

**ADVISORY COMMITTEE ON AGING
MEETING SUMMARY
January 20, 2017**

Members Present

Ada Anderson	Douglas County
Amanda Gregg	City and County of Denver
Anne Gross	Arapahoe County
Barbara Boyer	Arapahoe County
Bob Lanky	Jefferson County
Bob Davis	Broomfield County
Cary Johnson	Jefferson County
Cathy Noon	Arapahoe County
Donna Mullins	Jefferson County
Joyce Gallagher	Guest for Adams County,
Houston "Tex" Elam	At Large
Karie Erickson	Douglas County
Linda Tate	Broomfield County
Mary Ellen Makosky	Gilpin County
Maureen Spiegleman	Denver County on Aging
Phil Cernanec	DRCOG Board (City of Littleton)
Shakti	Lakewood
Tricia Stevens	Congress Woman Diana DeGette's Office
Vivian Stovall	At Large

Guests Present

Christine Kellerman – Jewish Family Services (Intern), Lauren Bell –Denver Office on Aging (Intern), Valerie Robson – Douglas County Adult Services, Paulette St. James – Colorado Commission on Aging

Others Present

Jayla Sanchez-Warren, AJ Diamontopoulos, Sharon Day, Kelly Roberts, Amy Pulley, Mindy Patton

Call to Order and Introductions

Phil Cernanec, Chair called the meeting to order @ 12:00 p.m.

Public Comment

No public comment.

Approval of the June 17, 2016 Meeting Summary

- Barbara Boyer made the motion to accept the summaries. Bob Lanky seconded, summaries were approved.

Informational Briefings

Arapahoe County Report – Barbara Boyer

Arapahoe County Council on Aging (ACCOA) meets monthly on the fourth Monday of the month at 1:00 p.m.

- Barbara handed out 2 brochures which are attached
 - ACCOA – outlining mission, background, goals and objectives, membership and meeting information.
 - Speakers' Bureau
- January will have lunch with elected officials
- June partner with Adams County and Byers for a joint meeting to address issues in rural areas
- Have a new website with their information and calendar.
- December do a holiday gift giving for seniors where adult protective services provide a wish list and all seniors on the list receive a gift. In Strasburg collect food and donate to their food bank.
- The Speakers Bureau provide various talks that relate to seniors providing socialization and interaction.

Centennial Lyft Pilot Program – Cathy Noon

- Cathy had a presentation which is attached.
- Received Bloomberg Philanthropies grant
- Were 1 of 14 selected
- Ride covers the first and last mile to and from the light rail
 - Call -n- Ride is free to client if they have a Light Rail ticket or bus ticket
 - RTD pays \$21 one way
- Partnership with Lyft
 - Have a “Go Denver” app
 - Concierge service if not tech savvy
 - Cost of Lyft ride ranges from \$4.50 to \$5.50 per one way ride and is paid by Centennial
- Contracted with VIA for accessible vehicles with ramps and trained drivers to accommodate disabled
- Developed a mobility ambassador program
- Provides peer transportation training with Centennial Senior Commission9 seniors that live in the city plus professionals and county experience

- Cathy attended several trainings and found seniors were excited with having their freedom
- Cathy hopes this will be pivoting to other projects for seniors as the Bloomberg grant only allows for 3 years but can't work on the same project.

Jayla would like to think about a voucher program like this and was glad Centennial provided the resource.

ACA Committee Update – Kelly Roberts and Mindy Patton

- Kelly explained the workshop the committee participated with in May to the new members
- There were 3 focus points established at the workshop
 - Program Committee
 - What to do differently with the ACA monthly meeting
 - Will see some changes in the February meeting
 - Focus on one program at each meeting that will be a more in-depth report than previously
 - Advocacy Committee discussed later in the meeting
 - Onboarding Committee
 - Found a need to educate new members and new AAA staff
 - Had a meeting of some new staff and new members and saw a big contrast with how new AAA staff and new ACA members felt coming onboard
 - Staff felt very welcome, ACA members felt very confused
 - Realized there were simple things we could do to make members feel welcome. Such as where to park, who the Chair is, where the restrooms are located and expectations upon arrival
 - Will be developing new material
 - Mindy provided a staff list, ACA member list, staff flowchart and acronym list as a starting point
 - Kelly and Mindy will develop more comprehensive material in the future
 - Kelly passed out a signup sheet to let allow the group a choice in how they would like to receive their new materials in the future.

Legislative and Advocacy Report – Rich Mauro and Advocacy Team

Advocacy

- More involvement by the ACA
- Tex explained that one of the needs is to have people supporting issues with the legislators
 - Develop a way to help ACA become effective advocates
 - Advocacy committee will work hard to be sure it works
- Shakti told the group that the AAAs and CCOAs can be a loud voice to have needs heard and met.
 - Serve as a connection between DRCOG and the counties

- DRCOG has staff and lobbyists at the Capital all the time, they understand who to talk to, how to talk and when to talk to staff about what is happening
 - Counties have more people with voices to the table and feet on the ground to get the message out
 - Can speak with a strong voice
 - Would like to get on CCOAs agendas to see what would be helpful and listen to their needs and what they are doing
 - The Advocacy team would like to be prepared and organized to push on an issue when it comes up
 - The goal is to build capacity and coordination with the AAAs and the CCOAs.
 - Jayla brought up that Douglas County would be willing to host a regional forum to get the CCOAs together at one time.
- Carey spoke about establishing an ongoing relationship with legislators
 - Have regular forums to meet legislators
 - Invite representatives and commissioners to inform them of senior issues and how counties can help
 - Phil suggested getting to know city officials as well for possible crossover issues
 - Jayla also suggested getting to know your counties ACA representatives and invite them as well. They hear information at the ACA meetings and can get local officials onboard.
 - Rich Mauro DRCOG in house lobbyist said legislators will listen to the people in their jurisdictions

Legislative Report

- HB-1087, pilot project for Office of Guardianship persons who don't have someone close to them to make decisions for them what will happen to them
 - Are creating pilot projects in three areas of the state and will come back in a couple of years to see if the projects are working.
 - Network of Care will have access to all Bills and all reiterations, Colorado Senior Lobby is also a good resource (www.ColoradoSeniorLobby.org)
- SB-011, Study Transportation Access for People with Disabilities. How can advanced technologies improve and increase access for people with disabilities?
 - PACE Ombudsman Bill: Need to create an Ombudsman program that will have a state Ombudsman.
 - The PACE program is operated by a for-profit company, there is a real need to create a state Ombudsman program to oversee compliance.
 - Jayla, Shannon and Rich are working with Disability Law Center on the bill.
 - Jayla explained to the group that the PACE program is where you turnover all your Medicare and Medicaid dollars to a for-profit company and they manage it for you.
 - Phil told the group that the JBC is dealing with Medicaid expansion at the state level and we need to pay attention to what that will be doing at the state level.

- Attainable housing and construction litigation reform bring large insurers back to reduce costs of multi-family housing. Slowing down housing development in state.
- Rich talked about the homestead issue which allows seniors over 65 that have lived in their property for over 10 years to receive a reduction in tax on the first \$200,000.
- The Gallagher Amendment holds the proportion of property taxes between residential and commercial properties at a 55% to 45% ratio, this makes residential property values grow faster than commercial property creating a tax shortfall
- This shortfall may reduce the amount received by seniors by half
- Due to elder population growth for those who would receive funds there are estimated shortfalls of \$144M this year, \$156M next year and \$300M in the year 2030.
- Though this tax refund is popular it makes it very hard for money to go to other senior funding sources because they think seniors get so much funding already.
- That money would serve other programs better such as Meals on Wheels and transportation
- Carey said that seniors are being looked at to fix the budget shortfalls of the state.
- Kelly will send an email out to ACA asking for your point of contact in your county for legislative issues. She will explore a regional forum and asked for more participants on the Advocacy committee.

Director's Report – Jayla Sanchez-Warren

Jayla provided a PowerPoint (attached) on the following information:

DRCOG AAA area extends from just past Brighton on the north, Castle Rock to the south, Georgetown on the west and Deer Trail east.

The first several slides provided information on the AAA program, purpose and requirements under the OAA and the State Funds for Senior Services. She provided service categories and contracting partners.

- Slide 11- showed services offered by the AAA
 - ADRC – Aging and Disability Resource Center
 - Information and assistance
 - Options counseling
 - Case management
 - Intensive non-medical case management
 - Short term under 1 year
 - Working with people in desperate situations and have added Spanish speaking case managers
 - Elder Refugee program
 - Long-term Care Ombudsman Program
 - 388 assisted living facilities
 - 98 nursing homes
 - Ombudsman are to protect the rights of people in nursing homes and assisted living facilities
 - Must visit each nursing home monthly and assisted living facilities quarterly unless there is a complaint

- Must investigate any complaint within 72 hours, if a serious complaint within 24 hours
- Must have all their documentation completed within 30 days
- Transition services
 - Veterans Direct program, helps veterans stay in home and supports caregivers with dignity
 - Transition people from nursing homes out to the community, contracted through HCPF
 - Transition patients from hospital to facilities
- Contract management
 - Must have monthly reports from contractors
 - Ensure contract funds are spent according to contract and following OAA
- Regional planning
 - Data gathering, analysis, mapping, resource development all help to show where shortfalls are and provide proof
- Regional coordination and collaboration
 - Boomer Bond, which is an agreement allowing DRCOG to help prepare local governments for the aging population
- Fall prevention, with master trainers
- The AAA works closely with state and local agencies
 - HCPF, Department of Health and Human Services, Department of Regulatory Agencies (DORA), Department of Local Affairs (DOLA) and CDOT.
- All mandatory reporters of elder abuse, except for the Ombudsman, who have a federal requirement to protect the confidentiality of residents. If an Ombudsman an instance of abuse they are required to call a supervisor; supervisor contacts the state ombudsman and DRCOG attorney; they make the decision if we violate the OAA requirements.

Slide 14 through Slide 16 - population statistics

- Growth will affect every aspect of life, in workforce, tax base, service delivery, transportation even in designing parks. Our job is to pass this information to the governments and DRCOG Board to make them think because aging is the new normal.

Slide 17- Daily Living Problems

- Losing ground on affordable transportation, enough food to eat and suitable housing.

Slide 18 – Community conversations

- This slide shows the results of community conversations Jayla had with counties. Does not include nursing homes if so they would be at the top of the list. Those that have used an ombudsman know their value.

Slides 19 through 20 – Boomer Bond

- Boomer Bond helps local governments to engage with the public, begin strategy for the future and provides tool. Currently we have 11 communities that have gone through Boomer Bond.

Slide 22 – Special Projects

- AAA is finalist for the Accountable Health Communities Grant.
 - 3 clinical partners, 3 behavioral health programs along with several community partners.
 - Will help us work together and show what the AAAs should be doing on a regional letter
 - The grant will serve all ages and will expand our services
 - Teach us a lot, this has never been done before
- Expanding services to the Latino community which are the next big age wave
 - Working with the Rose Foundation, Latino Age Wave and others to do this better
- 2019 Reauthorization of OAA
- UC Health project to work with hospitals to help them learn what happens to patients after they leave hospital.
 - We can help them manage their chronic diseases to have better healthcare outcomes, lower utilization thus lowering healthcare costs saving taxpayer dollars.
- VTCLI veterans' transportation grant
 - We have been asked by CDOT to take over this program from DRMAC. We will receive money to help transportation systems.

Slide 24 – Advocacy

- Federal mandate to advocate for seniors and caregivers
- Jayla has been asked to work on the national work group for the Reauthorization of the OAA in 2019
- The map shows current map of OAA funding formula
 - Red – Less \$ received
 - Green – More \$ received
 - Yellow – Neutral
- The formula penalizes states that have a fast growing population like Colorado
- Colorado is the 3rd fastest growing population in the nation may takeover 2nd place this year
- Met with legislators and were able to get more dollars for seniors
 - Because our programs are so small they make them easy to cut
- Federal advocacy

- Jayla explained that Paul Ryan is pushing for Medicare/Medicaid and Social Security to be a voucher program. A person would be provided with a certain amount of money and would then purchase their own Medicare through private market.
- Currently we have a guarantee payment for hospital, doctor visits, and prescriptions.
- The fear is you will not be denied by the insurance company but they would put you into categories according to how chronic your disease is or if you are a high user of medical services is so you will have a higher premium.
- State Advocacy
 - More money for Ombudsman
 - Jayla has to use a large amount of Part B funds to supplement the Ombudsman program
 - If more money is allotted to the Ombudsman program those funds could go to other resources such as transportation and nutrition.
- General advocacy
 - We pushed SRC to raise driver salaries
 - They had 5 vans that were not in use due to shortage of drivers
 - In a meeting with SRC they admitted they got a whole new level of candidate by raising salaries
 - Now operating 26 routes
 - Because SRC raised rates that forced VIA to raise their rates along with other smaller companies and RTD raised rates from \$12.50 per hour to \$15.00.
- We need to watch and make our voice heard no matter whether you are a Democrat or Republican.

