feeling lonely or isolated	67% (2978)	21% (916)	8% (346)	4% (161)	0% (22)
Dealing with the loss of a close family member or friend	60% (2674)	20% (888)	11% (483)	6% (273)	3% (113)
Being a victim of crime	77% (3409)	10% (458)	5% (236)	3% (150)	4% (178)
Being a victim of fraud or a scam	71% (3139)	15% (661)	7% (287)	4% (191)	3% (136)

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem	Don't know
Being physically or emotionally abused	91% (4044)	4% (177)	2% (71)	1% (44)	2% (99)
Being treated unfairly or discriminated against because of your age	71% (3173)	17% (746)	5% (217)	3% (149)	3% (154)
Feeling like you don't fit in or belong	69% (3042)	20% (876)	7% (288)	3% (117)	2% (86)
Feeling like your voice is heard in the community	45% (1971)	17% (758)	11% (489)	6% (245)	22% (951)
Feeling PHYSICALLY burdened by providing care for another person	78% (3426)	10% (443)	4% (190)	2% (85)	6% (273)
Feeling EMOTIONALLY burdened by providing care for another person	75% (3299)	11% (497)	6% (256)	2% (109)	6% (254)
Feeling FINANCIALLY burdened by providing care for another person	79% (3514)	9% (387)	4% (166)	2% (108)	6% (257)
Performing regular activities, including walking, eating and preparing meals	76% (3401)	15% (651)	6% (260)	2% (111)	1% (27)
Finding meaningful volunteer work	53% (2312)	10% (425)	5% (200)	3% (118)	31% (1342)
Finding productive or meaningful activities to do	64% (2820)	20% (878)	7% (312)	3% (123)	7% (288)
Having interesting recreational or cultural activities to attend	59% (2616)	19% (856)	9% (378)	4% (157)	10% (435)
Having interesting social events or activities to attend	55% (2438)	21% (932)	10% (444)	4% (186)	10% (433)

11. Thinking back over the past 12 months, how much time did you spend in each of the following?

Characteristic	0 days	1-2 days	3-5 days	6 or more days
As a patient in a hospital	80% (3545)	10% (435)	6% (254)	4% (188)
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	98% (4277)	0% (5)	0% (14)	2% (86)

12. Thinking back over the past 12 months, how many times have you fallen and injured yourself?

Answer Choice	Percent
Never	68% (3085)
1 to 2 times	27% (1235)
3 to 5 times	3% (143)
More than 5 times	2% (69)
Don't know	0% (18)

13. Please indicate whether or not you have done each of the following in the last 12 months.

Characteristic	No	Yes
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	78% (3529)	22% (1004)
Watched (online or on television) a local public meeting	72% (3266)	28% (1255)
Voted in your most recent local election	9% (421)	91% (4113)
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	89% (4018)	11% (506)
Used a senior center in your community	83% (3768)	17% (750)
Used a public library in your community	46% (2093)	54% (2438)
Used a recreation center in your community	59% (2680)	41% (1838)
Participated in a recreation program or group activity	69% (3108)	31% (1412)
Participated in religious or spiritual activities with others	59% (2649)	41% (1876)
Participated in a club (including book, dance, game, and other social)	68% (3089)	32% (1437)

14. During a typical week, how many hours do you spend:

Characteristic	Never	1 to 3 hours	4 to 5 hours	6 to 10 hours	11 to 19 hours	20 or more hours	Don't know
Assisting friends, relatives, or neighbors	20% (899)	49% (2176)	14% (636)	8% (342)	4% (175)	4% (162)	2% (97)
Volunteering your time	52% (2331)	28% (1271)	8% (375)	5% (220)	2% (79)	2% (77)	3% (117)
Talking or visiting with friends/family	4% (169)	32% (1460)	26% (1159)	20% (913)	7% (336)	10% (441)	1% (31)
Providing care to someone age 55+	70% (3137)	13% (574)	5% (243)	3% (146)	2% (84)	6% (267)	1% (49)
Providing care to someone age 18 to 54	84% (3777)	8% (347)	3% (113)	2% (71)	1% (34)	2% (100)	1% (65)
Providing care someone under age 18	78% (3527)	7% (337)	4% (172)	4% (168)	2% (78)	4% (181)	1% (42)
Receiving assistance, paid or unpaid (e.g., with shopping, cooking, etc.)	90% (4083)	5% (240)	2% (68)	1% (53)	0% (15)	1% (50)	0% (22)

15. Please answer the following, as they relate to Internet access at your home:

Characteristic	No	Yes
I have high-speed internet/broadband at home	9% (402)	91% (4114)
High speed internet is not available	90% (3489)	10% (380)
I can't afford high speed internet	88% (3472)	12% (483)
I'm not interested in high speed internet	89% (3454)	11% (412)
High speed internet is available, but is not reliable	83% (3193)	17% (676)

16. In general, how many times do you:

Characteristic	Several times a day	Once a day	A few times a week	Every few weeks	Less often or never	Don't know
Access the internet from your home using a computer, laptop, or tablet computer	71% (3187)	10% (472)	9% (400)	2% (95)	7% (326)	1% (26)
Access the internet from your cell phone	68% (3042)	7% (334)	7% (335)	2% (75)	15% (672)	1% (35)
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	37% (1668)	14% (636)	11% (487)	4% (196)	33% (1495)	1% (26)
Use or check email	68% (3066)	19% (848)	6% (286)	2% (97)	5% (210)	0% (10)
Share your opinions online	10% (433)	4% (180)	7% (328)	9% (422)	67% (3029)	2% (99)

Characteristic	Several times a day	Once a day	A few times a week	Every few weeks	Less often or never	Don't know
Shop online	7% (337)	4% (164)	23% (1052)	37% (1685)	27% (1194)	2% (71)

17. How many years have you lived in your community?

Answer Choice	Percent
Less than 2 years	7% (313)
2-5 years	11% (487)
6-10 years	12% (539)
11-20 years	16% (752)
More than 20 years	54% (2473)

18. Which best describes the building you live in?

Answer Choice	Percent
Single family home	73% (3325)
Townhouse, condominium, duplex, or apartment	24% (1111)
Mobile home	1% (29)
Assisted living residence	0% (17)
Nursing home	0% (0)
Other	2% (81)

19. Do you rent or own your home?

Answer Choice	Percent
Rent	22% (986)
Own (with a mortgage payment)	38% (1734)
Own (free and clear; no mortgage)	40% (1815)

20. About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?

Answer Choice	Percent
Less than \$300 per month	8% (348)
\$300 to \$599 per month	19% (847)
\$600 to \$999 per month	16% (716)
\$1,000 to \$1,499 per month	20% (904)
\$1,500 to \$2,499 per month	24% (1053)
\$2,500 or more per month	12% (545)

21. How many people, including yourself, live in your household?

Answer Choice	Percent
1 person (live alone)	34% (1569)
2 people	50% (2280)
3 people	8% (376)
4 or more people	7% (328)

22. How many of these people, including yourself, are 60 or older?

Answer Choice	Percent
1 person	50% (2264)
2 people	47% (2132)
3 people	2% (82)
4 or more people	1% (33)

23. What is your employment status?

Answer Choice	Percent
Fully retired	64% (2907)
Working full time for pay	22% (985)
Working part time for pay	11% (519)
Unemployed, looking for paid work	3% (120)

