

**ADVISORY COMMITTEE ON AGING
MEETING SUMMARY
February 16, 2018**

Members Present

Ada Anderson	Douglas County
Anne Gross	Arapahoe County
Bob Brocker	At Large
Bob Davis	Broomfield County
Bob Lanky	Jefferson County
Cathy Noon	At Large
Dawn Perez	Adams County
Donna Mullins	Jefferson County
Houston "Tex" Elam	At Large
Joyce Gallagher	Adams County
Karie Erickson	Douglas County
Maureen Spiegleman	City and County of Denver
Perla Gheiler	Denver Office on Aging
Phil Cernanec	At Large
Sean Wood	Clear Creek County
Sharon Perea	Gilpin County

Guests Present

Wade Buchanan – Governor's Office, Valerie Robson – Douglas County and Sally Daigle – City of Sheridan and DRCOG Board Member,

Others Present

Jayla Sanchez-Warren, AJ Diamontopoulos, Doug Rex, Kelly Roberts, Sharon Day, Mindy Patton, Shannon Gimbel, Will Cummings

Call to Order and Introductions

Phil Cernanec – Chair called the meeting to order at 12:05 p.m.

Public Comment Period (Non ACA Members)

No Public Comment

Approval of the February 16, 2018 Meeting Summary (Attached)

Motion Tex Elam made the motion to accept the summaries, Bob Davis 2nd the motion, summaries were approved

Senior Advisor on Aging – Wade Buchanan

Wade provided an informal presentation hoping to get information from the group.

- Wade's background is in public policy, he started as a policy analyst working with Governor Romer, and was the founding president of the Bell Policy Center.
- His current position will address senior long-term supports and service, financial planning for millennials, curb cuts, benches on pathways, housing design, and mobility to name a few.

- Wade wants the ACA to help him understand what opportunities are out in their jurisdictions. Making sure the state of Colorado is as reliable and effective a partner as possible in elevating aging issues. Making sure we are serving our entire population on issues related to aging whether it is the person who is part of the aging community or those that think they will never get there.
- He wants to try to take the work that is already being done or has been done by SAPGA, Respite Care Taskforce, Community Living Action Group (CLAG) and others to get a long-term change in society.
- Funded by Next50 Initiative.
 - Conversion foundation from Innovage.
 - 3-year grant in the Governor's office.
- Wade said we must adjust systems to deal with a society that is very different than before. Wade then asked for questions from the committee.

Phi Cernanec commented about infrastructure to support aging community. Spoke of challenges in rural areas such as no centers, urban locations are not walkable must depend on a motorized vehicle to get around. There is no one to provide funding for the infrastructure.

Wade responded by saying he is very aware of the infrastructure, that we need to recognize it is dated and figure out how to redesign as we rebuild infrastructure to accommodate the number of older Coloradans.

Phil said we need to recognize that there are local ordinances that are prohibitive of what we will need for example older adults living together. County systems are not equipped to deal with issues.

Wade: There is great work being done throughout Colorado on aging issues, housing issues, and on transportation issues. The challenge is not to reinvent the existing work that is being done, but to be educational and informational.

Bob Davis mentioned the DRCOG Boomer Bond assessment and how Broomfield used the assessment changing the name to Successful Aging. The Boomer Bond process makes the county look at the infrastructure.

Wade expressed what a useful tool Boomer Bond was and those who haven't used it should look into seeing what it is all about.

Wade told the group that AARP would like to make Colorado an age friendly state. Which means you have made a commitment to do things like the Boomer Bond.

Maureen Spiegelman stated that DRCOG would be the perfect entity to acquire the information from the assessments they have helped with and get a compilation of all the needs, and challenges because of the various populations within the DRCOG region.

Wade expressed that the DRCOG area still has some missing components to the overall state regarding rural and isolated areas.

Doug Rex liked Maureen's idea and would like to talk about the concept a little more.

Kelly Roberts agreed we did have enough information from the assessments completed to do something like Maureen suggested. She felt that one of her discoveries in the assessment process is that each community is unique and that we need local stakeholders and communities to get the buy in.

Donna Mullins commented that England has a Design for All program which avoids alienating others such as the disabled.