Slide 26 – ACA

- Represent needs of 60 and over population
- Advocate for people in your community and regionally
- Assist with assessing strengths and needs of your community, planning, priorities and funding
- Become and remain educated on aging issues
- Serve as ambassadors to the community and county councils on aging
 - Introduce yourself let people know you are on the ACA
 - Phil wanted the committee to make this an action item for the group to do this more effectively.

Compliance and Finance Report – Sharon Day

- Rolled out RFP for contracted services beginning July 1, 2017 to June 30, 2019
- All existing contractors submitted proposals with approximately a dozen new contractors
- ACAFS will begin to meet January 31st to discuss RFPs and make recommendations

- Collected surveys to see what the needs are in service areas
- At halfway point in this contract year
 - Delivered 839 units of service
 - 14,500 registered unduplicated clients
 - Waitlist is at 824 for December
- Will need to amend some contracts to accommodate salary increases
- Fund spending is on track for the 1st half of year at 50%
- Contractor meeting on January 24th all ACA is invited to attend, Jim Riesberg will be speaking
- State audit conducted in November and December, Sharon will submit final responses today and report back next meeting.
- No internal issues and only minor contractor issues that are easily resolved

Chair Report – Phil Cernanec

- Become familiar with issues out in your communities
- Be aware of conflicts to what we want to accomplish
- Recognize that the percentages Jayla mentioned in her slides are on top of other percentages
- Need to talk about our return on investment
- See the SAPGA report
- DRCOG passed Metro Vision report is available on the DRCOG website
- Nurture a succession plan for others to follow you

Information Sharing

- No information to share.

Adjournment

Meeting adjourned 3:01 p.m.

ACCOA

**Arapahoe County
Council on Aging**

**P.O. Box 882
Littleton, CO 80160**

Phone: 303-273-2855

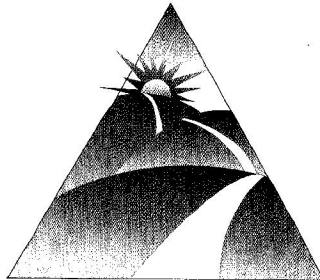
Email: accoa@comcast.net

Web site: www.accoa.info

***Advocate for
these communities:***

- Aurora
- Bow Mar
- Centennial
- Columbine Valley
- Cherry Hills Village
- Foxfield
- Glendale
- Greenwood Village
- Littleton
- Sheridan
- Eastern Plains
- Unincorporated
Arapahoe County

Arapahoe County Council On Aging



Pathways to Wisdom
THE DYNAMICS OF AGING

**P.O. Box 882
Littleton, CO 80160
303-273-2855
accoa@comcast.net**

Arapahoe County Council on Aging

MISSION STATEMENT

The mission of the Council is to identify the needs, concerns and issues of adults 60 and over in Arapahoe County. The Council plans, advises and advocates for services which best meet these needs through education, collaboration and coordination in the community.

BACKGROUND

The Council was founded under the Older Americans Act (OAA) of 1965. The underlying purpose is to enhance the ability of the 60 plus population to maintain as much independence as possible and to remain in their own homes and communities.

GOALS & OBJECTIVES

- Advocacy
- Coordination with community agencies and service providers
- Open channels of communication
- Educational programs
- Determine needs and service gaps in Arapahoe County

MEMBERSHIP

The membership is comprised of 60 plus citizens of Arapahoe County and organizations, associations and businesses that are interested in the issues affecting the senior population.

MEETING INFORMATION

The Arapahoe County Council on Aging meets monthly, excluding December.

Time: 1:00 – 2:30 p.m.

When: 4th Monday of the Month

Where:

**Caley Ridge Assisted Living
9350 E. Caley Avenue
Englewood, CO 80111**

**To Schedule A Program
For Your Organization:**

Phone: 303-273-2855

E-mail: accoa@comcast.net

Website: www.accoa.info

ACCoA:

Meets monthly (*except December*)

Time: 1 – 2:30 p.m.

When: 4th Monday of the Month

Where: Caley Ridge Assisted Living

9350 East Caley Ave.

Englewood, CO 80111

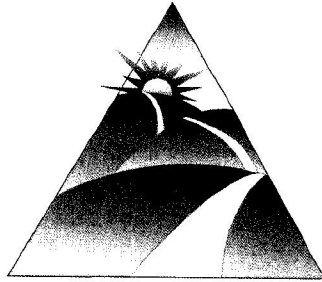
The membership of ACCoA consists of Arapahoe County residents aged 60 or older, and organizations, and businesses that are interested in the issues affecting the senior population.

The mission of the Council is to identify the needs, concerns and issues of adults 60 and over in Arapahoe County. The Council plans, advises and advocates for services which best meet these needs through education, collaboration and coordination.

P.O. Box 882
Littleton, CO 80160
303-273-2855
accoa@comcast.net

**Arapahoe County
Council On Aging**

**SPEAKERS'
BUREAU**



Pathways to Wisdom
THE DYNAMICS OF AGING

An unprecedented growth in the senior population is sweeping our country. With it comes major challenges that all communities and families must address.

Are You Ready?

DO YOU KNOW:

- The growth in the older adult population will bring increased demands for aging services at the local and regional level and impact nearly every aspect of community life.
- 10,000 U.S. Citizens turn 65 every day!
- Arapahoe county will experience a 25+% increase in seniors over 65 between 2010 and 2015!
- The Denver region will experience a 30% increase during the same period!
- In 2003, 1 in 8 residents of the Denver region were over age 60. By 2030 that will increase to 1 in 4!

Where will we find the resources to meet the needs of this aging population?

What new services will need to be created and funded to insure that seniors may remain in their homes and communities throughout their lives?

The Arapahoe County Council On Aging has created a Speakers' Bureau to:

- Share information about the many community resources available for use when preparing for dynamic aging.
- Alert the community to the impact of the rapid increase in older Americans that is occurring in Arapahoe County.
- Appeal to the community to join ACCoA in seeking solutions and advocating for change.

Trained volunteers are available to speak to any group, club, business, agency, faith community, or organization. Programs lasting from 20 – 60 minutes are available and are offered free of charge.

For answers to these and other questions, schedule a program for your organization today! Scheduling details are described on the back of this brochure.

What is ACCoA, what does it do, and how can I be part of its work?

Are there increased opportunities for my business with this aging trend?



Everything you need to know about the Area Agency on Aging

Area Agency
on Aging

Presented by:

**Jayla Sanchez-
Warren**



Area Agency on Aging: The basics



- Federally mandated program
- Authority and funding through Older Americans Act and Older Coloradans Act
- 630 area agencies on aging nationwide
- 16 area agencies on aging in Colorado



Requirements of the AAA

- Administer the requirements of the Older Americans' Act (OAA) and the State Funds for Senior Services (Older Coloradoans Act)
- Identify needs of older adults. Target services to those in most need.
- Operate the LTC Ombudsman Program
- Support direct service providers and help build capacity and provide oversight of contracted service providers
- Data collection, performance evaluations and monitoring
- Provide leadership and advocacy for older adults
- Provide Outreach, Coordination and Planning
- Emergency Preparedness/Disaster Relief
- Establish and maintain an Area Agency on Aging Advisory Council
- Program Development
- Conduct an Area Plan on Aging and complete all reporting requirements of the OAA, SFSS, State Unit on Aging Policies and Procedures



Area Agency on Aging: Purpose



- Help people age better
- Support people to stay in their homes for as long as they want
- Provide quality information, assistance and service
- Support caregivers
- Advocate for older adults, their needs
- Plan for future needs



Area Agency on Aging: Roles





SERVICE

Community Based

Direct

Advocacy



Funded service categories

- Transportation
- Nutrition
- In-home care
- In-home assistance
- Yard work
- Caregiver support
- Legal
- Respite
- Grandparent support
- Benefits counseling





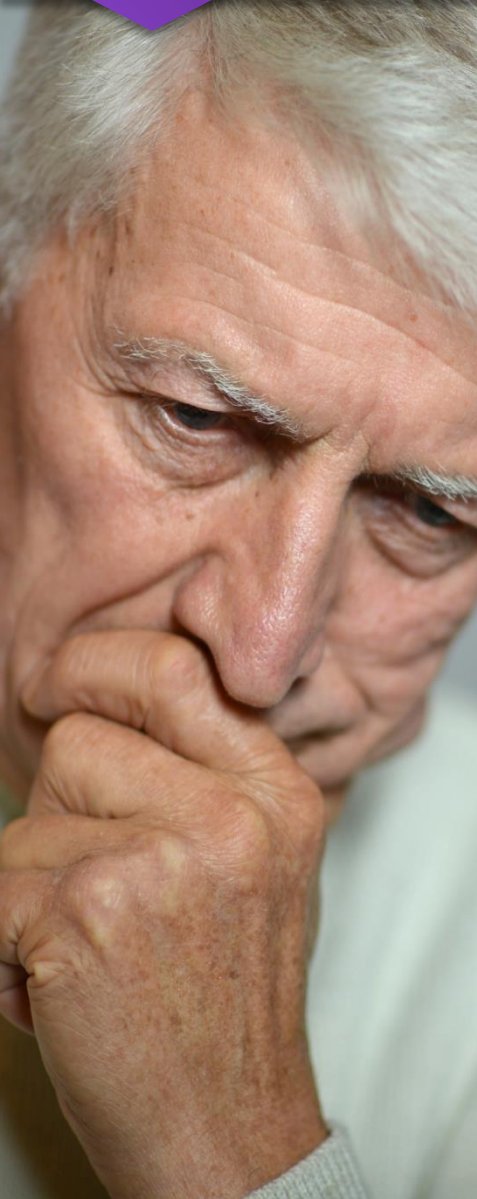
Funded service categories (continued)



- Meal preparation
- Fall prevention
- Chronic disease self-management
- Health promotion
- Education
- Services for the blind and visually impaired
- Home repair or modification
- Hearing aids and glasses
- Mental health service
- Native American services



Funded partners



- Adams County Community Development
- Alzheimer's Association
- American Council of the Blind and Visually Impaired
- Asian Pacific Development Center
- Arapahoe County Community Resources
- Audio Information Network of Colorado
- Brothers Redevelopment
- Catholic Charities
- Center for People with Disabilities
- Centura Health LINKS
- City and County of Broomfield
- Colorado Center for the Blind
- Colorado Gerontological Society



Funded partners (continued)



- Colorado Legal Services
- Colorado Visiting Nurse Association
- Douglas County Human Services
- HealthSET
- Jefferson County Mental Health
- Jewish Family Services of Colorado
- Lutheran Family Services Rocky Mountains
- Mt. Evans Home Health Care and Hospice
- The Senior Hub
- Seniors' Resource Center
- Senior Support Services
- Southwest Improvement Council
- Tri-County Health Department
- Volunteers of America



