

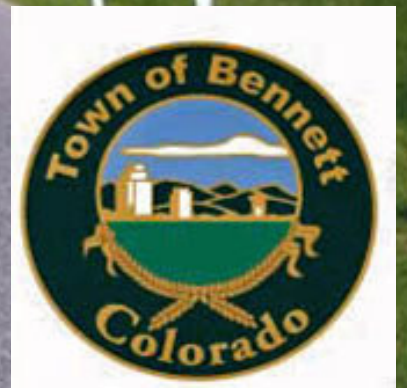
Town of Bennett

HEALTHY LIVING IN BENNETT

Economic Benefits of Healthy Community Design
DRCOG

January 19, 2012

Presented by:
Sue Horn, Mayor
Town of Bennett, Colorado





C/C of Denver

Town of Bennett

City of Aurora

Town of Bennett

H.E.A.L. PRINCIPLE

- Healthy
- Eating
- Active
- Living

Land Use

- Cities' planning, zoning, and **infrastructure** investment can have a positive effect on health.

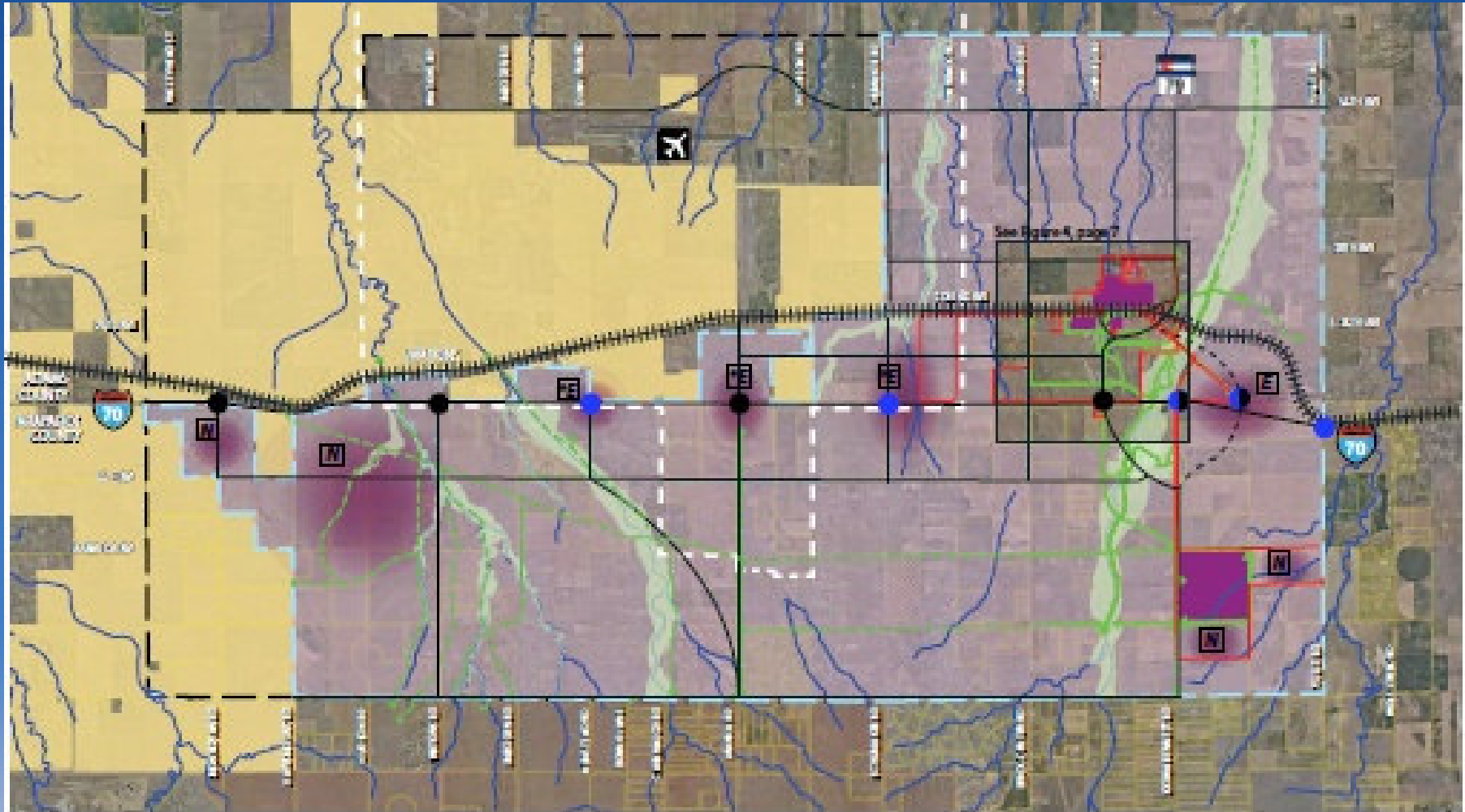
Healthy Foods

- Cities have powerful planning, economic development, and public relations tools for attracting and supporting healthy food retailers.

H.E.A.L. PROJECTS IN BENNETT

- Comprehensive Plan Update
- Downtown Planning Study/Overlay District
- Trails
- Street Striping
- Flat 14ers
- Bennett Days Community Walk