24. At what age do you expect to retire completely and not work for pay at all?

Answer Choice	Percent
60-64	7% (112)
65-67	22% (352)
68-69	11% (179)
70-72	22% (350)
73 or older	37% (575)

25. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)

Answer Choice	Percent
Less than \$25,000	14% (583)
\$25,000 to \$49,999	21% (877)
\$50,000 to \$74,999	22% (951)
\$75,000 to \$99,999	17% (709)
\$100,000 to \$149,999	14% (613)
\$150,000 to \$199,999	6% (240)
\$200,000 or more.	7% (284)

26. Are you Spanish, Hispanic, or Latino?

Answer Choice	Percent
No, not of Hispanic, Latino/a/x, or Spanish origin	89% (3998)
Yes, I consider myself to be of Hispanic, Latino/a/x, or Spanish origin	11% (494)

27. What is your race? (Mark one or more races to indicate what race you consider yourself to be.)

Answer Choice	Percent
American Indian or Alaska Native	2% (112)
Asian	2% (99)
Black or African American	5% (235)
Native Hawaiian or Other Pacific Islander	0% (15)
White	86% (3977)
A race not listed	4% (205)

28. What is your gender?

Answer Choice	Percent
Woman	54% (2465)
Man	46% (2078)
Identify in another way	0% (17)

29. How do you identify?

Answer Choice	Percent
Transgender man/trans man	0% (0)
Transgender woman/trans woman	0% (0)
Genderqueer/gender nonconforming	0% (0)
Prefer not to answer	97% (17)
Other	3% (0)

30. Please specify how you identify:

31. What is your sexual orientation?

Answer Choice	Percent
Heterosexual	90% (3953)
Lesbian	1% (45)
Gay	1% (60)
Bisexual	1% (33)
Identify in another way	7% (326)

32. How do you identify?

Answer Choice	Percent
Queer, pansexual, and/or questioning	1% (3)
Don't know	1% (4)
Prefer not to answer	93% (302)
Other	5% (17)

33. Please specify how you identify:

Answer Choice	
Asexual.	Asexual.
Asexual.	NONE OF THE ABOVE.
NONE!!.	None.
<p>Sexual orientation as an older individual has no meaning. Yes, I am married to a female individual by body parts. But, you must realize that body parts of older persons have no meaning in sexual identifying, as you ARE ASKING. As a part of this survey of 60+ individuals, that question is meaningless. I could live comfortably with an individual of any orientation. I identify as "old".</p>	

Section 16: Full Results (excluding No Opinion)

These results include all questions. The results include the percentage that responded for each answer choice and the number of responses. If the choices included a choice with no opinion (like don't know or not applicable), the tables in the prior section show the results with those no opinion choices. This section shows the results without those choices.

1. In which category is your age?

Not including don't know

Answer Choice	Percent
50-54 years	0% (0)
55-59 years	0% (0)
60-64 years	30% (1356)
65-69 years	23% (1036)
70-74 years	21% (962)
75-79 years	13% (575)
80-84 years	8% (383)
85-89 years	4% (178)
90-94 years	1% (66)
95 years or older	0% (20)

2. Please rate each of the following aspects of quality of life in your community.

Not including don't know

Characteristic	Excellent	Good	Fair	Poor
Your community as a place to live	32% (1442)	51% (2324)	14% (629)	3% (126)
Your neighborhood as a place to live	37% (1679)	45% (2012)	15% (674)	3% (118)
Your community as a place to retire	24% (1034)	40% (1731)	26% (1122)	11% (464)
Sense of community in your community	18% (762)	37% (1608)	34% (1486)	11% (461)
The overall quality of life in your community	26% (1144)	53% (2338)	19% (845)	3% (124)

3. Please rate each of the following characteristics as they relate to your community as a whole.

Not including don't know

Characteristic	Excellent	Good	Fair	Poor
Overall economic health of your community	19% (792)	55% (2348)	23% (979)	3% (131)
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community	15% (662)	43% (1876)	31% (1377)	11% (471)
Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	19% (853)	49% (2188)	26% (1166)	6% (251)
Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric/gas, broadband)	22% (946)	51% (2245)	21% (913)	6% (274)
Overall feeling of safety in your community	18% (823)	46% (2063)	26% (1158)	10% (453)
Overall quality of natural environment in your community	25% (1114)	46% (2058)	23% (1040)	5% (234)
Overall quality of parks and recreation opportunities	33% (1462)	45% (2009)	18% (793)	4% (156)
Overall health and wellness opportunities in your community	23% (949)	49% (2056)	25% (1034)	4% (162)
Overall opportunities for education, culture, and the arts	19% (812)	45% (1895)	27% (1153)	9% (392)
Residents' connection and engagement with their community	10% (425)	38% (1544)	40% (1644)	11% (451)

4. How would you rate the overall services provided to older adults in your community?

Not including don't know

Answer Choice	Percent
Excellent	11% (355)
Good	45% (1512)
Fair	33% (1103)
Poor	12% (409)

5. Please indicate how likely or unlikely you are to do each of the following.

Not including don't know

Characteristic	Very likely	Somewhat likely	Somewhat unlikely	Very unlikely
Recommend living in your community to older adults	26% (1136)	45% (1927)	18% (757)	11% (493)
Remain in your community throughout your retirement	44% (1914)	32% (1405)	11% (471)	13% (570)

6. In general, how informed or uninformed do you feel about services and activities available to older adults in your community?

Not including don't know

Answer Choice	Percent
Very informed	14% (644)
Somewhat informed	46% (2084)
Somewhat uninformed	25% (1140)
Very uninformed	15% (667)

7. Please rate the quality of each of the following.

Not including don't know

Characteristic	Excellent	Good	Fair	Poor
Your overall physical health	25% (1122)	56% (2552)	15% (699)	4% (182)
Your overall mental health/emotional wellbeing	36% (1633)	52% (2347)	10% (446)	3% (119)
Your overall quality of life	31% (1392)	56% (2541)	11% (511)	2% (80)

8. What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:

Not including don't know

Answer Choice	Percent
Very positive	3% (125)
Somewhat positive	11% (493)
Neutral	38% (1725)
Somewhat negative	37% (1695)
Very negative	11% (523)

9. Please rate each of the following characteristics as they relate to older adults in your community.

Not including don't know

Characteristic	Excellent	Good	Fair	Poor
Ease of travel by public transportation in your community	8% (288)	31% (1156)	34% (1293)	27% (1019)
Ease of travel by car in your community	29% (1309)	52% (2309)	16% (722)	3% (111)
Ease of walking in your community	28% (1225)	42% (1874)	23% (1001)	8% (333)
Ease of bicycling in your community	24% (917)	44% (1691)	24% (905)	8% (319)
Ease of getting to the places you usually have to visit	25% (1127)	53% (2392)	18% (815)	3% (147)
Opportunities to build work skills	7% (142)	33% (652)	38% (751)	22% (425)
Quality of employment opportunities for older adults	5% (98)	23% (452)	39% (757)	33% (657)
Variety of employment opportunities for older adults	5% (89)	20% (398)	38% (750)	38% (746)
Cost of living in your community	1% (60)	19% (834)	48% (2063)	32% (1361)
Availability of affordable quality food	12% (545)	40% (1775)	34% (1536)	13% (597)
Availability of affordable quality housing	4% (145)	14% (552)	32% (1283)	51% (2046)
Variety of housing options	5% (187)	24% (909)	39% (1491)	32% (1241)
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)	5% (131)	18% (504)	34% (928)	43% (1184)
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	7% (272)	31% (1226)	39% (1571)	23% (931)