Services offered by the AAA

Aging and Disability Resource Center

- Information and Assistance
- Options Counseling
- Case Management

Intensive Non-Medicaid Case Management

- Spanish Speaking Case Management

Elder Refugee Services

Regional Planning

- Data gathering
- Analysis
- Mapping

Long-term Care Ombudsman Program

Contract Management

Advocacy

Transition Services

- Veterans Directed HCBS
- Nursing home to Community
- Hospital transitions

Fall Prevention

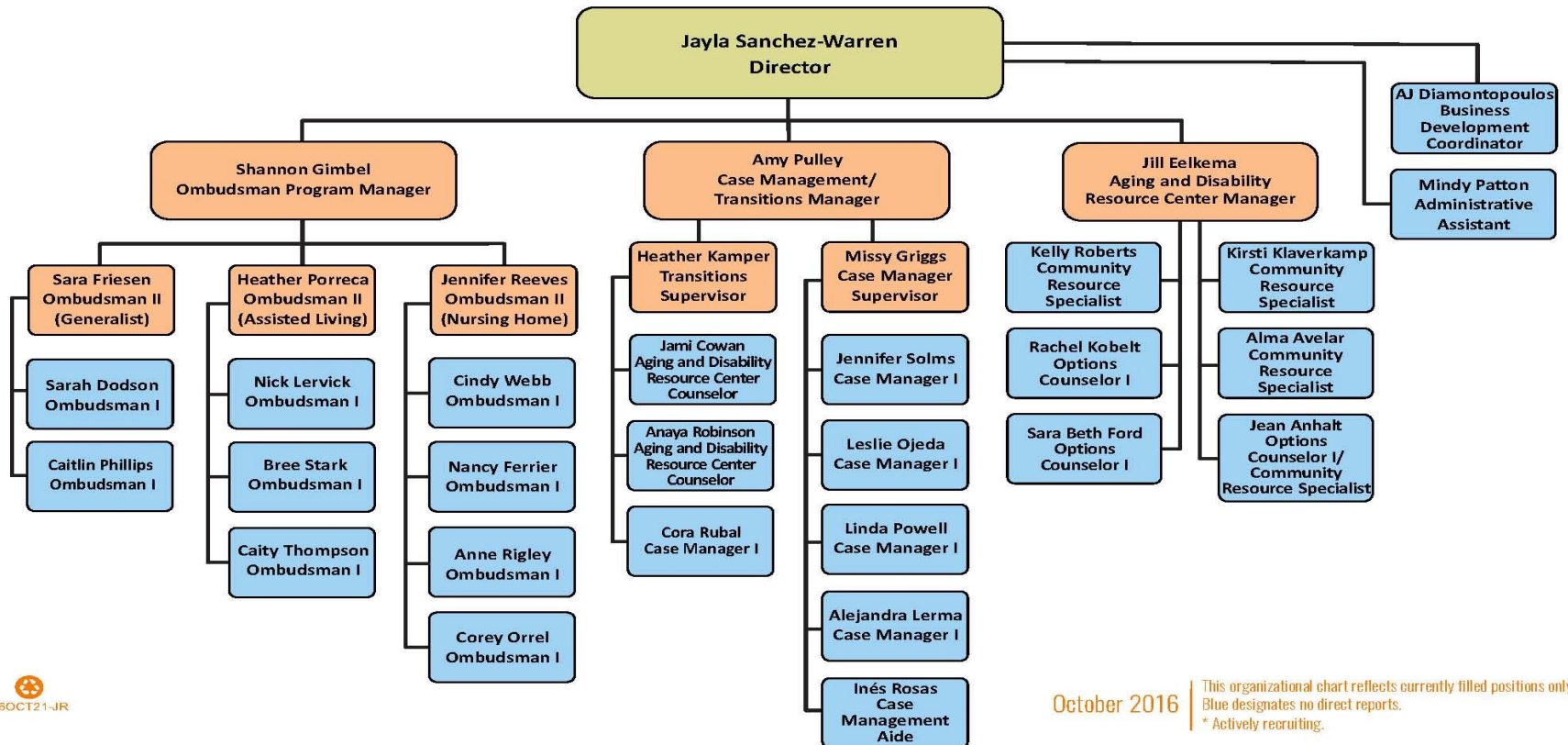
Regional Coordination and Collaboration

- Boomer Bond
- Advisory Committee on Aging



ORGANIZATIONAL CHART

Area Agency on Aging



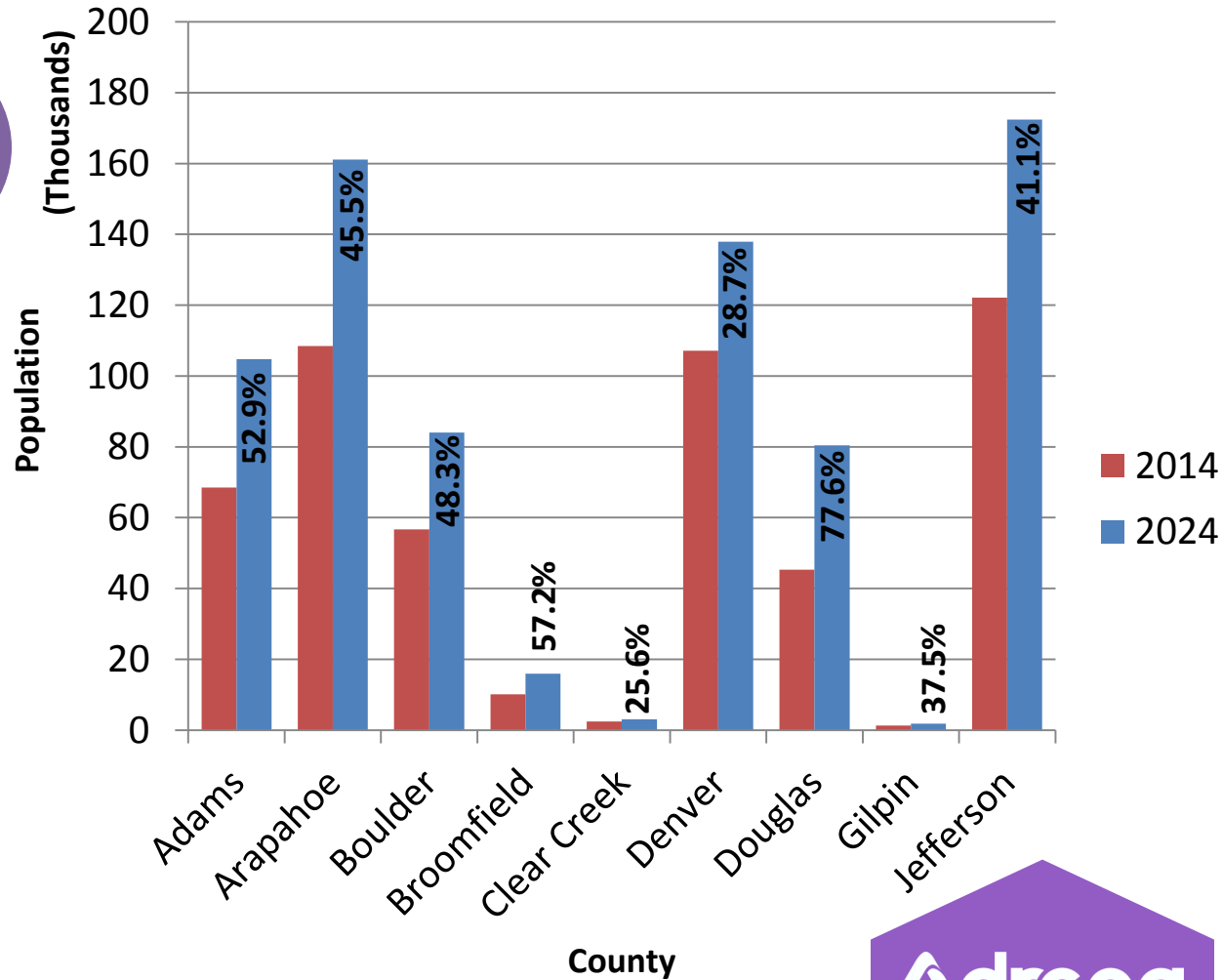
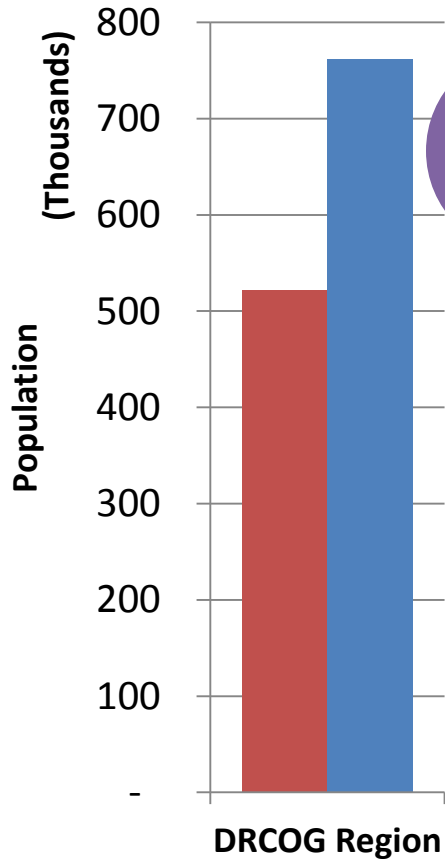


PLANNING

Preparing for an older population
Identifying needs
Developing resources

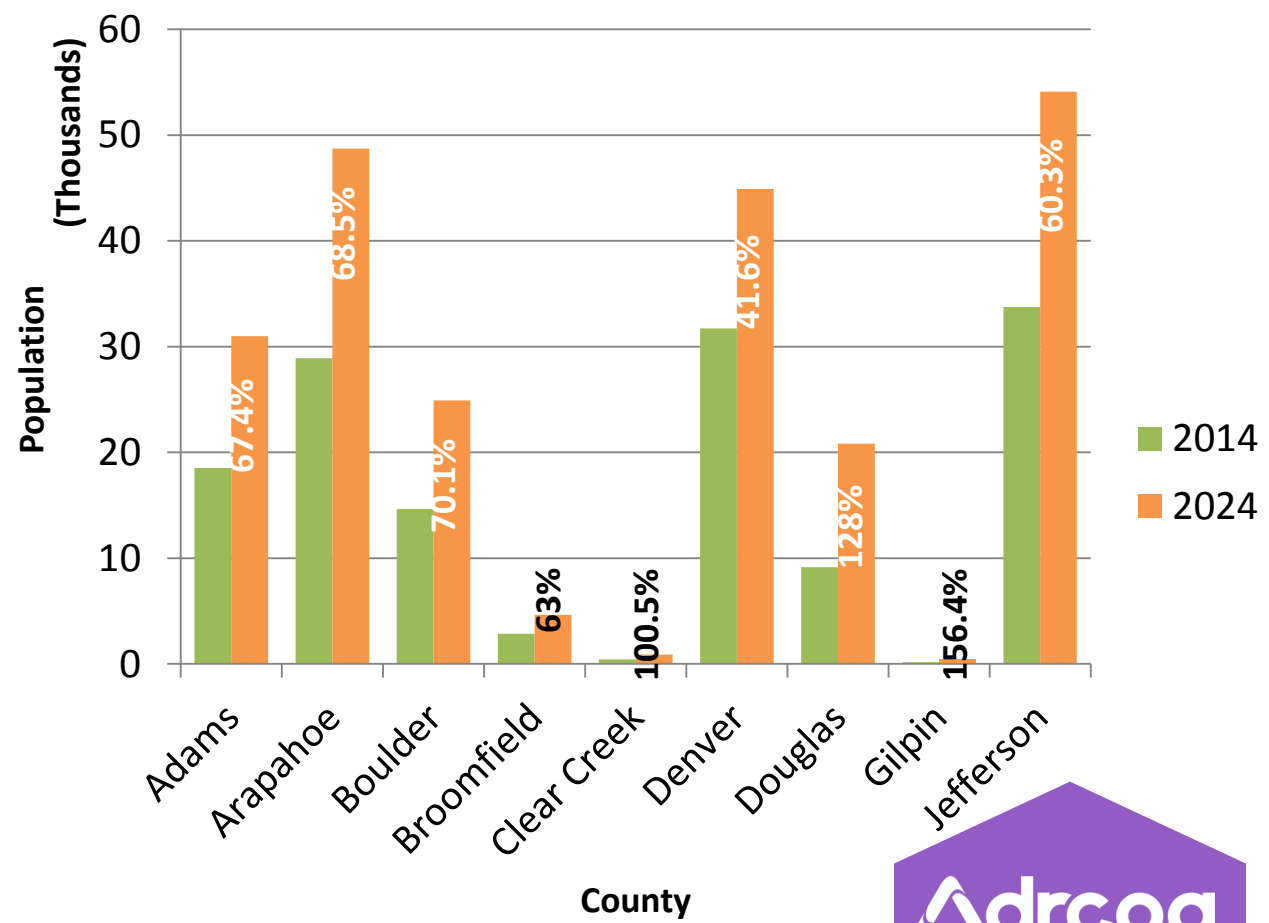
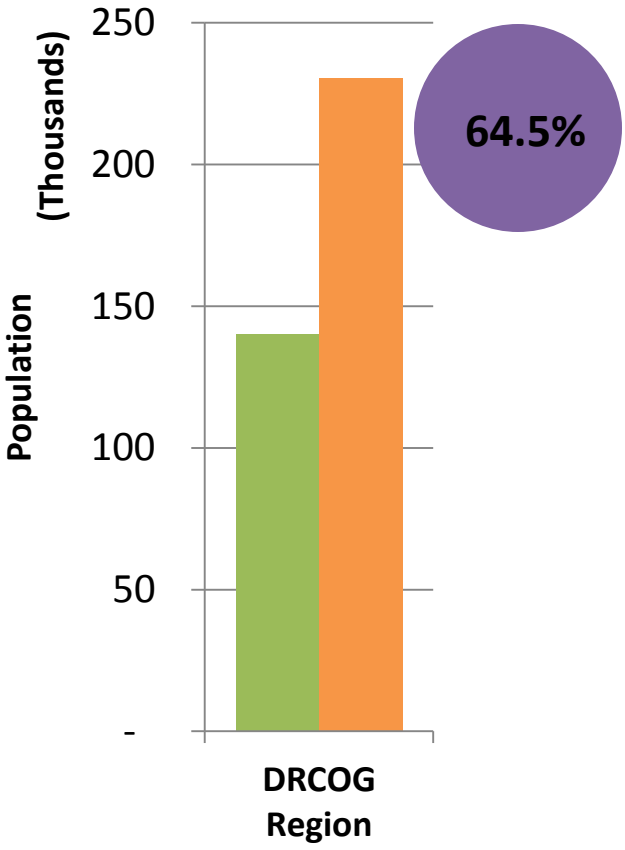


60-plus population (2014 – 2024)





