



# AGENDA

## DRCOG's Metro Vision Idea Exchange **Prescription for a Healthy Community**

DRCOG Office, 1290 Broadway, Independence Pass Conference Room, First Floor  
10 a.m.-noon, Feb. 11, 2014

### MEETING OBJECTIVES:

- Provide context for participants regarding the role of community health and wellness as part of local and regional planning efforts
- Share insights on what is working well to improve community health and wellness across the region, and where challenges and opportunities remain

**10-10:10**

#### **Welcome and Introductions**

*Brad Calvert, Senior Planner, Denver Regional Council of Governments*

**10:10-10:30**

#### **Infill Development and Metro Vision**

*Brad Calvert*

*Shelby Sommer, Associate, Clarion Associates LLC*

**10:30-11:15**

#### **Guest Speaker Panel**

*Kyle Legleiter, Senior Public Policy Officer, The Colorado Health Foundation*

*Jessica Prosser, Sustainability Coordinator, City of Arvada*

*Erica Heller, Senior Associate, Progressive Urban Management Associates*

*Kristin Kirkpatrick, Chief of Wellness Planning, Bellissimo*

**11:15-11:55**

#### **Discussion: Community Health and Wellness Barriers and Opportunities**

**11:50-noon**

#### **Wrap-up and Next Steps**



## Metro Vision 2040

A program of the Denver Regional Council of Governments

# Speaker Biographies

### Kyle Legleiter, MPH

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Senior Public Policy Officer

The Colorado Health Foundation

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#### Senior Public Policy Officer, The Colorado Health Foundation

Kyle Legleiter is a Senior Public Policy Officer at the Colorado Health Foundation. In this capacity, he oversees the Foundation's lobbying, advocacy, and government affairs efforts related to its mission to make Colorado the healthiest state in the nation. Kyle also currently serves as the Past President of the Colorado Public Health Association, Colorado's largest association of public and environmental health professionals.

In previous positions, Kyle has served as Built Environment Director at the Colorado Department of Public Health and Environment, as Chronic Disease Director at Prowers County Public Health, and as a Strategic Planner at Children's Hospital Los Angeles. Kyle has also served on the Board of Directors for the Lamar, Colorado, Chamber of Commerce, on the Planning and Zoning Commission for the city of Lamar, and on the Founding Steering Committee for the Colorado Public Health Practice Based Research Network. He holds a master's degree in public health from the UCLA Fielding School of Public Health and a bachelor's in public health and French from Amherst College.

### Jessica Prosser, AICP

Sustainability Coordinator

City of Arvada

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#### Sustainability Coordinator, City of Arvada

Jessica Prosser, AICP, is the Sustainability Coordinator for the City of Arvada, responsible for implementing policies and programs related to sustainability throughout the organization and community. Previously, Jessica worked in the planning division for the City of Arvada and organized environmental education at the University of Arizona. She has a bachelor's degree in geography from the University of Arizona and a master's in urban and regional planning from the University of Colorado.

### Erica Heller, AICP

Senior Associate

Progressive Urban Management Associates

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#### Senior Associate, Progressive Urban Management Associates

Erica Heller, AICP, is Senior Associate with Progressive Urban Management Associates (P.U.M.A.), a for-profit consulting firm that advises clients on a wide range of management, marketing, financial and implementation tactics that help communities and organizations create and sustain thriving places. P.U.M.A. serves as the Food Access Organization (FAO) for the Colorado Fresh Food Financing Fund, which was seeded by The Colorado Health Foundation (TCHF). Erica is project manager for the FAO, and is also involved in P.U.M.A.'s work as the Technical Assistance Provider for TCHF's Healthy Places Initiative which is helping communities in Colorado implement principles of Active Living by Design. P.U.M.A. brings an economic and community development lens to these public health initiatives. Increasingly, food access, sustainable urban agriculture, and advancing active living are among the strategies recommended and deployed in P.U.M.A.'s broader work for a range of client communities.



## Kristin Kirkpatrick

### Chief of Wellness Planning, Bellissimo

Kristin Kirkpatrick, Health Planner, is passionate about environments that make the healthy choice the easy choice. With a background in city planning and public health, Kristin has proven experience in creating spaces that support the health of the people where they live, work, and play. Kristin has a comprehensive background in planning for health having worked as a transportation planner at the local and federal levels and as a health planner for a local hospital. Kristin believes in Fort Collins' innovation and is excited to be part of the Bellissimo team to bring excellence in community design to Northern Colorado. She has a bachelor's degree in health and exercise science from Colorado State University and a master's in urban and regional planning with an emphasis in public health from the University of Colorado.

Chief of Wellness  
Planning

Bellissimo

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## Continue the Conversation!

We encourage you to log on to DRCOG's new online community forum OUR Shared Vision at <http://drcog.mindmixer.com> to continue the conversation. Current health-related questions include:

- What assets does the Denver region have that contribute to a healthy place?
- How can we become a healthier region?

Share with us how the Denver region might promote overall community health and wellness and forward the link to community members and stakeholders that might be interested!

## Staff Contacts

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