

Age Better

Information and Assistance for

People 60+

&

Adults 18+
with disabilities

303-480-6700

(or 1-866-959-3017 outside metro Denver)



Through the Network of Care website, we provide resources and assistance for aging better in the Denver metro area.

At drcog.networkofcare.org, you can:

- find local companies and organizations providing services
- find events in your community
- research medications and interactions
- create a secure place for all of your health records.

drcog.networkofcare.org

Our resource specialists are available to help people 60 years and older, and adults with disabilities (18 and older).

We can:

- provide support in planning and decision-making (over the phone or in-person)
- connect you with people in your community who can help
- send you resources and publications
- provide assistance if you can't access resources on your own
- refer you to case managers who can help assess your needs, develop a care plan and coordinate your care
- help you prioritize steps to take so you can feel in control of your circumstances.

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