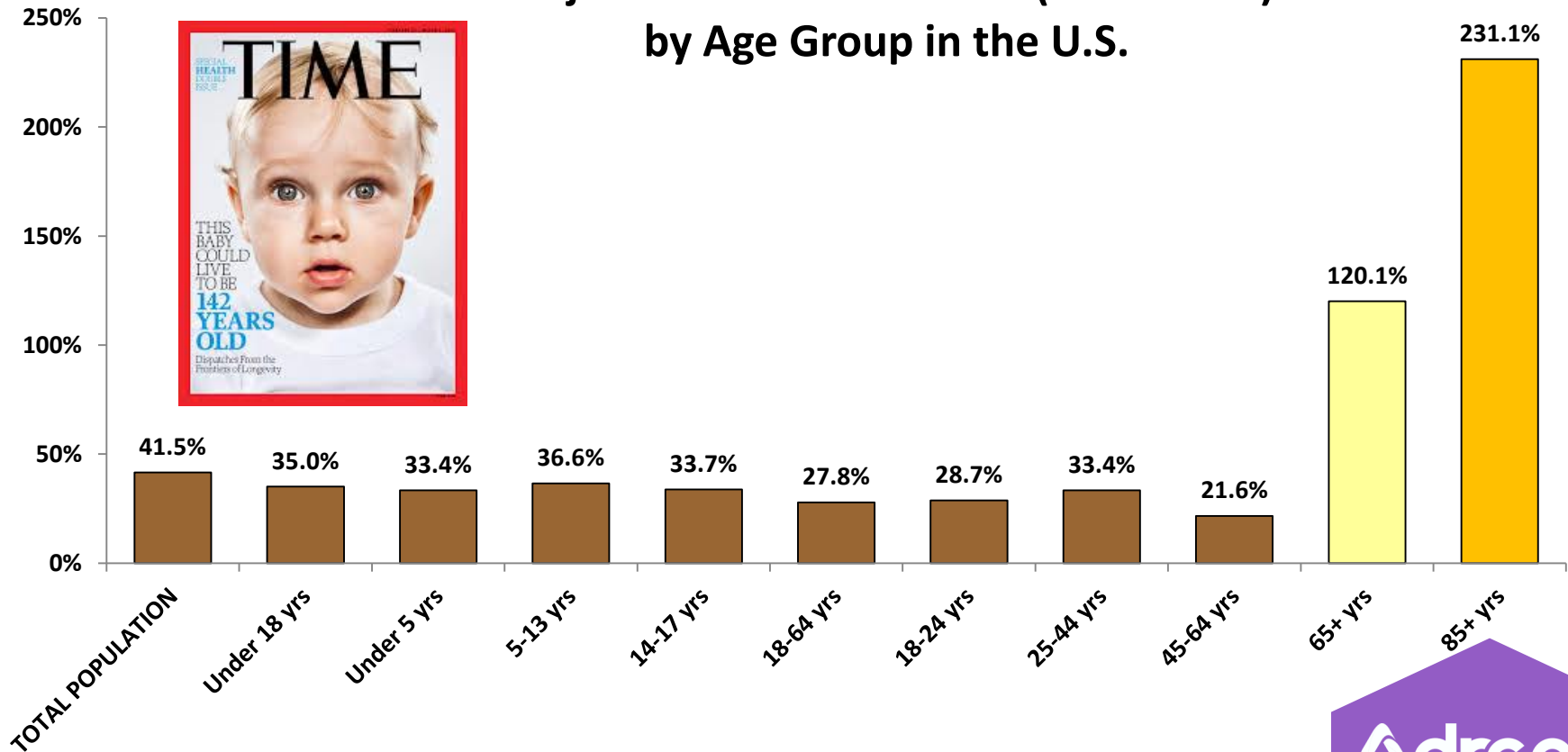
75-plus population (2014 – 2024)





Aging: The new normal

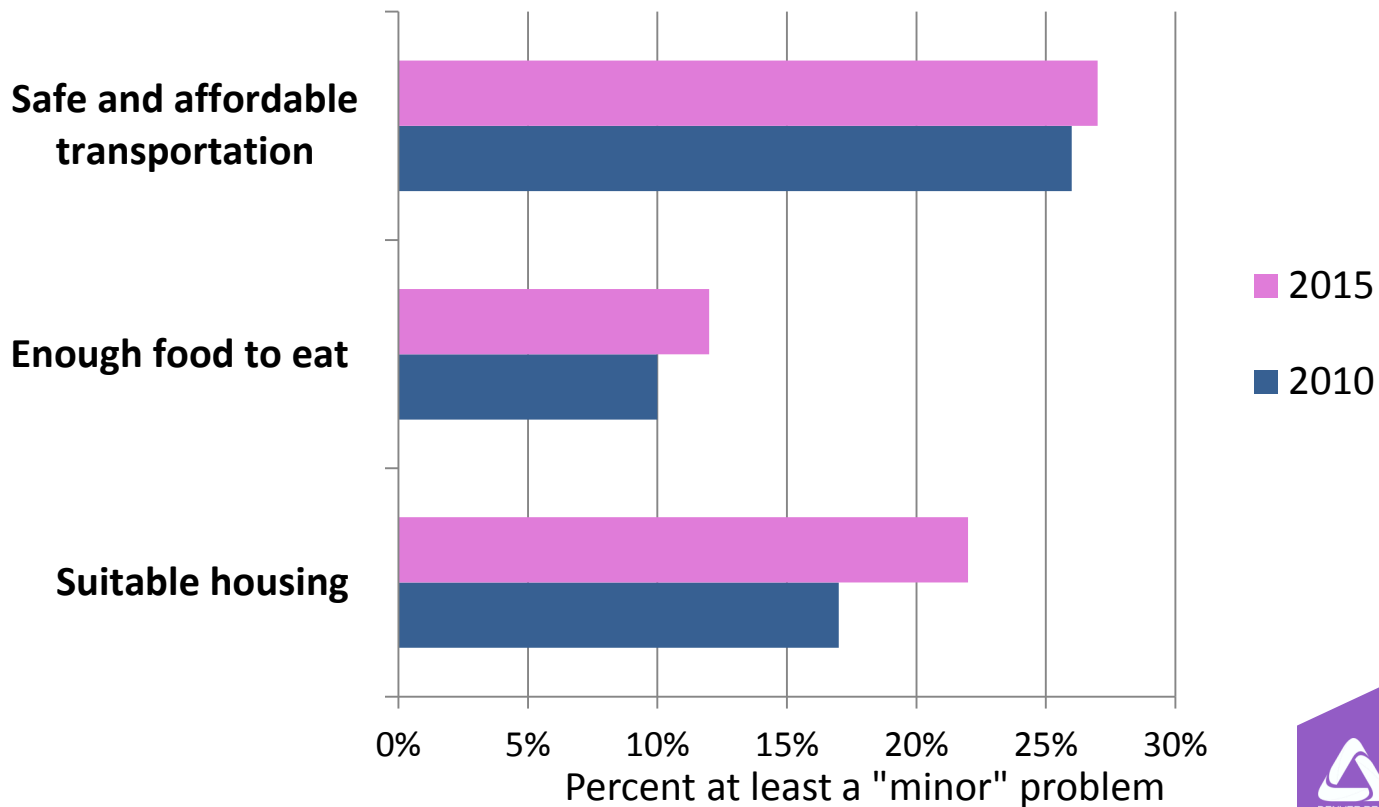
Projected Rates of Growth (2010-2050) by Age Group in the U.S.





Daily living problems

More Denver area older adults than the national average reported problems with having housing to suit their needs





Community conversations



Priority	Service	Votes
1	Transportation	298
2	In-Home Service	269
3	Home Repair/Chore Service	187
4	Nutrition Service	185
5	Information and Assistance	158
6	Caregiver Support	142
7	Material Aid	129
8	Care Management	122
9	Counseling/Mental Health	113
10	Outreach/ Public Information	107
11	Ombudsman/Elder Abuse Prevention	98
12	Health Promotion/Education	87
13	Screen and Evaluation	65



Boomer Bond: Key elements

- Community assessment tool to **facilitate local dialogue** and identify age-friendly/livable community priorities
- A readily-accessible inventory of **policies, strategies and tools** for local governments to consider





Boomer Bond: Why an assessment tool?

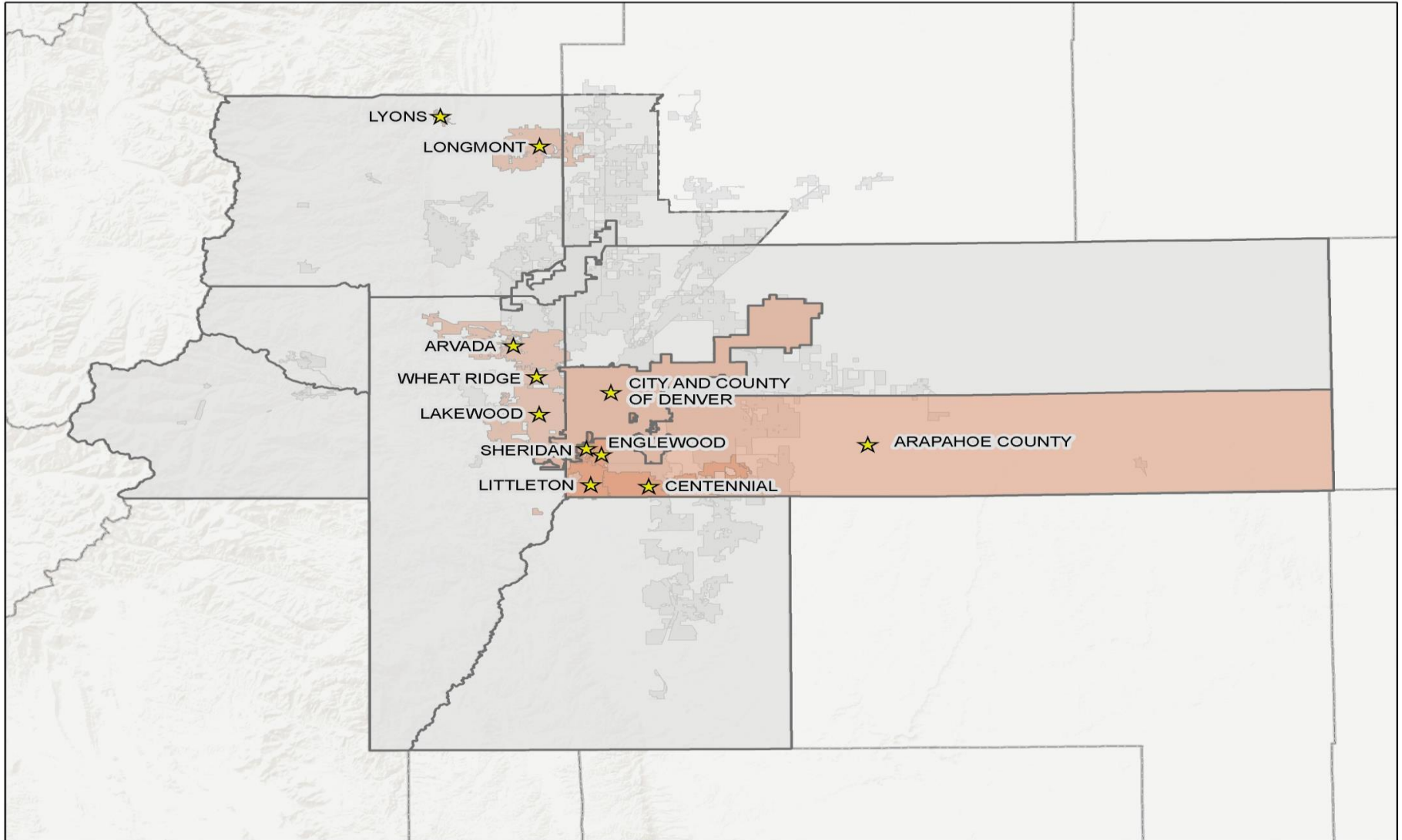
- **Conversation starter** at the local level (including partners)
- **Provide structure** to what can be an overwhelming conversation
- **Help engage** the general public

Boomer Bond Assessment Tool





Boomer Bond: Assessment communities (11)





Special projects



- Finalist for the Accountable Health Communities Grant with Centers for Medicare and Medicaid Services
- Data analysis of community-based services
- Expanding services to the Latino community
- 2019 Reauthorization of the Older Americans Act
- UC Health project
- VTCLI transportation grant for Veterans



ADVOCACY

**Older Americans Act
State Funding
Regulation**



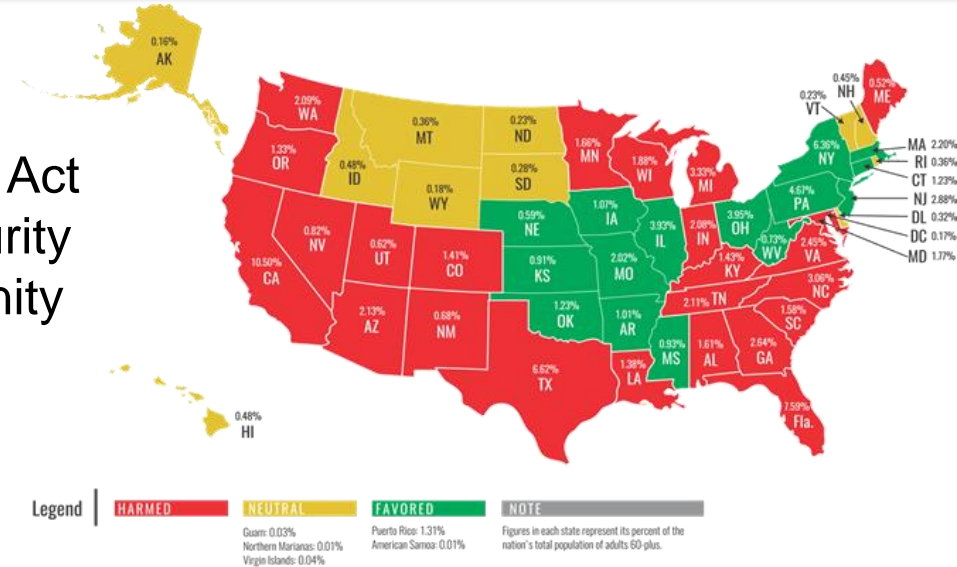
Advocacy in 2017

Federal Advocacy

- Reauthorization of Older American's Act
- Medicare, Medicaid and Social Security
- Transportation if there is an opportunity

State Advocacy

- Legislative Advocacy
 - PACE Ombudsman Program
 - Increase Resources for AAA programs
 - Ombudsman Program
 - Elder Refugee Program
- General Advocacy
 - Affordable Senior Housing
 - Transportation
 - Federal Issues





Each one of us can
make a difference.
Together we make
change.

