ADVISORY COMMITTEE ON AGING MEETING SUMMARY Friday, June 23, 2023

Members Present

Ada Anderson Douglas County
Barbara Boyer Arapahoe County
Bob Brocker At Large – Denver
Chris Lynn Jefferson County
Connie Ward Jefferson County
Dawn Perez Adams County
Gretchen Lopez Douglas County

Jim Dale Former DRCOG Board – Golden Houston "Tex" Elam At Large – Arapahoe County

Karie Erickson Douglas County

Phil Cernanec At Large – Arapahoe County

Shari Haidvogl Clear Creek

Steve Conklin DRCOG Board – Edgewater Tom Mahowald DRCOG Board – Nederland Valerie Robson At Large – Jefferson County Wynne Shaw DRCOG Board – Lone Tree

Guests Present

Allison Cutting, Douglas County

DRCOG Staff Present

AJ Diamontopoulos, Senior Management Analyst, Ashley Bolton, Ombudsman, Caitlin Phillips Ombudsman, Cindy Grainger, ADRC Administrative Assistant, Desiree Boelte SHIP Program Manager, Donnita Daniels, Aging Services Counselor, Doug Rex, DRCOG Executive Director, Erika Dubray, Community Resource Manager, Ines Rosas, Veterans Program Manager, Ivan Sosa, Case Manager, Jayla Sanchez- Warren, AAA Division Director, Jennifer Reeves, Veterans & Community Options Manager, Jennifer Serna, Veterans Case Manager, Jennifer Serna, Veterans Case Manager, Jennifer Serna, Veterans Case Manager, Jenny Castle, Resource and Q&A Coordinator, Julianna Malchman, Integrated Health Navigator, Kelly Roberts, Community Resource Specialist, Kris Boggs, Ombudsman, Mason Green, AAA Grant Specialist, Milena Sapp, Integrated Health Navigator, Mindy Patton, Division Assistant, Paul Belcher, SHIP Counselor, Rene Hickman, Ombudsman, Rich Mauro, Director Legislative Affairs, Seema Mallory, Veterans Case Manager, Shannon Gimbel, Ombudsman Manager, Sharon Day, Manager AAA Business Operations, Travis Noon, Program Manager AAA Grant Compliance

Karie Erickson Committee Chair – Called the meeting to order at 11:02 a.m.

Public Comment Period (Non-ACA Members)

There was no public comment.

Report of the Chair – Karie Erickson

Chair Erickson wanted it to be noted that Allison Cutting of Douglas County appreciated DRCOG and the work they do for older adults.

Report of the AAA Director – Jayla Sanchez-Warren

- Jayla spoke about the trip she took to Washington D.C. with Doug Rex, Rich Mauro, and Ron Papsdorf. The goal of the trip was to meet with new members and educate their staff.
 - She reminded the legislative members that Colorado was a fast-aging state, and she discussed the changing demographics, which they were quite interested in.
 - Ron Papsdorf went over projects that DRCOG was working on.
 - Jayla asked for legislative support on:
 - The Elder Justice, Reauthorization and Modernization Act. This act would bring increased funding to the Ombudsman program and would bring funding to address social isolation.
 - The Farmers Bill that funds SNAP benefits, Meals on Wheels, and elder nutrition programs.
 - The Elizabeth Dole Act reauthorization as it relates to an increase in the Veterans Direct Program.
 - The Chronic Care Bill, which is just beginning the legislative process and will provide money for community-based services like transportation, nutrition, and material aid.
- The Older Americans Act is up for re-authorization in 2024. Jayla would like to get more
 flexibility in the funding rules and is on the ACA new model work group to make
 recommendations. They would like to add more programs but without funding increases it
 would not be affordable.
- Jayla mentioned that there was a group working on an advocacy plan. They are getting
 together an awareness program with a consolidated message which will include handout
 materials, and contractors input. With this effort they hope to get funding added into the
 Governor's budget for all AAA's in the state.

Move to approve consent agenda

Items on the consent agenda included: April 28 and May 9, 2023, meeting summaries.