- Community Center Recreation Program

COMPREHENSIVE PLAN



Comprehensive Plan Guiding Principles

Develop town and neighborhood centers with mixed land use and greater land density to shorten distances between homes, workplaces, schools, shopping, places of worship, cultural facilities, and recreation and social activities

Design new developments in a manner to blend with the rural setting and preserve natural features and areas designated for agricultural production

Ensure that affordable housing and access to healthy living is available for people of all ages and income levels



COMPREHENSIVE PLAN

Guiding Principles

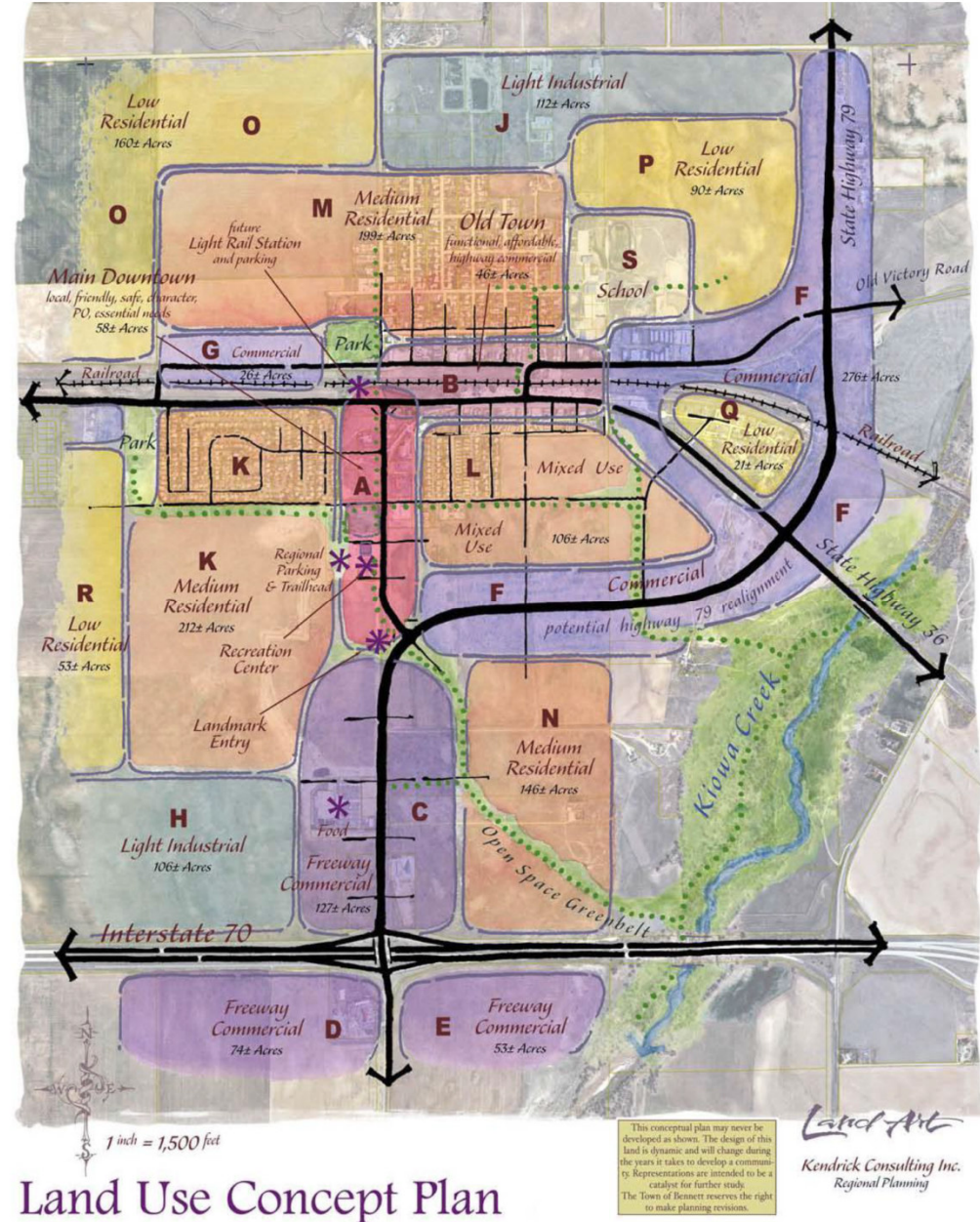
Offer access to open space, trails and parks to provide more opportunities for walking, biking, recreation, and contact with nature