Bob Davis suggested a committee taskforce to combine people from the western slope with those who have completed the Boomer Bond.

Better Transportation for All – Jayla Sanchez-Warren

Jayla provided a PowerPoint presentation and is attached.

Slide 2 - Area Agency on Aging: Why we're needed

Jayla played a very moving video from DC Solutions

Slide 3 - Understanding the Challenges, the following slides provided details.

Slide 4 - Leading five-year cohort growth, this slide showed statistics regarding 5-year growth.

Slide 5 - 75-and-older population (2015 to 2040) the slide was a comparison of growth by county from 2015 to 2040.

Slide 6 - Resources are not keeping pace with need

- 86% population increase
- 46% decrease in Federal funding and stagnant State funding

Slide 7 - Transportation for older adults this information was derived from the Community meeting Jayla held for the last CASOA survey.

- Nearly 30 percent of the region's older adults consider access to safe and affordable transportation at least a "minor problem."
- Only 28 percent of the region's older adults said the quality of public transportation is good
- 44 percent said their community could provide better transportation service.

Slide 8 - Mobility and access issues

- Current system is auto dominated
- Nationally, 21 percent of those 65 and older do not drive
- Men outlive their driving years by seven years, women by 10 years
- Limited public transportation options
- Cost of specialized transit
- Walking is the second most popular mode of transportation

Slide 9 - Improve transportation to support seniors, Jayla asked:

What is the most important thing your community could do to make it easier to get around?

- Better transportation/public transportation/more buses
- Advertise/inform older adults of what services are available

- Door-to-door service/taxis
- Cheaper transportation/free buses/taxis
- Access-a-Ride/service you can call to get a ride
- Better sidewalks

Slide 10 - The challenge: Efficiency amid bureaucracy this slide was a diagram of the bureaucratic challenges involved with moving things forward with many of the programs.

Slide 11 - What can communities do?

Slide 12 - Review systems already in place

- Transit fixed routes
- First- and last-mile considerations
- Sidewalks and walkability
 - Tex shared about a fixed route system, modified dramatically by light rail
 - No longer serving those that need to get to stores
 - Modification to stops to get routes faster which hinders disabled with mobility issues
 - RTD not focusing on these issues
 - 1st mile last mile is a real key issue
 - Sharon spoke about Gilpin County's rural issues
 - County staff do not have enough people to take meals out, provide transportation to people with doctor appointments due to the long distance and time spent on driving the into city.
 - They were hoping to enlist volunteers to help but the County does not want to take on the responsibility for liability issues.
 - Karie said Douglas County is their own non-profit and have to get their own liability insurance which is very expensive and has varied stipulations.
 - It was mentioned that VOA might be a good partner to work with because they have their own insurance already.

Jayla asked the group to think about what opportunities might be out in their areas.

She wants the group to find out who their senior commissions are her experience is that those communities with senior commissions are faster at getting things done.

Cathy Noon offered assistance to anyone who would like to pursue a senior commission.

Kelly Roberts said that Boomer Bond next steps are working with communities to launch senior commissions.

Slide 13 - Conversation: Systems already in place

- How do older adults in your community use fixed routes?
- Have fixed routes been impacted by light rail?
- What are the opportunities for improvement?
- How can DRCOG facilitate improvements?

Slide 14 - Understand assisted transportation services

- Door-through-door services
- Volunteer driving programs
- Travel training, information and education

Slide 15 - Conversation: Assisted transportation services

- What are some examples of assisted transportation services in your community?
 - A Little Help does door through door, Easy Ride. Lone Tree has a circular bus that is used
 - Bob Davis suggested using the Local Coordinating Council (LCC) to coordinate human service transportation.
 - Matthew Helfant with DRCOG's Transportation division has participated in some of the meetings of the LLCs.
- What are the opportunities for improvement?
- How can DRCOG facilitate improvements?

Slide 16 - Partnerships and innovation

- Coordination with ride-hailing services such as Uber and Lyft
- Within communities (such as Centennial)
- In partnership with hospitals
- Voucher programs (such as in Douglas County)
- Technology (such as the Veterans Transportation and Community Living Initiative)

Slide 17 - Conversation: Partnerships and innovation

- What are some examples of innovative approaches and partnerships related to older adults and transportation in your community?
- What are the opportunities within your community or our region?
- How can DRCOG facilitate partnership and innovation around transportation for older adults?

