Denver Regional Council of Governments Area Agency on Aging

2018

Gilpin County
Report of Results

CASOA™

Community Assessment Survey for Older Adults™

NRC
National Research Center Inc

2955 Valmont Road, Suite 300 • Boulder, Colorado 80301
www.n-r-c.com • 303-444-7863

Acknowledgement

The 2018 Community Assessment Survey for Older Adults™ (CASOA) in Colorado was sponsored by the Colorado Association of Area Agencies on Aging (C4A) and funded by NextFifty Initiative.

The Colorado Association of Area Agencies on Aging (C4A) advocates for programs and services for older adults on behalf of the state's 16 Area Agencies on Aging (AAAs). The AAAs coordinate programs and services for the aging and disabled populations, ensuring those in need maintain a high quality of life.

NextFifty Initiative is an independent, Colorado-based, nonprofit organization, dedicated to funding mission-driven initiatives that improve community services for the elderly population and caregivers.

Learn more at https://www.next50initiative.org

Contents

Introduction 1
Study Methods 1
Structure of CASOA Report 2
"Don't Know" Responses and Rounding 3
Benchmark Comparison Data 4

Key Findings 5

CASOA Survey Results 8
Overall Community Quality 8
Community and Belonging 9
Community Information 10
Productive Activities 11
Health and Wellness 17
Community Design and Land Use 22

Community Readiness 24
Opportunities and Challenges 25
Older Resident Needs in Gilpin County 27
Populations at High Risk 30

Responses to Custom Questions 31

Appendix A: Complete Set of Survey Responses 33

Appendix B: Survey Methodology 52

Appendix C: Benchmark Comparisons 62

Appendix D: References 74

Appendix E: Survey Materials 75

Charter Members
AAPOR Transparency Initiative
AMERICAN ASSOCIATION FOR PUBLIC OPINION RESEARCH

NRC is a charter member of the AAPOR Transparency Initiative, providing clear disclosure of our sound and ethical survey research practices.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Introduction

The Community Assessment Survey for Older Adults (CASOA™), administered by National Research Center, Inc., provides a statistically valid survey of the strengths and needs of older adults as reported by older adults themselves in communities across America. Used in conjunction with the CASOA *Strategies and Resources Handbook* (provided under separate cover), this report is intended to enable local governments, community-based organizations, the private sector and other community members to understand more thoroughly and predict more accurately the services and resources required to serve an aging population. With this report, Denver Regional Council of Governments Area Agency on Aging (DRCOG) stakeholders can shape public policy, educate the public and assist communities and organizations in their efforts to sustain a high quality of life for older adults. The objectives of the CASOA are to:

- Identify community strengths in serving older adults
- Articulate the specific needs of older adults in the community
- Estimate contributions made by older adults to the community
- Determine the connection of older adults to the community

The results of this exploration will provide useful information for planning and resource development as well as strengthen advocacy efforts and stakeholder engagement. The ultimate goal of the assessment is to create empowered communities that support vibrant older adult populations.

The CASOA questionnaire contains many questions related to the life of older residents in the counties served by DRCOG (Adams, Arapahoe, Clear Creek, Douglas, Gilpin, and Jefferson Counties, as well as the City and County of Broomfield and the City and County of Denver). Survey participants were asked to rate their overall quality of life, as well as aspects of quality of life in Denver Metro Region. They also evaluated characteristics of the community and gave their perceptions of safety. The questionnaire was used to assess the individual needs of older residents and involvement by respondents in the civic and economic life of the Denver Metro Region. This report provides the results for Gilpin County.

Study Methods

The CASOA survey and its administration are standardized to assure high quality survey methods and comparable results across communities. Participating households with residents 60 years or older were selected at random and the household member who responded was selected without bias. Multiple mailings gave each household more than one prompt to participate with a self-addressed and postage-paid envelope to return the survey. Results were statistically weighted to reflect the proper demographic composition of older adults in the entire community.

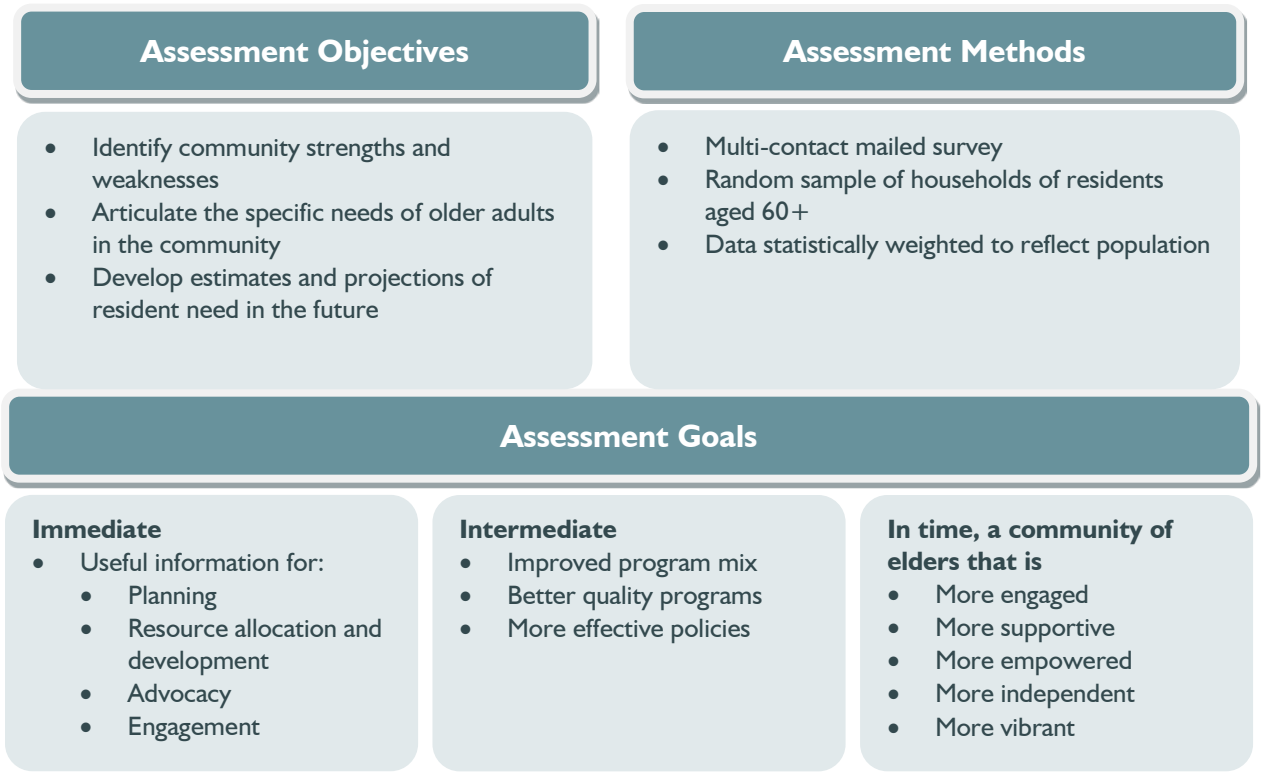
The survey was mailed on May 7, 2018 to a random selection of 10,400 older adult households in DRCOG's service area. Older adult households were contacted three times about participation in the survey. A total of 1,246 completed surveys was obtained, providing an overall response rate of 12% and a margin of error of plus or minus 3% around any given percent and two points around any given average rating for the entire sample. A total of 178 completed surveys was received for Gilpin County for a response rate of 16% and a margin of error of plus or minus 7% around any given percent and four points around any given average rating for all Gilpin County respondents.

Since this was the third CASOA of Gilpin County older adults, the 2018 results are presented along with the prior results, when available. Differences between 2015 and 2018 can be considered "statistically significant" if they are 12 percentage points or greater than any given percent and seven points or greater than any given average rating. Trend data represent important comparisons and should be examined for improvements or declines.

For additional methodological information, refer to *Appendix B: Survey Methodology*.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Figure 1: CASOA Methods and Goals



Structure of CASOA Report

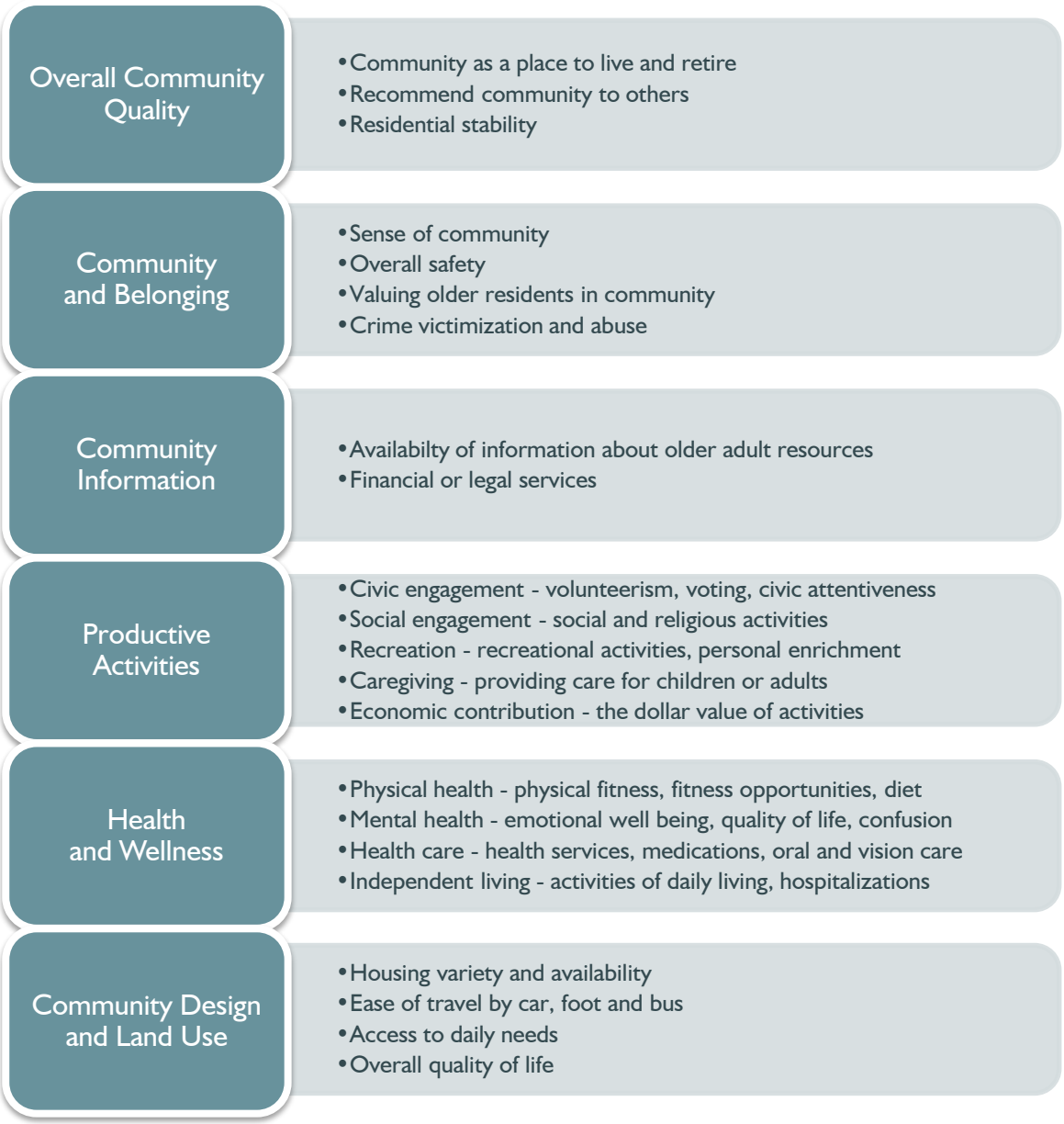
This report is based around six community dimensions (Figure 2):

- Overall Community Quality
- Community and Belonging
- Community Information
- Productive Activities
- Health and Wellness
- Community Design and Land Use

Each section discusses older adult ratings of the community, participation in activities and potential problems faced by older adults as related to each of the six dimensions. The final section of the report, Community Readiness, summarizes these dimensions as index scores and provides an overall picture of Gilpin County as a livable community for older adults.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Figure 2: Community Dimensions Assessed through CASOA



"Don't Know" Responses and Rounding

On many of the questions in the survey, respondents could provide an answer of "don't know." The proportion of respondents giving this reply is shown in the full set of responses included in *Appendix A: Complete Set of Survey Responses*. However, these responses have been removed from the analyses presented in the body of the report, unless otherwise indicated. In other words, the majority of the tables and graphs in the body of the report display the responses from respondents who had an opinion about a specific item.

For some questions, respondents were permitted to select multiple responses. When the total exceeds 100% in a table for a multiple response question, it is because some respondents are counted in multiple categories. When a table for a question that only permitted a single response does not total to exactly 100%, it is due to the customary practice of rounding percentages to the nearest whole number.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Benchmark Comparison Data

NRC has developed a database that collates responses to CASOA and related surveys administered in other communities, which allows the results from DRCOG to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in over 175 communities across the nation. The demographics of NRC's database match the demographics in the nation, based on the U.S. Census estimates.

Ratings are compared when similar questions are included in NRC's database, and there are at least five other communities in which the question was asked. Where comparisons for ratings were available, DRCOG's results are generally discussed in the report as being "higher" than the benchmark, "lower" than the benchmark or "similar" to the benchmark. In instances where ratings are considerably higher or lower than the benchmark, these ratings have been further demarcated by the attribute of "much," (for example, "much higher" or "much lower"). Detailed benchmark information can be found in *Appendix C: Benchmark Comparisons*.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Key Findings

Not all older adults complain, nor does every community leave older adults raving about the quality of community life or the services available for active living and aging in place. Communities that assist older adults to remain or become active community participants provide the requisite opportunities for recreation, transportation, culture, education, communication, social connection, spiritual enrichment and health care.

Further, older adults, more than others, face difficulties with aspects of everyday life. For many older adults these difficulties vastly exceed the minor physical pains or small losses of function that characterize almost everyone's circumstances after a certain age. When individual problems are added together, a group picture emerges that provides a useful description of the entire community.

The results of this survey describe Gilpin County as a livable community for older adults within six community dimensions of Overall Community Quality, Community and Belonging, Community Information, Productive Activities, Health and Wellness and Community Design and Land Use. The extent to which older adults experience difficulties and problems within these dimensions is also described.

Overall Community Quality

Overall Community Quality explores how older residents view the community overall, how connected they feel to the community and how well they can access information and services offered by DRCOG, as well as how likely residents are to recommend and remain in the community.

- Most of DRCOG's older residents gave high ratings to the community as a place to live.
- About two-thirds of older adults would recommend Gilpin County to others.
- Half of respondents had lived in the community for more than 20 years and almost 64% planned to stay in the community throughout their retirement. However, fewer older adults in 2018 compared to 2015 were likely to remain in the County throughout retirement.
- When compared to other communities across the nation, Gilpin County older residents tended to rate aspects of Overall Community similar or lower.

Community and Belonging

A "community" is often greater than the sum of its parts, and having a sense of community entails not only a sense of membership and belonging, but also feelings of emotional and physical safety, trust in the other members of the community and a shared history.[1] Older residents rated several aspects of Community and Belonging, including their sense of community and overall feelings of safety, as well as the extent to which they felt accepted and valued by others.

- Three-quarters of respondents reported "excellent" or "good" overall feelings of safety and between 4% and 23% had experienced safety problems related to being a victim of crime, abuse, fraud or discrimination.
- About 6 in 10 older residents rated the sense of community as "excellent" or "good"; similar ratings were provided for the Gilpin County's neighborliness and valuing of older residents.
- When compared to other communities in the U.S., older residents in Gilpin County provided similar ratings for aspects of Community and Belonging.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Community Information

The education of a large community of older adults is not simple, but when more residents are made aware of attractive, useful and well-designed programs, more residents will benefit from becoming participants.

- About 6 in 10 survey respondents reported being "somewhat" or "very" informed about services and activities available to older adults, which was similar to reports from other communities in the U.S.
- About one-third or fewer older adults gave "excellent" or "good" ratings to the availability of information about older adult resources and financial or legal planning services.
- About half of respondents had problems knowing what services were available and feeling like their voice was heard in the community.
- About one-third reported having problems with finding meaningful volunteer work, a rate that was similar in Gilpin County than in other communities.
- The proportion of older adults having problems finding productive or meaningful activities and feeling like their voices are heard in the community has been trending down since 2010.

Productive Activities

Productive activities such as traditional and non-traditional forms of work and maintenance of social ties combine with health and personal characteristics to promote quality of life in later life and contribute to active aging.[2] Productive Activities examined the extent of older adults' engagement participation in social and leisure programs and their time spent attending or viewing civic meetings, volunteering or providing help to others.

- About three-quarters of elders felt they had "excellent" or "good" opportunities to volunteer, but only about 45% participated in some kind of volunteer work, a volunteer rate similar to other communities in the U.S.
- About one-quarter of respondents had used a senior center in the community, which was similar when compared to senior center use in other communities.
- About 5 in 10 seniors said that they had at least "minor" problems having interesting social events or activities to attend.
- The majority of older residents (77%) rated the recreation opportunities in Gilpin County as "excellent" or "good"; participation in recreational and personal enrichment activities tended to be similar or lower in Gilpin County than in other communities. Use of a recreation center and public library has declined since 2010.
- About one-third of older residents in Gilpin County said they were caregivers; respondents averaged between 6 and 14 hours per week providing care for children, adults and older adults.
- About one in five older adults in Gilpin County felt physically, emotionally or financially burdened by their caregiving.
- About half of respondents were fully retired and close to half experienced at least minor problems with having enough money to meet daily expenses.
- The value of paid (part- and full-time work) and unpaid (volunteering, providing care) contributions by older adults in Gilpin County totaled about $40 million in a 12-month period.