Barbara Boyer motioned for approval. Wynne Shaw seconded the motion; the consent agenda was unanimously approved.

Agendas and summaries are posted on the DRCOG website located at https://drcog.org/calendar from there choose the month and date of the meeting, click on the event. Once clicked, you will find the link to the meeting for that month.

Action Item

Discussion of cancelling the July 28, 2023, meeting

Karie Erickson asked for a motion to cancel the July 28th meeting. Tex Elam made the motion to cancel the meeting. Tom Mahowald seconded the motion; cancellation of the July meeting was unanimously approved.

Informational Briefings

ACA Survey Results – Kelly Roberts

- The ACA New Model workgroup is preparing draft revisions to the ACA committee guidelines to conform with new guidance associated with the Older Americans Act. The workgroup decided it would be helpful to have the ACA complete a survey on their involvement with ACA to assist with the revisions.
- Survey results:
 - Twenty ACA members received the survey, 14 submitted responses.
 - When asked how many years they had served on the ACA? Six said less than a year, four said six to ten years, two served 11 to 15 years and two served more than 15 years.
 - Ten responders interact with other organizations in their roles as ACA members.
 Collectively there were over 30 organizations they interact with showing members are very connected.
 - When asked how their organization benefited from serving on the ACA, survey responders mentioned passing along important aging issues to their partners and staff on services, resources, funding, legislation, and advocacy. This helps to align community and county organization goals with the AAA goals. It was also expressed that the ACA is a collective voice for the eight counties in the Denver region and are able to learn about the accomplishments and challenges of other programs in the region.
 - Results were similar in how members benefited personally. Responders felt the
 information they receive means they can actively assist seniors and other individuals in
 their communities. It gives them the opportunity to advocate and influence policies, be a
 voice for change and help to make the world a better place again.
 - Among those surveyed, there was a vast amount of expertise that they bring to the ACA such as Medicare, long-term care, transportation, insurance investigation, planning and development, bylaws and policy, housing, and nonprofit experience. There are many with leadership experience on the County Councils on Aging, former elected officials, and CEO's.
 - When asked what they would like to see the ACA do differently, responses were shorter meetings, more in person meetings, an annual retreat/summit, streamline process for new members, provider reports with handouts on services especially in underserved communities, more presentations by external experts, more participation from senior commissions, outreach to community organizations such as Rotary, Optimists, focus more on uniting groups for advocacy and educating elected officials, be more involved with supporting AAA efforts, more subcommittees for ACA members to serve on, information from DRCOG board members on how the AAA works within DRCOG's structure and how the ACA can be helpful to the DRCOG Board
- The survey generated some discussion among the group on ways the ACA can assist with messaging and sources to contact and educate. There was also discussion of in-person meetings.

Overview of the AAA Funding Process – Jayla Sanchez Warren and Sharon Day

 This topic was in response to a request from the ACA so they could understand the complexities of the AAA funding process.

- The process begins with a request for proposal solicitation which goes out in November with proposals from the solicitation due in January.
- Starting this year contract service requests were split so DRCOG only solicited half of the
 eligible services. The other half were asked to submit budget proposals for FY23/24 that
 would allow them to request more funds if they wanted but requests had to be within the
 current scope of what was already contracted.
- Requests were collected for approximately \$16.5 million and were allocated from the RFP proposals as well as from the previous contract commitments as outlined above.
- Criteria used to evaluate the RFP:
 - Need for Service.
 - Experience, performance, and capability.
 - Cost information.
 - Service outcomes.
 - Clarity, completeness, and responsiveness of proposal.
- Criteria for current contract commitments.
 - Similar criteria as for RFP.
 - Budget analysis including explanation of variances.
 - Changes in cost per client, cost per unit.
 - Contract performance and program changes.
- DRCOG does fund for-profit organizations based on a fee for service.
 - This pertains to voucher program contractors and the Nymbl Sciences.
 - There's no guarantee of any minimum or maximum number of clients that DRCOG would commit to sending them, but the provider agrees to provide the service at a negotiated rate.
 - DRCOG staff complete the intake assessment and are responsible for reporting the services to the State.
 - Approximately \$2.5 million is committed to those fee for service providers.
- The Funding Subcommittee scores the proposals.
 - Fifty percent of the funding follows the federal criteria set by the Older Americans Act outlined below.