Characteristic	Excellent	Good	Fair	Poor
Public places where people want to spend time	10% (425)	37% (1517)	35% (1455)	17% (707)
Availability of information about resources for older adults	6% (207)	27% (898)	40% (1322)	27% (901)
Availability of financial or legal planning services	6% (150)	30% (769)	36% (934)	29% (742)
Availability of long-term care options	6% (163)	32% (837)	35% (896)	27% (686)
Availability of daytime care options for older adults	5% (84)	21% (394)	35% (640)	39% (725)
Availability of affordable quality physical health care	11% (369)	41% (1411)	31% (1082)	18% (619)
Availability of affordable quality mental health care	7% (163)	30% (705)	33% (774)	31% (738)
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	16% (609)	45% (1717)	29% (1107)	9% (350)
Recreation opportunities (including games, arts, library services, etc.)	20% (817)	47% (1912)	25% (1029)	8% (324)
Fitness opportunities (including exercise classes and paths or trails, etc.)	27% (1138)	44% (1865)	22% (926)	7% (276)
Opportunities to participate in community matters	14% (491)	42% (1499)	33% (1160)	11% (378)
Opportunities to volunteer	17% (564)	48% (1553)	28% (903)	7% (221)
Opportunities to enroll in skill-building or personal enrichment classes	11% (289)	38% (970)	33% (845)	18% (474)
Opportunities to attend social events or activities	12% (407)	42% (1400)	33% (1096)	13% (426)
Opportunities to attend religious or spiritual activities	24% (834)	50% (1733)	22% (755)	5% (179)
Openness and acceptance of the community towards older residents of diverse backgrounds	12% (418)	42% (1426)	32% (1090)	13% (457)

Characteristic	Excellent	Good	Fair	Poor
Making all residents feel welcome	12% (439)	42% (1602)	34% (1315)	12% (460)
Valuing older residents in your community	10% (360)	37% (1306)	35% (1241)	17% (593)
Neighborliness of your community	14% (599)	40% (1714)	32% (1402)	14% (608)

10. Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Not including don't know

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem
Having enough money to meet daily expenses	58% (2560)	18% (805)	15% (680)	8% (367)
Having enough money to pay your property taxes	67% (2613)	15% (592)	10% (401)	7% (277)
Having housing to suit your needs	71% (3111)	12% (542)	9% (387)	7% (318)
Doing heavy or intense housework	42% (1820)	32% (1393)	17% (755)	9% (397)
Maintaining your home	46% (2014)	31% (1350)	16% (683)	7% (287)
Maintaining your yard	51% (2022)	25% (1009)	16% (620)	8% (338)
Having safe and affordable transportation available	64% (2538)	16% (642)	13% (517)	7% (265)
No longer being able to drive	84% (3212)	6% (234)	4% (160)	6% (230)
Finding work in retirement	64% (1595)	11% (265)	13% (316)	12% (298)
Building skills for paid or unpaid work	61% (1267)	15% (303)	15% (303)	9% (189)
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	48% (1861)	25% (982)	19% (748)	8% (304)
Not knowing what services are available to older adults in your community	31% (1154)	29% (1090)	25% (938)	15% (550)
Your physical health	50% (2212)	30% (1337)	15% (663)	5% (203)
Falling or injuring yourself in your home	71% (3097)	18% (796)	8% (328)	3% (138)

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem
Finding affordable health insurance	65% (2783)	15% (646)	10% (437)	10% (438)
Getting the health care you need	69% (3035)	18% (783)	10% (421)	4% (159)
Getting the oral health care you need	69% (3010)	15% (678)	9% (403)	7% (286)
Getting the vision care you need	72% (3182)	15% (670)	9% (384)	4% (153)
Affording the medications you need	70% (3051)	16% (684)	9% (395)	5% (240)
Staying physically fit	52% (2285)	30% (1324)	13% (563)	6% (254)
Maintaining a healthy diet	61% (2697)	25% (1099)	11% (477)	3% (145)
Having enough food to eat	86% (3807)	8% (371)	4% (170)	2% (74)
Experiencing confusion or forgetfulness	70% (3090)	21% (939)	6% (253)	3% (116)
Feeling depressed	63% (2781)	24% (1055)	9% (408)	4% (174)
Feeling bored	62% (2717)	27% (1168)	9% (376)	3% (140)
Having friends or family you can rely on	71% (3133)	17% (759)	7% (301)	5% (222)
Feeling lonely or isolated	68% (2978)	21% (916)	8% (346)	4% (161)
Dealing with the loss of a close family member or friend	62% (2674)	21% (888)	11% (483)	6% (273)
Being a victim of crime	80% (3409)	11% (458)	6% (236)	4% (150)
Being a victim of fraud or a scam	73% (3139)	15% (661)	7% (287)	4% (191)

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem
Being physically or emotionally abused	93% (4044)	4% (177)	2% (71)	1% (44)
Being treated unfairly or discriminated against because of your age	74% (3173)	17% (746)	5% (217)	3% (149)
Feeling like you don't fit in or belong	70% (3042)	20% (876)	7% (288)	3% (117)
Feeling like your voice is heard in the community	57% (1971)	22% (758)	14% (489)	7% (245)
Feeling PHYSICALLY burdened by providing care for another person	83% (3426)	11% (443)	5% (190)	2% (85)
Feeling EMOTIONALLY burdened by providing care for another person	79% (3299)	12% (497)	6% (256)	3% (109)
Feeling FINANCIALLY burdened by providing care for another person	84% (3514)	9% (387)	4% (166)	3% (108)
Performing regular activities, including walking, eating and preparing meals	77% (3401)	15% (651)	6% (260)	3% (111)
Finding meaningful volunteer work	76% (2312)	14% (425)	7% (200)	4% (118)
Finding productive or meaningful activities to do	68% (2820)	21% (878)	8% (312)	3% (123)
Having interesting recreational or cultural activities to attend	65% (2616)	21% (856)	9% (378)	4% (157)
Having interesting social events or activities to attend	61% (2438)	23% (932)	11% (444)	5% (186)

11. Thinking back over the past 12 months, how much time did you spend in each of the following?

Not including don't know

Characteristic	0 days	1-2 days	3-5 days	6 or more days
As a patient in a hospital	80% (3545)	10% (435)	6% (254)	4% (188)
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	98% (4277)	0% (5)	0% (14)	2% (86)

12. Thinking back over the past 12 months, how many times have you fallen and injured yourself?

Not including don't know

Answer Choice	Percent
Never	68% (3085)
1 to 2 times	27% (1235)
3 to 5 times	3% (143)
More than 5 times	2% (69)

13. Please indicate whether or not you have done each of the following in the last 12 months.

Not including don't know

Characteristic	No	Yes
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	78% (3529)	22% (1004)
Watched (online or on television) a local public meeting	72% (3266)	28% (1255)
Voted in your most recent local election	9% (421)	91% (4113)
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	89% (4018)	11% (506)
Used a senior center in your community	83% (3768)	17% (750)
Used a public library in your community	46% (2093)	54% (2438)
Used a recreation center in your community	59% (2680)	41% (1838)
Participated in a recreation program or group activity	69% (3108)	31% (1412)
Participated in religious or spiritual activities with others	59% (2649)	41% (1876)
Participated in a club (including book, dance, game, and other social)	68% (3089)	32% (1437)