Jayla is planning on moving forward with pilot projects once federal funds are released.

Maureen through her work with Anschutz spoke about statistics showing the social need helping save money in the end when seniors can get out and do things socially to enhance their lives.

Slide 18 - Conversation: Efficiency amid bureaucracy

Slide 19 - New resources and what the AAA will be doing with them

- New Resources
- Increased state funding - Rich working on and is going well.
- VTCLI
- TIP set aside – set aside \$1M to AAA administer human service transportation
- Aurora transportation funding – received \$80K for AAA to manage
- New Projects
- Demonstration projects in

- Centennial, Douglas County and Lakewood
- VTCLI
- Ride more Aurora
- HS TIP

Slide 20 - More opportunities to move the needle

- SAPGA Transportation Committee
- Other Veterans transportation funding
- Non Emergency Medical Transportation contract

Directors Report – Jayla Sanchez-Warren

- Jayla is having Mickey watch the budget initiatives in Washington so we can be on top of changes.
- Funding appropriations will be decided on March 23rd.
 - Concerns are with the SHIP program.
 - House wants to do away with program and the Senate wants to keep it and give the program more money.
- Talks about Sequester for military and social services is leaning toward social services rather than military.
- State controller won't release the funds to the AAAs
 - DRCOG cut providers funds by 10% to keep Meals on Wheels and Senior Transportation programs running.
- The C4A received funding to do a state CASOA survey saving our AAA from having to pay for the survey.

Phil asked about the chances of getting a fair allocation of the Older Americans Act. Jayla said she did not think that reauthorization was a priority for the national group. A lot of the other AAAs have gone into private enterprise and are trying to fund themselves.

Phil asked about the Assisted Living bill, Jayla and Shannon are working on it. To date the House has passed the bill.

Golden Manor Closure Update – Shannon Gimbel

- Large assisted living in southwest Denver.
- The building has been sold, to developers who do not want to keep the building want to tear it down and build housing.
- The developers have been in contact with Shannon since August to discuss how to go about closing the facility.
 - Developers only need to give a 30 day notice but are working with Shannon and residents to close the facility in April.
 - They are willing to pay bonuses to staff to stay on until closure and are helping to pay relocation fees for residents.
- There were 57 residents with 46 left to relocate.
 - Residents are not able to stay within the community.
 - Many will go to nursing homes when they don't need that level of care.

- Many of the residents are Medicaid recipients.
- Another closure in the news was of 4 small facilities (40 people) by the name of Prima or Nurturing Care to be closed.
- Bought by new owners and change of ownership was done very poorly.
- The ombudsman were out answering many complaints at the facilities.
- Trying to work with the state to have them come out and inspect the facilities but they are shorthanded and not at the top of the list for inspection.
- Issues ombudsman were seeing
 - residents not getting medications,
 - there was no one available to dispense medications,
 - resident on hospice not getting medication,
 - no caregiving,
 - no food.
- Shannon worked with Innovage to come on the weekend and give medications.
- Health Department went out on Monday and shut them down on Wednesday.
- 22 of the 40 were PACE participants.
- Within a day-and-a-half Shannon's staff emptied out the facilities.
- Everyone got placed.

Chair Report – Phil Cernanec

- Phil asked the group to look at resource lists that were passed out.
- Asked Mindy to get Wades information to the committee.

Information Sharing – (ACA members)

Cathy Noon told the group that Senate Bill initiatives should be reviewed to see how they affect local counties and cities. Ballot issues will affect the local governments and this is the best way for you to get funding at the local level. Cathy is a resource you can use if you have questions.

Bob Brocker let the group know that March 21st is Senior Day at the Capitol

Adjournment

Adjourned at 2:58 p.m.