Health and Wellness

Of all the attributes of aging, health poses the greatest risk and the biggest opportunity for communities to ensure the independence and contributions of their aging populations. Health and wellness, for the purposes of this study, included not only physical and mental health, but issues of independent living and health care.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

- Overall, the older adults in Gilpin County rated aspects of physical health similar to other communities in the U.S. including ratings of fitness opportunities and their own overall physical health. The availability of affordable physical health care was much lower than elsewhere.
- The portions of older residents reporting problems with doing heavy or intense housework (52%) and maintaining their yards (38%) was similar in Gilpin County than elsewhere in the country while staying physically fit (45%) was lower.
- Only 6% of older residents felt there was "excellent" or "good" availability of mental health care in Gilpin County, but 9 in 10 rated their overall mental health/emotional well-being as "excellent" or "good."
- The most commonly cited mental health issues included feeling depressed (38%) and dealing with loss (35%), while the least cited issue was figuring out which medications to take and when (10%); these mental health problems experienced by older adults tended to be similar to the problems experienced by older adults in other communities.
- Preventive health services were rated much lower than the services provided by Gilpin County's peers.
- Half of older adults reported at least minor problems finding affordable health insurance and having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid. Older residents reported more problems with affording needed medications care in 2018 compared to 2015.
- One-quarter of respondents reported spending time in a hospital, and one-third had fallen and injured themselves in the 12 months prior to the survey. Falls and hospitalizations occurred at similar rates in Gilpin County than in other communities.
- Very few older residents rated the availability of long-term care (2%) and daytime care (4%) options as "excellent" or "good."
- About 3 in 10 of older adults reported at least minor problems with aspects of independent living, including 28% who reported having problems with performing regular activities, including walking, eating and preparing meals.

Community Design and Land Use

The movement in America towards designing more "livable" communities – those with mixed-use neighborhoods, higher-density development, increased connections, shared community spaces and more human-scale design – will become a necessity for communities to age successfully. Communities that have planned for older adults tend to emphasize access – a community design that facilitates movement and participation.

- Respondents rated the ease of getting to the places they usually have to visit, ease of car travel and ease of walking most positively with at least 5 in 10 rating each as "excellent" or "good."
- Only 5% of respondents felt Gilpin County had "excellent" or "good" availability of affordable quality housing and variety of housing options.
- Some older adults experienced problems with having safe and affordable transportation available (41%) while others experienced problems with having housing to suit their needs (24%) or having enough food to eat (20%). Generally, these problems tended to be more of an issue in 2018 compared to 2015. Daily living problems tended to be similar in Gilpin County when compared to other communities across the nation.
- Nine in 10 older residents rated their overall quality of life as "excellent" or "good", though Gilpin County's quality of life was rated similar to other communities in the U.S.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

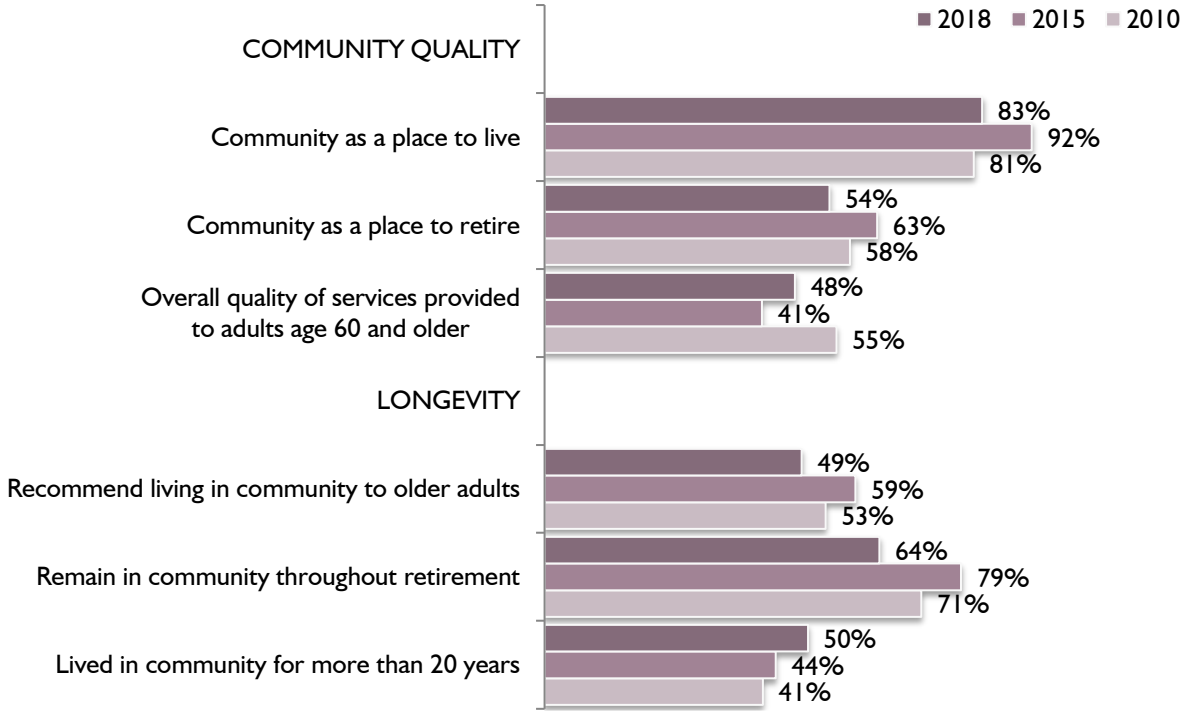
CASOA Survey Results

Overall Community Quality

The CASOA survey contained a number of questions related to the life of older residents in the community. This section of the report explores aspects of the overall quality of the community by examining how older residents view the community overall, how connected they feel to the community and how well they can access information and services offered by DRCOG. Survey participants rated the community as a place to live and to retire as well as the overall quality of services provided to older adults. As further testament to the quality of a community respondents indicated how likely they would be to not only recommend the community to other older adults but also how likely they would be to remain in the community throughout their retirement.

Most of Gilpin County's older residents gave high ratings to the community as a place to live. Services offered to older adults were considered "excellent" or "good" by half of older residents. Overall, about half of older adults said they would recommend the community to others and half of residents had lived in the area more than 20 years. Two-thirds of seniors planned to remain in the area throughout their retirement, though this was lower than what was reported in 2015. Generally, residents were less likely to rate these aspects of the community as "excellent" or "good" as other older adults across the nation (see *Appendix C: Benchmark Comparisons* for details).

Figure 3: Gilpin County as a Place for Older Residents



Percent rating positively (e.g. excellent or good, very or somewhat likely)

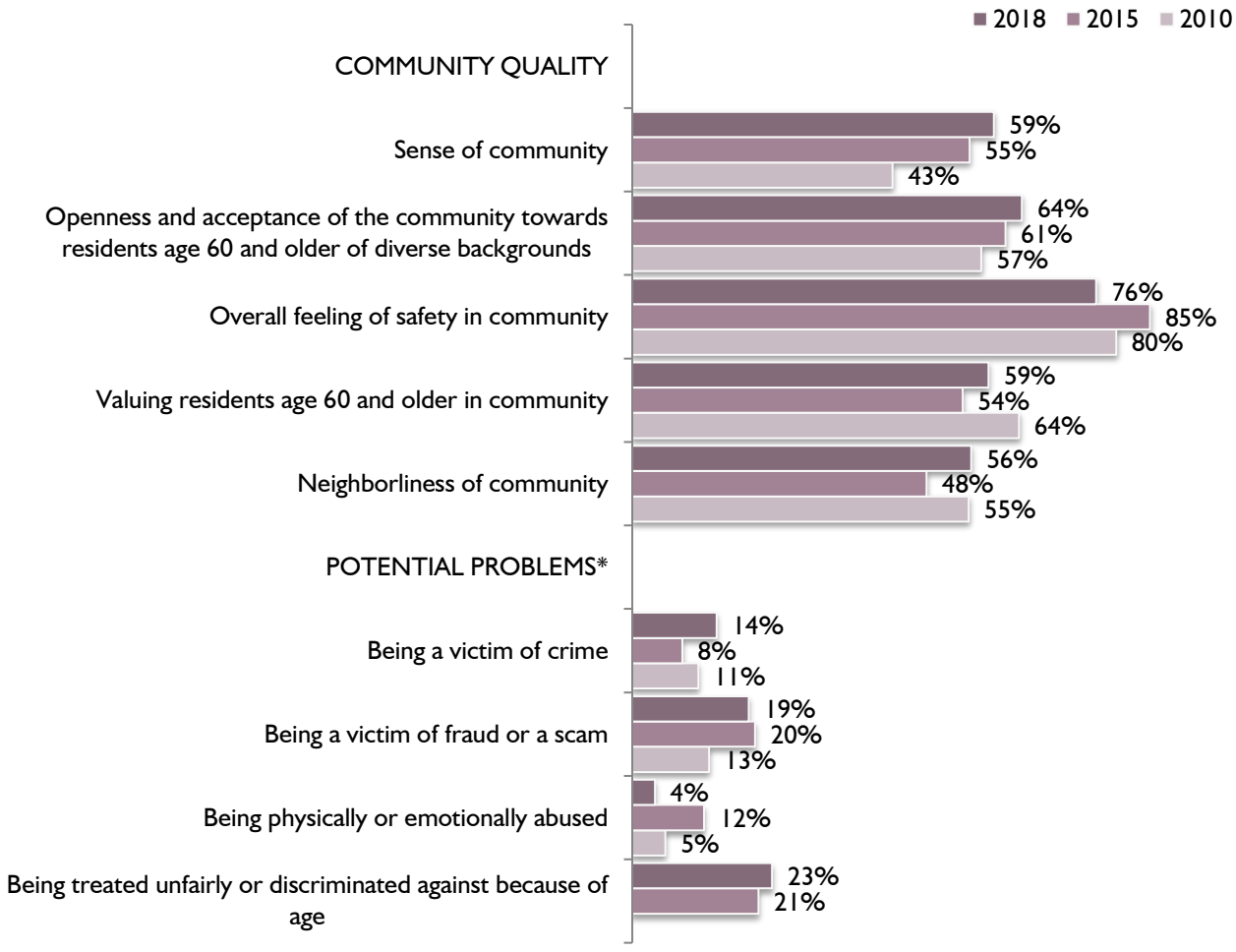
Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Community and Belonging

A "community" is often greater than the sum of its parts, and having a sense of community entails not only a sense of membership and belonging, but also feelings of emotional and physical safety, trust in the other members of the community and a shared history.[1] Older residents rated several aspects of Community and Belonging, including their sense of community and overall feelings of safety, as well as the extent to which they felt accepted and valued by others.

Overall, older residents rated Community and Belonging in Gilpin County positively. About 6 in 10 felt the community valued older residents and was open and accepting of diverse older residents. A small proportion of seniors reported problems with crime or abuse in the 12 months prior to the survey. When compared to other communities in the U.S., older residents in DRCOG's service area provided similar ratings for aspects of Community and Belonging (see *Appendix C: Benchmark Comparisons* for details).

Figure 4: Older Adult Ratings of Community and Belonging in Gilpin County



Percent rating positively (e.g. excellent or good, very or somewhat likely)
*Percent rating as at least a minor problem

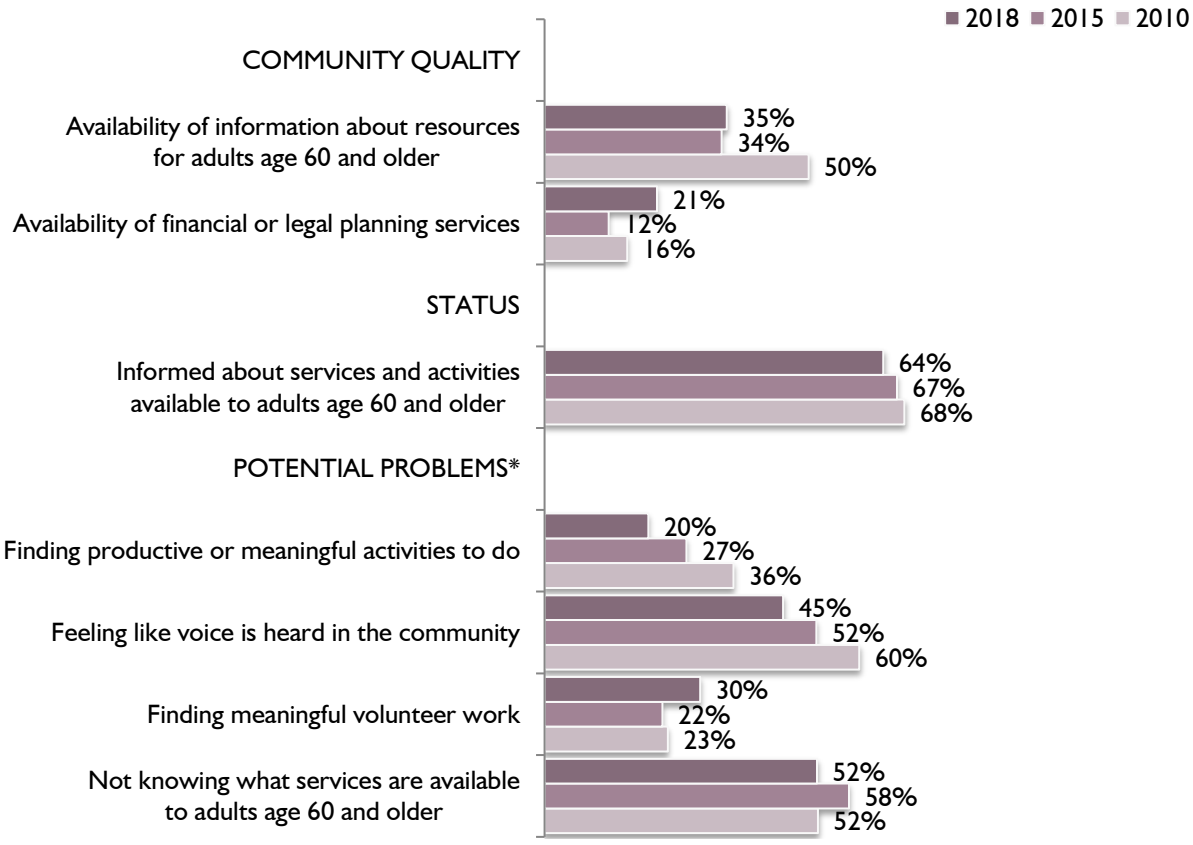
Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Community Information

Sometimes residents of any age fail to take advantage of services offered by a community just because they are not aware of the opportunities. The education of a large community of older adults is not simple, but when more residents are made aware of attractive, useful and well-designed programs, increasing numbers of residents will benefit from becoming participants. In Gilpin County, 64% of survey respondents reported being "somewhat" or "very" informed about services and activities available to older adults.

Older residents who may not know how to access services may have trouble finding ways to contribute to the community. In Gilpin County, about half had problems knowing what services were available. The proportion of older adults who had problems in these areas was generally lower than other communities across the country (see *Appendix C: Benchmark Comparisons* for details). The proportion of older adults having problems finding productive or meaningful activities and feeling like their voices are heard in the community has been trending down since 2010.

Figure 5: Community Information in Gilpin County



Percent rating positively (e.g. excellent or good, very or somewhat informed)
*Percent rating as at least a minor problem

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Productive Activities

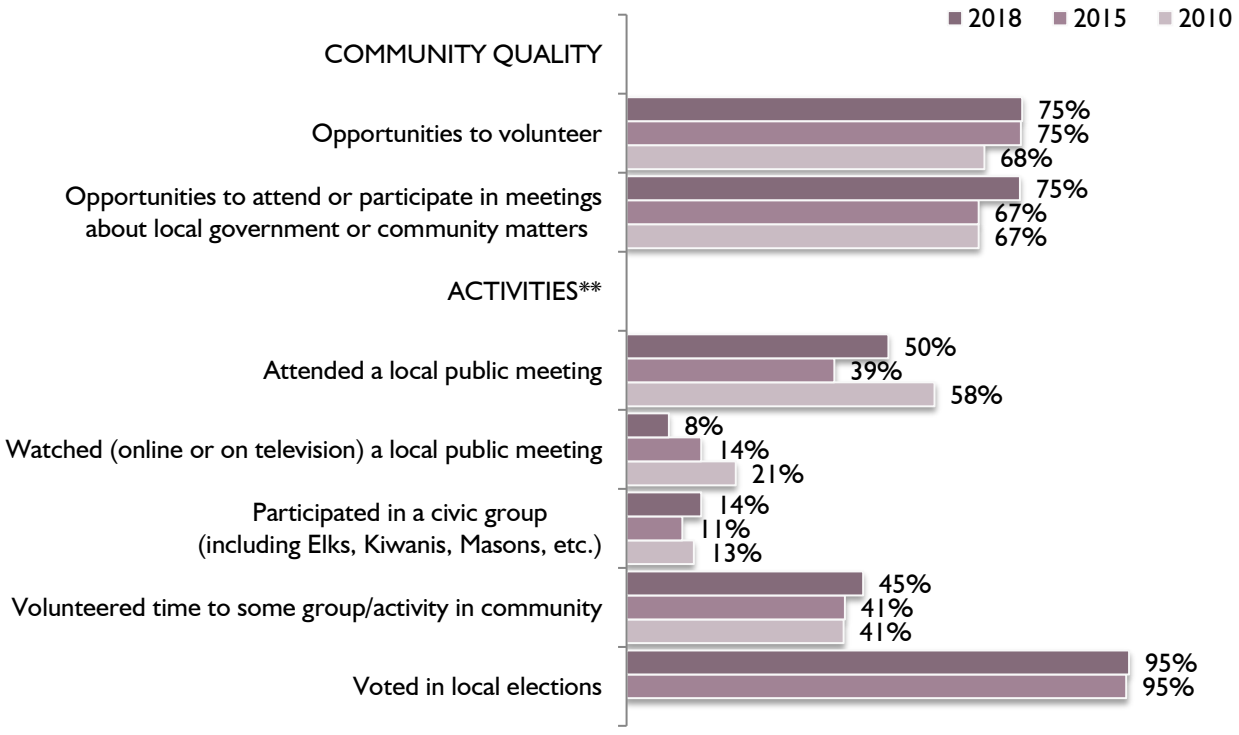
Productivity is the touchstone of a thriving old age. Productive activities such as traditional and non-traditional forms of work and maintenance of social ties combine with health and personal characteristics to promote quality in later life and contribute to active aging.[2] This section of the report examines the extent of older adults' engagement in Gilpin County as determined by their participation in social and leisure programs and their time spent attending or viewing civic meetings, volunteering and/or providing help to others. The economic value of these contributions to the community is explored as well.