14. During a typical week, how many hours do you spend:

Not including don't know

Characteristic	Never	1 to 3 hours	4 to 5 hours	6 to 10 hours	11 to 19 hours	20 or more hours
Assisting friends, relatives, or neighbors	20% (899)	50% (2176)	14% (636)	8% (342)	4% (175)	4% (162)
Volunteering your time	54% (2331)	29% (1271)	9% (375)	5% (220)	2% (79)	2% (77)
Talking or visiting with friends/family	4% (169)	33% (1460)	26% (1159)	20% (913)	8% (336)	10% (441)
Providing care to someone age 55+	70% (3137)	13% (574)	5% (243)	3% (146)	2% (84)	6% (267)
Providing care to someone age 18 to 54	85% (3777)	8% (347)	3% (113)	2% (71)	1% (34)	2% (100)
Providing care someone under age 18	79% (3527)	8% (337)	4% (172)	4% (168)	2% (78)	4% (181)
Receiving assistance, paid or unpaid (e.g., with shopping, cooking, etc.)	91% (4083)	5% (240)	2% (68)	1% (53)	0% (15)	1% (50)

15. Please answer the following, as they relate to Internet access at your home:

Not including don't know

Characteristic	No	Yes
I have high-speed internet/broadband at home	9% (402)	91% (4114)
High speed internet is not available	90% (3489)	10% (380)
I can't afford high speed internet	88% (3472)	12% (483)
I'm not interested in high speed internet	89% (3454)	11% (412)

Characteristic	No	Yes
High speed internet is available, but is not reliable	83% (3193)	17% (676)

16. In general, how many times do you:

Not including don't know

Characteristic	Several times a day	Once a day	A few times a week	Every few weeks	Less often or never
Access the internet from your home using a computer, laptop, or tablet computer	71% (3187)	11% (472)	9% (400)	2% (95)	7% (326)
Access the internet from your cell phone	68% (3042)	7% (334)	8% (335)	2% (75)	15% (672)
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	37% (1668)	14% (636)	11% (487)	4% (196)	33% (1495)
Use or check email	68% (3066)	19% (848)	6% (286)	2% (97)	5% (210)
Share your opinions online	10% (433)	4% (180)	7% (328)	10% (422)	69% (3029)
Shop online	8% (337)	4% (164)	24% (1052)	38% (1685)	27% (1194)

17. How many years have you lived in your community?

Not including don't know

Answer Choice	Percent
Less than 2 years	7% (313)
2-5 years	11% (487)
6-10 years	12% (539)
11-20 years	16% (752)
More than 20 years	54% (2473)

18. Which best describes the building you live in?

Not including don't know

Answer Choice	Percent
Single family home	73% (3325)
Townhouse, condominium, duplex, or apartment	24% (1111)
Mobile home	1% (29)
Assisted living residence	0% (17)
Nursing home	0% (0)
Other	2% (81)

19. Do you rent or own your home?

Not including don't know

Answer Choice	Percent
Rent	22% (986)
Own (with a mortgage payment)	38% (1734)
Own (free and clear; no mortgage)	40% (1815)

20. About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?

Not including don't know

Answer Choice	Percent
Less than \$300 per month	8% (348)
\$300 to \$599 per month	19% (847)
\$600 to \$999 per month	16% (716)
\$1,000 to \$1,499 per month	20% (904)
\$1,500 to \$2,499 per month	24% (1053)
\$2,500 or more per month	12% (545)

21. How many people, including yourself, live in your household?

Not including don't know

Answer Choice	Percent
1 person (live alone)	34% (1569)
2 people	50% (2280)
3 people	8% (376)
4 or more people	7% (328)

22. How many of these people, including yourself, are 60 or older?

Not including don't know

Answer Choice	Percent
1 person	50% (2264)
2 people	47% (2132)
3 people	2% (82)
4 or more people	1% (33)

23. What is your employment status?

Not including don't know

Answer Choice	Percent
Fully retired	64% (2907)
Working full time for pay	22% (985)
Working part time for pay	11% (519)
Unemployed, looking for paid work	3% (120)

24. At what age do you expect to retire completely and not work for pay at all?

Not including don't know

Answer Choice	Percent
60-64	7% (112)
65-67	22% (352)
68-69	11% (179)
70-72	22% (350)
73 or older	37% (575)

25. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)

Not including don't know

Answer Choice	Percent
Less than \$25,000	14% (583)
\$25,000 to \$49,999	21% (877)
\$50,000 to \$74,999	22% (951)
\$75,000 to \$99,999	17% (709)
\$100,000 to \$149,999	14% (613)
\$150,000 to \$199,999	6% (240)
\$200,000 or more.	7% (284)

26. Are you Spanish, Hispanic, or Latino?

Not including don't know

Answer Choice	Percent
No, not of Hispanic, Latino/a/x, or Spanish origin	89% (3998)
Yes, I consider myself to be of Hispanic, Latino/a/x, or Spanish origin	11% (494)

27. What is your race? (Mark one or more races to indicate what race you consider yourself to be.)

Not including don't know

Answer Choice	Percent
American Indian or Alaska Native	2% (112)
Asian	2% (99)
Black or African American	5% (235)
Native Hawaiian or Other Pacific Islander	0% (15)
White	86% (3977)
A race not listed	4% (205)

28. What is your gender?

Not including don't know

Answer Choice	Percent
Woman	54% (2465)
Man	46% (2078)
Identify in another way	0% (17)

29. How do you identify?

Not including don't know

Answer Choice	Percent
Transgender man/trans man	0% (0)
Transgender woman/trans woman	0% (0)
Genderqueer/gender nonconforming	0% (0)
Prefer not to answer	97% (17)
Other	3% (0)

30. Please specify how you identify:

Not including don't know

31. What is your sexual orientation?

Not including don't know

Answer Choice	Percent
Heterosexual	90% (3953)
Lesbian	1% (45)
Gay	1% (60)
Bisexual	1% (33)
Identify in another way	7% (326)

32. How do you identify?

Not including don't know

Answer Choice	Percent
Queer, pansexual, and/or questioning	1% (3)
Don't know	1% (4)
Prefer not to answer	93% (302)
Other	5% (17)

33. Please specify how you identify:

Not including don't know

Answer Choice	
Asexual.	Asexual.
Asexual.	NONE OF THE ABOVE.
NONE!!.	None.
Sexual orientation as an older individual has no meaning. Yes, I am married to a female individual by body parts. But, you must realize that body parts of older persons have no meaning in sexual identifying, as you ARE ASKING. As a part of this survey of 60+ individuals, that question is meaningless. I could live comfortably with an individual of any orientation. I identify as "old".	

Section 17: National Benchmark Comparisons

Rated characteristics are eligible for trend and benchmark comparisons. For trends, the characteristic must have been asked in a prior survey, and to be statistically significant the difference between the last measurement and current measurements must be at least 5 percentage points. All characteristics should have benchmarks, and to be statistically significant (more/less favorable), the difference must be at least 10 points. To be much more favorable/unfavorable, difference must be at least 20 points.

Demographic questions aren't eligible for trend and benchmark comparisons. Though all survey questions are listed in this section, demographic questions are noted as not having trends or benchmarks.