BETTER TRANSPORTATION FOR ALL

Aging Advisory
Committee

Presented by:

**Jayla Sanchez-
Warren**



Area Agency on Aging: Why we're needed





Colorado's older adults:

UNDERSTANDING THE CHALLENGES



Leading five-year cohort growth

Five-year cohort	Percent change (2015-2040)	Rank
75 to 79	257%	1
90-plus	219%	2
85 to 89	205%	3
80 to 84	204%	4
70 to 74	88%	5
65 to 69	40%	6



75-and-older population (2015 to 2040)

County	2015	2040	Percent change
Adams	18,816	63,285	236%
Arapahoe	30,091	93,285	210%
Boulder	15,286	49,475	224%
Broomfield	3,254	9,747	200%
Clear Creek	517	1,315	154%
Denver	30,857	70,461	128%
Douglas	10,772	50,608	370%
Gilpin	191	797	317%
Jefferson	33,671	98,638	193%
DRCOG region	143,455	437,611	205%



Resources are not keeping pace with need

86

percent

Population
increase

46

percent

Federal
funding
decrease

state funding
stagnant



Transportation for older adults

Nearly **30 percent** of the region's older adults consider access to **safe** and **affordable transportation** at least a "**minor problem.**"

In community conversations with the Area Agency on Aging, older adults ranked **transportation** as their **top priority.**

Only 28 percent of the region's older adults said the **quality of public transportation is good** and **44 percent** said their **community could provide better transportation service.**



Mobility and access issues



- current system is **auto dominated**
- nationally, **21 percent** of those 65 and older do not drive
- men outlive their driving years by **seven years**, women by **10 years**
- limited **public transportation options**
- **cost** of specialized transit
- **walking** is the second most popular mode of transportation



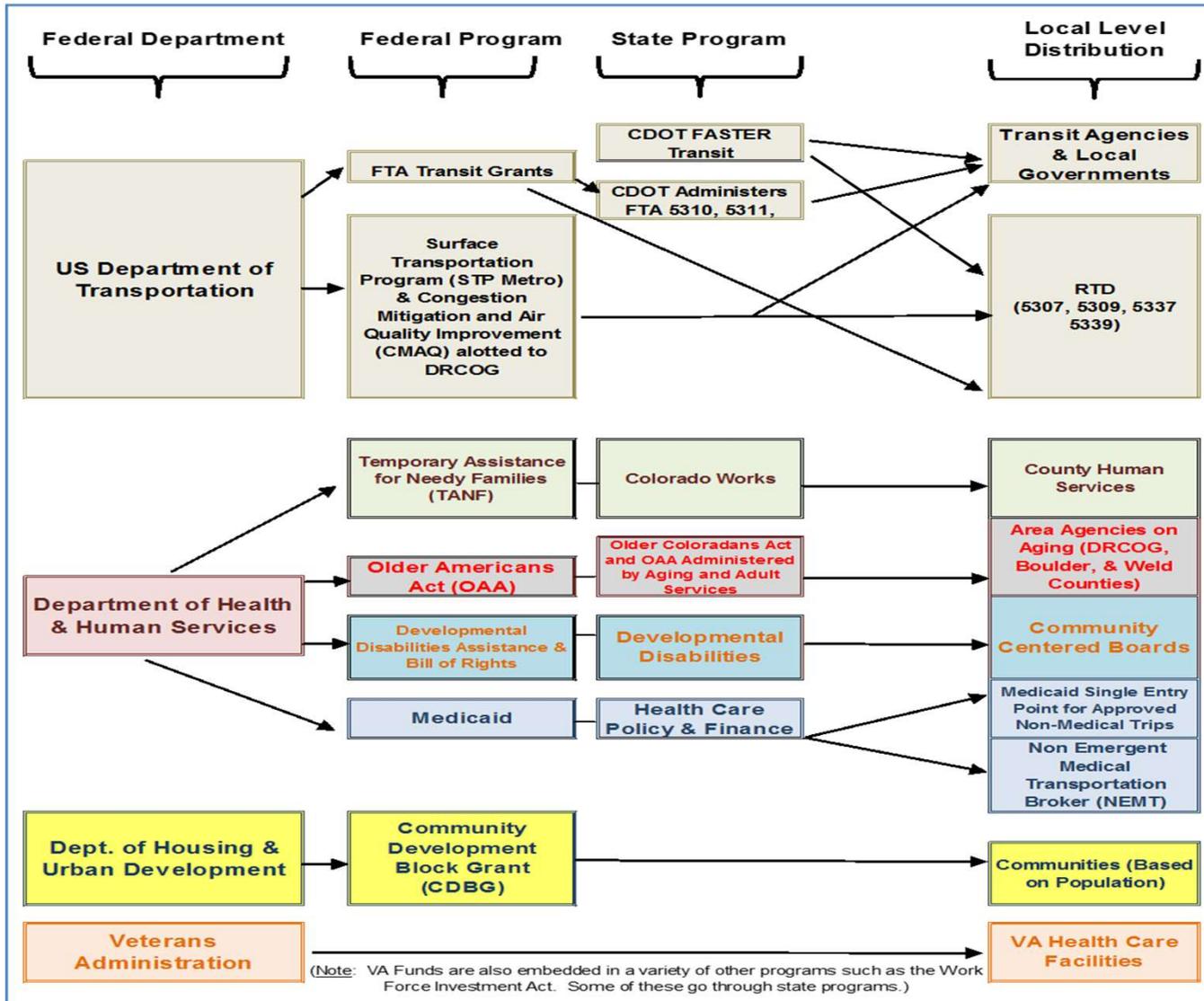
Improve transportation to support seniors

