Older Adult Refugees and Friends
Older Adult Refugees and Friends offers services for older adults from refugee and immigrant communities.

Activities reduce social isolation, increase integration experiences and community connections, and promote better overall health and wellness. The program provides space for older adults (60 and older) from refugee and immigrant communities to gather, exercise, socialize and learn new things. It provides health and wellness education, English and citizenship classes, and access to other services available for older adults.

For more information, call 303-480-6700 and ask for the refugee program manager. Or email RefugeeProgramDL@drcog.org.

Services are provided in participants’ own languages. Multilingual staff and phone interpreter services are available.

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