Aging in the Denver Region
Demographics and Needs
July Board of Directors meeting
  • Area Agency on Aging basics
  • Area Agency on Aging programs
  • where we came from and where we need to go

August Board of Directors meeting
  • examining aging demographics
  • discussion of needs

Board Workshop (Aug. 23-24)
  • efforts at the state and federal level to reduce health care costs
  • AAA opportunities
  • building capacity for older adults in the region
Resources used for this presentation
Colorado: Population growth

Percent change by age (2000 – 2016)

All ages: 28.6%
Forecasted percent growth (2016-2050)

- Adams: 166%
- Arapahoe: 88%
- Boulder: 85%
- Broomfield: 140%
- Clear Creek: 2.6%
- Denver: 148%
- Douglas: 166%
- Gilpin: 15%
- Jefferson: 68%
- DRCOG: 113%
75-plus population

Forecasted percent growth (2016-2050)

<table>
<thead>
<tr>
<th>County</th>
<th>Percent Growth</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adams</td>
<td>278%</td>
</tr>
<tr>
<td>Arapahoe</td>
<td>198%</td>
</tr>
<tr>
<td>Boulder</td>
<td>239%</td>
</tr>
<tr>
<td>Broomfield</td>
<td>180%</td>
</tr>
<tr>
<td>Clear Creek</td>
<td>115%</td>
</tr>
<tr>
<td>Denver</td>
<td>223%</td>
</tr>
<tr>
<td>Douglas</td>
<td>446%</td>
</tr>
<tr>
<td>Gilpin</td>
<td>267%</td>
</tr>
<tr>
<td>Jefferson</td>
<td>180%</td>
</tr>
<tr>
<td>DRCOG</td>
<td>233%</td>
</tr>
</tbody>
</table>
### Growth by age group: 2016-2050

<table>
<thead>
<tr>
<th>Age group</th>
<th>% change (2016-2050)</th>
</tr>
</thead>
<tbody>
<tr>
<td>95-plus</td>
<td>489%</td>
</tr>
<tr>
<td>85-plus</td>
<td>308%</td>
</tr>
<tr>
<td>65-plus</td>
<td>141%</td>
</tr>
<tr>
<td>all ages</td>
<td>43%</td>
</tr>
</tbody>
</table>
Looking back and forward: Age matters

Ratio of working age to older adults

2000

age 16-64 age 65-plus

7.8 : 1

2050

age 16-64 age 65-plus

2.9 : 1

65-plus population: By poverty status and race

<table>
<thead>
<tr>
<th>Race and Region</th>
<th>Poverty Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>White alone, not Hispanic or Latino</td>
<td></td>
</tr>
<tr>
<td><strong>Colorado</strong></td>
<td>6.0%</td>
</tr>
<tr>
<td>Minority</td>
<td>13.8%</td>
</tr>
<tr>
<td><strong>Denver region</strong></td>
<td>5.3%</td>
</tr>
<tr>
<td>Minority</td>
<td>13.5%</td>
</tr>
</tbody>
</table>
65-plus housing-burdened status

- **Colorado**
  - Owners: 26%
  - Renters: 27%

- **Denver region**
  - Owners: 63%
  - Renters: 64%
60-plus population: Responsible for grandchild under 18

- **Colorado**: 29%
- **Denver Region**: 24%
STRENGTHS AND NEEDS OF OLDER ADULTS
Economic contributions of older adults (2018)

- 2010: $3,173,604,200 (Paid) + $3,629,789,041 (Unpaid) = $6,803,393,241
- 2015: $5,179,333,738 (Paid) + $3,796,865,256 (Unpaid) = $8,976,206,004
- 2018: $6,676,949,573 (Paid) + $3,943,577,091 (Unpaid) = $10,620,526,664
Older adults help drive the economy

Older Coloradans mean economic growth.

Between 2016 and 2040, the number of jobs generated by retirees will increase by over 160,000—a nearly 150% increase.

Source: [Colorado] State Demography Office Region 3 Economic Forecast
54% have lived in their community for more than 20 years

How likely are you to remain in your community throughout retirement?