1. In which category is your age?

Percent positive, trends, and benchmarks do not apply to this question

2. Please rate each of the following aspects of quality of life in your community.

Percent positive is the percentage of responses that rated the characteristic as: "Excellent" or "Good"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Your community as a place to live	83	–	210	347
Your neighborhood as a place to live	82	–	224	344
Your community as a place to retire	64	–	214	347
Sense of community in your community	55	–	228	347
The overall quality of life in your community	78	–	188	344

3. Please rate each of the following characteristics as they relate to your community as a whole.

Percent positive is the percentage of responses that rated the characteristic as: "Excellent" or "Good"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Overall economic health of your community	74		106	344
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community	58		158	344
Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	68		84	344
Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric/gas, broadband)	73		79	250
Overall feeling of safety in your community	64		274	347
Overall quality of natural environment in your community	71		225	344
Overall quality of parks and recreation opportunities	79		108	250
Overall health and wellness opportunities in your community	72		156	344
Overall opportunities for education, culture, and the arts	64		152	344
Residents' connection and engagement with their community	48		129	250

4. How would you rate the overall services provided to older adults in your community?

Percent positive is the percentage of responses that rated the characteristic as: "Excellent" or "Good"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
How would you rate the overall services provided to older adults in your community?	55	–	42	149

5. Please indicate how likely or unlikely you are to do each of the following.

Percent positive is the percentage of responses that rated the characteristic as: "Very likely" or "Somewhat likely"

Characteristic	% likely	National Benchmark	Rank	# of Compared Communities
Recommend living in your community to older adults	71	–	235	347
Remain in your community throughout your retirement	76	–	116	149

6. In general, how informed or uninformed do you feel about services and activities available to older adults in your community?

Percent positive is the percentage of responses that rated the characteristic as: "Very informed" or "Somewhat informed"

Characteristic	% informed	National Benchmark	Rank	# of Compared Communities
In general, how informed or uninformed do you feel about services and activities available to older adults in your community?	60	–	–	–

7. Please rate the quality of each of the following.

Percent positive is the percentage of responses that rated the characteristic as: "Excellent" or "Good"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Your overall physical health	81		147	346
Your overall mental health/emotional wellbeing	88		55	149
Your overall quality of life	87		43	149

8. What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:

Percent positive is the percentage of responses that rated the characteristic as: "Very positive" or "Somewhat positive"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:	14		253	344

9. Please rate each of the following characteristics as they relate to older adults in your community.

Percent positive is the percentage of responses that rated the characteristic as: "Excellent" or "Good"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Ease of travel by public transportation in your community	38		115	330
Ease of travel by car in your community	81		61	347
Ease of walking in your community	70		118	347
Ease of bicycling in your community	68		34	108
Ease of getting to the places you usually have to visit	79		41	147
Opportunities to build work skills	40		32	146
Quality of employment opportunities for older adults	28		204	346
Variety of employment opportunities for older adults	25		45	146
Cost of living in your community	21		274	347
Availability of affordable quality food	52		194	339
Availability of affordable quality housing	17		233	346
Variety of housing options	29		217	347
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)	23		46	146

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	37	–	16	146
Public places where people want to spend time	47	–	208	343
Availability of information about resources for older adults	33	–	44	149
Availability of financial or legal planning services	35	–	52	149
Availability of long-term care options	39	–	44	147
Availability of daytime care options for older adults	26	–	39	149
Availability of affordable quality physical health care	51	–	186	338
Availability of affordable quality mental health care	36	–	170	336
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	61	–	160	336
Recreation opportunities (including games, arts, library services, etc.)	67	–	145	345
Fitness opportunities (including exercise classes and paths or trails, etc.)	71	–	129	344
Opportunities to participate in community matters	56	–	203	344
Opportunities to volunteer	65	–	133	253
Opportunities to enroll in skill-building or personal enrichment classes	49	^	29	149

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Opportunities to attend social events or activities	54	–	196	344
Opportunities to attend religious or spiritual activities	73	–	81	149
Openness and acceptance of the community towards older residents of diverse backgrounds	54	–	204	347
Making all residents feel welcome	53	–	140	250
Valuing older residents in your community	48	–	58	149
Neighborliness of your community	54	–	153	252

10. Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percent positive is the percentage of responses that rated the characteristic as: "Minor problem", "Moderate problem", or "Major problem"

Characteristic	% problematic	National Benchmark	Rank	# of Compared Communities
Having enough money to meet daily expenses	58		56	149
Having enough money to pay your property taxes	67		70	149
Having housing to suit your needs	71		80	149
Doing heavy or intense housework	42		54	149
Maintaining your home	46		41	149
Maintaining your yard	51		42	149
Having safe and affordable transportation available	64		57	149
No longer being able to drive	84		74	149
Finding work in retirement	64		72	149
Building skills for paid or unpaid work	61		44	149
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	48		40	149
Not knowing what services are available to older adults in your community	31		52	149

Characteristic	% problematic	National Benchmark	Rank	# of Compared Communities
Your physical health	50	–	34	149
Falling or injuring yourself in your home	71	–	50	149
Finding affordable health insurance	65	–	24	149
Getting the health care you need	69	^	24	149
Getting the oral health care you need	69	–	27	149
Getting the vision care you need	72	^	30	149
Affording the medications you need	70	–	38	149
Staying physically fit	52	–	31	149
Maintaining a healthy diet	61	–	37	149
Having enough food to eat	86	–	55	149
Experiencing confusion or forgetfulness	70	–	38	149
Feeling depressed	63	–	48	149
Feeling bored	62	–	55	149
Having friends or family you can rely on	71	–	39	149

Characteristic	% problematic	National Benchmark	Rank	# of Compared Communities
Feeling lonely or isolated	68		40	149
Dealing with the loss of a close family member or friend	62		50	149
Being a victim of crime	80		122	149
Being a victim of fraud or a scam	73		104	149
Being physically or emotionally abused	93		64	147
Being treated unfairly or discriminated against because of your age	74		127	146
Feeling like you don't fit in or belong	70		52	146
Feeling like your voice is heard in the community	57		60	149
Feeling PHYSICALLY burdened by providing care for another person	83		40	149
Feeling EMOTIONALLY burdened by providing care for another person	79		37	149
Feeling FINANCIALLY burdened by providing care for another person	84		46	149
Performing regular activities, including walking, eating and preparing meals	77		42	108
Finding meaningful volunteer work	76		45	108

Characteristic	% problematic	National Benchmark	Rank	# of Compared Communities
Finding productive or meaningful activities to do	68		51	108
Having interesting recreational or cultural activities to attend	65		27	108
Having interesting social events or activities to attend	61		27	108

11. Thinking back over the past 12 months, how much time did you spend in each of the following?

Percent positive is the percentage of responses that rated the characteristic as: "1-2 days", "3-5 days", or "6 or more days"

Characteristic	% of respondents	National Benchmark	Rank	# of Compared Communities
As a patient in a hospital	20		81	149
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	2		63	130

12. Thinking back over the past 12 months, how many times have you fallen and injured yourself?

Percent positive is the percentage of responses that rated the characteristic as: "1 to 2 times", "3 to 5 times", or "More than 5 times"

Characteristic	% of respondents	National Benchmark	Rank	# of Compared Communities
Thinking back over the past 12 months, how many times have you fallen and injured yourself?	32		105	149

