Strategic Plan for Aging Well in Jefferson County
2015-2020

Jefferson County Human Services
# Why Did We Do It?

<table>
<thead>
<tr>
<th>Year</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>1990</td>
<td>12%</td>
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<tr>
<td>2000</td>
<td>13%</td>
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<tr>
<td>2010</td>
<td>19%</td>
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<tr>
<td>2014</td>
<td>22%</td>
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<td>2030</td>
<td>30%</td>
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**Over the age of 60**
Jefferson County Population Forecast for the 60+
State Demography Office, 2010

Fastest Growth
From 2013-2020
Aging Well Organizational Chart

Leadership Committee

- Project Manager
- Transportation & Mobility/Local Coordinating Council
- Social & Civic Engagement
- Housing
- Basic Needs
- Health, Mental Health, Wellness and Prevention
- Caregiving & Supportive Services
Jefferson County Aging Well Project

VISION
• Jefferson County: A thriving community for aging well.

MISSION
• To develop and implement strategies creating inclusive, livable communities through sustainable partnerships and integrated services.
Overall Goals of Aging Well

• Create awareness
• Identify needs and gaps
• Provide advocacy
• Implement strategic plan
Aging Well in Jefferson County

- St. Anthony Hospital
- Colorado Commission on Aging
- Jefferson County Planning and Zoning
- Lutheran Family Services
- InnovAge
- Seniors’ Resource Center
- Jefferson County Department of Health and Environment
- Jefferson Center for Mental Health
- The Center
- Jefferson County Council on Aging
- Brothers Redevelopment
- Columbine Community Village
- Build Responsible Institute
- The ARC-Jefferson, Clear Creek and Gilpin
- City of Wheat Ridge
Aging Well in Jefferson County

- Jefferson County Community Development
- City of Lakewood Senior Services
- Volunteers of America
- Parks and Recreation Centers
- The Legal Center for Elderly and People with Disabilities
- Jefferson County Workforce Center
- Developmental Disabilities Resource Center
- Adult Protection
- Options for Long Term Care
- Jefferson County Human Services
- BrightStar Care
- Mullins Youngdahl Design Company
- LiveWell Wheat Ridge
- Life Point Realty
- Urbitecture
- And Many Others
• Transportation gap analysis. Conducted research and analysis regarding transportation options for seniors, people with disabilities and low-income individuals.

• Developed two White Papers

• Awareness and coordination with transportation advocacy groups, RTD and CDOT

• Continue to advocate on behalf of transit dependent residents in the county
Basic Needs

• Administered a food survey to seniors regarding fresh fruits and vegetables

• Created informational fliers on Medicare Savings, Commodities, SNAP and legal services for older adults

• Emergency preparedness kits assembled and distributed to 100 physically and/or emotionally isolated seniors

• Plan to expand access to food programs for Seniors
Social and Civic Engagement

- Provided computer classes to older adults through the E-train
- Assisted in creating training videos for DRCOG’s Network of Care
- Implemented a series of pre-retirement classes in multiple communities
- Provided awareness on places to stay active and/or volunteer in Jefferson County
Health, Mental Health, Wellness, and Prevention

- Created materials to bring awareness to evidenced based practices regarding fall prevention
- Supported behavioral health services in integrated settings (MCPN, Senior Reach)
- Hosted focus groups on Aging Well for seniors living in low income housing
- Identified and provided awareness regarding the shortage of health professionals in the geriatric field
- Expand use of volunteers to provide health coaching to chronic health conditions and exercise opportunities
Housing

• Created a Senior Housing Options booklet that provides information on alternative housing solutions for older adults

• Completing Demographic Profile/Need and Demand Forecast Survey for 2017

• Created a “Call to Action” video to bring awareness about affordable housing

• Host a housing summit in 2017

• Continue to develop an Affordable Senior Housing Suitability Matrix
Caregiving and Supportive Services

• Conducted lunch and learns to Jefferson County employees

• Employer Outreach through a mail campaign (200 businesses)

• Developed and distributed a “Roadmap to Advance Planning” and a “Caring for the Caregiver” flyer

• Created awareness around caregiver support and advance care planning
Website

jeffco.us/adultsvc

or

Google

Aging Well Jefferson County

CASOAs, Report and Strategic Plans and other materials can be found on the website
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