What is the most important thing your community could do to make it easier to get around?

Better transportation/public transportation/more buses	39%
Advertise/inform older adults of what services are available	22%
Door-to-door service/taxis	12%
Cheaper transportation/free buses/taxis	5%
Access-a-Ride/service you can call to get a ride	3%
Better sidewalks	0%



The challenge: Efficiency amid bureaucracy





Improving transportation for older adults

WHAT CAN COMMUNITIES DO?



Review systems already in place



- **transit fixed routes**
- **first- and last-mile considerations**
- **sidewalks and walkability**

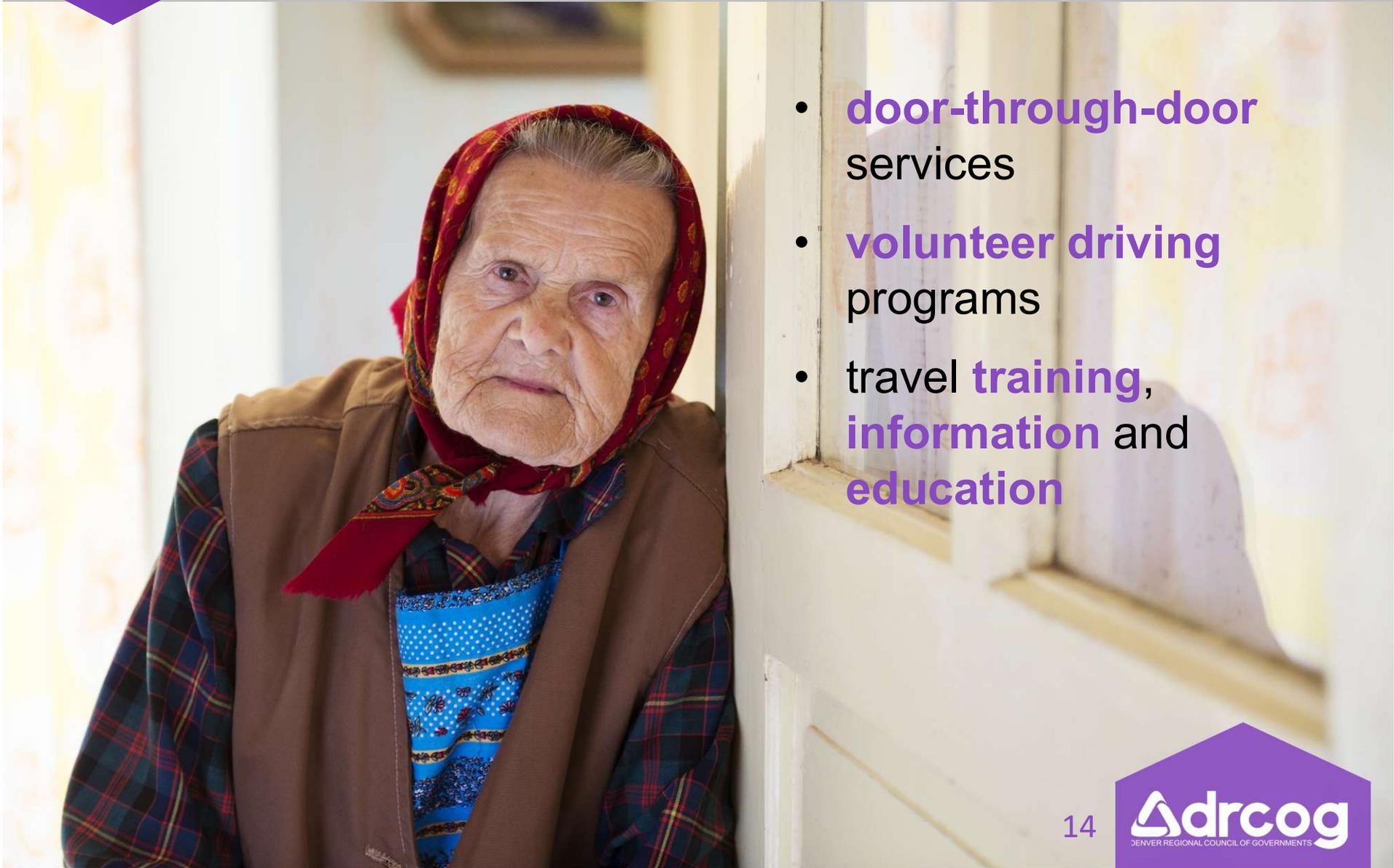


Conversation: Systems already in place

- How do older adults in your community use **fixed routes**?
- Have fixed routes been **impacted** by light rail?
- What are the **opportunities** for improvement?
- How can **DRCOG facilitate** improvements?



Understand assisted transportation services



- **door-through-door** services
- **volunteer driving** programs
- **travel training, information and education**



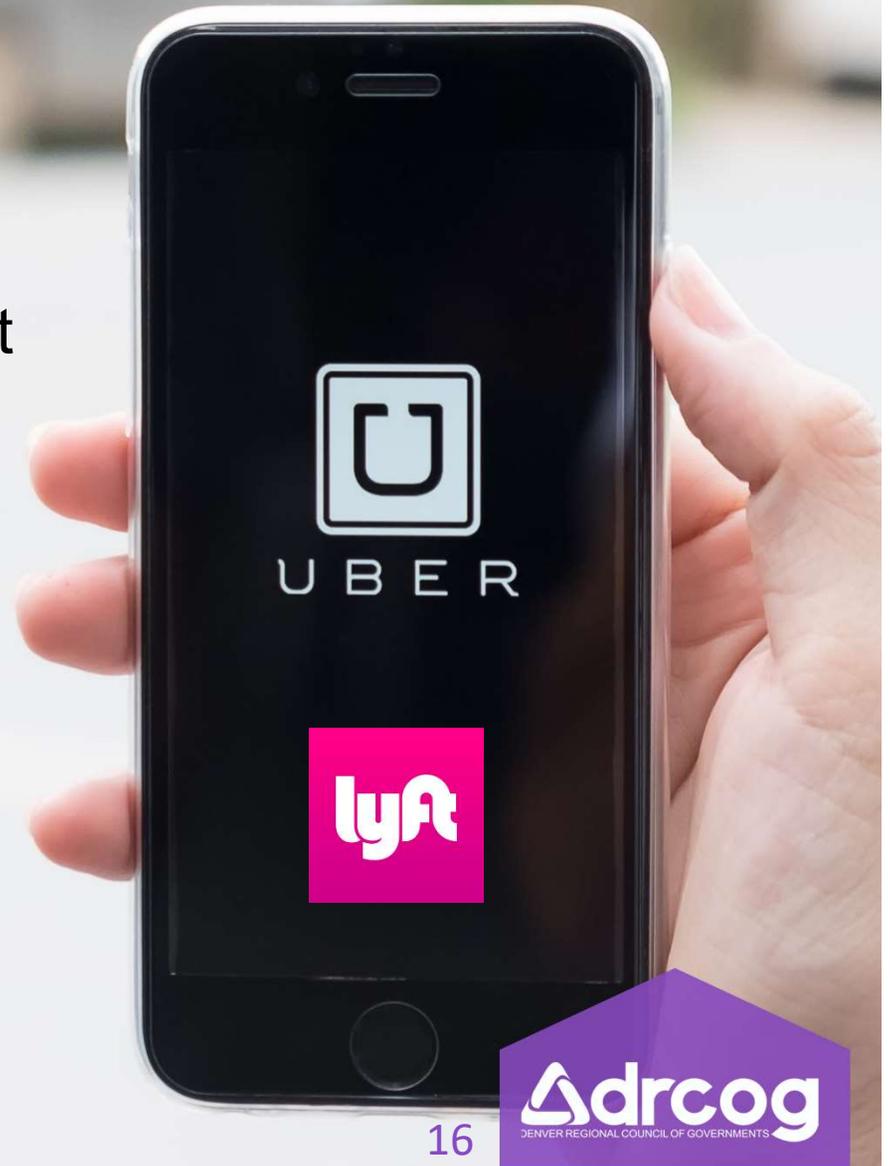
Conversation: Assisted transportation services