Barbara Mikulski

meetville.com



Advisory Committee on Aging



Responsibilities of the Advisory Committee on Aging

- **Represent** the needs of persons age 60 and older, with emphasis on the needs of those persons in greatest social or economic need.
- **Advocate** for the enhancement and well being of the region's older adults and their caregivers
- Assist in **assessing** the strengths and needs of older adults and their caregivers.
- Assist with the Area Plan on Aging
- Assist developing **planning** priorities, policy and procedures and **funding** and make **recommendations** concerning the same to the DRCOG Board of Directors
- Become and remain **educated** on issues concerning aging and their caregivers
- Serve as **ambassador** to the community and County Councils on Aging by communicating the purpose, responsibility and functions of the ACA

HOW CAN YOU USE THE AAA

- Demographics
- Needs assessment information
- Boomer Bond
- Service information
- Referral source for constituents
- Personal service



Area Agency on Aging: A one-stop shop



- Individualized service
- Access to top professionals
- Reliable information
- Quality presentations
- Current information
- Accurate data
- Planning and Vision



QUESTIONS?



Everything you need to know about the Area Agency on Aging

Area Agency
on Aging

Presented by:

**Jayla Sanchez-
Warren**



Area Agency on Aging: The basics



- Federally mandated program
- Authority and funding through Older Americans Act and Older Coloradans Act
- 630 area agencies on aging nationwide
- 16 area agencies on aging in Colorado



Requirements of the AAA

- Administer the requirements of the Older Americans' Act (OAA) and the State Funds for Senior Services (Older Coloradoans Act)
- Identify needs of older adults. Target services to those in most need.
- Operate the LTC Ombudsman Program
- Support direct service providers and help build capacity and provide oversight of contracted service providers
- Data collection, performance evaluations and monitoring
- Provide leadership and advocacy for older adults
- Provide Outreach, Coordination and Planning
- Emergency Preparedness/Disaster Relief
- Establish and maintain an Area Agency on Aging Advisory Council
- Program Development
- Conduct an Area Plan on Aging and complete all reporting requirements of the OAA, SFSS, State Unit on Aging Policies and Procedures



Area Agency on Aging: Purpose



- Help people age better
- Support people to stay in their homes for as long as they want
- Provide quality information, assistance and service
- Support caregivers
- Advocate for older adults, their needs
- Plan for future needs



Area Agency on Aging: Roles





SERVICE

Community Based

Direct

Advocacy



Funded service categories

- Transportation
- Nutrition
- In-home care
- In-home assistance
- Yard work
- Caregiver support
- Legal
- Respite
- Grandparent support
- Benefits counseling





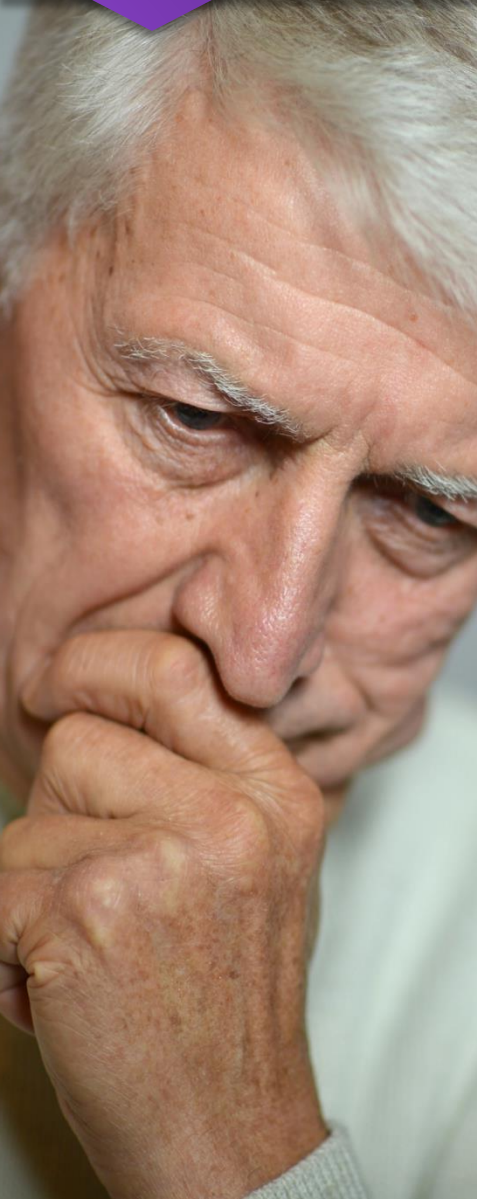
Funded service categories (continued)



- Meal preparation
- Fall prevention
- Chronic disease self-management
- Health promotion
- Education
- Services for the blind and visually impaired
- Home repair or modification
- Hearing aids and glasses
- Mental health service
- Native American services



Funded partners



- Adams County Community Development
- Alzheimer's Association
- American Council of the Blind and Visually Impaired
- Asian Pacific Development Center
- Arapahoe County Community Resources
- Audio Information Network of Colorado
- Brothers Redevelopment
- Catholic Charities
- Center for People with Disabilities
- Centura Health LINKS
- City and County of Broomfield
- Colorado Center for the Blind
- Colorado Gerontological Society



Funded partners (continued)



- Colorado Legal Services
- Colorado Visiting Nurse Association
- Douglas County Human Services
- HealthSET
- Jefferson County Mental Health
- Jewish Family Services of Colorado
- Lutheran Family Services Rocky Mountains
- Mt. Evans Home Health Care and Hospice
- The Senior Hub
- Seniors' Resource Center
- Senior Support Services
- Southwest Improvement Council
- Tri-County Health Department
- Volunteers of America