Civic Engagement

In communities where residents care about local politics and social conditions, where they feel engaged and effective, there is greater social, economic and cultural prosperity. Civic activity, whether volunteering, participating in religious or political groups or being active in community decision-making, not only provides benefit to communities but also serves seniors themselves, namely, civically engaged seniors are less likely to become injured or to die prematurely.[3]

In Gilpin County, a majority older residents rated the opportunities to volunteer favorably and about 45% participated in some kind of volunteer work, a volunteer rate similar to other communities in the U.S.

Figure 6: Civic Engagement in Gilpin County



Percent rating positively (e.g. excellent or good)
*Percent at least once, ever or always or usually

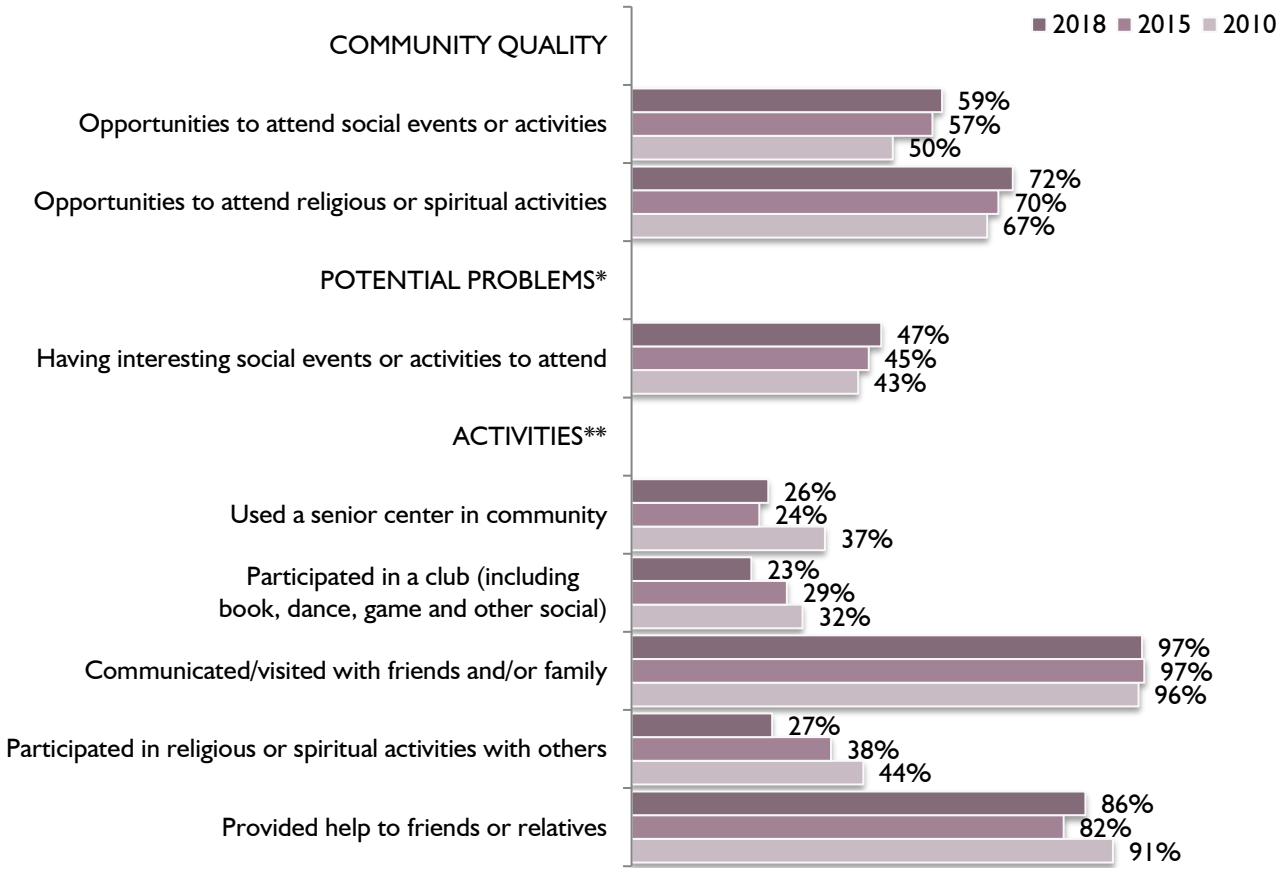
Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Social Engagement

Communities are the foundation for social life. Sociologist Eric Klinenberg describes communities as "the soil out of which social networks grow and develop or, alternatively, wither and devolve."[4] DRCOG has a great potential to strengthen the community by fostering increased social engagement of its older residents.

About 6 in 10 older residents rated opportunities to attend social activities as "excellent" or "good" and a higher proportion rated opportunities to attend religious or spiritual activities this way. About 5 in 10 seniors said that they had at least "minor" problems having interesting social events or activities to attend. About 3 in 10 older residents engaged in religious or spiritual activities while 2 in 10 participated in clubs. Use of a senior center (26% of respondents), which can often serve as a social hub for many seniors was similar compared to senior center use in other communities (see *Appendix C: Benchmark Comparisons*).

Figure 7: Social Engagement in Gilpin County



Percent rating positively (e.g. excellent or good)
*Percent rating as at least a minor problem
**Percent at least once or ever

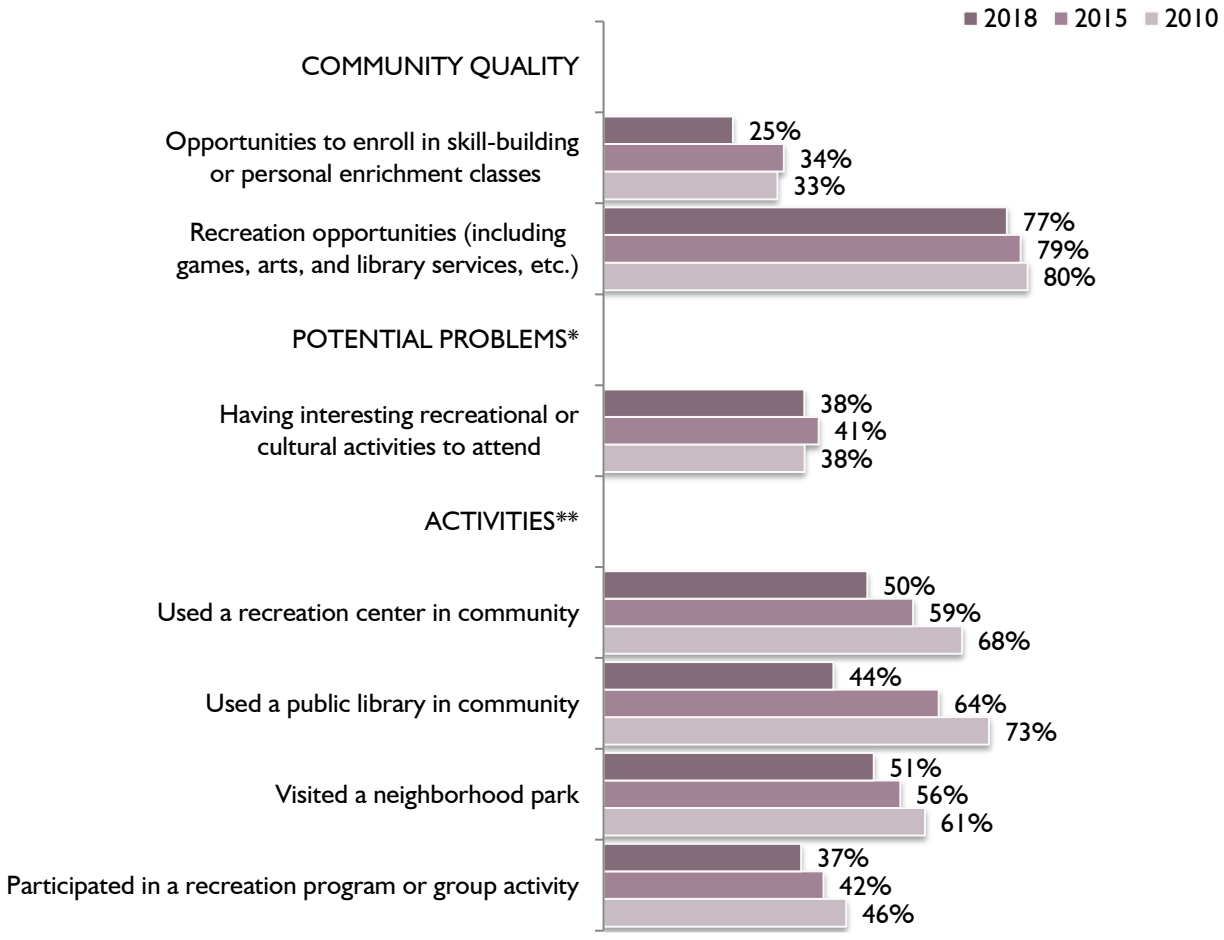
Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Recreation

Once work becomes a part-time endeavor or thing of the past, residents have the time for and require the health benefits from regular leisure activities, including the stimulation derived from personal enrichment. Ample opportunities for these activities make a community more attractive to its residents. Most older residents in Gilpin County viewed recreation opportunities favorably, but fewer had positive ratings for opportunities to enroll in skill-building or personal enrichment classes.

Older residents were most likely have visited a neighborhood park and or recreation center and least likely to have participated in a recreation program or group activity. About 4 in 10 seniors said that they had at least "minor" problems with having interesting recreational or cultural activities to attend. Respondents tended to rate aspects of recreation as lower than or similar to other communities across the country (see *Appendix C: Benchmark Comparisons* for details). Use of a recreation center and public library has declined since 2010.

Figure 8: Recreational and Personal Enrichment in Gilpin County



Percent rating positively (e.g. excellent or good)
*Percent rating as at least a minor problem
**Percent at least once or ever

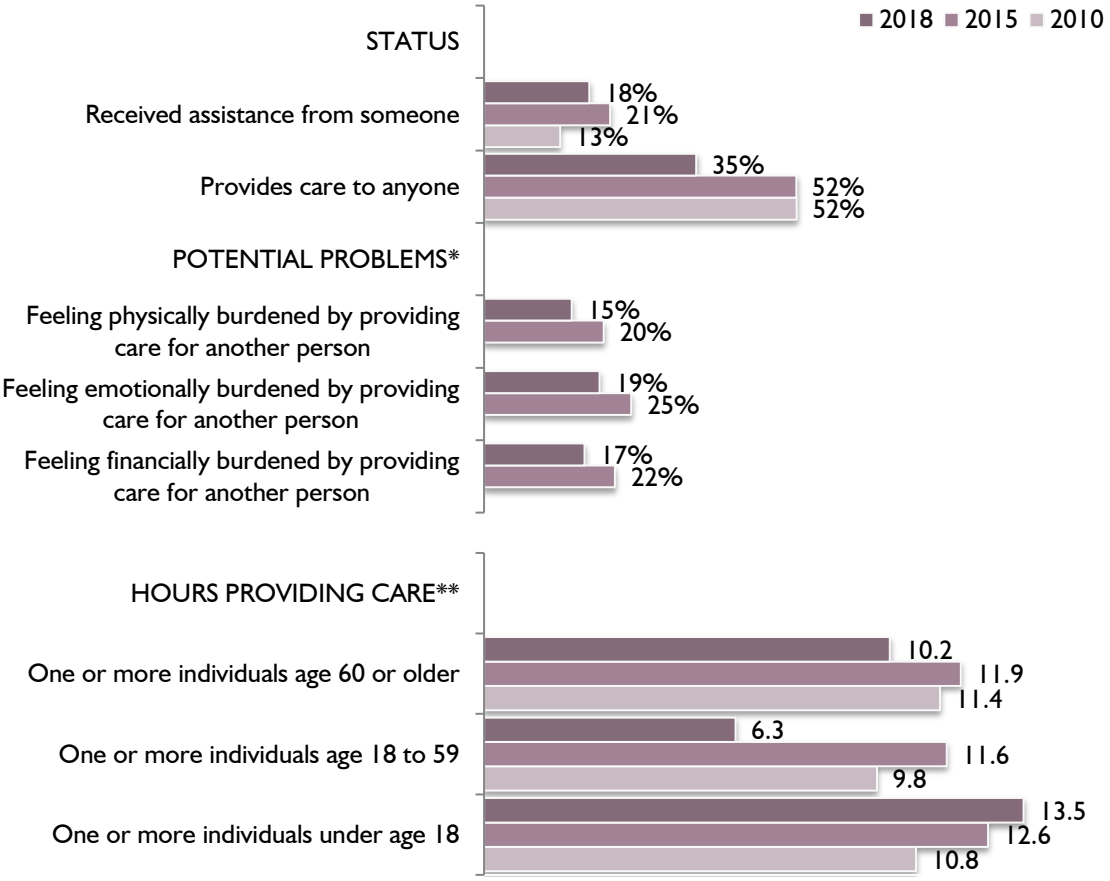
Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Caregiving

More than 10 million people nationwide have disabling conditions that affect their ability to live independently[5] and almost 80% of these residents are seniors. Those who provide care to a loved one or friend with such a condition often feel a sense of contribution and personal worth despite the physical, emotional and financial burden such care can produce. While care is most often provided by family members and is unpaid, its value has been estimated at $350 billion annually.[6]

Overall, 35% older residents in Gilpin County said they were providing care for others (a decrease from prior years) and 18% were the recipients of care. Survey participants rated the extent to which they experienced physical strain, emotional stress or financial hardship as a result of being a caregiver. Generally, about one in five felt burdened by their caregiving responsibilities, providing about 6 to 14 hours of care each week on average.

Figure 9: Caregiving in Gilpin County



Percent of respondents
*Percent rating as at least a minor problem
**Average number of hours of those who provide care

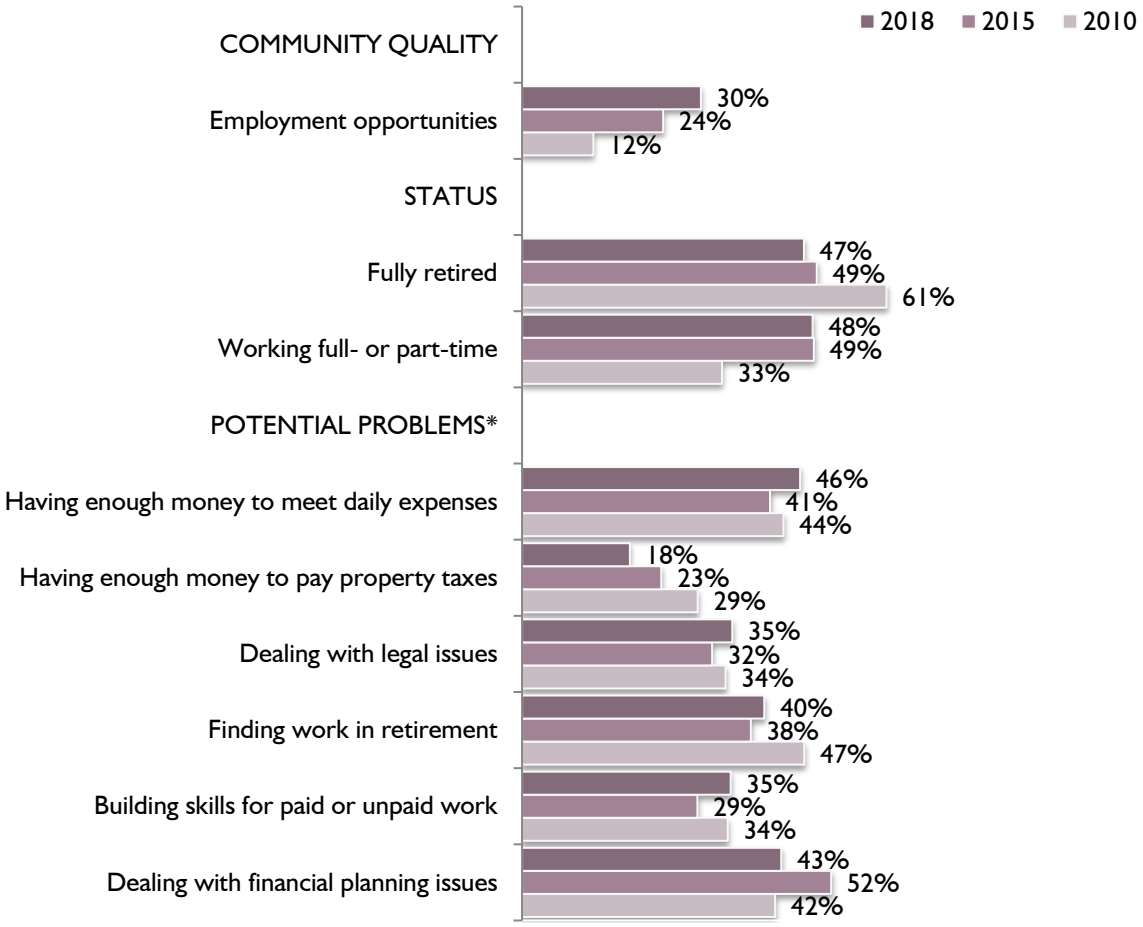
Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Economic Contribution

Recent studies have estimated that 70-80% of those 45 and older plan to continue working in their "retirement" years for a number of reasons including financial stability, the enjoyment of work and the desire to try something new.[7] About 48% of older residents were still working full- or part-time. For those respondents who had not retired, the average age of expected retirement was 73 years old.