Title III Part B	Access Services – including transportation, information & assistance; In-home Services – including chore, homemaker, personal care; Adult Day Care; Legal Assistance
Title III Part C1	Congregate Meals – including nutrition education and counseling
Title III Part C2	Home Delivered Meals – including nutrition education and counseling
Title III Part D	Evidence-based Disease Prevention/ Health Promotion
Title III Part E	National Family Caregiver Support Program
Title VII	LTC Ombudsman and Elder Abuse Prevention

- The State funding for senior services as well as the Homestead Act dollars can be allocated to any Older Americans Act eligible service and there is more flexibility with allocating those dollars. However, the State funds have priority because, unlike with Federal funds, any unspent dollars by the end of the fiscal year are forfeited. If funds are forfeited, it can affect the ability to get the same level of funding in the future. A limit of up to 10 percent can be carried over into the subsequent fiscal year, but it's not guaranteed.
- Part B funds have limited minimum allocations at least 25 percent must go to access services (e.g., transportation, I&A, and case management), 15 percent to in home services, and three percent to legal services.
- Remaining American Rescue Plan Act (ARPA) funds and remaining Homestead funds will expire in September of 2024.
- In addition, there is an ACA approved Maslow's hierarchy of needs shown below:



- Other considerations are looking at a contractors ability to provide the service, service cost
 relative to other contractors who are providing a similar type of service and historical
 performance. Their ability to complete the scope of work, look at what was originally
 requested and what was ultimately awarded, and any other additional funds that a
 contractor may have received during mid-year that were awarded to their contract.
 - Time line for RFP approval:
 - January RFP closes, and proposal review process starts
 - February Contract amendment review process is conducted
 - March Funding subcommittee submits recommended funding to ACA for approval
 - April DRCOG Board Finance and Budget committee approves funding allocations
 - May State sends contract with final funding amounts allotted to DRCOG

- ° June DRCOG contracts are executed by end of month
- July Services for new state fiscal year commence

<u>Legislative Update – Rich Mauro</u>

- Due to the shortage of time Rich asked that the committee review the attachment in the packet for the status on bills at the close of session.
- Rich is currently working on advocacy for the next budget year with Jarett Hughes from the Governor's office and he is also trying to set up a meeting with joint budget committee staff persons.
- There was a lot of interest among the ACA for advocacy which Rich said will be needed.
- Jayla and Rich will inform the group in a future meeting of the progress being made in this
 effort.

Board Report – Steve Conklin and Wynne Shaw

Steve Conklin

- DRCOG Board Chair, Steve Conklin, said the DRCOG Board received a report on the RTD Northwest Rail Peak Service study. RTD is still working to develop this plan which would provide peak-hour commuter rail service to Longmont and other areas.
- The Board received an overview of the statewide transportation program distribution process. Steve said the metro Denver area will get about 30 percent of the State highway dollars.
- RTD will be carrying out their "Zero Fair for Better Air" campaign beginning July 1st and ending August 31st. During the campaign there will be no charge to ride light rail and buses.
- Wynne Shaw mentioned that Douglas County Commissioners were surveying the area after the previous night's tornado and asked Karie Erickson to inform her of any help that may be needed from her clients.

County Reports

Douglas County – Karie Erickson

Douglas County will be holding a series of 11 listening tours starting in July. They will be
going to different parts of the county to hear from older residents on what is most important,
what Douglas County is doing right, and what they need to do better. They will compile the
information from the sessions to see what changes they need to make.

Other Matters by Members

Kelly Roberts reminded the group of a webinar that will be held on Monday, June 26th.
 They will be speaking on nutrition, the medical impact of nutrition, mapping food access and Project Angel Heart will give information on their program.

Next meeting - In person September 22, 2023, location to be determined.

<u>Adjournment</u>

The meeting was adjourned at 1:14 p.m.