Services offered by the AAA

Aging and Disability Resource Center

- Information and Assistance
- Options Counseling
- Case Management

Intensive Non-Medicaid Case Management

- Spanish Speaking Case Management

Elder Refugee Services

Regional Planning

- Data gathering
- Analysis
- Mapping

Long-term Care Ombudsman Program

Contract Management

Advocacy

Transition Services

- Veterans Directed HCBS
- Nursing home to Community
- Hospital transitions

Fall Prevention

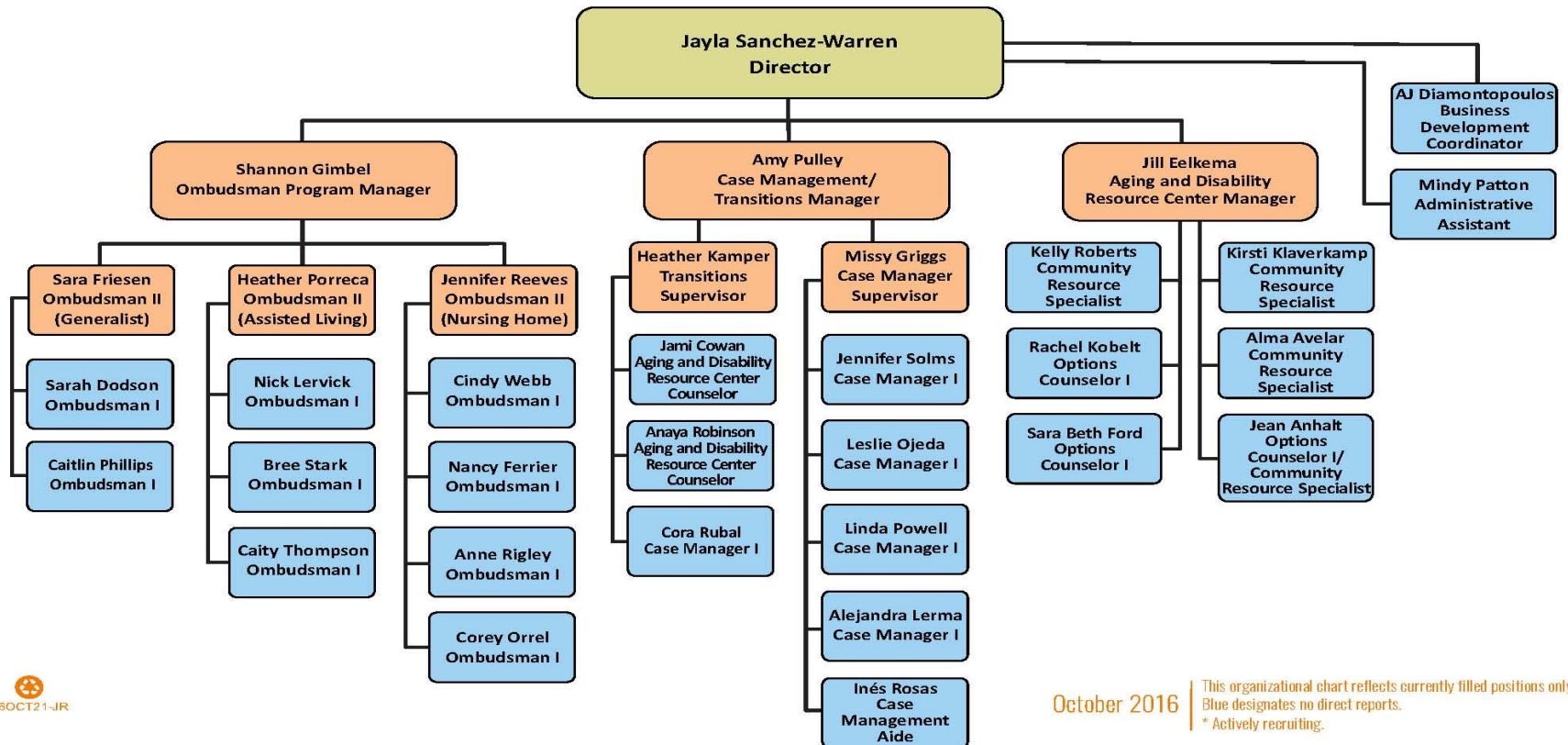
Regional Coordination and Collaboration

- Boomer Bond
- Advisory Committee on Aging



ORGANIZATIONAL CHART

Area Agency on Aging



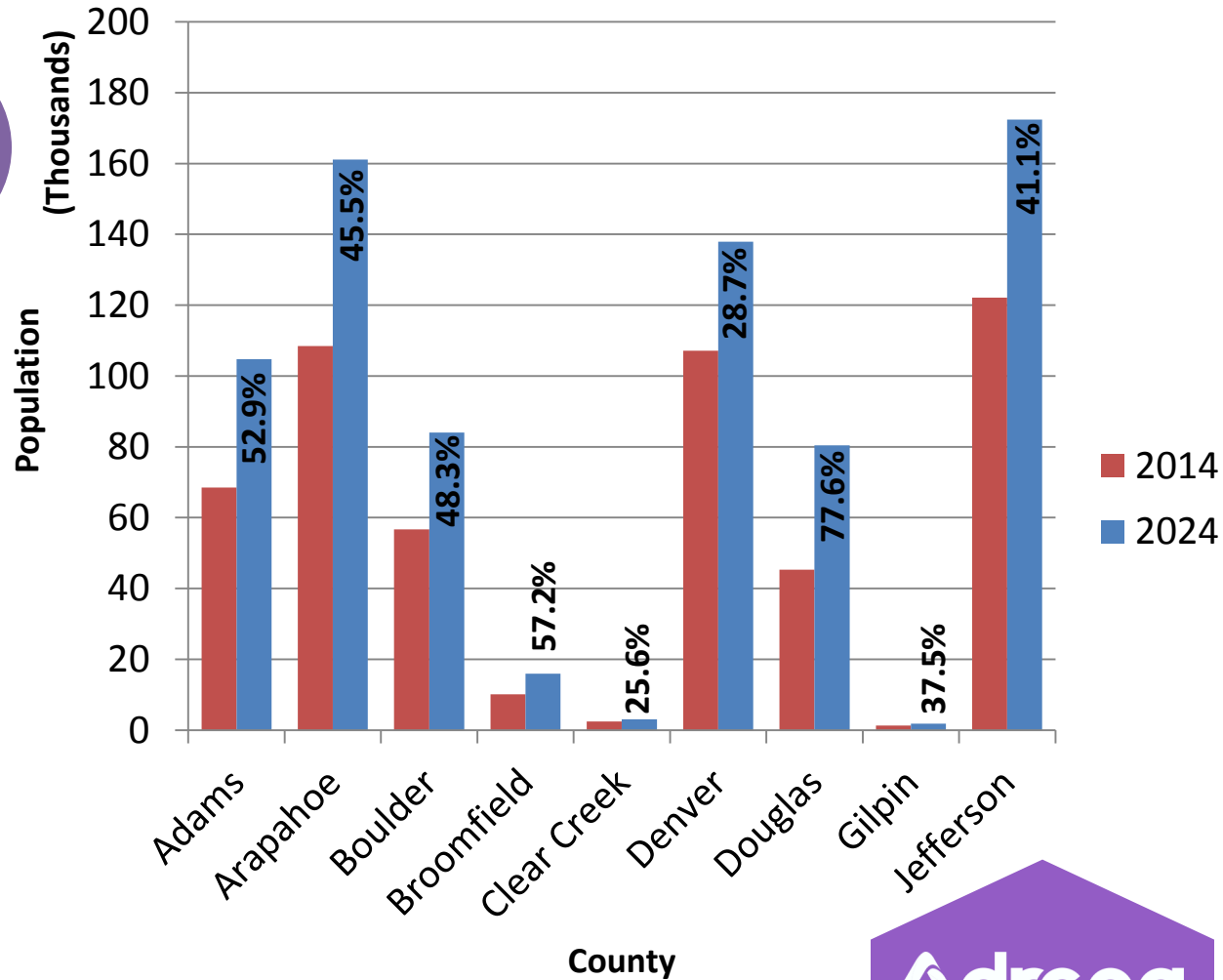
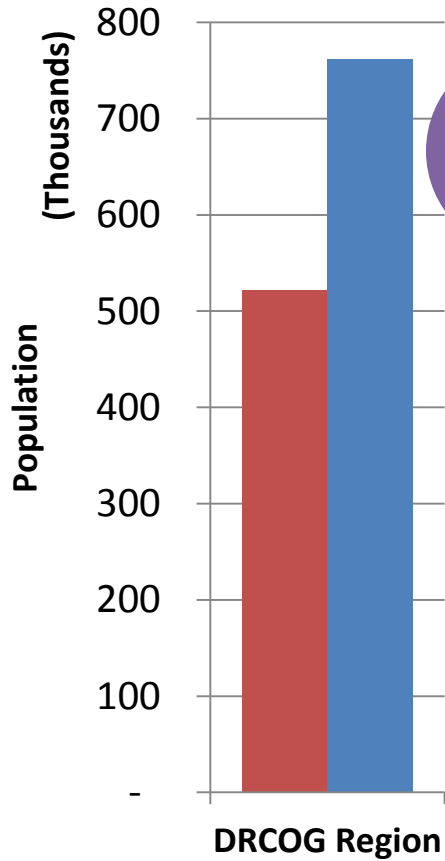


PLANNING

Preparing for an older population
Identifying needs
Developing resources

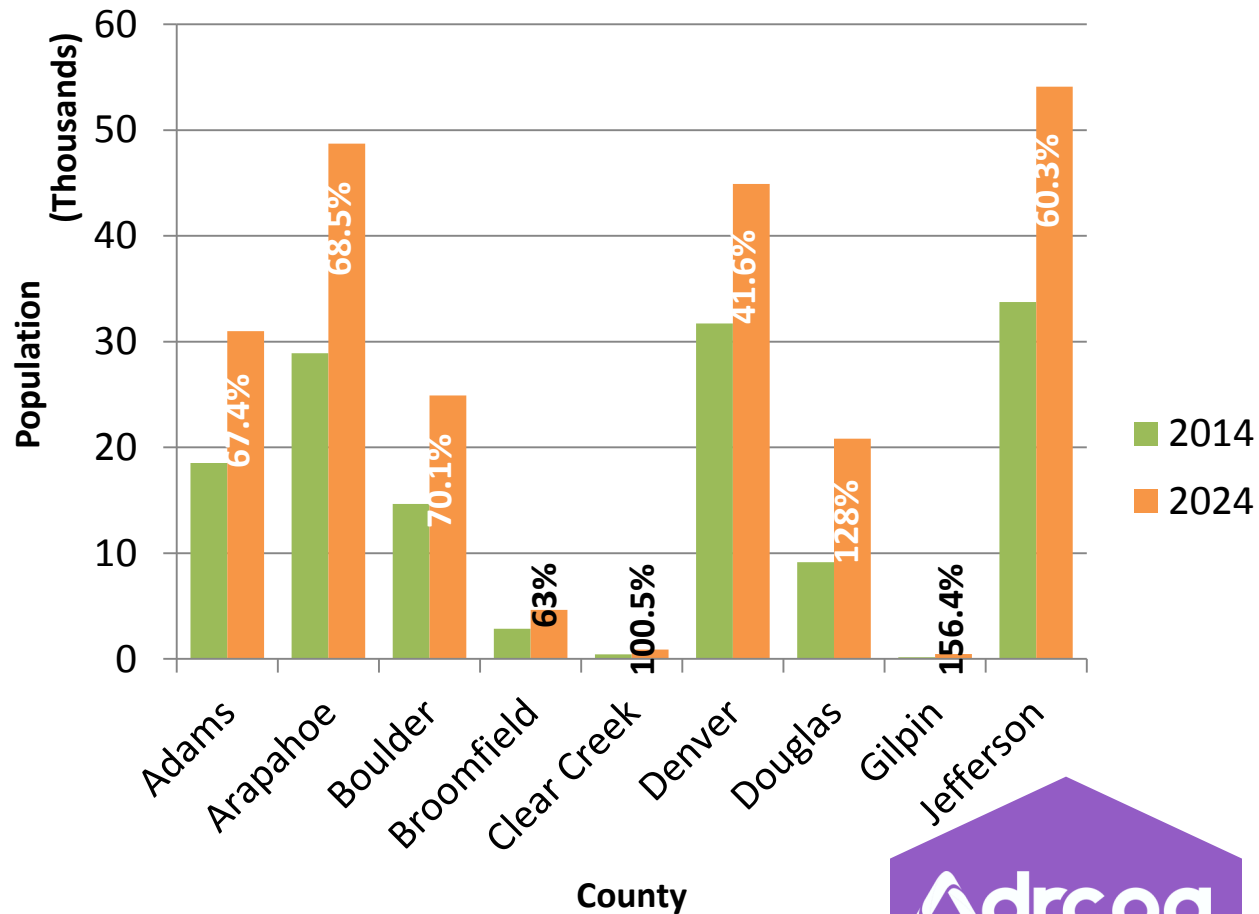
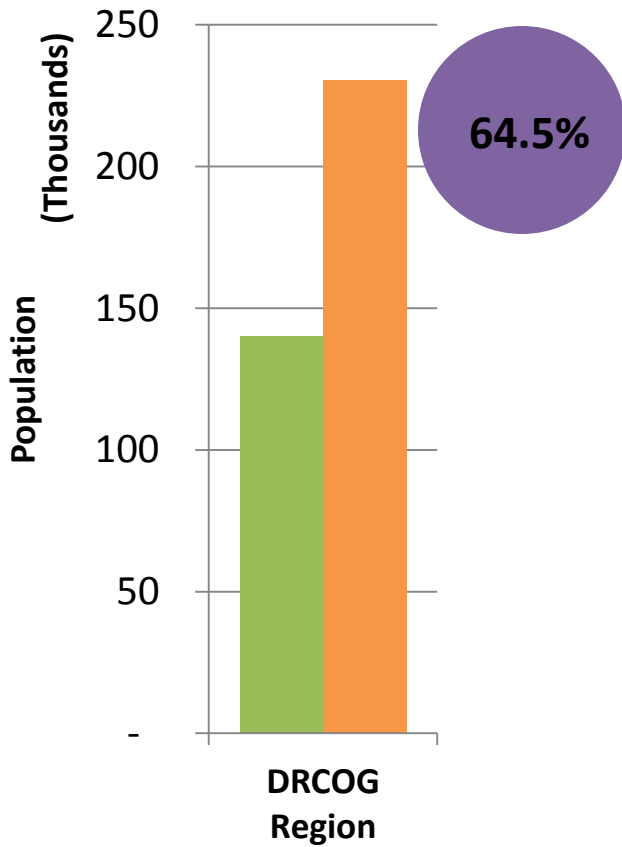


60-plus population (2014 – 2024)





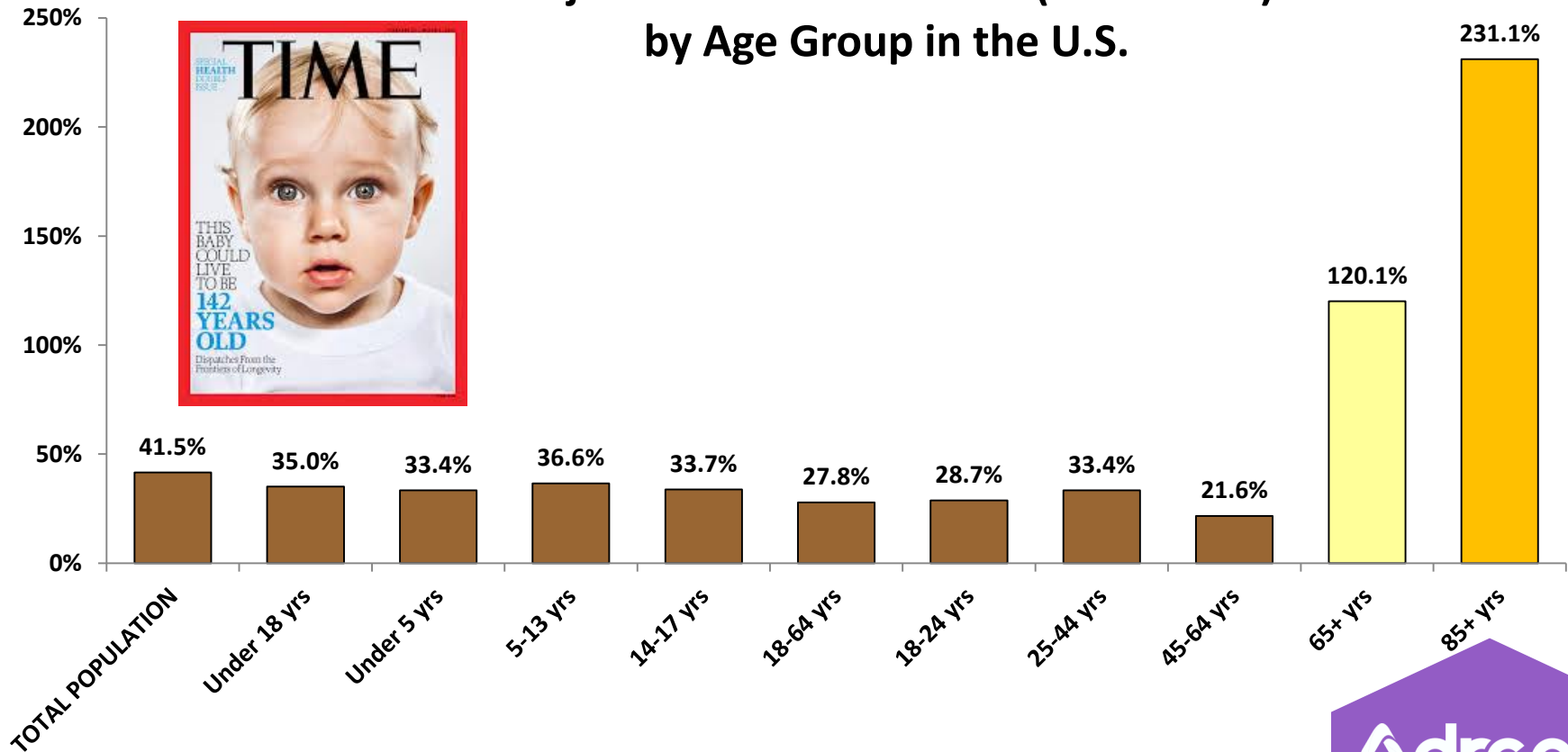
75-plus population (2014 – 2024)