13. Please indicate whether or not you have done each of the following in the last 12 months.

Percent positive is the percentage of responses that rated the characteristic as: "Yes"

Characteristic	% yes	National Benchmark	Rank	# of Compared Communities
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	22		194	346
Watched (online or on television) a local public meeting	28		40	149
Voted in your most recent local election	91		58	248
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	11		117	149
Used a senior center in your community	17		63	149
Used a public library in your community	54		45	149
Used a recreation center in your community	41		25	149
Participated in a recreation program or group activity	31		52	149
Participated in religious or spiritual activities with others	41		106	149
Participated in a club (including book, dance, game, and other social)	32		44	149

14. During a typical week, how many hours do you spend:

Percent positive is the percentage of responses that rated the characteristic as: "1 to 3 hours", "4 to 5 hours", "6 to 10 hours", "11 to 19 hours", or "20 or more hours"

Characteristic	% of respondents	National Benchmark	Rank	# of Compared Communities
Assisting friends, relatives, or neighbors	80		78	149
Volunteering your time	46		115	149
Talking or visiting with friends/family	96		70	149
Providing care to someone age 55+	30		110	149
Providing care to someone age 18 to 54	15		79	149
Providing care someone under age 18	21		38	149
Receiving assistance, paid or unpaid (e.g., with shopping, cooking, etc.)	9		68	108

15. Please answer the following, as they relate to Internet access at your home:

Percent positive is the percentage of responses that rated the characteristic as: "Yes"

Characteristic	% yes	National Benchmark	Rank	# of Compared Communities
I have high-speed internet/broadband at home	91	–	12	88
High speed internet is not available	10	–	–	–
I can't afford high speed internet	12	–	–	–
I'm not interested in high speed internet	11	–	–	–
High speed internet is available, but is not reliable	17	–	–	–

16. In general, how many times do you:

Percent positive is the percentage of responses that rated the characteristic as: "Several times a day", "Once a day", or "A few times a week"

Characteristic	% of respondents	National Benchmark	Rank	# of Compared Communities
Access the internet from your home using a computer, laptop, or tablet computer	91	–	88	249
Access the internet from your cell phone	83	–	78	249
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	62	–	136	248
Use or check email	93	–	88	249
Share your opinions online	21	–	172	249

Characteristic	% of respondents	National Benchmark	Rank	# of Compared Communities
Shop online	35	–	114	249

17. How many years have you lived in your community?

Percent positive, trends, and benchmarks do not apply to this question

18. Which best describes the building you live in?

Percent positive, trends, and benchmarks do not apply to this question

19. Do you rent or own your home?

Percent positive, trends, and benchmarks do not apply to this question

20. About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?

Percent positive, trends, and benchmarks do not apply to this question

21. How many people, including yourself, live in your household?

Percent positive, trends, and benchmarks do not apply to this question

22. How many of these people, including yourself, are 60 or older?

Percent positive, trends, and benchmarks do not apply to this question

23. What is your employment status?

Percent positive, trends, and benchmarks do not apply to this question

24. At what age do you expect to retire completely and not work for pay at all?

Percent positive, trends, and benchmarks do not apply to this question

25. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)

Percent positive, trends, and benchmarks do not apply to this question

26. Are you Spanish, Hispanic, or Latino?

Percent positive, trends, and benchmarks do not apply to this question

27. What is your race? (Mark one or more races to indicate what race you consider yourself to be.)

Percent positive, trends, and benchmarks do not apply to this question

28. What is your gender?

Percent positive, trends, and benchmarks do not apply to this question

29. How do you identify?

Percent positive, trends, and benchmarks do not apply to this question

31. What is your sexual orientation?

Percent positive, trends, and benchmarks do not apply to this question

32. How do you identify?

Percent positive, trends, and benchmarks do not apply to this question

Section 18: Methods

About the Community Assessment Survey for Older Adults (CASOA)[®]

The Community Assessment Survey for Older Adults (CASOA)[®] was developed by National Research Center at Polco (NRC) to provide an accurate, affordable and easy way to assess and interpret the experience of older adults in the community. The CASOA[®] survey instrument and its administration are standardized to assure high-quality survey methods and comparable results across CASOA communities. The CASOA was customized for Denver Regional Council of Governments Area Agency on Aging to reflect the correct local age definition of older adults and to use official Denver Regional Council of Governments Area Agency on Aging graphics, contact information and signatures on survey invitation mailing materials. The Denver Regional Council of Governments Area Agency on Aging sponsored and funded this research. Please contact Jayla Sanchez-Warren of the Denver Regional Council of Governments Area Agency on Aging at jswarren@drcog.org if you have any questions about the survey.

Questionnaire Development

The CASOA questionnaire contains many questions related to the life of older residents in the community. The instrument includes questions related to overall quality of life, characteristics of the community, perceptions of safety, and many different needs common to older adults.

The questionnaire grew from a synthesis of numerous data collection processes, including a national search of needs assessments conducted by communities across the United States, a review of the

literature on aging, and numerous surveys and large-scale needs assessments conducted by NRC. A blue-ribbon panel of national experts contributed to the concept and content of CASOA.

The items in the questionnaire were pilot tested on older adult residents using a “think-aloud” method in which older adults were asked to complete the survey and describe their thought processes related to specific questions and question sets. The results of the pilot test were used to alter the questionnaire for better understanding by senior participants. The final questionnaire was tested in a set of diverse U.S. communities and modifications again were made as necessary.

Random (Probability) Sample Survey

Selecting Survey Recipients

One of the first steps taken to ensure survey results are representative of the target population is to use a source from which survey recipients are selected that provides adequate to good coverage of the target population. This source is referred to as the sampling frame.

The target population for this survey was residents age 60 years or older in households within the Denver Regional Council of Governments Area Agency on Aging boundaries.

Since it would be cost prohibitive to survey every person age 60 years or older in Denver Regional Council of Governments Area Agency on Aging, a random selection of records from the sampling frame was made. This process can be illustrated using an example that may be familiar from a math or statistics class of a jar of marbles of various colors. If the jar has two-thirds red marbles and one-third blue marbles, a random selection of marbles from that jar should result in a similar proportion (although perhaps not identical) of red and blue marbles as in the original jar.

The sampling frame used for this survey was a list of households with a high likelihood of having a resident age 60 years or older within the Denver Regional Council of Governments Area Agency on Aging

boundaries from Marketing Systems Group. These lists, compiled by sampling and marketing firms based on data from multiple sources (such as warranty information, voting lists, and more), provide fairly complete coverage of all members of the target population.

Data Collection

Each randomly selected household received two mailings, about one week apart, beginning on August, 5, 2022. The first mailing was a prenotification postcard announcing the upcoming survey. This half-sheet postcard included a URL so that recipients could immediately go online to complete the survey if they wished. The second mailing contained a letter from the Area Agency on Aging Director inviting the household to participate, a printed questionnaire and a postage-paid return envelope. The survey was available in English, Spanish, Vietnamese, Korean, and Arabic. Completed surveys were collected over the following 7 weeks.

About 2,851 (7%) of the 39,603 surveys mailed were returned because the housing unit was vacant or the postal service was unable to deliver the survey as addressed. Of the remaining 36,752 households that received the survey, 4,595 completed the survey, providing an overall response rate of 12.5%. Of the total surveys received, 2,947 were completed using the hard copy surveys while 1,648 were submitted online. Response rates are calculated using AAPOR's response rate #2¹ for mailed surveys of unnamed persons.