Preserve open space, farmland, and areas that have environmental significance to the region, particularly that are susceptible to flood hazard; are identified aquifer recharge areas; have natural mineral wealth; or are prime agricultural land

Provide a variety of transportation choices including bicycle trails; sidewalks; and mass transit to reduce the dependence upon automobiles; and create streets that are safe for use by automobiles, pedestrians, and bicyclists



DOWNTOWN PLANNING STUDY



DOWNTOWN OVERLAY DISTRICT

The purpose of the Downtown Overlay District (DOD) is to establish building, site development and streetscape regulations that:

- encourage a greater mixture of land uses with higher densities; and
- provide for multimodal transportation opportunities that increase mobility and access for pedestrians, cyclists, and motorists.

The development criteria encourage quality development through the use of a variety of design and site techniques while continuing to provide for a wide range of economic development opportunities.

WALKABILITY

Main Street (1st st.) and Bennett Ave. Intersection elevation

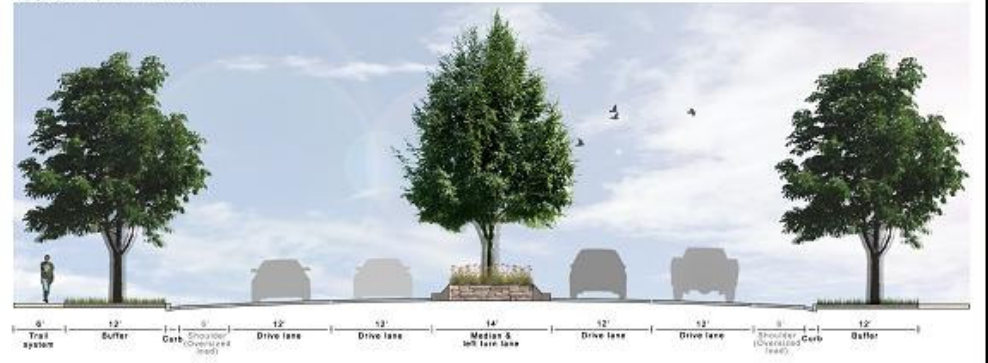


The Main Street District is intended to enhance the convenience, ease and enjoyment of transit, walking, shopping, and public gathering.

Streets provide pedestrian and vehicular connections with alleys in some sections of this District. The streetscape amenities may include: sidewalks, street trees, lighting, benches, plazas, and signage.

The local trail system is designed to weave through this District providing access to the surrounding community.