Regardless of residents' work status, half experienced at least "minor" problems with having enough money to meet daily expenses. Further, about 4 in 10 had problems with finding work in retirement and slightly fewer had problems with building skills for paid or unpaid work. The proportions of older adults that had financial problems (paying daily expenses or property taxes) were similar or higher in Gilpin County than in other communities (see *Appendix C: Benchmark Comparisons* for details).

Figure 10: Employment in Gilpin County

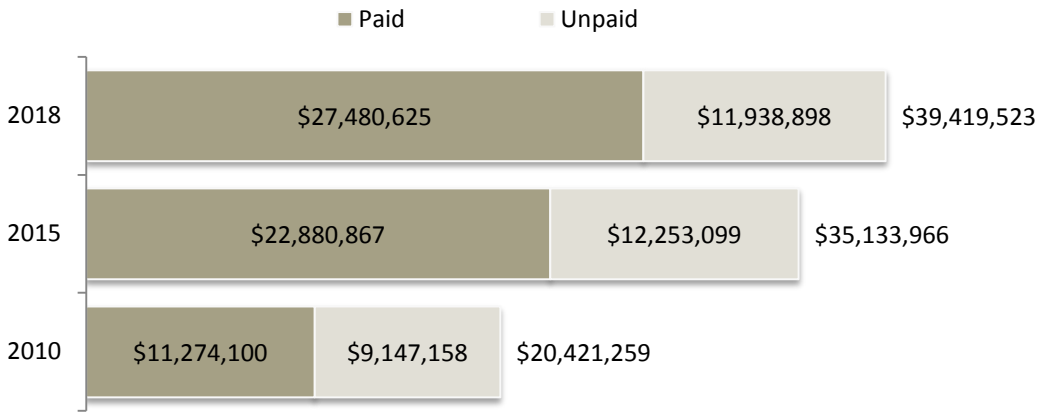


Percent of respondents
Percent rating positively (e.g. excellent or good)
*Percent rating as at least a minor problem

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Productive behavior is "any activity, paid or unpaid, that generates goods or services of economic value."[2] Productive activities include both paid and unpaid work of many kinds as well as services to friends, family or neighbors. Older adults provide significant contributions (paid and unpaid) to the communities in which they live. In addition to their paid work, older adults contributed to Gilpin County's economy through volunteering, providing informal help to family and friends and caregiving. The value of these paid and unpaid contributions totaled nearly $40 million in a 12-month period (see *Appendix B: Survey Methodology* for additional detail).

Figure 11: Economic Contribution of Older Adults in Gilpin County



Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Health and Wellness

A growing senior population needs community supports to maintain the health and independence of its members. Health and wellness for the purposes of this study included not only physical and mental health, but issues of independent living and health care.

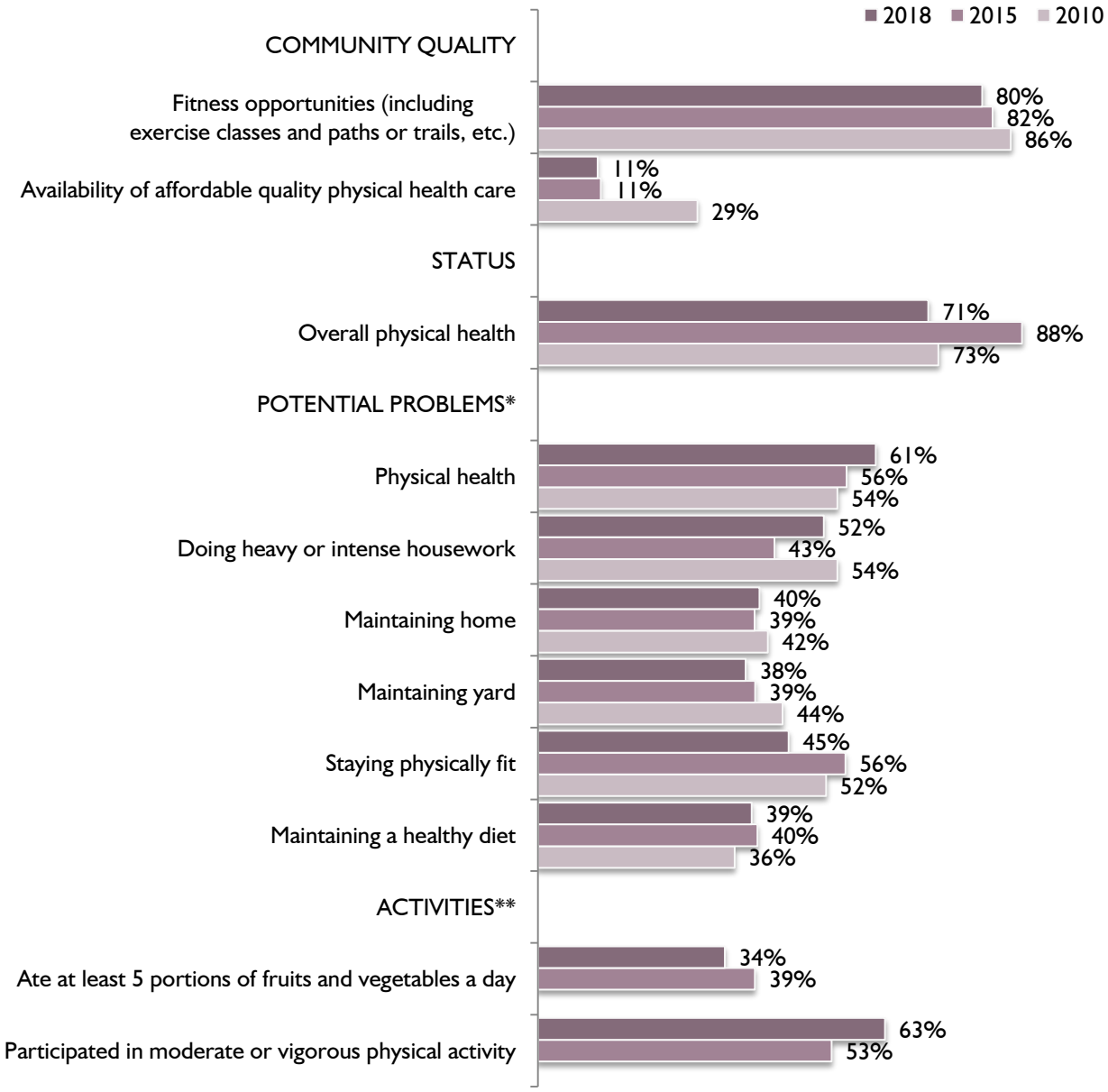
Physical Health

Across Gilpin County, about 8 in 10 older residents felt they had good fitness opportunities (including exercise classes and paths or trails, etc.) but only 11% felt they had good access to quality physical health care (see Figure 12). Most older residents rated their overall physical health as "excellent" or "good" with many participating in some healthy activities such as eating fruits and vegetables (34%) and exercising regularly (63%).

Respondents reported the extent to which they had experienced problems with various physical health-related issues in the 12 months prior to the survey. The most commonly cited problems included physical health and doing heavy or intense housework. The proportions of older residents reporting physical health problems tended to be similar in Gilpin County than elsewhere (see *Appendix C: Benchmark Comparisons*).

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Figure 12: Physical Health in Gilpin County



Percent rating positively (e.g. excellent or good)
*Percent rating as at least a minor problem
**Percent at least always or usually

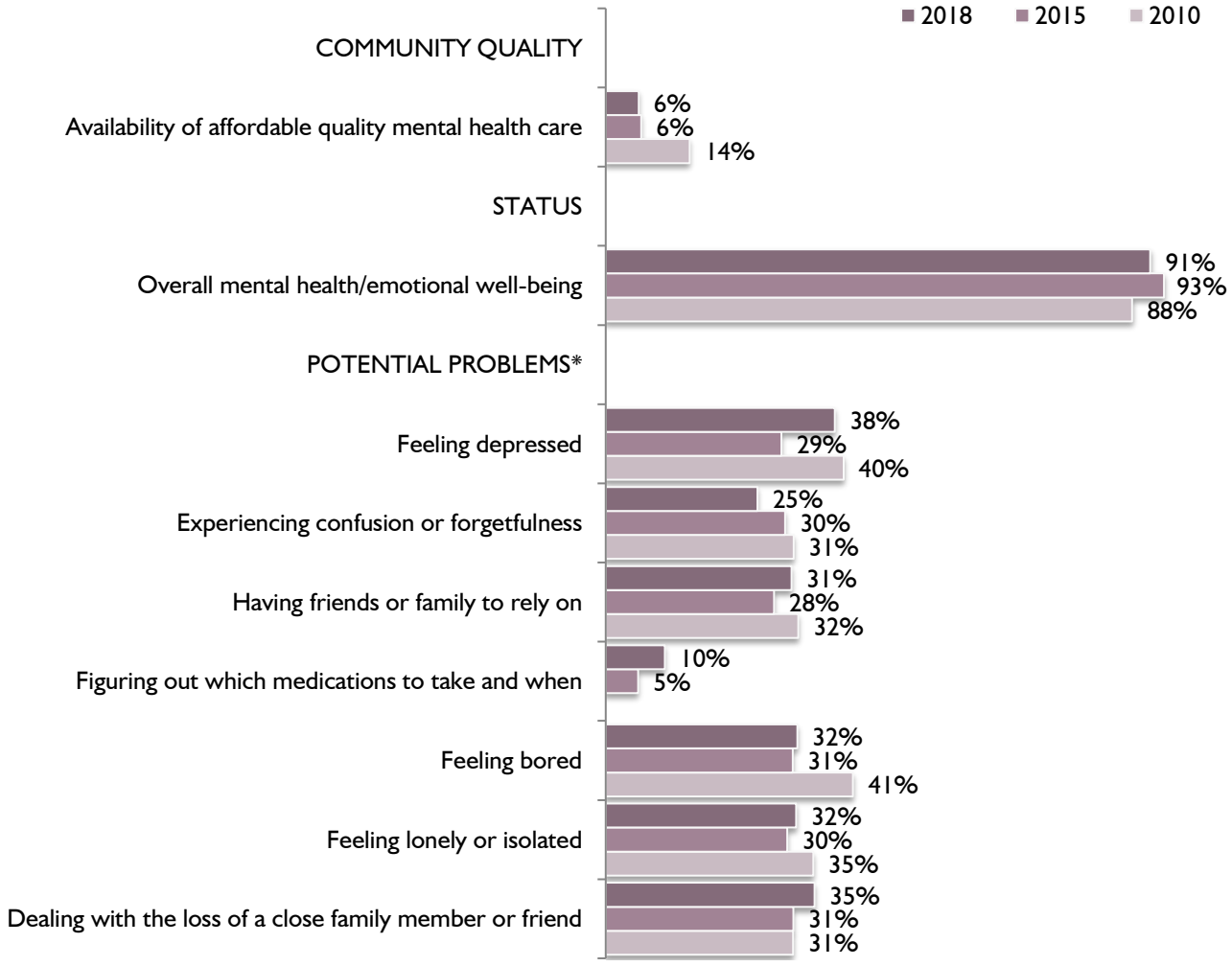
Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Mental Health

In addition to rating aspects of physical health, older residents provided insight into their mental health. Only 6% older residents felt there was "excellent" or "good" availability of mental health care in Gilpin County while 9 in 10 rated their overall mental health/emotional well-being as "excellent" or "good."

While few older adults reported poor emotional well-being, they still reported at least "minor" problems with some aspects of their mental health. The most commonly cited mental health issues included dealing with the loss of someone close and feeling depressed, while the least cited issue was figuring out which medications to take and when. The proportion of people experiencing these aspects of mental health in Gilpin County tended to be similar to other communities across the nation (see *Appendix C: Benchmark Comparisons* for details).

Figure 13: Mental Health in Gilpin County



Percent rating positively (e.g. excellent or good)
*Percent rating as at least a minor problem

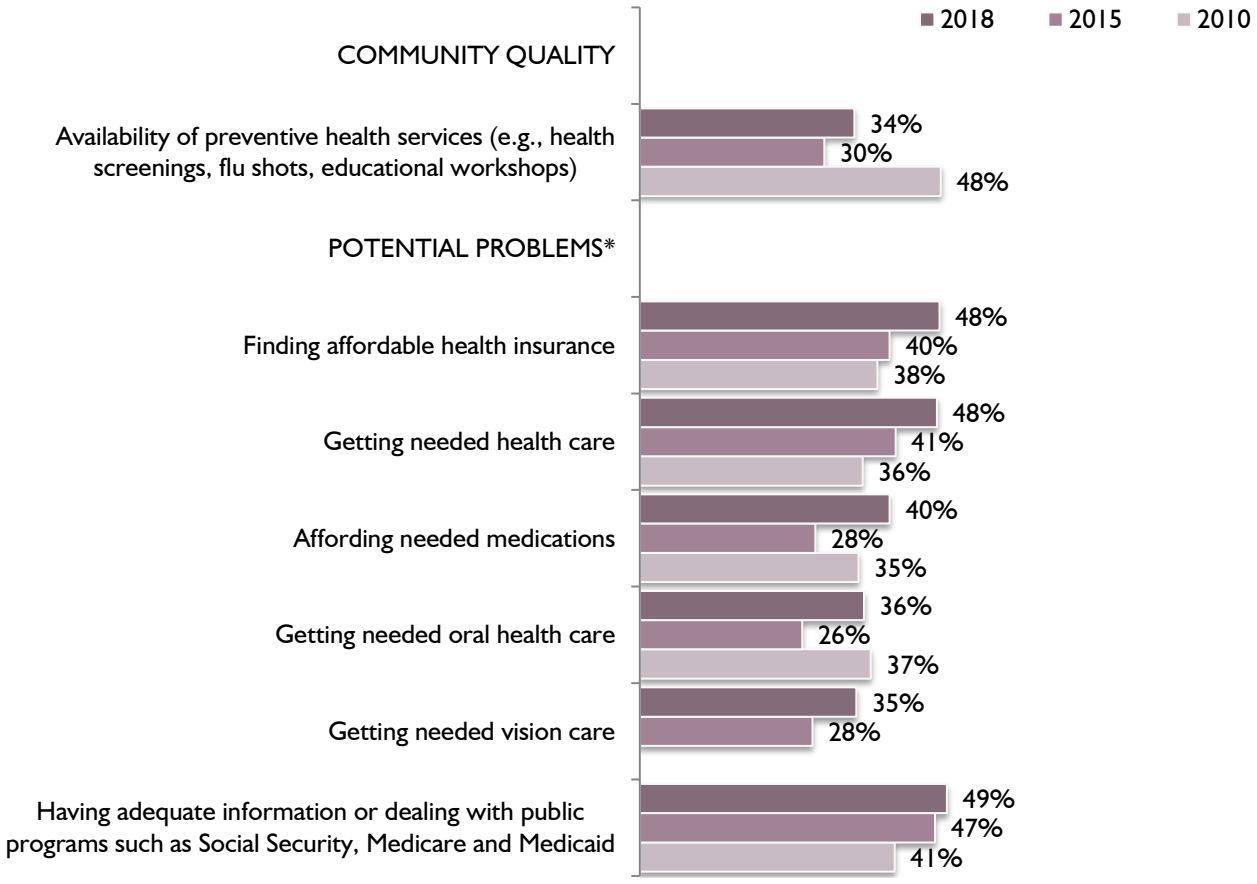
Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Health Care

About one-third of Gilpin County's older residents rated the availability of preventive health services favorably. Compared to other communities across the nation, elders rated the availability of preventive health services in Gilpin County much lower than the availability of these services found elsewhere (see *Appendix C: Benchmark Comparisons* for details).

The most commonly cited health care issues included finding affordable health insurance, getting needed health care and having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid. About 4 in 10 Gilpin County older residents reported issues with getting needed care (i.e., health, oral and vision). Older residents reported more problems with affording needed medications care in 2018 compared to 2015.