Aging: The new normal

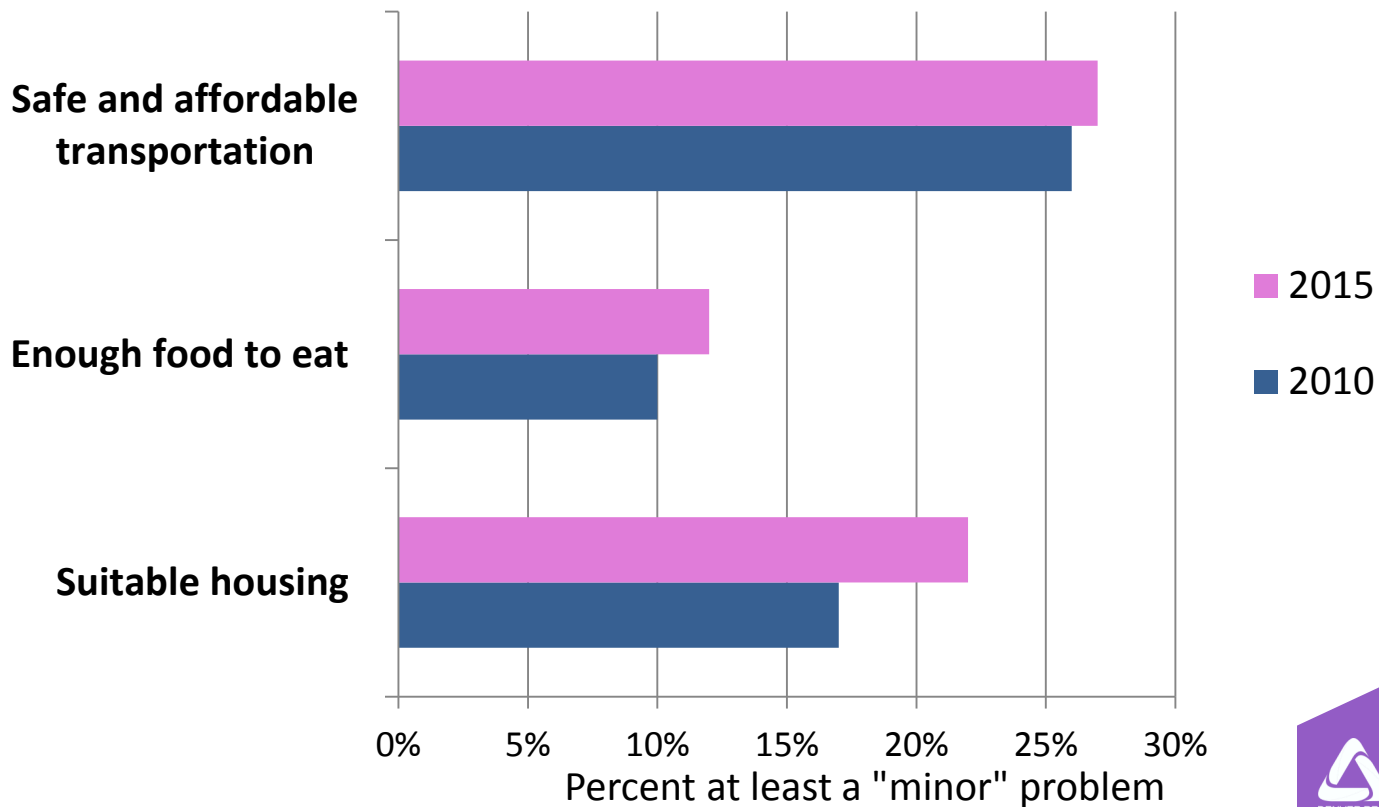
Projected Rates of Growth (2010-2050) by Age Group in the U.S.





Daily living problems

More Denver area older adults than the national average reported problems with having housing to suit their needs





Community conversations



Priority	Service	Votes
1	Transportation	298
2	In-Home Service	269
3	Home Repair/Chore Service	187
4	Nutrition Service	185
5	Information and Assistance	158
6	Caregiver Support	142
7	Material Aid	129
8	Care Management	122
9	Counseling/Mental Health	113
10	Outreach/ Public Information	107
11	Ombudsman/Elder Abuse Prevention	98
12	Health Promotion/Education	87
13	Screen and Evaluation	65



Boomer Bond: Key elements

- Community assessment tool to **facilitate local dialogue** and identify age-friendly/livable community priorities
- A readily-accessible inventory of **policies, strategies and tools** for local governments to consider





Boomer Bond: Why an assessment tool?

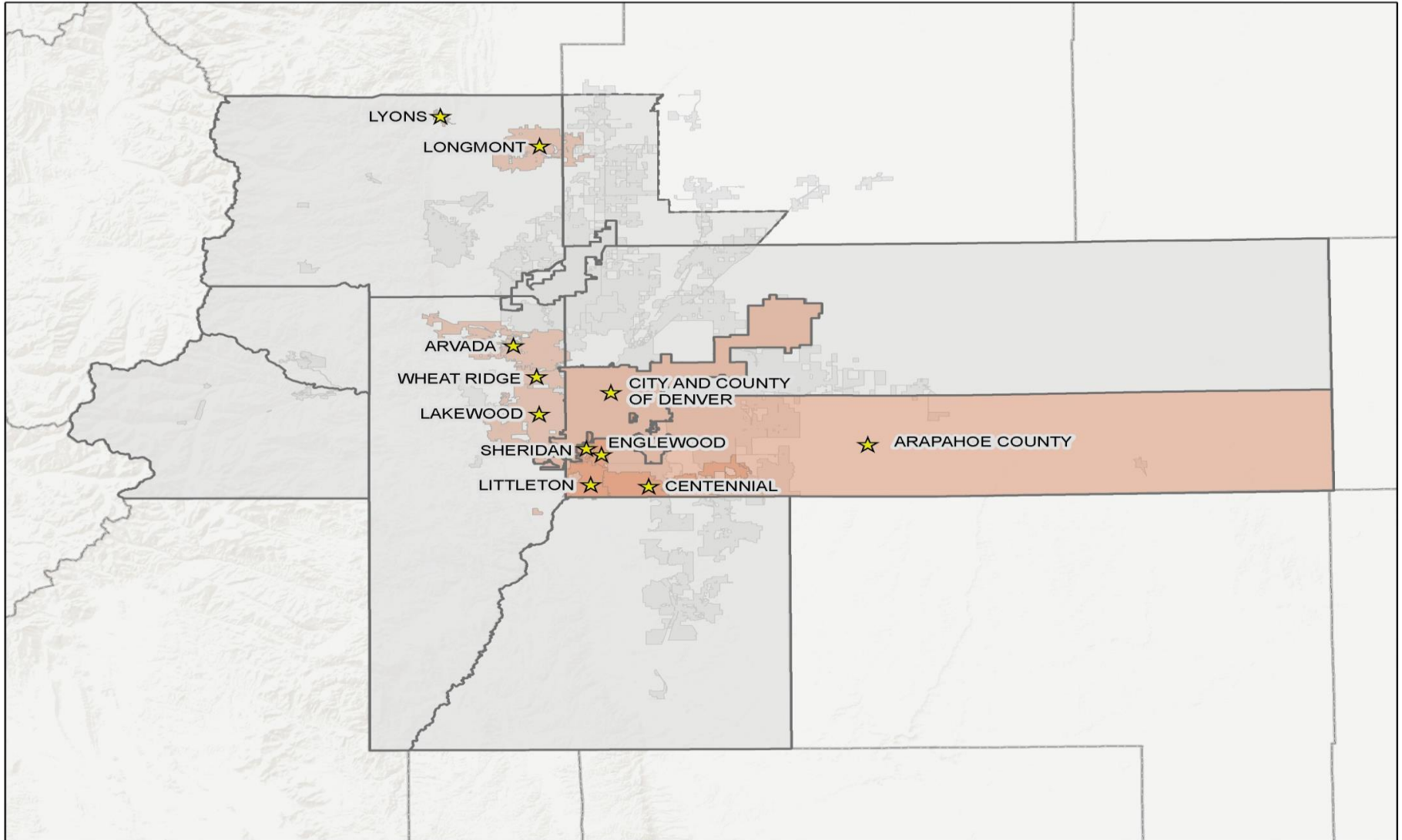
- **Conversation starter** at the local level (including partners)
- **Provide structure** to what can be an overwhelming conversation
- **Help engage** the general public

Boomer Bond Assessment Tool





Boomer Bond: Assessment communities (11)





Special projects



- Finalist for the Accountable Health Communities Grant with Centers for Medicare and Medicaid Services
- Data analysis of community-based services
- Expanding services to the Latino community
- 2019 Reauthorization of the Older Americans Act
- UC Health project
- VTCLI transportation grant for Veterans



ADVOCACY

**Older Americans Act
State Funding
Regulation**



Each one of us can
make a difference.
Together we make
change.

Barbara Mikulski

meetville.com



Advisory Committee on Aging



Responsibilities of the Advisory Committee on Aging

- **Represent** the needs of persons age 60 and older, with emphasis on the needs of those persons in greatest social or economic need.
- **Advocate** for the enhancement and well being of the region's older adults and their caregivers
- Assist in **assessing** the strengths and needs of older adults and their caregivers.
- Assist with the Area Plan on Aging
- Assist developing **planning** priorities, policy and procedures and **funding** and make **recommendations** concerning the same to the DRCOG Board of Directors
- Become and remain **educated** on issues concerning aging and their caregivers
- Serve as **ambassador** to the community and County Councils on Aging by communicating the purpose, responsibility and functions of the ACA

HOW CAN YOU USE THE AAA

- Demographics
- Needs assessment information
- Boomer Bond
- Service information
- Referral source for constituents
- Personal service



Area Agency on Aging: A one-stop shop



- Individualized service
- Access to top professionals
- Reliable information
- Quality presentations
- Current information
- Accurate data
- Planning and Vision



QUESTIONS?

ACA Contact List

January 18, 2017

Ada Anderson
Member Sr. Council
7747 Edgewater Ct
Lone Tree, CO 80124
303-799-3996
adaanderson42@hotmail.com

Anne Gross
Community Engagement Specialist
TLC Meals on Wheels
Arapahoe County
6200 S. Galena Ct.
Englewood, CO 80111
303-359-5869
agross@tlcmealsonwheels.org

Barbara Boyer
Executive Director
A3
910 16th Street Suite 1240
Denver, CO 80202
303-831-0117
Ext 105
barbara.boyer@a3colorado.org

Cary Johnson
Director
Jefferson County
1st District Attorney's Office
500 Jefferson County Parkway
Golden, CO 80401
303-271-6970
csjohnson@jeffco.us

Cathy Noon
Mayor City of Centennial
Centennial
13133 East Arapahoe Road
Centennial, CO 80112
303-754-3350
cnoon@centennialco.gov

Dawn Perez
Adams County
11010 Tennyson Pl.
Westminster, CO 80031
303-438-6533 H
303-525-6533 C
dawndperez@msn.com

Donna Mullins
Jefferson County
660 11th St, Unit 402
Golden, CO 80228
303-674-1600
donnamyc@mail.com

Fabyan Watrous
Planning Commissioner
Clear Creek County
PO. Box 66
Idaho Springs, CO 80452
303-898-0801

Houston "Tex" Elam
At Large
At Large
5897 S. Louthan Street
Littleton, CO 80120
303-741-4491
Tex@texandnan.com

Jackie Millet
Mayor City of Lone Tree
Lone Tree
9220 Kimmer Drive, #100
Lone Tree, CO 80124
303-748-2383
jackie.millet@cityoflonetree.com

Karie Erickson
Executive Director
Douglas County
100 Third St.
Castle Rock, CO 80104
303-814-5381 Direct
303-814-4300 Main
kerickso@douglas.co.us

Linda Tate
Nursing Manager
Kaiser Permanente
Retired
303-466-2616 Home
303-250-8566 Cell
Linda4348@gmail.com

Mary Ellen Makosky
Gilpin County
2960 Dory Hill RD Suite 100
Black Hawk, CO 80422
303-582-5444 Ext 2
gilpinseniors@co.gilpin.co.us

Maureen Spiegleman
City and County of Denver
1002 E Bayaud Ave., # 2005
Denver, CO 80209
303-913-9166
maureen_s@me.com

Muriel Arvay
Denver
DRCOG Board
584 S. Washington St.
Denver, CO 80209
303-778-8509
720-935-8509
m12arvay@gmail.com

Phil Cernanec
Council Member
Littleton
8012 S. Cedar St.
Littleton, CO 80120
720-254-6097
cernanec@yahoo.com

Robert (Bob) Lanky
County Council
Jefferson County
12913 W. Montana Dr.
Lakewood, CO 80228
303-989-2973
bklanky@juno.com

Robert (Bob) Davis
Health & Human Services Advisory Committee
Broomfield
914 Birch Street
Broomfield, CO 80020
303-466-8002
davisbobkaren@q.com

Shakti
Council Member
Lakewood
480 South Allison Parkway
Lakewood, CO 80226
303-987-7740
shakti@lakewood.org

Sharon Perea
Gilpin County
P.O. Box 16
Black Hawk, CO 80422
303-582-5562
espcol@q.com

Vivian Stovall
At Large
4600 W. 9th Avenue, #201
Denver, CO 80204
720-854-4588
vs80204@gmail.com