78 (S 1st st.) corridor section



TRAILS SYSTEM

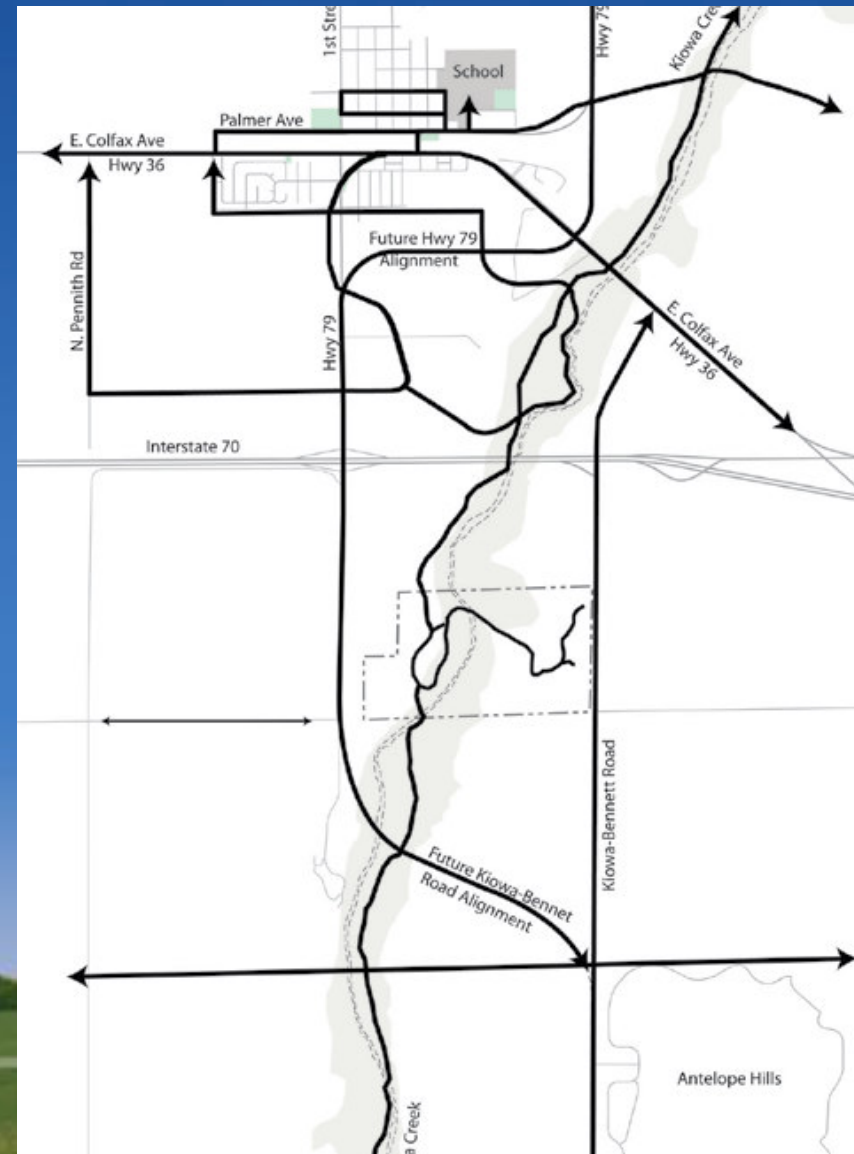
- Spring 2010 Adams County and Arapahoe County Open Space both funded the Regional Trail plan study.
- Study was completed in January 2011.
- Identified connections for existing and future trails.



TRAILS SYSTEM

Trails Master Plan (2010)

- Trail system connects the North and South sections of the Town.
- Coordinates with Adams and Arapahoe Counties.