Figure 14: Health Care in Gilpin County



Percent rating positively (e.g. excellent or good)
*Percent rating as at least a minor problem

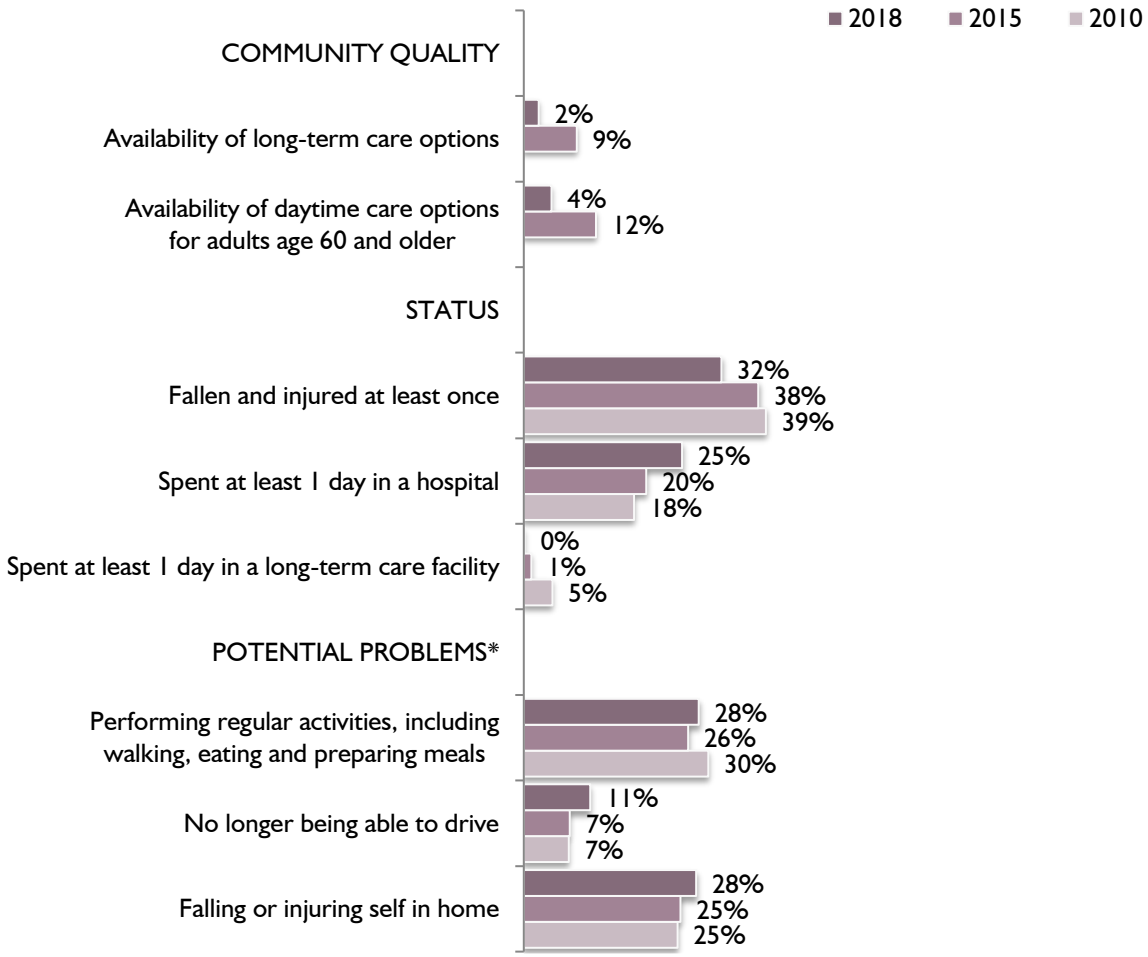
Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Independent Living

For those unable to live independently (either temporarily or permanently), having care options available could mean the difference between remaining in or leaving the community. Very few of Gilpin County's older residents rated the availability of long-term care and daytime care options favorably. About one-quarter respondents reported spending time in a hospital, although 32% had fallen and injured themselves in the 12 months prior to the survey.

Overall, only about one-quarter of older adults reported at least "minor" problems with aspects of independent living. Notably, 28% reported having problems with performing regular activities, including walking, eating and preparing meals. Aspects of independent living tended to be similar in Gilpin County than in peer communities (see *Appendix C: Benchmark Comparisons* for details).

Figure 15: Independent Living in Gilpin County



Percent rating positively (e.g. excellent or good)
*Percent rating as at least a minor problem

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Community Design and Land Use

The movement in America towards designing more "livable" communities – those with mixed-use neighborhoods, higher-density development, increased connections, shared community spaces and more human-scale design – will become a necessity for communities to age successfully. Generally, communities that have planned for older adults tend to emphasize access and to facilitate movement and participation by locating services in or close to residences, providing convenient transportation alternatives and making walking routes attractive.

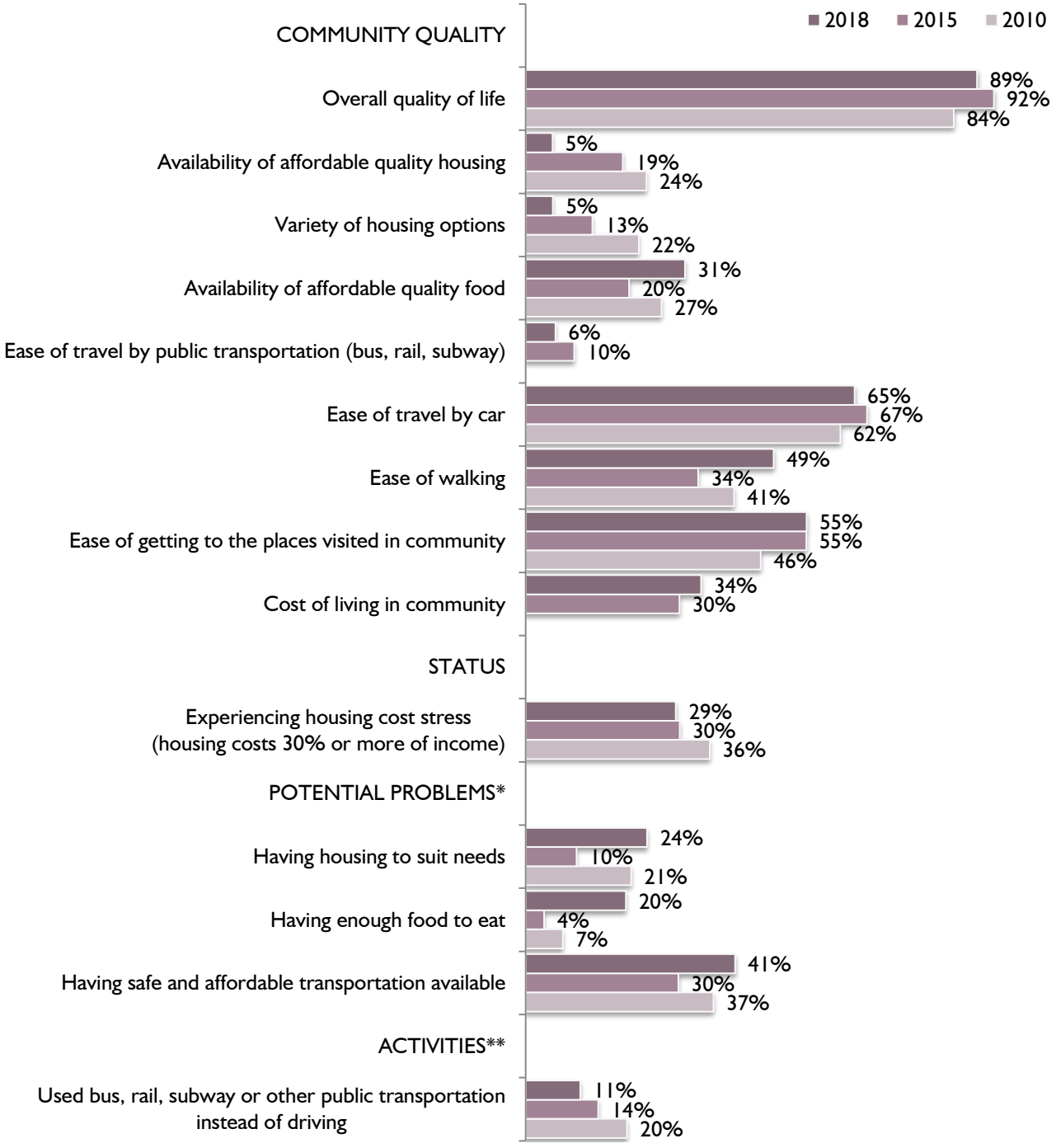
Ultimately, communities that have planned well by promoting mobility, independence and meaningful engagement of its older residents provide a high quality of life for their residents of all ages. In Gilpin County, most older residents (89%) rated their overall quality of life as "excellent" or "good" (see Figure 16). Gilpin County's elders' quality of life was rated similar to other communities in the U.S. (see *Appendix C: Benchmark Comparisons* for details).

About 5% of older residents felt they had good access to affordable quality housing and 31% to affordable food; only 34% felt positively about the cost of living in the community. Generally, aspects of motorized transportation (ease of bus, car and public transportation) in Gilpin County received ratings lower than or similar to communities across the U.S., while aspects of housing (affordable quality and variety) were less favorable (see *Appendix C: Benchmark Comparisons* for details). About 1 in 10 survey respondents reported having used bus, rail, subway or other public transportation instead of driving.

Less than half of older adults experienced problems related to basic necessities of daily living including having safe and affordable transportation (41%), having housing to suit their needs (24%) or having enough food to eat (20%). More respondents in 2018 compared to 2015 cited problems with having housing to suit their needs and having enough food to eat. Daily living problems tended to be similar in Gilpin County when compared to other communities across the nation (see *Appendix C: Benchmark Comparisons* for details).

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Figure 16: Community Design and Land Use in Gilpin County



Percent rating positively (e.g. excellent or good)
*Percent rating as at least a minor problem
**Percent at least once or ever

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Community Readiness

Communities that assist older adults to remain or become active community participants provide the requisite opportunities for recreation, transportation, culture, education, communication, social connection, spiritual enrichment and health care. It is not a package mix, so each community must identify what its older adults seek and what the community provides. The judgments of the residents for whom community planning takes place provide the elements of an equation that describes overall community quality in Gilpin County (Figure 17).

The following section of this report summarizes how older residents view Gilpin County as a community that creates a thriving environment for its older adults within the six community dimensions of Overall Community Quality, Community and Belonging, Community Information, Productive Activities, Health and Wellness and Community Design and Land Use.

Further, older adults, more than others, face difficulties with aspects of everyday life. For many older adults these difficulties vastly exceed the minor physical pains or small losses of function that characterize almost everyone's circumstances after a certain age. When individual problems are added together, a group picture emerges that provides a useful description of the entire community. Nationally, areas where older adults face the largest share of life's challenges include caregiving, health and mental health, in-home support, nutrition and food security and transportation. This study also explored specific problems or stressors encountered by older adults in DRCOG's service area, such as physical and emotional difficulties and injuries that have compromised their independence. Within the five community dimensions of Community and Belonging, Community Information, Productive Activities, Health and Wellness and Community Design and Land Use, the magnitude of these individual-level needs is presented (Figure 20), culminating in an exploration of high-risk populations (Figure 21).

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Opportunities and Challenges

Survey respondents were asked to rate a number of aspects of the community which were converted to an average scale of 0 (the lowest rating, e.g., "poor") to 100 (the highest rating, e.g., "excellent") and then combined to provide one overall rating (index[1]) for each of the six dimensions of Community Readiness. (For more information on how the summary scores were calculated see *Appendix B: Survey Methodology*.)

Summary scores provide a broad picture of the perceived fit between what DRCOG offered to older adults in Gilpin County and what older residents needed:

- Older residents felt their needs were best met in the areas of Community and Belonging, Overall Community Quality and Productive Activities
- Health and Wellness and Design and Land Use were rated least favorably
- Ratings of each of the dimensions of Community Readiness remained stable between 2015 and 2018 (see Figure 18)

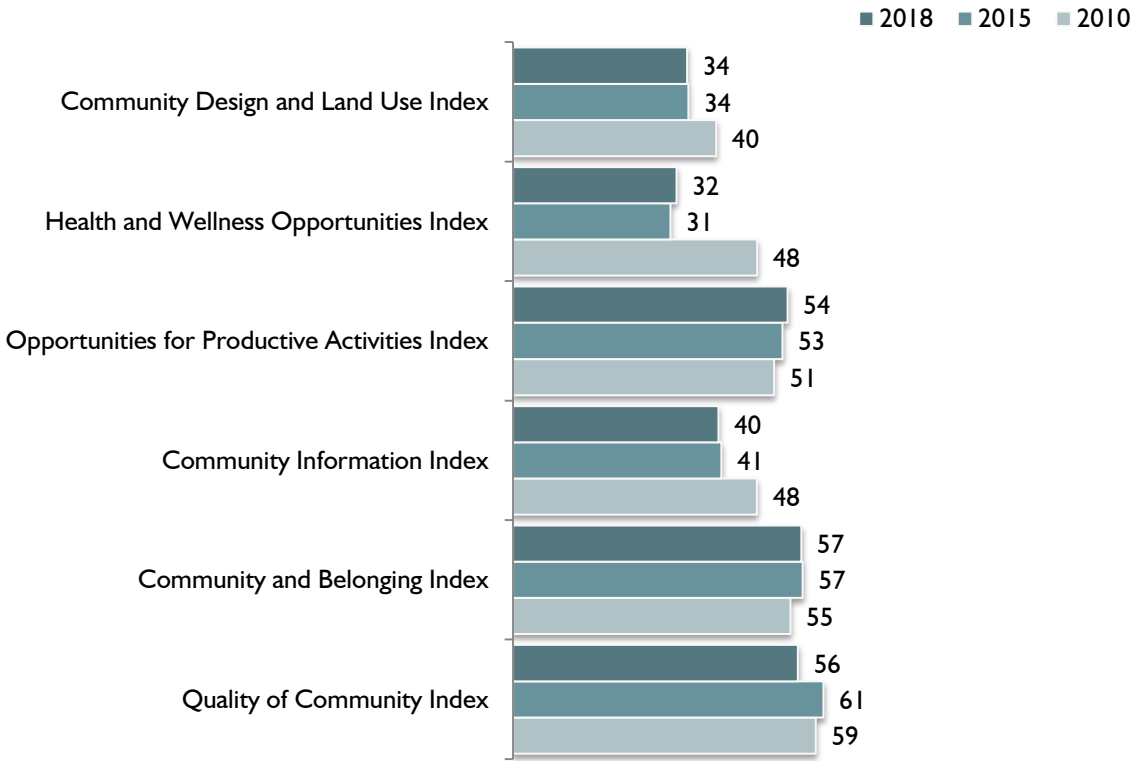
Figure 17: Gilpin County Community Readiness Chart

Scale: 0=Lowest/most negative, 100=Highest/most positive

[1] These ratings are not to be understood like ratings from school tests. Because they are summaries of several questions that range from 0 as "poor," 33 as "fair," 66 as "good" and 100 as "excellent", a score of 58, as one example, should be interpreted as closer to "good" than "fair" (with the midpoint of the scale, 50, representing equidistance between "good" and "fair").