Open Participation Survey

In addition to the random sample "probability" survey described above, an open participation survey was conducted, in which all older adults age 60 years or older were invited to participate. The open participation survey instrument was identical to the probability sample survey. This survey was conducted entirely online. For the open participation survey a single URL was provided to contacts from each AAA to share with constituents through email lists, social media accounts, service settings and community partners. The URL directed community members to a short survey where they indicated their

geographic location and were directed to the survey for their appropriate county and AAA. Each Area Agency on Aging conducted all outreach, after receiving guidance on best practices for conducting such outreach from Polco. This guidance suggested the use of social media, press releases, newsletters and e-newsletters, existing resident email lists, printed materials, and invitations publicized at local and virtual meetings. This survey became available to all residents on 8/29/2022 and remained open until 9/26/2022. A total of 2 surveys were completed by open participation survey respondents.

Analysis and Reporting

Confidence Intervals

It is customary to describe the precision of estimates made from probability surveys by a “level of confidence” and accompanying “confidence interval” (or margin of error). A traditional level of confidence, and the one used here, is 95%. The 95% confidence interval can be any size and quantifies the sampling error or imprecision of the survey results because some residents’ opinions are relied on to estimate all residents’ opinions.²

The margin of error for the Denver Regional Council of Governments Area Agency on Aging survey is no greater than plus or minus 1.45 percentage points around any given percent reported for all probability survey respondents (4,595). For subgroups of responses, the margin of error increases because the number of respondents for each subgroup is smaller. For subgroups of approximately 100 respondents, the margin of error is plus or minus 10 percentage points.

The open participation survey results were combined with responses from the probability sample survey, for a total of 4,597 completed surveys. With the inclusion of the open participation survey participants, it is likely that the precision of the responses would be even greater (and thus the margin of error smaller).

Survey Processing (Data Entry)

Upon receipt, completed hard copy surveys were assigned a unique identification number. Additionally, each survey was reviewed and “cleaned” as necessary. An example of cleaning would be if a question asked a respondent to pick two items out of a list of five, but the respondent checked three; in this case, NRC would use protocols to randomly choose two of the three selected items for inclusion in the dataset.

All surveys then were entered twice into an electronic dataset; any discrepancies were resolved in comparison to the original survey form. Range checks as well as other forms of quality control were also performed.

The online survey data was collected on Polco, an online civic engagement platform. Use of Polco means all collected data are entered into the dataset immediately when the respondents submit the surveys. Skip patterns are programmed into the system so respondents are automatically directed to the appropriate question (skipping irrelevant questions, when applicable) based on the individual responses given.

A series of quality control checks were also performed in order to ensure the integrity of the web data. Steps may include (and are not limited to) reviewing the data for clusters of repeat IP addresses and time stamps (indicating duplicate responses) and removing empty submissions (questionnaires submitted with no questions answered).

Survey Data Weighting

The primary objective of weighting survey data is to make the survey sample reflective of the larger population of Denver Regional Council of Governments Area Agency on Aging. This is done by reviewing the demographic profile of respondents and comparing it to the demographic profile of older adults based on the most recent Census data. Those respondent subgroups that were less likely to respond are statistically adjusted to be given more weight, while those subgroups that were more likely to respond are given less weight. The

characteristics used for weighting were age, gender, race, Hispanic origin, housing type, rent or own home, and area. No adjustments were made for design effects. Weights were calculated using an iterative, multiplicative raking model known as the ANES Weighting Algorithm (see <https://surveyinsights.org/wp-content/uploads/2014/07/Full-anesrake-paper.pdf> for more details). The results of the weighting scheme are presented in the following table.

Weighting Scheme for the 2022 Denver Regional Council of

Governments Area Agency on Aging CASOA

Demographic Group	Unweighted	Weighted	Population Target
Rent or Own Home			
Rent	10.5 %	21.7 %	21.9 %
Own	89.5 %	78.3 %	78.1 %
Housing Type			
Detached	76 %	74.2 %	73.9 %
Attached	24 %	25.8 %	26.1 %
Race			
White	90.7 %	86.4 %	86.4 %
Not white	9.3 %	13.6 %	13.6 %
Ethnicity			
Hispanic	6.2 %	11 %	11.3 %
Not Hispanic	93.8 %	89 %	88.7 %
Gender			
Female	58 %	54.3 %	54.3 %
Male	42 %	45.7 %	45.7 %
Age			
Age 60 to 64	20 %	29.8 %	29.8 %
Age 65 to 74	48.6 %	43.6 %	43.6 %
Age 75 and over	31.4 %	26.7 %	26.7 %
Gender and Age			
Female 60 to 64	11.9 %	15.5 %	15.4 %
Female 65 to 74	28.5 %	23.2 %	23.2 %
Female 75 and over	17.6 %	15.6 %	15.6 %
Male 60 to 64	7.9 %	14.4 %	14.3 %
Male 65 to 74	20.1 %	20.4 %	20.4 %
Male 75 and over	14 %	11 %	11 %

Reporting

For the most part, the percentages presented in the reports represent the “percent positive.” The percent positive is the combination of the top two most positive response options (i.e., excellent and good, very safe and somewhat safe, essential and very important, etc.), or, in the case of resident behaviors/participation, the percent positive represents the proportion of respondents indicating yes or participating in an activity at least once a month.

On many of the questions in the survey respondents may answer don’t know. The proportion of respondents giving this reply is shown in the full set of responses included in the Responses tab. However, these responses have been removed from the analyses presented in the main body of the report. In other words, the tables and graphs display the responses from respondents who had an opinion about a specific item.

Multiple Response Questions

For some questions, respondents were permitted to select multiple responses. When the total exceeds 100% in a table for a multiple response question, it is because some respondents are counted in multiple categories.

Rounding

Excluding the Participants tab, percentages shown are rounded to the nearest whole number. This can sometimes mean that the percent of responses across all the possible response categories may sum to something other than exactly 100%. It also means that in some instances, the “percent positive,” “percent problem,” or other summaries of data may not equal the rounded percentages of the two categories. For example, if 30.4% of respondents rated quality of life as excellent, and 20.4% of respondents rated it as good, a display of all

the responses will show 30% excellent and 20% good. However, a display of the percent rating quality of life as excellent or good will show 51% (as 30.4% + 20.4% equals 50.8%, which rounds to 51%).

Making Comparisons to Benchmarks

National Research Center at Polco has developed a database that collates responses to CASOA and related surveys administered in other communities, which allows the results from Denver Regional Council of Governments Area Agency on Aging to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in over 327 communities across the nation.

Ratings are compared when similar questions are included in Polco's database, and there are at least five other communities in which the question was asked. Where comparisons for ratings were available, Denver Regional Council of Governments Area Agency on Aging's results are shown as being more favorable than the benchmark, less favorable than the benchmark or similar to the benchmark. In instances where ratings are considerably more or less favorable than the benchmark, these ratings have been further demarcated by the attribute of "much," (for example, much more favorable or much less favorable).