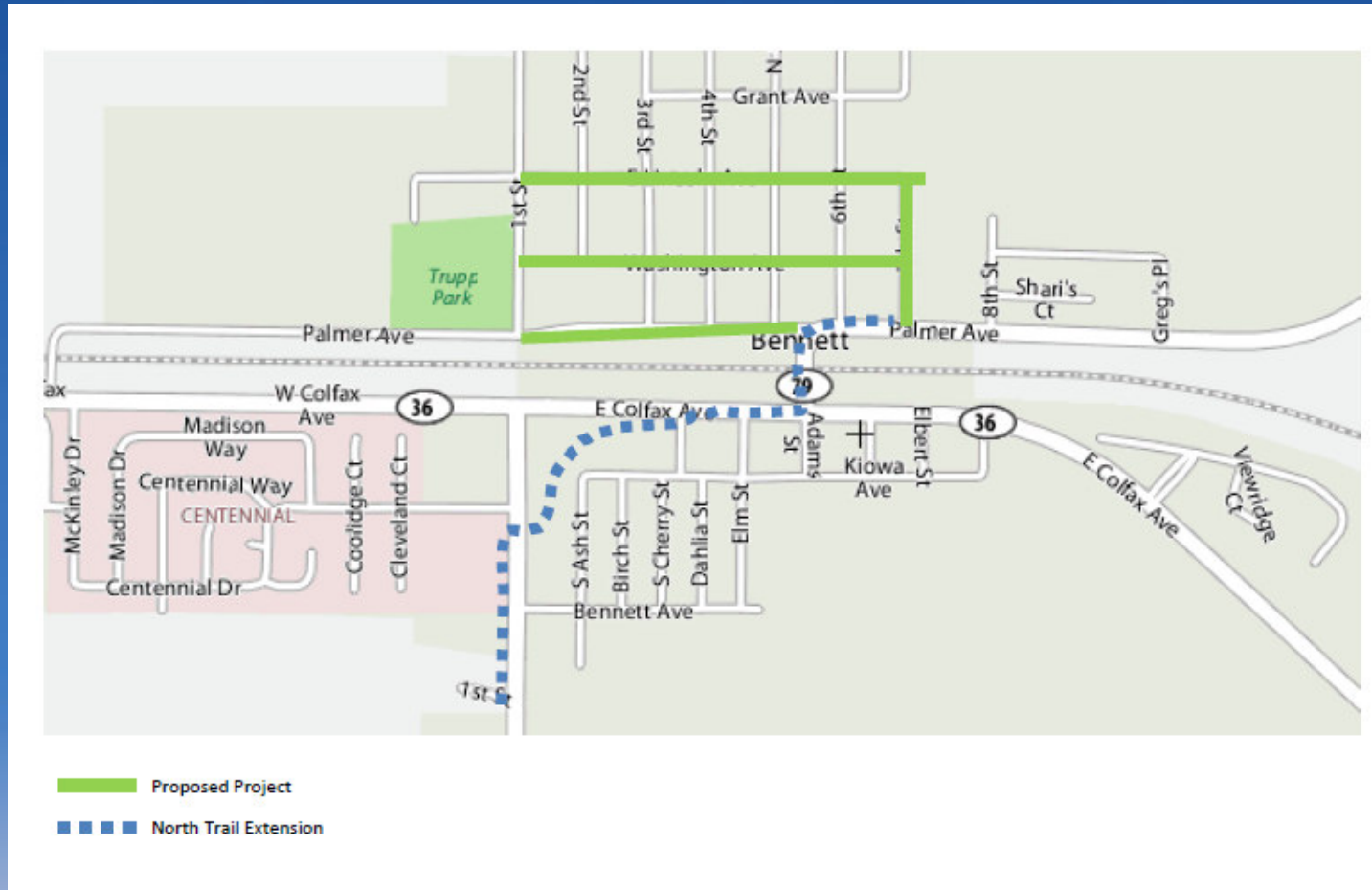
TRAILS SYSTEM



In Spring 2011,
Bennett
Completed the
North Trail
Extension



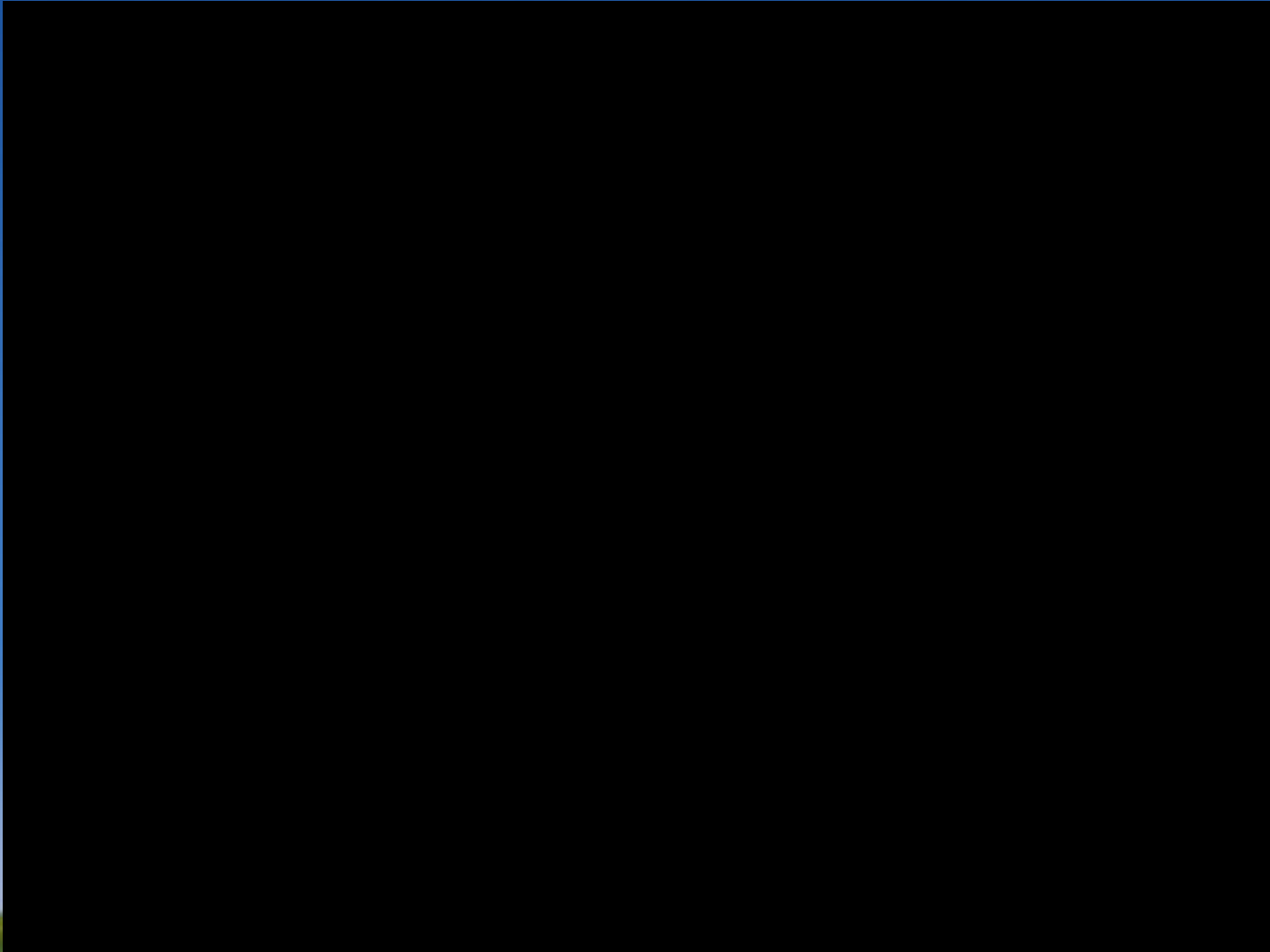
SIDEWALK/STRIPING PLAN



SIDEWALK / STRIPING

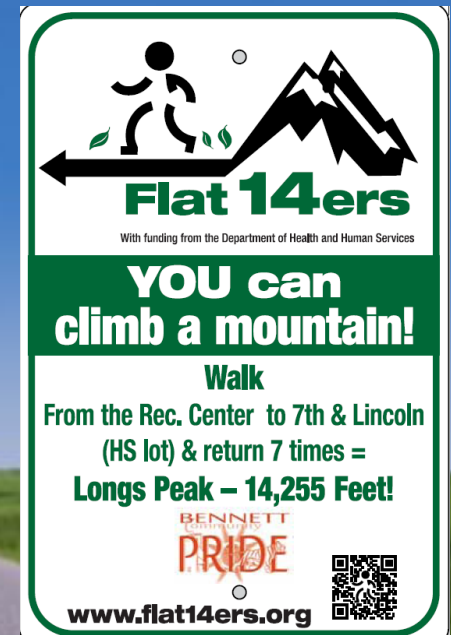
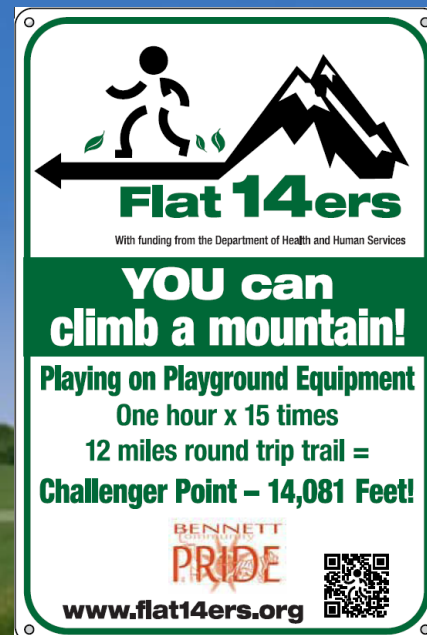


BENNETT WALKS TO SCHOOL



CBS 4 FLAT 14ers PROGRAM

Flat 14ers is an initiative to encourage children and adults to increase their level of physical activity by climbing virtual 14ers. Flat 14ers provides a fun, easy way to become active and stay active by converting minutes of activity into steps toward reaching the summit of a 14'er.



BENNETT DAYS COMMUNITY WALK

September 9th, 10th, 11th

BENNETT DAYS

GREATWOOD
LUMBER & HARDWARE
1555 South First Street, Bennett, CO, 80102
303-444-5000
Premier Sponsor

CBS4 COMMUNITY WALK

Join in the celebration of our upcoming Flat 14ers program at our
Bennett Days Community Walk