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Figure 18: Gilpin County Community Readiness by Year



Scale: 0=Lowest/most negative, 100=Highest/most positive

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Older Resident Needs in Gilpin County

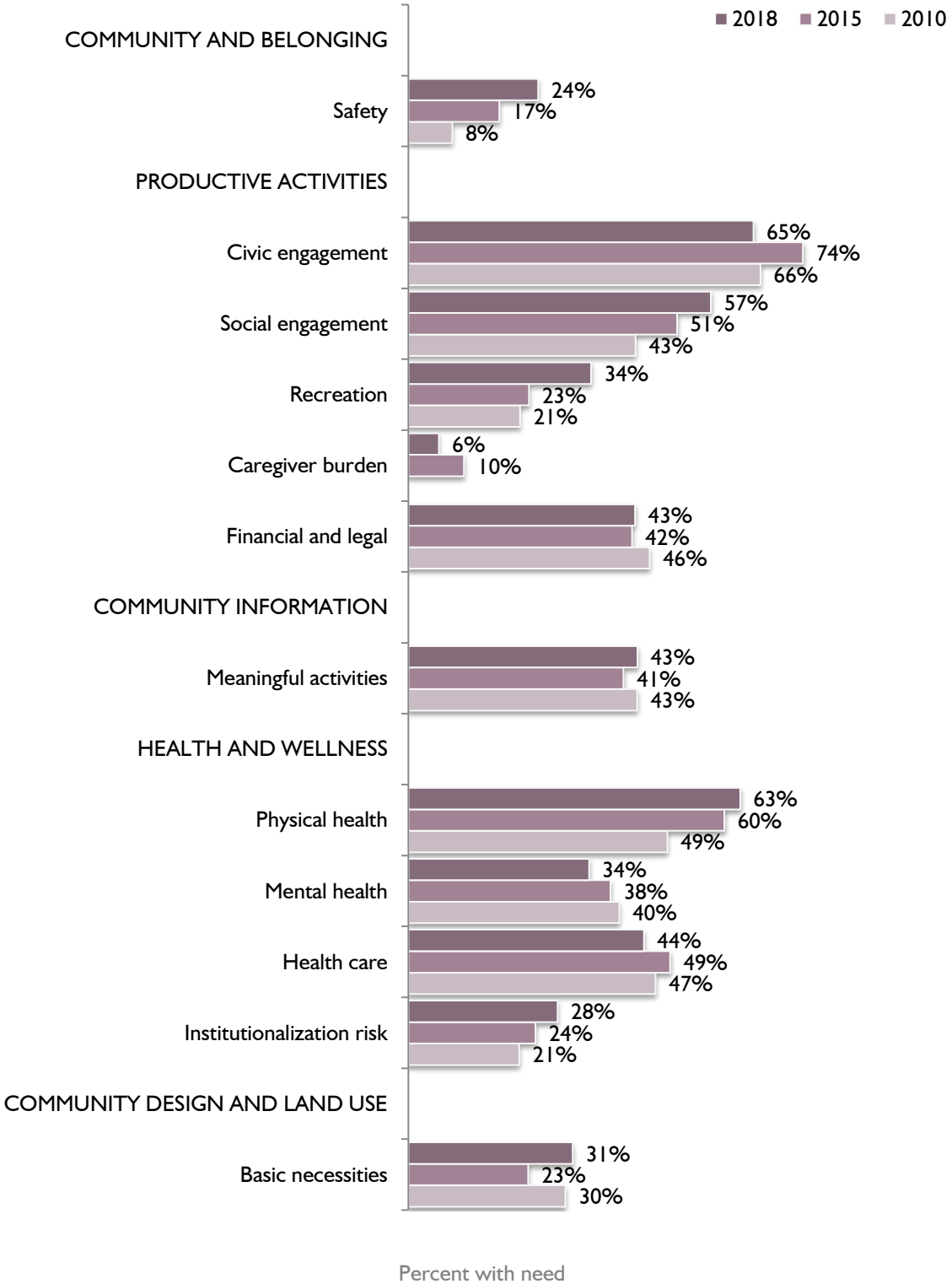
Over 40 individual survey questions about specific problems faced by older community members, as well as participation levels and community engagement were summarized into 12 larger areas to provide a broad picture of older resident needs in Gilpin County. (*Appendix B: Survey Methodology* provides detailed information on the criteria used to identify respondents as having a need in a specific area.) These 12 areas have been organized into the five community dimensions of Community and Belonging, Community Information, Productive Activities, Health and Wellness and Community Design and Land Use (no needs areas have been defined for the community dimension of Overall Community Quality).

Typically, it is understood that the self-reported needs of older adults represent a minimum level, a conservative estimate attenuated by respondents' strong desire to feel and appear self-reliant and further reduced by the silent voice of some older adults who, no matter how sensitive the attempt, are too frail to participate in any survey enterprise. Nonetheless, clear patterns of needs and strengths emerged from this assessment:

- Older residents had the largest needs in the areas of civic engagement and physical health
- Very few reported needs related to caregiver burden
- Compared to 2015, needs were statistically similar in 2018 (see Figure 19)

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Figure 19: Older Adult Needs in Gilpin County by Community Dimension by Year



Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

While older residents reported the lowest prevalence of need in the areas of safety and caregiver burden, needs can be quite serious for those affected. Some needs, however rare, can have a particularly devastating impact on residents' quality of life (e.g., needing help transferring from bed to wheelchair or feeling unsafe), so it is important to consider both the prevalence of the need and its centrality to residents' sustained independence.

Figure 20: Older Resident Needs in Gilpin County

	Percent with need	Number affected in 2018 (N=1,600)*
COMMUNITY AND BELONGING		
Safety	24%	392
PRODUCTIVE ACTIVITIES		
Civic engagement	65%	1,042
Social engagement	57%	913
Recreation	34%	552
Caregiver burden	6%	92
Financial and legal	43%	684
COMMUNITY INFORMATION		
Meaningful activities	43%	691
HEALTH AND WELLNESS		
Physical health	63%	1,002
Mental health	34%	545
Health care	44%	711
Institutionalization risk	28%	451
COMMUNITY DESIGN AND LAND USE		
Basic necessities	31%	496

** Estimated, based on Colorado State Demography Office, Single Year of Age Data 1990-2050*

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Populations at High Risk

As people age, many learn to take better care of themselves, to plan for retirement and, generally, to move more deliberately. Aging builds wisdom but can sap resources — physical, emotional and financial. Even those blessed by good luck or those prescient enough to plan comprehensively for the best future may find themselves with unanticipated needs or with physical, emotional or financial strengths that could endure only with help. Some people age better than others and aging well requires certain strengths that are inherent and others that can be supported by assistance from the private sector and government. For older adults in Gilpin County, although needs were spread across the board, residents reporting the largest percent of unresolved needs were more likely to be age 60 to 74, not white, report a lower income, rent their homes or live alone.

Figure 21: Needs of Older Population by Sociodemographic Characteristics, Percent and Number affected in 2018 (N=1,600)*

	Community and Belonging		Productive Activities		Community Information		Health and Wellness		Community Design and Land Use	
Female	21%	149	41%	307	36%	269	43%	324	33%	248
Male	27%	225	43%	364	49%	414	41%	344	29%	244
60 to 64 years	35%	246	45%	334	46%	342	46%	343	33%	243
65 to 74 years	18%	118	42%	296	44%	309	41%	288	31%	213
75 or over	3%	5	27%	42	26%	41	29%	46	20%	32
White	23%	322	42%	605	42%	615	40%	588	26%	383
Not white	28%	40	46%	67	44%	64	57%	82	73%	105
Hispanic	18%	32	25%	46	18%	32	40%	73	71%	130
Not Hispanic	25%	335	44%	625	46%	645	42%	597	25%	355
Less than $25,000	56%	172	62%	197	65%	206	60%	190	54%	171
$25,000 to $74,999	24%	180	47%	374	50%	401	49%	391	41%	330
$75,000 or more	11%	50	25%	123	24%	117	22%	107	3%	16
Own	17%	211	37%	480	38%	493	36%	462	27%	348
Rent	57%	168	65%	194	64%	192	70%	208	50%	148
Lives alone	51%	267	59%	311	61%	326	59%	315	51%	272
Lives with others	11%	114	34%	364	34%	362	34%	359	21%	225
Overall	24%	392	42%	671	43%	691	42%	677	31%	496

** Estimated, based on Colorado State Demography Office, Single Year of Age Data 1990-2050*

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Responses to Custom Questions

In addition to the uniform questions on CASOA, DRCOG included its own unique questions on the survey to aid in planning, resource allocation and policy analysis. "Don't know" responses have been removed from the analysis for the following questions, when applicable.

Table 1: Question 2 Custom Items

Please rate each of the following characteristics as they relate to adults age 60 or older in your community	Percent rating as excellent or good
Availability of services at the senior center	57%
Quality of senior nutrition programs	48%
Accessibility of long term care options that are open and accepting toward people of diverse backgrounds	5%
Accessibility of daytime care options that are open and accepting toward people of diverse backgrounds	6%

Table 2: Question 4 Custom Items

In general, how informed or uninformed do you feel about the following?	Percent rating as very or somewhat informed
Long term care options (i.e. nursing homes, home care)	29%
Information on planning for the future	34%

Table 3: Question 6 Custom Items

Please rate each of the following characteristics as they relate to adults age 60 or older in your community	Percent rating as at least a minor problem
Having tooth or mouth problems	37%
Feeling overwhelmed and/or exhausted when caring for another person	19%

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 4: Question 15

How frequently, if ever, do you do each of the following things on the Internet (using a computer, tablet, cell phone, etc.)?	Percent rating as at least monthly
Use email, texting or video to communicate	88%
Research or study a topic of interest	87%
Get the news or weather	85%
If you have a question, use Internet to the find the answer	85%
Shop, search for products and services	81%
Banking online (paying bills, investing, etc.)	72%
Find directions or look up a map	69%
Look up health and medical information	57%
Use social media (Facebook, Twitter, LinkedIn)	53%
Find info on community resources and events	53%
Share opinions, post to a blog, review a product or service	35%
Work from home	25%
Engage in civic activities (participate in a discussion about community and government issues; research information about an issue or a candidate)	24%
Communicate with government (seek services, get a license, discuss a problem)	13%
Attend an online class or training	12%
Sell goods and services online, advertise	11%

Table 5: Question 16

How comfortable, if at all, are you at each of the following?	Percent rating as very or somewhat comfortable
Using a computer laptop/desktop	96%
Accessing the Internet	95%
Using email	95%
Locating information online (bus schedules, weather, news, etc.)	95%
Using smartphone or tablet computer	93%
Using social networking sites (Facebook, Twitter, etc.)	82%

Table 6: Question D15

Are you a grandparent raising a grandchild?	Percent of respondents
Yes	9%
No	91%
Total	100%

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Appendix A: Complete Set of Survey Responses

The following pages contain a complete set of responses to each question on the survey. The percent of respondents giving a particular response is shown followed by the number of respondents (denoted with "N="). When respondents had the option to select "don't know" on a question, two tables are presented. The first shows the frequency of responses excluding "don't know" and the second shows the frequency including "don't know."

Table 7: Question 1 (excluding "don't know")

Please circle the number that comes closest to your opinion for each of the following questions.	Excellent		Good		Fair		Poor		Total	
How do you rate your community as a place to live?	34%	N=57	49%	N=82	13%	N=21	4%	N=7	100%	N=167
How do you rate your community as a place to retire?	16%	N=26	38%	N=62	30%	N=48	16%	N=27	100%	N=163

Table 8: Question 1 (including "don't know")

Please circle the number that comes closest to your opinion for each of the following questions.	Excellent		Good		Fair		Poor		Don't know		Total	
How do you rate your community as a place to live?	34%	N=57	49%	N=82	13%	N=21	4%	N=7	0%	N=0	100%	N=167
How do you rate your community as a place to retire?	16%	N=26	37%	N=62	29%	N=48	16%	N=27	2%	N=4	100%	N=167

Table 9: Question 2 (excluding "don't know")

Please rate each of the following characteristics as they relate to adults age 60 or older in your community:	Excellent		Good		Fair		Poor		Total	
Opportunities to volunteer	35%	N=52	40%	N=60	16%	N=24	9%	N=14	100%	N=150
Employment opportunities	3%	N=4	27%	N=40	26%	N=38	45%	N=66	100%	N=147
Opportunities to enroll in skill-building or personal enrichment classes	4%	N=5	20%	N=26	44%	N=57	31%	N=41	100%	N=129
Recreation opportunities (including games, arts, and library services, etc.)	30%	N=48	46%	N=74	17%	N=28	6%	N=10	100%	N=159
Fitness opportunities (including exercise classes and paths or trails, etc.)	42%	N=67	39%	N=63	14%	N=23	5%	N=9	100%	N=162
Opportunities to attend social events or activities	18%	N=28	41%	N=63	33%	N=51	8%	N=12	100%	N=154
Opportunities to attend religious or spiritual activities	26%	N=36	47%	N=66	23%	N=32	5%	N=7	100%	N=141

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Please rate each of the following characteristics as they relate to adults age 60 or older in your community:	Excellent		Good		Fair		Poor		Total	
Opportunities to attend or participate in meetings about local government or community matters	26%	N=40	49%	N=76	18%	N=29	7%	N=11	100%	N=156
Availability of affordable quality housing	2%	N=3	3%	N=5	33%	N=47	62%	N=90	100%	N=145
Variety of housing options	0%	N=1	5%	N=7	32%	N=48	63%	N=93	100%	N=148
Availability of long-term care options	0%	N=0	2%	N=3	18%	N=21	80%	N=95	100%	N=119
Availability of daytime care options for adults age 60 and older	0%	N=0	4%	N=5	27%	N=30	68%	N=75	100%	N=110
Availability of information about resources for adults age 60 and older	6%	N=8	28%	N=37	43%	N=56	22%	N=29	100%	N=130
Availability of financial or legal planning services	1%	N=1	20%	N=23	33%	N=38	45%	N=52	100%	N=114
Availability of affordable quality physical health care	1%	N=1	10%	N=14	24%	N=34	65%	N=90	100%	N=139
Availability of affordable quality mental health care	0%	N=0	6%	N=7	37%	N=44	57%	N=68	100%	N=119
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	9%	N=14	26%	N=39	28%	N=42	38%	N=57	100%	N=152
Availability of affordable quality food	2%	N=4	29%	N=46	21%	N=33	48%	N=76	100%	N=159
Sense of community	17%	N=27	42%	N=66	24%	N=38	16%	N=25	100%	N=156
Openness and acceptance of the community towards residents age 60 and older of diverse backgrounds	15%	N=20	49%	N=64	27%	N=35	9%	N=12	100%	N=132
Ease of travel by public transportation in your community	4%	N=6	2%	N=3	16%	N=25	79%	N=125	100%	N=159
Ease of travel by car in your community	23%	N=39	41%	N=69	30%	N=49	6%	N=10	100%	N=167
Ease of walking in your community	13%	N=21	36%	N=59	27%	N=45	24%	N=40	100%	N=166
Ease of getting to the places you usually have to visit	11%	N=18	44%	N=74	28%	N=47	17%	N=28	100%	N=166
Overall feeling of safety in your community	29%	N=49	47%	N=79	17%	N=28	7%	N=12	100%	N=168
Valuing residents age 60 and older in your community	20%	N=27	39%	N=54	31%	N=44	10%	N=14	100%	N=139
Neighborliness of your community	17%	N=29	38%	N=65	33%	N=55	12%	N=20	100%	N=168
Cost of living in your community	9%	N=15	25%	N=41	38%	N=61	28%	N=45	100%	N=162
Availability of services at the senior center	15%	N=17	42%	N=49	29%	N=33	15%	N=17	100%	N=116
Quality of senior nutrition programs	12%	N=12	37%	N=36	29%	N=29	22%	N=22	100%	N=99
Accessibility of long term care options that are open and accepting toward people of diverse backgrounds	0%	N=0	5%	N=4	41%	N=36	55%	N=48	100%	N=88
Accessibility of daytime care options that are open and accepting toward people of diverse backgrounds	1%	N=1	5%	N=5	38%	N=32	56%	N=49	100%	N=86

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 10: Question 2 (including "don't know")

Please rate each of the following characteristics as they relate to adults age 60 or older in your community:	Excellent		Good		Fair		Poor		Don't know		Total	
Opportunities to volunteer	31%	N=52	36%	N=60	14%	N=24	8%	N=14	10%	N=17	100%	N=167
Employment opportunities	3%	N=4	24%	N=40	23%	N=38	39%	N=66	12%	N=20	100%	N=167
Opportunities to enroll in skill-building or personal enrichment classes	3%	N=5	16%	N=26	34%	N=57	24%	N=41	23%	N=38	100%	N=167
Recreation opportunities (including games, arts, and library services, etc.)	28%	N=48	44%	N=74	16%	N=28	6%	N=10	6%	N=10	100%	N=168
Fitness opportunities (including exercise classes and paths or trails, etc.)	40%	N=67	37%	N=63	14%	N=23	5%	N=9	4%	N=6	100%	N=168
Opportunities to attend social events or activities	17%	N=28	37%	N=63	30%	N=51	7%	N=12	8%	N=14	100%	N=168
Opportunities to attend religious or spiritual activities	22%	N=36	39%	N=66	19%	N=32	4%	N=7	16%	N=26	100%	N=167
Opportunities to attend or participate in meetings about local government or community matters	24%	N=40	45%	N=76	17%	N=29	7%	N=11	7%	N=12	100%	N=168
Availability of affordable quality housing	2%	N=3	3%	N=5	28%	N=47	54%	N=90	13%	N=22	100%	N=167
Variety of housing options	0%	N=1	4%	N=7	28%	N=48	56%	N=93	11%	N=19	100%	N=167
Availability of long-term care options	0%	N=0	2%	N=3	13%	N=21	57%	N=95	28%	N=47	100%	N=166
Availability of daytime care options for adults age 60 and older	0%	N=0	3%	N=5	18%	N=30	45%	N=75	34%	N=57	100%	N=167
Availability of information about resources for adults age 60 and older	5%	N=8	22%	N=37	33%	N=56	17%	N=29	23%	N=38	100%	N=168
Availability of financial or legal planning services	1%	N=1	14%	N=23	23%	N=38	31%	N=52	31%	N=52	100%	N=166
Availability of affordable quality physical health care	0%	N=1	9%	N=14	20%	N=34	54%	N=90	17%	N=28	100%	N=167
Availability of affordable quality mental health care	0%	N=0	4%	N=7	26%	N=44	40%	N=68	29%	N=49	100%	N=168
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	8%	N=14	23%	N=39	25%	N=42	34%	N=57	9%	N=15	100%	N=167
Availability of affordable quality food	2%	N=4	28%	N=46	20%	N=33	45%	N=76	5%	N=8	100%	N=167
Sense of community	16%	N=27	40%	N=66	23%	N=38	15%	N=25	6%	N=10	100%	N=166
Openness and acceptance of the community towards residents age 60 and older of diverse backgrounds	12%	N=20	38%	N=64	21%	N=35	7%	N=12	21%	N=36	100%	N=168
Ease of travel by public transportation in your community	4%	N=6	2%	N=3	15%	N=25	75%	N=125	4%	N=7	100%	N=166
Ease of travel by car in your community	23%	N=39	41%	N=69	30%	N=49	6%	N=10	0%	N=1	100%	N=167
Ease of walking in your community	13%	N=21	36%	N=59	27%	N=45	24%	N=40	0%	N=1	100%	N=166