- Very likely: 50%
- Somewhat likely: 23%
- Somewhat unlikely: 10%
- Very unlikely: 17%
Community as a place for older residents

- Community as a place to live
  - 2010: 87%
  - 2015: 86%
  - 2018: 85%

- Community as a place to retire
  - 2010: 74%
  - 2015: 70%
  - 2018: 62%

- Overall quality of services provided to adults age 60 and older
  - 2010: 61%
  - 2015: 57%
  - 2018: 53%
2018 Community Assessment Survey of Older Adults

Community design and land use

<table>
<thead>
<tr>
<th>Category</th>
<th>2010</th>
<th>2015</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Availability of affordable</td>
<td>40%</td>
<td>67%</td>
<td>70%</td>
</tr>
<tr>
<td>quality housing</td>
<td>28%</td>
<td>54%</td>
<td>67%</td>
</tr>
<tr>
<td>Availability of affordable</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>quality food</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ease of travel by car</td>
<td>77%</td>
<td>78%</td>
<td>77%</td>
</tr>
<tr>
<td>Ease of walking</td>
<td>73%</td>
<td>68%</td>
<td>62%</td>
</tr>
</tbody>
</table>
In general, how informed or uninformed do you feel about services and activities available to older adults?

<table>
<thead>
<tr>
<th>Year</th>
<th>Somewhat or Very Informed</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018</td>
<td>56%</td>
<td></td>
</tr>
<tr>
<td>2015</td>
<td>56%</td>
<td></td>
</tr>
<tr>
<td>2010</td>
<td>61%</td>
<td></td>
</tr>
</tbody>
</table>

Availability of information about resources for adults age 60 and older

<table>
<thead>
<tr>
<th>Year</th>
<th>Excellent or Good</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018</td>
<td>41%</td>
<td></td>
</tr>
<tr>
<td>2015</td>
<td>43%</td>
<td></td>
</tr>
<tr>
<td>2010</td>
<td>50%</td>
<td></td>
</tr>
</tbody>
</table>
Frequency of internet use

- use email, texting or video to communicate: 85%
- get the news or weather: 85%
- research or study a topic of interest: 78%
- find the answer to a question: 75%
- shop, search for products and services: 74%
- find directions or look up a map: 67%
- banking online (paying bills, investing, etc.): 63%
- look up health and medical information: 54%
- use social media (Facebook, Twitter, LinkedIn): 47%
- find info on community resources and events: 43%
WHAT ARE WE HEARING FROM OLDER ADULTS?
Community conversations: Challenges

- transportation
- finding good health care
- good nutrition
- affordable places to live independently and with assistance
- home and yard work
- home maintenance
- no family nearby
- affording and finding in-home help
- cost of daily needs
- scams and fraud (especially phone)
- lack of Medicaid assisted living availability
- understanding resources that are available
- paying monthly bills
Community conversations: Community supports

- **The Douglas H. Buck Center**: classes, health clinics, place to exercise and socialization
- **Transportation**: light rail, subsidized senior transportation, community circular bus
- services for older adults at libraries
- free legal clinic on Fridays at Bemis Library in Littleton
- Aurora Center for Active Adults
- elder abuse task force
- home delivery services
- **volunteers** (A Little Help, Seniors’ Resource Center, Volunteers of America were mentioned)
- free medical alerts
- **Gilpin County Human Services**: classes, exercise, outings, transportation, in-home meal delivery
- Neighbor Network provides services, support, transportation
- **county-funded services** for older adults
Community conversations: Future services

1. transportation
2. quality health care
3. financial security and assistance
4. nutrition, meals and help preparing meals
5. house cleaning and yard service
6. hearing aids, vision care and glasses
7. quality housing
8. Dentures and dental care
9. trustworthy people to work for older adults
10. good insurance
11. support when family is gone
12. social activities
13. access to good doctors
14. help finding services
15. navigator and advocate
16. technology training
17. help with benefits
Community referrals

- Advocacy
- In-home services
- Medical
- Caregiver support
- Housing/shelter
- Public benefits/Social Security
- Home repair/modification/chore
- Long-term care Medicaid
- Transportation

Unmet needs are not represented in the chart.
The big issues that we will all need to address

- now: so many people, so much need
- future: doubling of 75 and older population
- funding likely won’t increase to keep pace
- need for numerous sustainable funding streams
- Medicaid and/or placement in facilities — not sustainable and not want people want
- What are other AAAs doing?
- need for more public-private agreements
- how to leverage the AAA’s expertise in social determinants of health
- state and federal conversations about cost-saving efforts
Board Workshop preview

- introduction
- recap previous presentations: AAA programs and key issues facing AAA
- federal and state financial outlooks: learn more about the bleak funding picture
- evolution of senior health care and services: role and value of community-based health care
- short- and long-term opportunities and challenges: federal, state, local and private sector
- how Board directors can help: in your many roles
QUESTIONS?

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Thank you!