DRCOG Area Agency on Aging Staff List

DRCOG Address: 1290 Broadway, Suite 100, Denver, CO 80203

Main telephone: 303-455-1000

Ombudsman: 303-480-6734

Case Management: 303-480-6704

CCT Options Counseling Intake: 303-480-6838

I&A Line: 303-480-6700

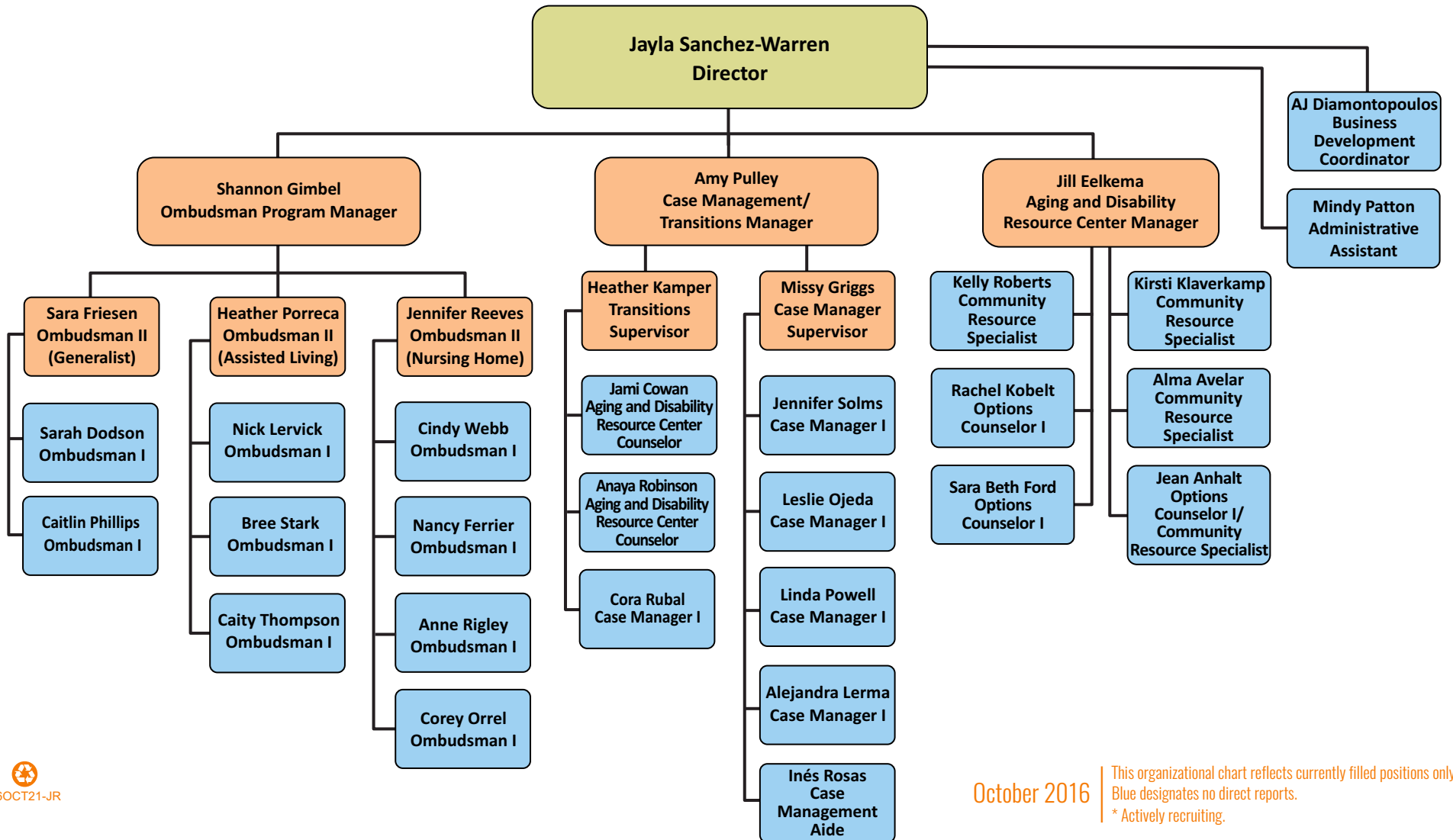
AAA Fax: 303-480-6827

Name	Title	Email @drcog.org	Office ext 303-480-	Work Iphone
Administrative				
AJ Diamontopoulos	Business Development Coordinator	adiamontopoulos	6767	N/A
Jayla Sanchez- Warren	AAA Director	jswarren	6735	720-375-1738
Mindy Patton	Business Support Assistant	mpatton	6723	N/A
Sharon Day	Financial Compliance Coordinator	Administration	6705	N/A
Ombudsman				
Anne Rigley	NH Ombudsman	arigley	6736	720-660-0683
Bree Stark	AL Ombudsman	bstark	5631	720-483-2710
Caity Thompson	AL Ombudsman	cthompson	6724	720-636-4776
Caitlin Phillips	Generalist Ombudsman	cphillips	6831	720-245-1520
Cindy Webb	NH Ombudsman	cwebb	5630	720-660-0530
Corey Orrel	NH Ombudsman	correl	5627	720-660-0626
Heather Porreca	AL Ombudsman Supervisor	hporreca	5629	N/A
Jennifer Reeves	Nursing Home Supervisor	jreeves	6788	720-660-0520
Nancy Ferrier	AL/NH Ombudsman	nferrier	5638	720-417-0144
Nicholas Lervick	AL Ombudsman	nlervick	5624	N/A
Sara Friesen	Generalist Ombudsman Supervisor	sfriesen	6732	720-417-0148
Sarah Dodson	AL/NH Ombudsman	sdodson	6727	720-417-0149
Shannon Gimbel	Ombudsman Program Manager	sgimbel	5621	N/A
Transitions/Case Mgmt				
Amy Pulley	Program Manager	apulley	6799	N/A
CCT				
Anaya Robinson	ADRC Counselor	arobinson	6738	720-557-2331
Heather Kamper	Transitions Supervisor	hkamper	6755	720-417-0145
Jami Cowan	ADRC Counselor	jcowan	6762	720-417-0146
Case Management				
Alejandra Lerma	Case Manager	alerma	6824	720-930-9344
Cora Rubal	Veterans Case Manager	crubal	6752	720-245-1390
Ines Rosas	Case Management Aide	irosas	6763	720-520-0107
Jennifer Solms	Case Manager	jsolms	6796	720-618-3897
Leslie Ojeda	Case Manager	lojeda	6823	720-584-4504
Linda Powell	Case Manager	lpowell	6825	720-417-0142
Missy Griggs	Case Mgmt Supervisor	mgriggs	6759	720-417-0141
ADRC				
Alma Avelar	Community Resource Specialist	aavelar	5634	720-520-0283
Jean Anhalt	Opts Counselor/Resource Specialist	janhalt	6719	303-476-8016
Jill Eelkema	ADRC Manager	jeelkema	6729	N/A
Kelly Roberts	Community Resource Specialist	kroberts	6787	720-417-0150
Kirsti Klaverkamp	Community Resource Specialist	kklaverkamp	6733	720-584-4505
Rachel Kobelt	ADRC Options Counselor	rkobelt	6785	720-417-0147
Sara Beth Ford	Refugee Program Coordinator	sford	6786	N/A

ORGANIZATIONAL CHART











Area Agency on Aging













List of Programs

The Denver Regional Council of Governments is the federally designated Area Agency on Aging for older adults and people with disabilities in Adams, Arapahoe, Clear Creek, Douglas, Gilpin and Jefferson counties, as well as the City and County of Broomfield and the City and County of Denver. Forty-seven percent of Colorado's older population lives in the region.

	Description	Funding Sources	Funded Providers
 Meals on Wheels	Includes home-delivered hot and frozen meals (Meals on Wheels) and community dining centers that provide nutritious meals, nutrition education and health and wellness support at 30 sites in the region. All clients receive nutrition assessments and counseling.	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Volunteers of America
 Rides to doctors	Provides door-through-door transportation assistance for medical and dental appointments, and to dining centers, grocery stores, adult day services, respite services and banks.	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Adams County Community Development • Arapahoe County Community Resources • City and County of Broomfield • Douglas County Community and Human Services • Seniors' Resource Center
 Ombudsman program	Advocates on behalf of residents, investigates complaints and promotes prevention of elder abuse in skilled nursing facilities, nursing homes and assisted-living facilities.	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Denver Regional Council of Governments Area Agency on Aging
 Veterans home and community-based services	Allows veterans to receive home and community-based services enabling them to avoid institutionalization and live in their homes and communities. Provides case management and access to in-home care, homemaker services, assistive devices, meals, transportation and other services.	<ul style="list-style-type: none"> • U.S. Department of Veterans Affairs 	<ul style="list-style-type: none"> • Denver Regional Council of Governments Area Agency on Aging
 Information and assistance	Provides a call center and Network of Care website with information about services, care facilities, benefits and providers of various types of assistance.	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Denver Regional Council of Governments Area Agency on Aging
 Adult day services	Provides supervised supportive care for older adults who cannot be alone all or part of the day. Adult day services support working families and caregivers who need respite.	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Douglas County Community and Human Services • Seniors' Resource Center • The Senior Hub
 Counseling	Intervention and support for older adults experiencing anxiety, depression, stress, substance abuse, isolation, poor health and post-traumatic stress. Suicide prevention.	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Asian Pacific Development Center • Jefferson Center for Mental Health • Mount Evans Home Health Care and Hospice
 Hearing aids and eyeglasses	Offers partial grants for hearing and vision services that are not paid for by other sources. Can include examinations, hearing aids and glasses.	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Colorado Gerontological Society



	Description	Funding Sources	Funded Providers
 <p>Minor home repair or chore services</p>	<p>Assistance with heavy chores such as deep cleaning; bed bug removal; odd jobs; minor maintenance, plumbing and electrical work; installation of grab bars; safety assessments; and fall and fire prevention.</p>	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Arapahoe County Community Resources • Douglas County Community and Human Services • Seniors' Resource Center • Volunteers of America
 <p>Disease prevention/education Wellness programs</p>	<p>Provides evidence-based education and training on chronic disease self-management, medication management, nutrition education and counseling, fall prevention, health screenings, health care navigation and health clinics.</p>	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Asian Pacific Development Center • Centura Health LINKS • Centura HealthSET • Mount Evans Home Health Care and Hospice • Tri-County Health Department • Volunteers of America
 <p>In-home services</p>	<p>Provides help with grocery shopping, light housekeeping, laundry, errands, socialization, bathing, medication monitoring and dressing.</p>	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Douglas County Community and Human Services • Seniors' Resource Center • Jewish Family Service • Colorado Visiting Nurse Association
 <p>Respite and caregiver support</p>	<p>Offers support services for caregivers including counseling, education, care consultation, training and support groups.</p>	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Alzheimer's Association • Catholic Charities and Community Services of the Archdiocese of Denver • City and County of Broomfield • Senior Support Services • Southwest Improvement Council (serving Native Americans) • Lutheran Family Services • The Senior Hub
 <p>Screening and evaluation</p>	<p>Offers screening services and information through health fairs, clinics, dining centers and home visits to low-income, homebound, socially isolated and homeless seniors. Services include blood pressure checks, foot care, emotional health and nutrition risk assessments, and chronic disease self management.</p>	<ul style="list-style-type: none"> • Older Americans Act • State of Colorado 	<ul style="list-style-type: none"> • Mount Evans Home Health Care and Hospice • Senior Support Services • Southwest Improvement Council (serving Native Americans)
 <p>Options counseling</p>	<p>Offers support, planning, decision-making and assistance to help older adults develop an individualized plan to learn about available resources, access community-based services and stay independent at home.</p>	<ul style="list-style-type: none"> • State of Colorado 	<ul style="list-style-type: none"> • Denver Regional Council of Governments Area Agency on Aging
 <p>Visually impaired services</p>	<p>Provides home assessments, counseling, orientation, mobility and fall-prevention training, assistive devices and reading services.</p>	<ul style="list-style-type: none"> • State of Colorado 	<ul style="list-style-type: none"> • A3 American Council for the Blind of Colorado • Audio Information Network of Colorado • Center for People with Disabilities • Colorado Center for the Blind • Seniors' Resource Center
 <p>Elder refugee program</p>	<p>Promotes wellness (through exercise and cooking classes) and reduces social isolation (through participant-led workshops, field trips and community center memberships) among older adults from refugee communities.</p>	<ul style="list-style-type: none"> • Colorado Refugee Services Program 	<ul style="list-style-type: none"> • Denver Regional Council of Governments Area Agency on Aging
 <p>Transition services</p>	<p>Helps people transition home from hospitals and care facilities. Provides assessment, case management, community-based services, care planning and emotional support.</p>	<ul style="list-style-type: none"> • U.S. Department of Veterans Affairs • State of Colorado 	<ul style="list-style-type: none"> • Denver Regional Council of Governments Area Agency on Aging
 <p>Boomer Bond (lifelong communities)</p>	<p>Offers a community assessment tool, staff support, tools and information for local governments preparing for an aging population.</p>	<ul style="list-style-type: none"> • State of Colorado • AARP • Rose Community Foundation 	<ul style="list-style-type: none"> • Denver Regional Council of Governments Area Agency on Aging