Coming up: a series of Area Agency on Aging presentations

July Board of Directors meeting
- Area Agency on Aging basics
- Area Agency on Aging programs
- where we came from and where we need to go

August Board of Directors meeting
- examining aging demographics
- discussion of needs

Board Workshop (Aug. 23-24)
- efforts at the state and federal level to reduce health care costs
- AAA opportunities
- building capacity for older adults in the region
Area Agency on Aging: the basics

- **federally mandated** program
- Authority and funding through Older Americans Act and Older Coloradoans Act
- 622 area agencies on aging nationwide
- 16 area agencies on aging in Colorado
Helps people age better

- provides information and services
- funds community services
- identifies and fills gaps in services and plans for future needs
- advocates on behalf of older adults and their caregivers
DRCOG’s Area Agency on Aging has really grown!

- **1997**
  - **nine** staff
  - **15** volunteers
  - **three** internal programs
  - **16** contracts
  - **$2.6 million** budget

- **2019**
  - **52** staff
  - **six** volunteers
  - **14** internal programs
  - **37** contracts
  - **$27.6 million** budget
Services offered by the Area Agency on Aging

1997

- Ombudsman program
- Information and Assistance
- contracts management
- planner (part-time)

2019

- Long-Term Care Ombudsman program
- Program of All-Inclusive Care for the Elderly Ombudsman
- Information and Assistance
- contracts management
- options counseling
- case management
- State Health Insurance Assistance Program
- Veteran-Directed Care
- community transitions
- elder refugee services
- Accountable Health Communities
- evidence-based programs
Funded service categories

- adult day care
- assisted transportation
- case management
- caregiver support
- options counseling
- chore congregate meals
- counseling
- disease prevention and health promotion
- education
- home-delivered meals
- home health

- homemaker
- information and assistance
- legal assistance
- material aid
- nutritional counseling
- nutrition education
- ombudsman
- outreach
- personal care
- public information
- reassurance
- transportation
2019 funded contractors

- Adams County Department of Regional Affairs
- Alzheimer’s Association
- American Council of the Blind and Visually Impaired
- Asian Pacific Development Center
- Arapahoe County Community Resources
- Audio Information Network of Colorado
- Brothers Redevelopment
- Catholic Charities
- City and County of Broomfield
- City and County of Denver, Office on Aging
- Colorado Center for the Blind
- Colorado Gerontological Society
2019 funded contractors (continued)

- Colorado Legal Services
- Colorado Visiting Nurse
- Dominican Home Health
- Douglas County Department of Community Development
- Health SET
- Jefferson County Mental Health
- Jewish Family Service of Colorado
- Lutheran Family Services Rocky Mountains
- Mount Evans Home Health Care and Hospice
- The Senior Hub
- Seniors’ Resource Center
- Senior Support Services
- Southwest Improvement Council
- Tri-County Health Department
- Volunteers of America
Driving forces behind recent innovations

Area Agency on Aging innovation

- growing emphasis on partnerships
- community-based organization fragmentation and capacity
- relevance in business environment
- population growth (60 and older)
- increased state funding
- uncertain federal funding
- other driving forces
Several reasons for the Area Agency on Aging’s growth

- Long-Term Care Ombudsman program
- Information and Assistance
- contracts management
- evidence-based programs
- options counseling
- case management
- Latino case management
- elder refugee services
- Veteran-Directed Care
- State Health Insurance Assistance Program
- community transitions
- Accountable Health Communities

**Existing programs with huge growth**

**New mandated programs**

**Needed in our community**

**ACL recommended partnerships**

**State partnerships**

**New opportunities**
Ombudsman program

Serves residents of nursing homes and assisted living facilities

• regular unannounced visits
• monitor care
• resolve problems
• investigate complaints
• advocate for change
  • individual
  • corporate
  • regulatory
  • legislative

In 2018, ombudsmen:
• made **3,000 visits**
• conducted **60 trainings**
• investigated **1,200 complaints**
Nursing homes and assisted living facilities in the region

DRCOG Area Agency on Aging
2018 Facilities
Total: 492

- Nursing Homes 96
- Assisted Living 396
• Information and Assistance
• options counseling
• case management
• State Health Insurance Assistance Program
• bridges clinical and community care
• reduces health care cost
• improves health outcomes
• improves satisfaction
• helps people live in their homes longer
• serves all ages
• Medicaid and Medicare beneficiaries
• partnership with eight clinical providers and seven community-based providers
• evaluates nutrition, transportation, housing, energy assistance, domestic violence assistance needs
Colorado’s population is growing and changing

All ages: 28.6%

Percent change by age: 2000-2016
10,000 people a day turn 65 years old
The magnitude of driving forces will only increase.
The Area Agency on Aging’s role in the future

If we want to:
- age in our homes and communities
- age better as we live longer
- sustain or improve health
- increase quality of life
- lower health care costs
- have resources for local needs

The Area Agency on Aging must:
- champion and promote our expertise
- increase resources
- do business differently
- develop new funding sources
- create new partnerships
- understand and respond to needs
- develop new business models
- be able to change and adapt quickly
- be prepared and ready
QUESTIONS?

Thank you!

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