Reporting Statistical Significance

For the crosstabs of survey results by selected respondent characteristic, chi-square or ANOVA (Analysis of Variance) tests of significance were applied to these breakdowns of selected survey questions. A p-value of 0.05 or less indicates that there is less than a 5% probability that differences observed between groups are due to chance; or in other words, a greater than 95% probability that the differences observed in the selected categories of the sample represent "real" differences among those populations. However, it should be noted that while these tests of statistical significance were used to help guide readers and policy makers to differences that are likely not due to chance alone, these types of probabilistic inferences were designed for use when results come from random sampling alone

(for more information, see Hirschauer, N., Gruner, S., Mußhoff, O., Becker, C., & Jantsch, A. (2020). Can p-values be meaningfully interpreted without random sampling? *Statistics Surveys*, 14, 71-91).

Community Readiness Scores

The community readiness scores presented in Community Readiness represents the average of the questions included in the index. Although the evaluative or frequency questions were made on 4- or 5-point scales, with 1 representing the best rating, the scales had different labels (e.g., excellent, very likely). To calculate these average scores, the questions used in the index were converted to a common scale where 0 is the worst possible rating and 100 is the best possible rating. If everyone answered excellent, then the result would be 100 on the 0-100 scale. If the average rating for quality of life was right in the middle of the scale (halfway between good and fair), then the result would be 50. This scale can be thought of like the thermometer that is often used to illustrate total donations received by charitable organizations—the higher the thermometer reading, the closer to the goal. In this case, 100 (the top of the thermometer) would represent the most positive response possible. The table below shows the individual questions comprising each summary score for the six dimensions of community readiness, as well as the overall rating for the Quality of the Community.

Needs Summary

Each livability topic covered in the survey includes a summary of needs identified by respondents. For almost all of these needs summaries, a respondent was counted as having a need if they had a major problem or moderate problem with any of the items examined in each score area. The one exception is for the independent living topic;

Dimension of Community Readiness	Items Included in Community Readiness Score
Overall Community Quality	<ul style="list-style-type: none"> • Your community as a place to live • Your neighborhood as a place to live • Your community as a place to retire • The overall quality of life in your community • Recommend living in your community to older adults • Remain in your community throughout your retirement
Community Design	<ul style="list-style-type: none"> • Housing • Mobility • Land Use
Employment and Finances	<ul style="list-style-type: none"> • Employment • Finances
Equity and Inclusivity	<ul style="list-style-type: none"> • Equity • Community Inclusivity
Health and Wellness	<ul style="list-style-type: none"> • Overall feeling of safety in your community • Overall quality of natural environment in your community • Overall health and wellness opportunities in your community • Availability of affordable quality food • Availability of long-term care options • Availability of daytime care options for older adults • Availability of affordable quality physical health care • Availability of affordable quality mental health care • Availability of preventive health services (e.g., health screenings, flu shots, educational workshops) • Fitness opportunities (including exercise classes and paths or trails, etc.)
Information and Assistance	<ul style="list-style-type: none"> • How would you rate the overall services

Dimension of Community Readiness	Items Included in Community Readiness Score
	<p>provided to older adults in your community?</p> <ul style="list-style-type: none"> • Availability of information about resources for older adults • Availability of financial or legal planning services
Productive Activities	<ul style="list-style-type: none"> • Overall quality of parks and recreation opportunities • Overall opportunities for education, culture, and the arts • Residents' connection and engagement with their community • Recreation opportunities (including games, arts, library services, etc.) • Opportunities participate in community matters

for this needs score, a respondent was counted as having a need if they reported spending any time in a hospital or in a long-term care facility in the last year.

¹See AAPOR's Standard Definitions here:

[http://www.aapor.org/Standards-Ethics/Standard-Definitions-\(1\).aspx](http://www.aapor.org/Standards-Ethics/Standard-Definitions-(1).aspx) for more information

²A 95% confidence interval indicates that for every 100 random samples of this many residents, 95 of the confidence intervals created will include the "true" population response. This theory is applied in practice to mean that the "true" perspective of the target population lies within the confidence interval created for a single survey. For example, if 75% of residents rate a service as excellent or good, then a 4% margin of error (for the 95% confidence interval) indicates that the range of likely responses for the entire community is between 71% and 79%. This source of uncertainty is called sampling error. In addition to sampling error, other sources of error may affect any survey, including the non-response of residents with opinions different from survey

Needs Score	Items Included in the Score
Caregiving	<ul style="list-style-type: none"> • Any of the following were a major or moderate problem: • Feeling PHYSICALLY burdened by providing care for another person • Feeling EMOTIONALLY burdened by providing care for another person • Feeling FINANCIALLY burdened by providing care for another person
Civic Engagement	<ul style="list-style-type: none"> • Any of the following were a major or moderate problem: • Feeling like your voice is heard in the community
Community Inclusivity	<ul style="list-style-type: none"> • Any of the following were a major or moderate problem: • Having friends or family you can rely on • Feeling lonely or isolated • Feeling like you don't fit in or belong
Employment	<ul style="list-style-type: none"> • Any of the following were a major or moderate problem: • Finding work in retirement • Building skills for paid or unpaid work
Equity	<ul style="list-style-type: none"> • Any of the following were a major or moderate problem: • Being treated unfairly or discriminated against because of your age
Finances	<ul style="list-style-type: none"> • Any of the following were a major or moderate problem: • Having enough money to meet daily expenses • Having enough money to pay your property taxes
Health Care	<ul style="list-style-type: none"> • Any of the following were a major or moderate

Needs Score	Items Included in the Score
	<p>problem:</p> <ul style="list-style-type: none"> • Finding affordable health insurance • Getting the health care you need • Getting the oral health care you need • Getting the vision care you need • Affording the medications you need
Housing	<p>• Any of the following were a major or moderate problem:</p> <ul style="list-style-type: none"> • Having housing to suit your needs • Doing heavy or intense housework • Maintaining your home • Maintaining your yard
Independent Living	<ul style="list-style-type: none"> • Spent one or more days: • In a long-term care facility (including nursing home or in-patient rehabilitation facility) • As a patient in a hospital
Information and Assistance	<p>• Any of the following were a major or moderate problem:</p> <ul style="list-style-type: none"> • Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid • Not knowing what services are available to older adults in your community
Mental Health	<p>• Any of the following were a major or moderate problem:</p> <ul style="list-style-type: none"> • Experiencing confusion or forgetfulness • Feeling depressed • Dealing with the loss of a close family member or friend
Mobility	<p>• Any of the following were a major or moderate problem:</p> <ul style="list-style-type: none"> • Having safe and affordable transportation available • No longer being able to drive
Physical Health	<ul style="list-style-type: none"> • Any of the following were a major or moderate

Needs Score	Items Included in the Score
Safety	<p>problem:</p> <ul style="list-style-type: none"> • Your physical health • Falling or injuring yourself in your home • Staying physically fit • Maintaining a healthy diet • Having enough food to eat <hr/> <p>• Any of the following were a major or moderate problem:</p> <ul style="list-style-type: none"> • Being a victim of crime • Being a victim of fraud or a scam • Being physically or emotionally abused
Social Engagement	<hr/> <p>• Any of the following were a major or moderate problem:</p> <ul style="list-style-type: none"> • Feeling bored

responders. Though standardized on CASOA, on other surveys, differences in question wording, order, translation and data entry (as examples) can lead to somewhat varying results.

*Source: U.S. Census Bureau - 2020 American Community Survey 5-year estimates Age, rent or own home, and gender estimates are for those age 60+, while type of housing unit, race and ethnicity are for those age 65+.