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Please rate each of the following characteristics as they relate to adults age 60 or older in your community:	Excellent		Good		Fair		Poor		Don't know		Total	
Ease of getting to the places you usually have to visit	11%	N=18	44%	N=74	28%	N=47	16%	N=28	1%	N=1	100%	N=167
Overall feeling of safety in your community	29%	N=49	47%	N=79	17%	N=28	7%	N=12	0%	N=0	100%	N=168
Valuing residents age 60 and older in your community	16%	N=27	32%	N=54	26%	N=44	8%	N=14	17%	N=29	100%	N=168
Neighborliness of your community	17%	N=29	38%	N=65	32%	N=55	12%	N=20	0%	N=0	100%	N=168
Cost of living in your community	9%	N=15	24%	N=41	37%	N=61	27%	N=45	3%	N=4	100%	N=166
Availability of services at the senior center	10%	N=17	29%	N=49	20%	N=33	10%	N=17	31%	N=51	100%	N=168
Quality of senior nutrition programs	7%	N=12	22%	N=36	18%	N=29	13%	N=22	40%	N=66	100%	N=165
Accessibility of long term care options that are open and accepting toward people of diverse backgrounds	0%	N=0	2%	N=4	21%	N=36	29%	N=48	47%	N=79	100%	N=167
Accessibility of daytime care options that are open and accepting toward people of diverse backgrounds	0%	N=1	3%	N=5	19%	N=32	29%	N=49	48%	N=81	100%	N=167

Table 11: Question 3 (excluding "don't know")

How would you rate the overall services provided to adults age 60 and older in your community?	Percent	Number
Excellent	6%	N=8
Good	42%	N=57
Fair	31%	N=42
Poor	21%	N=29
Total	100%	N=135

Table 12: Question 3 (including "don't know")

How would you rate the overall services provided to adults age 60 and older in your community?	Percent	Number
Excellent	5%	N=8
Good	36%	N=57
Fair	27%	N=42
Poor	18%	N=29
Don't know	14%	N=21
Total	100%	N=156

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 13: Question 4

In general, how informed or uninformed do you feel about the following?	Very informed		Somewhat informed		Somewhat uninformed		Very uninformed		Total	
Services and activities available to adults age 60 and older in your community?	21%	N=36	43%	N=72	19%	N=31	17%	N=29	100%	N=168
Long term care options (i.e. nursing homes, home care)	13%	N=23	15%	N=26	28%	N=48	43%	N=72	100%	N=168
Information on planning for the future	14%	N=23	21%	N=35	32%	N=54	33%	N=56	100%	N=167

Table 14: Question 5 (excluding "don't know")

Please circle the number that comes closest to your opinion for each of the following questions.	Excellent		Good		Fair		Poor		Total	
How do you rate your overall physical health?	22%	N=37	49%	N=82	25%	N=43	4%	N=7	100%	N=168
How do you rate your overall mental health/emotional well-being?	34%	N=57	57%	N=97	8%	N=14	0%	N=1	100%	N=169
How do you rate your overall quality of life?	34%	N=58	54%	N=92	8%	N=13	4%	N=6	100%	N=169

Table 15: Question 5 (including "don't know")

Please circle the number that comes closest to your opinion for each of the following questions.	Excellent		Good		Fair		Poor		Don't know		Total	
How do you rate your overall physical health?	22%	N=37	49%	N=82	25%	N=43	4%	N=7	0%	N=0	100%	N=168
How do you rate your overall mental health/emotional well-being?	34%	N=57	57%	N=97	8%	N=14	0%	N=1	0%	N=0	100%	N=169
How do you rate your overall quality of life?	34%	N=58	54%	N=92	8%	N=13	4%	N=6	0%	N=0	100%	N=169

Table 16: Question 6 (excluding "don't know")

The following questions list a number of problems that older adults may or may not face. Thinking back over the last 12 months, how much of a problem, if at all, has each of the following been for you?	Not a problem		Minor problem		Moderate problem		Major problem		Total	
Having housing to suit your needs	76%	N=127	13%	N=21	7%	N=12	4%	N=6	100%	N=167
Your physical health	39%	N=65	30%	N=50	25%	N=42	6%	N=10	100%	N=167
Performing regular activities, including walking, eating and preparing meals	72%	N=121	12%	N=21	13%	N=22	3%	N=5	100%	N=168

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

The following questions list a number of problems that older adults may or may not face. Thinking back over the last 12 months, how much of a problem, if at all, has each of the following been for you?	Not a problem		Minor problem		Moderate problem		Major problem		Total	
Having enough food to eat	80%	N=134	10%	N=16	8%	N=14	2%	N=3	100%	N=166
Doing heavy or intense housework	48%	N=81	28%	N=47	17%	N=28	7%	N=11	100%	N=168
Having safe and affordable transportation available	59%	N=96	16%	N=27	7%	N=12	17%	N=28	100%	N=163
No longer being able to drive	89%	N=140	1%	N=2	3%	N=4	7%	N=11	100%	N=157
Feeling depressed	62%	N=103	28%	N=46	7%	N=11	4%	N=7	100%	N=167
Experiencing confusion or forgetfulness	75%	N=126	21%	N=35	4%	N=6	1%	N=2	100%	N=169
Maintaining your home	60%	N=101	31%	N=51	7%	N=11	3%	N=5	100%	N=168
Maintaining your yard	62%	N=104	25%	N=41	10%	N=17	2%	N=4	100%	N=167
Finding productive or meaningful activities to do	80%	N=133	7%	N=11	8%	N=13	5%	N=9	100%	N=166
Having friends or family you can rely on	69%	N=115	17%	N=28	8%	N=14	6%	N=10	100%	N=167
Falling or injuring yourself in your home	72%	N=121	20%	N=34	6%	N=11	1%	N=2	100%	N=167
Finding affordable health insurance	52%	N=86	13%	N=22	19%	N=32	16%	N=26	100%	N=167
Getting the health care you need	52%	N=88	21%	N=35	14%	N=24	13%	N=22	100%	N=168
Affording the medications you need	60%	N=97	16%	N=26	15%	N=25	9%	N=14	100%	N=162
Figuring out which medications to take and when	90%	N=147	9%	N=15	0%	N=0	1%	N=1	100%	N=163
Getting the oral health care you need	64%	N=106	11%	N=18	13%	N=22	12%	N=19	100%	N=166
Having tooth or mouth problems	63%	N=106	21%	N=35	5%	N=8	11%	N=18	100%	N=167
Getting the vision care you need	65%	N=109	15%	N=24	15%	N=25	5%	N=9	100%	N=168
Having enough money to meet daily expenses	54%	N=90	29%	N=49	11%	N=18	6%	N=11	100%	N=168
Having enough money to pay your property taxes	82%	N=129	11%	N=17	6%	N=9	1%	N=2	100%	N=157
Staying physically fit	55%	N=92	29%	N=49	13%	N=21	3%	N=6	100%	N=168
Maintaining a healthy diet	61%	N=103	25%	N=42	10%	N=17	4%	N=7	100%	N=168
Having interesting recreational or cultural activities to attend	62%	N=99	15%	N=24	13%	N=21	10%	N=16	100%	N=160
Having interesting social events or activities to attend	53%	N=84	22%	N=35	18%	N=28	8%	N=12	100%	N=159
Feeling bored	68%	N=114	16%	N=27	11%	N=18	5%	N=8	100%	N=168
Feeling like your voice is heard in the community	55%	N=77	27%	N=38	6%	N=9	12%	N=17	100%	N=141
Finding meaningful volunteer work	70%	N=91	16%	N=21	4%	N=6	9%	N=11	100%	N=129
Feeling physically burdened by providing care for another person	85%	N=130	9%	N=14	4%	N=6	2%	N=3	100%	N=152
Feeling emotionally burdened by providing care for another person	81%	N=123	13%	N=20	4%	N=6	2%	N=3	100%	N=152
Feeling financially burdened by providing care for another person	83%	N=125	12%	N=18	4%	N=6	1%	N=1	100%	N=151
Feeling overwhelmed and/or exhausted when caring for another person	81%	N=126	11%	N=18	5%	N=7	3%	N=4	100%	N=155

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

The following questions list a number of problems that older adults may or may not face. Thinking back over the last 12 months, how much of a problem, if at all, has each of the following been for you?	Not a problem		Minor problem		Moderate problem		Major problem		Total	
Dealing with legal issues	65%	N=103	18%	N=29	10%	N=15	7%	N=11	100%	N=159
Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	51%	N=82	21%	N=34	20%	N=32	8%	N=14	100%	N=163
Finding work in retirement	60%	N=73	9%	N=11	18%	N=22	13%	N=17	100%	N=123
Building skills for paid or unpaid work	65%	N=78	5%	N=6	9%	N=11	21%	N=25	100%	N=120
Not knowing what services are available to adults age 60 and older in your community	48%	N=69	18%	N=25	22%	N=31	12%	N=18	100%	N=143
Feeling lonely or isolated	68%	N=110	24%	N=39	3%	N=4	5%	N=8	100%	N=161
Dealing with the loss of a close family member or friend	65%	N=99	24%	N=36	7%	N=10	5%	N=8	100%	N=153
Being a victim of crime	86%	N=134	8%	N=12	1%	N=2	5%	N=7	100%	N=155
Being a victim of fraud or a scam	81%	N=126	10%	N=15	7%	N=11	3%	N=4	100%	N=156
Being physically or emotionally abused	96%	N=150	0%	N=1	0%	N=1	3%	N=4	100%	N=156
Dealing with financial planning issues	57%	N=91	15%	N=24	19%	N=31	9%	N=14	100%	N=160
Being treated unfairly or discriminated against because of your age	77%	N=121	6%	N=10	7%	N=10	10%	N=16	100%	N=157

Table 17: Question 6 (including "don't know")

The following questions list a number of problems that older adults may or may not face. Thinking back over the last 12 months, how much of a problem, if at all, has each of the following been for you?	Not a problem		Minor problem		Moderate problem		Major problem		Don't know		Total	
Having housing to suit your needs	76%	N=127	13%	N=21	7%	N=12	4%	N=6	1%	N=1	100%	N=169
Your physical health	39%	N=65	30%	N=50	25%	N=42	6%	N=10	0%	N=0	100%	N=167
Performing regular activities, including walking, eating and preparing meals	72%	N=121	12%	N=21	13%	N=22	3%	N=5	0%	N=0	100%	N=168
Having enough food to eat	80%	N=134	9%	N=16	8%	N=14	2%	N=3	1%	N=1	100%	N=167
Doing heavy or intense housework	48%	N=81	28%	N=47	17%	N=28	7%	N=11	1%	N=1	100%	N=169
Having safe and affordable transportation available	57%	N=96	16%	N=27	7%	N=12	17%	N=28	3%	N=5	100%	N=169
No longer being able to drive	83%	N=140	1%	N=2	2%	N=4	6%	N=11	7%	N=11	100%	N=169
Feeling depressed	62%	N=103	28%	N=46	7%	N=11	4%	N=7	0%	N=0	100%	N=167
Experiencing confusion or forgetfulness	75%	N=126	21%	N=35	4%	N=6	1%	N=2	0%	N=0	100%	N=169

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

The following questions list a number of problems that older adults may or may not face. Thinking back over the last 12 months, how much of a problem, if at all, has each of the following been for you?	Not a problem		Minor problem		Moderate problem		Major problem		Don't know		Total	
Maintaining your home	60%	N=101	31%	N=51	7%	N=11	3%	N=5	0%	N=0	100%	N=168
Maintaining your yard	62%	N=104	24%	N=41	10%	N=17	2%	N=4	1%	N=2	100%	N=169
Finding productive or meaningful activities to do	79%	N=133	7%	N=11	7%	N=13	5%	N=9	2%	N=3	100%	N=169
Having friends or family you can rely on	68%	N=115	17%	N=28	8%	N=14	6%	N=10	1%	N=2	100%	N=168
Falling or injuring yourself in your home	72%	N=121	20%	N=34	6%	N=11	1%	N=2	1%	N=2	100%	N=169
Finding affordable health insurance	51%	N=86	13%	N=22	19%	N=32	16%	N=26	1%	N=2	100%	N=168
Getting the health care you need	52%	N=88	21%	N=35	14%	N=24	13%	N=22	0%	N=0	100%	N=168
Affording the medications you need	59%	N=97	16%	N=26	15%	N=25	8%	N=14	2%	N=3	100%	N=165
Figuring out which medications to take and when	88%	N=147	9%	N=15	0%	N=0	1%	N=1	2%	N=3	100%	N=166
Getting the oral health care you need	63%	N=106	11%	N=18	13%	N=22	12%	N=19	1%	N=1	100%	N=168
Having tooth or mouth problems	63%	N=106	21%	N=35	5%	N=8	11%	N=18	0%	N=0	100%	N=167
Getting the vision care you need	65%	N=109	14%	N=24	15%	N=25	5%	N=9	0%	N=1	100%	N=168
Having enough money to meet daily expenses	54%	N=90	29%	N=49	11%	N=18	6%	N=11	0%	N=0	100%	N=168
Having enough money to pay your property taxes	77%	N=129	10%	N=17	6%	N=9	1%	N=2	6%	N=10	100%	N=167
Staying physically fit	54%	N=92	29%	N=49	13%	N=21	3%	N=6	0%	N=0	100%	N=168
Maintaining a healthy diet	61%	N=103	25%	N=42	10%	N=17	4%	N=7	0%	N=0	100%	N=168
Having interesting recreational or cultural activities to attend	60%	N=99	14%	N=24	13%	N=21	10%	N=16	3%	N=6	100%	N=166
Having interesting social events or activities to attend	51%	N=84	21%	N=35	17%	N=28	7%	N=12	4%	N=6	100%	N=165
Feeling bored	68%	N=114	16%	N=27	11%	N=18	5%	N=8	0%	N=0	100%	N=168
Feeling like your voice is heard in the community	47%	N=77	23%	N=38	5%	N=9	10%	N=17	14%	N=23	100%	N=164
Finding meaningful volunteer work	55%	N=91	13%	N=21	3%	N=6	7%	N=11	23%	N=38	100%	N=167
Feeling physically burdened by providing care for another person	78%	N=130	8%	N=14	3%	N=6	2%	N=3	9%	N=15	100%	N=167
Feeling emotionally burdened by providing care for another person	74%	N=123	12%	N=20	4%	N=6	2%	N=3	9%	N=15	100%	N=167
Feeling financially burdened by providing care for another person	76%	N=125	11%	N=18	3%	N=6	1%	N=1	9%	N=15	100%	N=166
Feeling overwhelmed and/or exhausted when caring for another person	76%	N=126	11%	N=18	4%	N=7	2%	N=4	6%	N=11	100%	N=166

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

The following questions list a number of problems that older adults may or may not face. Thinking back over the last 12 months, how much of a problem, if at all, has each of the following been for you?	Not a problem		Minor problem		Moderate problem		Major problem		Don't know		Total	
Dealing with legal issues	63%	N=103	18%	N=29	9%	N=15	7%	N=11	3%	N=5	100%	N=164
Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	50%	N=82	21%	N=34	19%	N=32	8%	N=14	2%	N=4	100%	N=166
Finding work in retirement	45%	N=73	7%	N=11	14%	N=22	10%	N=17	24%	N=38	100%	N=161
Building skills for paid or unpaid work	48%	N=78	3%	N=6	7%	N=11	15%	N=25	26%	N=42	100%	N=163
Not knowing what services are available to adults age 60 and older in your community	42%	N=69	15%	N=25	19%	N=31	11%	N=18	13%	N=21	100%	N=164
Feeling lonely or isolated	66%	N=110	24%	N=39	3%	N=4	5%	N=8	3%	N=5	100%	N=166
Dealing with the loss of a close family member or friend	60%	N=99	22%	N=36	6%	N=10	5%	N=8	7%	N=12	100%	N=165
Being a victim of crime	81%	N=134	7%	N=12	1%	N=2	4%	N=7	6%	N=10	100%	N=165
Being a victim of fraud or a scam	76%	N=126	9%	N=15	6%	N=11	2%	N=4	6%	N=10	100%	N=166
Being physically or emotionally abused	91%	N=150	0%	N=1	0%	N=1	3%	N=4	6%	N=10	100%	N=166
Dealing with financial planning issues	55%	N=91	15%	N=24	18%	N=31	9%	N=14	4%	N=6	100%	N=166
Being treated unfairly or discriminated against because of your age	73%	N=121	6%	N=10	6%	N=10	10%	N=16	5%	N=9	100%	N=165

Table 18: Question 7

Thinking back over the past 12 months, how many days did you spend in...	No days (zero)		One to two days		Three to five days		Six or more days		Total	
A hospital	75%	N=122	8%	N=14	13%	N=21	4%	N=7	100%	N=164
In a long-term care facility (including nursing home or in-patient rehabilitation)	100%	N=161	0%	N=0	0%	N=0	0%	N=0	100%	N=161

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 19: Question 8 (excluding "don't know")

Thinking back over the past 12 months, how many times have you fallen and injured yourself? Was it…	Percent	Number
Never	68%	N=113
Once or twice	28%	N=46
3-5 times	3%	N=5
More than 5 times	1%	N=2
Total	100%	N=165

Table 20: Question 8 (including "don't know")

Thinking back over the past 12 months, how many times have you fallen and injured yourself? Was it…	Percent	Number
Never	68%	N=113
Once or twice	27%	N=46
3-5 times	3%	N=5
More than 5 times	1%	N=2
Don't know	0%	N=1
Total	100%	N=166

Table 21: Question 9 (excluding "don't know")