CBS4 will be onsite at the event and we encourage your participation.

Sunday 8:00am
Walk starts at Bennett Recreation Center and ends at the Community Center, where a complimentary breakfast will be served.

Food Donations are always encouraged, but not required.

Sponsors:
Anadarko Petroleum Corporation, McDonald's, PURE CYCLE, High Plains Bank, REAP, Loves, Valley Bank, SAFEbuilt, Guaranty Bank and Trust Company, and many others.



Please join CBS4 and the
Town of Bennett for a
Fit 4 Colorado Community Walk.

Sunday, September 11th
8:00 AM
Bennett Recreation Center, Bennett, CO
A complimentary breakfast will be served
immediately following the walk

The Fit 4 Colorado Community Walk promotes physical activity in local communities. Each month, CBS4 partners with a different municipality to host a Community Walk. Each walk is 1-2 miles in length (2000-4000 steps) and encourages people to make small behavioral changes in order to improve their health.

The walks are free of charge and are open to all those interested in finding a fun way to stay active. Walkers are encouraged to dress for the weather, use sunscreen and bring their own water bottle. The first 50 participants will receive a free Fit 4 Colorado pedometer.

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BENNETT DAYS COMMUNITY WALK

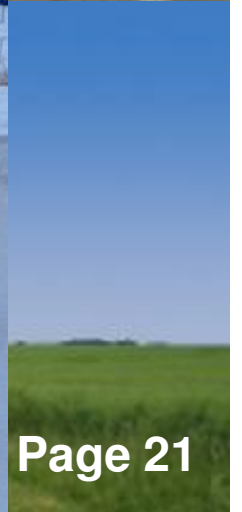


BENNETT COMMUNITY CENTER RECREATION ENHANCEMENTS



Community Center Path and Redevelopment

BENNETT COMMUNITY CENTER RECREATION ENHANCEMENTS



BENNETT ECONOMIC DEVELOPMENT



I ♥
C
BENNETT

The image features a banner at the top with the text "Town of Bennett" in a white script font on a blue background. Below the banner is a photograph of a rural landscape with green fields, a winding road, and a clear blue sky. In the distance, several large white grain silos and a water tower are visible against the horizon.

*Town
of Bennett*

BENNETT, COLORADO