- What are some examples of assisted transportation services **in your community**?
- What are the **opportunities** for improvement?
- How can **DRCOG facilitate** improvements?



Partnerships and innovation

- coordination with **ride-hailing services** such as Uber and Lyft
 - within **communities** (such as Centennial)
 - in partnership with **hospitals**
- **voucher** programs (such as in Douglas County)
- **technology** (such as the Veterans Transportation and Community Living Initiative)





Conversation: Partnerships and innovation

- What are some examples of innovative approaches and partnerships related to older adults and transportation **in your community**?
- What are the **opportunities** within your community or our region?
- How can **DRCOG facilitate** partnership and innovation around transportation for older adults?



Conversation: Efficiency amid bureaucracy

- How can DRCOG promote efficiency in light of **complicated funding realities**?
- What are the **opportunities** to:
 - expand service areas?
 - provide more service?
 - improve the quality of service?
 - reduce duplication of effort?
 - reduce administrative costs?





New resources and what the AAA will be doing with them

New Resources

- Increased state funding
- VTCLI
- TIP set aside
- Aurora transportation funding

New Projects

- Demonstration projects in Centennial, Douglas County and Lakewood
- VTCLI
- Ride more Aurora
- HS TIP



More opportunities to move the needle

- SAPGA Transportation Committee
- Other Veterans transportation funding
- Non Emergency Medical Transportation contract





Thank you!

QUESTIONS?

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EO-PP-BWMOBILITY-17-08-17-V05

AAA Director's Activity Summary January 15 – February 15, 2018

Advocacy, Education and Policy:

- Attended the Aging Policy Advisory Committee (APAC)
- Attended SAPGA's first legislative Caucus on Aging
- Attended SAPGA planning meeting and committee meetings
- Conducted several strategy meetings for Mission Forward meeting in Washington
- Attended the Mission Forward meeting in Washington D.C. to work on the reauthorization of the Older American's Act
- Testified with Shannon on an Assistive Living Bill

Coordination and Outreach

- Attended State Unit on Aging mandatory training.
- Hosted the Colorado Association of Area Agencies on Aging quarterly meeting
- Presented to the Aurora Commission on Aging meeting
- Met with CEO of Visiting Nurses Association to discuss the federal funding challenges and the impact on their services.
- Meeting with Bob Murphy Executive Director of AARP to discuss a partnership with No Copay Radio.
- Met with the executive director of SHIP to discuss the future of the program.
- Met with Therese Ellery of the Rose Foundation to catch up
- Co-chairing the SAPGA Transportation Sub-committee

Compliance and Management

- One on one meetings with direct reports
- Met with Trilogy to discuss the launch of new models of Network of Care and how we can integrate this with the work we are doing in AHC grant.
- Conducted a AAA staff meeting and conducted 2 managers meetings
- Conducted a new hire orientation
- Attended DRCOG division director's meetings
- Attended DRCOG Board and subcommittee meetings

Partnership Development and Special Projects:

Media

- Co-hosted No Copay radio – taped 4 programs