How likely or unlikely are you to recommend living in your community to adults age 60 and older?	Percent	Number
Very likely	12%	N=14
Somewhat likely	36%	N=40
Somewhat unlikely	28%	N=31
Very unlikely	23%	N=25
Total	100%	N=111

Table 22: Question 9 (including "don't know")

How likely or unlikely are you to recommend living in your community to adults age 60 and older?	Percent	Number
Very likely	11%	N=14
Somewhat likely	34%	N=40
Somewhat unlikely	26%	N=31
Very unlikely	21%	N=25
Don't know	7%	N=8
Total	100%	N=119

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 23: Question 10 (excluding "don't know")

How likely or unlikely are you to remain in your community throughout your retirement?	Percent	Number
Very likely	38%	N=43
Somewhat likely	26%	N=30
Somewhat unlikely	11%	N=12
Very unlikely	26%	N=30
Total	100%	N=116

Table 24: Question 10 (including "don't know")

How likely or unlikely are you to remain in your community throughout your retirement?	Percent	Number
Very likely	36%	N=43
Somewhat likely	25%	N=30
Somewhat unlikely	10%	N=12
Very unlikely	25%	N=30
Don't know	4%	N=5
Total	100%	N=121

Table 25: Question 11

In the last 12 month, about how many times, if ever, have you participated in or done each of the following?	2 times a week or more		2-4 times a month		Once a month or less		Not at all		Total	
Used a senior center in your community	8%	N=13	3%	N=5	15%	N=25	74%	N=123	100%	N=166
Used a recreation center in your community	17%	N=28	9%	N=16	24%	N=39	50%	N=83	100%	N=166
Used a public library in your community	8%	N=13	12%	N=19	24%	N=39	56%	N=92	100%	N=164
Used bus, rail, subway or other public transportation instead of driving	1%	N=2	1%	N=2	8%	N=13	89%	N=148	100%	N=165
Visited a neighborhood park	7%	N=11	9%	N=14	36%	N=58	49%	N=80	100%	N=163
Attended a local public meeting	1%	N=2	14%	N=23	35%	N=58	50%	N=84	100%	N=166
Watched (online or on television) a local public meeting	0%	N=1	1%	N=2	6%	N=10	92%	N=152	100%	N=165

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 26: Question 12 (excluding "don't know")

During a typical week, how many hours do you spend providing care for one or more individuals with whom you have a significant relationship (such as spouse, other relative, partner, friend, neighbor or child), whether or not they live with you?	Never (no hours)		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 to 20 hours		20 or more hours		Total	
One or more individuals age 60 or older	78%	N=127	10%	N=17	3%	N=5	1%	N=2	2%	N=4	5%	N=8	100%	N=162
One or more individuals age 18 to 59	85%	N=134	9%	N=14	2%	N=3	3%	N=5	0%	N=0	1%	N=2	100%	N=158
One or more individuals under age 18	89%	N=142	5%	N=7	0%	N=1	1%	N=2	0%	N=1	4%	N=6	100%	N=159

Table 27: Question 12 (including "don't know")

During a typical week, how many hours do you spend providing care for one or more individuals with whom you have a significant relationship (such as spouse, other relative, partner, friend, neighbor or child), whether or not they live with you?	Never (no hours)		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 to 20 hours		20 or more hours		Don't know		Total	
One or more individuals age 60 or older	77%	N=127	10%	N=17	3%	N=5	1%	N=2	2%	N=4	5%	N=8	1%	N=2	100%	N=164
One or more individuals age 18 to 59	83%	N=134	8%	N=14	2%	N=3	3%	N=5	0%	N=0	1%	N=2	2%	N=3	100%	N=161
One or more individuals under age 18	88%	N=142	5%	N=7	0%	N=1	1%	N=2	0%	N=1	4%	N=6	2%	N=3	100%	N=161

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 28: Question 13 (excluding "don't know")

During a typical week, how many hours, if any, do you spend doing the following?	Never (no hours)		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 or more hours		Total	
Participating in a club (including book, dance, game and other social)	77%	N=125	12%	N=19	4%	N=7	3%	N=5	4%	N=6	100%	N=162
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	86%	N=141	12%	N=20	1%	N=2	1%	N=1	0%	N=1	100%	N=164
Communicating/visiting with friends and/or family	3%	N=5	42%	N=69	23%	N=37	15%	N=24	17%	N=28	100%	N=164
Participating in religious or spiritual activities with others	73%	N=119	15%	N=24	5%	N=8	6%	N=10	0%	N=1	100%	N=162
Participating in a recreation program or group activity	63%	N=103	19%	N=31	10%	N=16	3%	N=5	6%	N=9	100%	N=164
Providing help to friends or relatives	14%	N=22	47%	N=76	21%	N=34	8%	N=13	10%	N=15	100%	N=160
Volunteering your time to some group/activity in your community	55%	N=90	23%	N=38	11%	N=18	8%	N=12	3%	N=5	100%	N=164

Table 29: Question 13 (including "don't know")

During a typical week, how many hours, if any, do you spend doing the following?	Never (no hours)		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 or more hours		Don't know		Total	
Participating in a club (including book, dance, game and other social)	76%	N=125	11%	N=19	4%	N=7	3%	N=5	4%	N=6	2%	N=3	100%	N=164
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	85%	N=141	12%	N=20	1%	N=2	1%	N=1	0%	N=1	1%	N=2	100%	N=166
Communicating/visiting with friends and/or family	3%	N=5	42%	N=69	23%	N=37	15%	N=24	17%	N=28	1%	N=1	100%	N=166
Participating in religious or spiritual activities with others	72%	N=119	15%	N=24	5%	N=8	6%	N=10	0%	N=1	2%	N=3	100%	N=165
Participating in a recreation program or group activity	62%	N=103	18%	N=31	10%	N=16	3%	N=5	6%	N=9	2%	N=3	100%	N=166
Providing help to friends or relatives	13%	N=22	46%	N=76	21%	N=34	8%	N=13	9%	N=15	3%	N=5	100%	N=165
Volunteering your time to some group/activity in your community	54%	N=90	23%	N=38	11%	N=18	7%	N=12	3%	N=5	2%	N=3	100%	N=167

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 30: Question 14

How often, if at all, do you do each of the following, considering all of the times you could?	Never		Rarely		Sometimes		Usually		Always		Total	
Eat at least 5 portions of fruits and vegetables a day	11%	N=17	33%	N=54	23%	N=38	23%	N=38	11%	N=17	100%	N=165
Participate in moderate or vigorous physical activity	1%	N=2	10%	N=16	26%	N=43	48%	N=79	15%	N=25	100%	N=166
Receive assistance from someone almost every day	82%	N=137	14%	N=23	2%	N=3	1%	N=1	1%	N=2	100%	N=166
Vote in local elections	1%	N=2	3%	N=5	1%	N=1	18%	N=29	78%	N=129	100%	N=166

Table 31: Question 15

How frequently, if ever, do you do each of the following things on the Internet (using a computer, tablet, cell phone, etc.)?	Daily		Weekly		Monthly		Less than once per month		Never/Not applicable		Total	
Use email, texting or video to communicate	80%	N=134	8%	N=13	0%	N=0	1%	N=2	11%	N=18	100%	N=167
Use social media (Facebook, Twitter, LinkedIn)	38%	N=63	12%	N=20	2%	N=4	9%	N=15	38%	N=63	100%	N=165
Get the news or weather	77%	N=129	7%	N=12	1%	N=2	2%	N=4	12%	N=21	100%	N=167
Shop, search for products and services	23%	N=38	46%	N=76	13%	N=21	9%	N=15	10%	N=16	100%	N=166
Research or study a topic of interest	41%	N=68	33%	N=56	12%	N=21	5%	N=8	9%	N=14	100%	N=167
Share opinions, post to a blog, review a product or service	15%	N=24	5%	N=8	16%	N=26	26%	N=44	39%	N=64	100%	N=166
Attend an online class or training	1%	N=2	5%	N=8	6%	N=10	28%	N=46	61%	N=101	100%	N=167
Work from home	12%	N=19	11%	N=18	3%	N=4	11%	N=18	64%	N=106	100%	N=166
Banking online (paying bills, investing, etc.)	22%	N=37	24%	N=39	25%	N=42	2%	N=3	27%	N=44	100%	N=164
Find info on community resources and events	13%	N=21	18%	N=29	23%	N=37	21%	N=34	25%	N=41	100%	N=161
If you have a question, use Internet to the find the answer	50%	N=83	28%	N=47	7%	N=12	6%	N=10	8%	N=14	100%	N=166
Engage in civic activities (participate in a discussion about community and government issues; research information about an issue or a candidate)	3%	N=5	10%	N=17	11%	N=19	28%	N=47	47%	N=78	100%	N=165
Look up health and medical information	4%	N=6	22%	N=36	31%	N=52	28%	N=46	15%	N=25	100%	N=166
Communicate with government (seek services, get a license, discuss a problem)	1%	N=1	2%	N=4	10%	N=16	60%	N=101	27%	N=45	100%	N=167
Sell goods and services online, advertise	3%	N=5	1%	N=1	7%	N=12	10%	N=17	79%	N=131	100%	N=165
Find directions or look up a map	9%	N=15	29%	N=48	32%	N=53	22%	N=37	8%	N=14	100%	N=167

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 32: Question 16 (excluding "don't know" and "not applicable")

How comfortable, if at all, are you at each of the following?	Very comfortable		Somewhat comfortable		Not at all comfortable		Total	
Using a computer laptop/desktop	69%	N=112	27%	N=43	4%	N=6	100%	N=161
Using smartphone or tablet computer	60%	N=89	35%	N=52	5%	N=8	100%	N=148
Accessing the Internet	83%	N=133	13%	N=20	4%	N=7	100%	N=159
Using email	82%	N=130	13%	N=21	4%	N=7	100%	N=158
Locating information online (bus schedules, weather, news, etc.)	77%	N=119	19%	N=29	5%	N=7	100%	N=156
Using social networking sites (Facebook, Twitter, etc.)	54%	N=62	29%	N=33	16%	N=19	100%	N=114

Table 33: Question 16 (including "don't know" and "not applicable")

How comfortable, if at all, are you at each of the following?	Very comfortable		Somewhat comfortable		Not at all comfortable		Don't know		Not applicable		Total	
Using a computer laptop/desktop	67%	N=112	26%	N=43	4%	N=6	0%	N=0	3%	N=5	100%	N=167
Using smartphone or tablet computer	53%	N=89	31%	N=52	5%	N=8	2%	N=3	10%	N=16	100%	N=167
Accessing the Internet	80%	N=133	12%	N=20	4%	N=7	1%	N=1	4%	N=6	100%	N=167
Using email	78%	N=130	13%	N=21	4%	N=7	0%	N=0	5%	N=8	100%	N=166
Locating information online (bus schedules, weather, news, etc.)	71%	N=119	18%	N=29	4%	N=7	1%	N=1	6%	N=11	100%	N=167
Using social networking sites (Facebook, Twitter, etc.)	37%	N=62	20%	N=33	11%	N=19	1%	N=2	31%	N=51	100%	N=167

Table 34: Question D1

How many years have you lived in your community?	Percent	Number
Less than 1 year	1%	N=2
1-5 years	13%	N=22
6-10 years	15%	N=25
11-20 years	21%	N=35
More than 20 years	49%	N=83
Total	100%	N=167

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 35: Question D2

Which best describes the building you live in?	Percent	Number
Single family home	88%	N=147
Townhouse, condominium, duplex or apartment	9%	N=16
Mobile home	1%	N=1
Assisted living residence	0%	N=0
Nursing home	0%	N=0
Other	2%	N=4
Total	100%	N=167

Table 36: Question D3

Do you currently rent or own your home?	Percent	Number
Rent	19%	N=31
Own (with a mortgage payment)	39%	N=65
Own (free and clear; no mortgage)	42%	N=71
Total	100%	N=166

Table 37: Question D4

About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance and homeowners' association (HOA) fees)?	Percent	Number
Less than $300 per month	21%	N=34
$300 to $599 per month	20%	N=32
$600 to $999 per month	21%	N=34
$1,000 to $1,499 per month	17%	N=28
$1,500 to $2,499 per month	20%	N=33
$2,500 or more per month	2%	N=3
Total	100%	N=164

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 38: Question D5

How many people, including yourself, live in your household?	Percent	Number
1 person (live alone)	33%	N=55
2 people	56%	N=92
3 people	6%	N=11
4 or more people	5%	N=8
Total	100%	N=166
Average number of household members	1.9	N=166

Table 39: Question D6

How many of these people, including yourself, are…	1 person		2 people		3 people		4 or more people		Total		Average number of household members
60 or older	100%	N=80	100%	N=75	0%	N=0	0%	N=0	100%	N=155	1.4
17 or younger	100%	N=2	0%	N=0	100%	N=5	0%	N=0	100%	N=6	.7
18-59 years old	100%	N=29	100%	N=7	100%	N=1	100%	N=5	100%	N=42	3.8

Table 40: Question D7

What is your employment status?	Percent	Number
Fully retired	47%	N=77
Working full time for pay	30%	N=49
Working part time for pay	18%	N=30
Unemployed, looking for paid work	5%	N=7
Total	100%	N=165

Table 41: Question D8

[If not yet fully retired] At what age do you expect to retire completely and not work for pay at all?	Percent	Number
60 to 64	17%	N=12
65 to 69	35%	N=25
70 to 74	21%	N=15
75 or older	28%	N=20
Total	100%	N=74
Average age of expected retirement	73.3	N=74

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 42: Question D9

How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)	Percent	Number
Less than $15,000	8%	N=13
$15,000 to $24,999	11%	N=18
$25,000 to $49,999	19%	N=30
$50,000 to $74,999	31%	N=49
$75,000 to $99,999	15%	N=24
$100,000 or more	15%	N=24
Total	100%	N=157

Table 43: Question D10

Are you Spanish, Hispanic or Latino?	Percent	Number
Yes	11%	N=19
No	89%	N=144
Total	100%	N=163

Table 44: Question D11

What is your race?	Percent	Number
American Indian or Alaskan Native	3%	N=5
Asian, Asian Indian or Pacific Islander	0%	N=1
Black or African American	0%	N=0
White	97%	N=160
Other	6%	N=9

Total may exceed 100% as respondents could select more than one option.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 45: Question D12

In which category is your age?	Percent	Number
60-64 years	47%	N=75
65-69 years	29%	N=46
70-74 years	15%	N=24
75-79 years	7%	N=12
80-84 years	2%	N=3
85-89 years	1%	N=1
90-94 years	0%	N=0
95 years or older	0%	N=0
Total	100%	N=162

Table 46: Question D13

What is your sex?	Percent	Number
Female	47%	N=77
Male	53%	N=87
Other/non-conforming	0%	N=0
Total	100%	N=164

Table 47: Question D14

What is your sexual orientation?	Percent	Number
Heterosexual	95%	N=149
Lesbian	1%	N=2
Gay	3%	N=5
Bisexual	1%	N=2
Total	100%	N=158

Table 48: Question D15

Are you a grandparent raising a grandchild?	Percent	Number
Yes	9%	N=16
No	91%	N=150
Total	100%	N=166

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Appendix B: Survey Methodology

Data Collection Methods

The Community Assessment Survey for Older Adults (CASOA)™, conducted by National Research Center, Inc., was developed to provide an accurate, affordable and easy way to assess and interpret the experience of older adults in the community. The CASOA™ survey instrument and its administration are standardized to assure high quality survey methods and comparable results across CASOA™ communities. The CASOA™ was customized for Denver Regional Council of Governments Area Agency on Aging (DRCOG) to reflect the correct local age definition of older adults and so that the mailing materials used official DRCOG graphics, contact information and signatures. DRCOG, in association with the Colorado Association of Area Agencies on Aging (C4A) and with funding from NextFifty Initiative, sponsored this research. Please contact Jayla Sanchez-Warren of Denver Regional Council of Governments Area Agency on Aging at 303-445-1000 if you have any questions about the survey.

Survey Development

The CASOA™ questionnaire contains many questions related to the life of older residents in the community. The instrument includes questions related to overall quality of life, characteristics of the community, perceptions of safety in the community and of 40 different needs common to older adults.

The questionnaire grew from a synthesis of a number of data collection processes including a national search of needs assessments conducted by communities across the United States, a review of the literature on aging and the conduct of numerous surveys and large scale needs assessments by NRC. A blue-ribbon panel of national experts contributed to the concept and content of CASOA™.

The items in the questionnaire were pilot tested on senior residents using a “think-aloud” method in which older adults were asked to complete the survey and describe their thought processes related to specific questions and question sets. The results of the pilot test were used to alter the questionnaire for better understanding by senior participants. The final questionnaire was tested in a set of diverse U.S. communities and modifications again were made as necessary. A copy of the survey materials can be found in *Appendix E: Survey Materials*.

Selecting Survey Recipients

One of the first steps taken to ensure survey results are representative of the target population is to use a source from which you select survey recipients that provides adequate to good "coverage" of the target population. This source is referred to as the "sampling frame" in survey research lingo.

The target population for this survey was residents in households age 60 years or older within DRCOG’s service area. Since it is cost prohibitive to survey every person age 60 years or older in Gilpin County, a random selection of records from the sampling frame was made. An example that may be familiar from a math or statistics class is the jar or bowl of marbles of various colors. If the jar has two-thirds red marbles and one-third blue marbles, a random selection of marbles from that jars should result in a similar proportion (although perhaps not identical) of red and blue marbles as in the original jar.

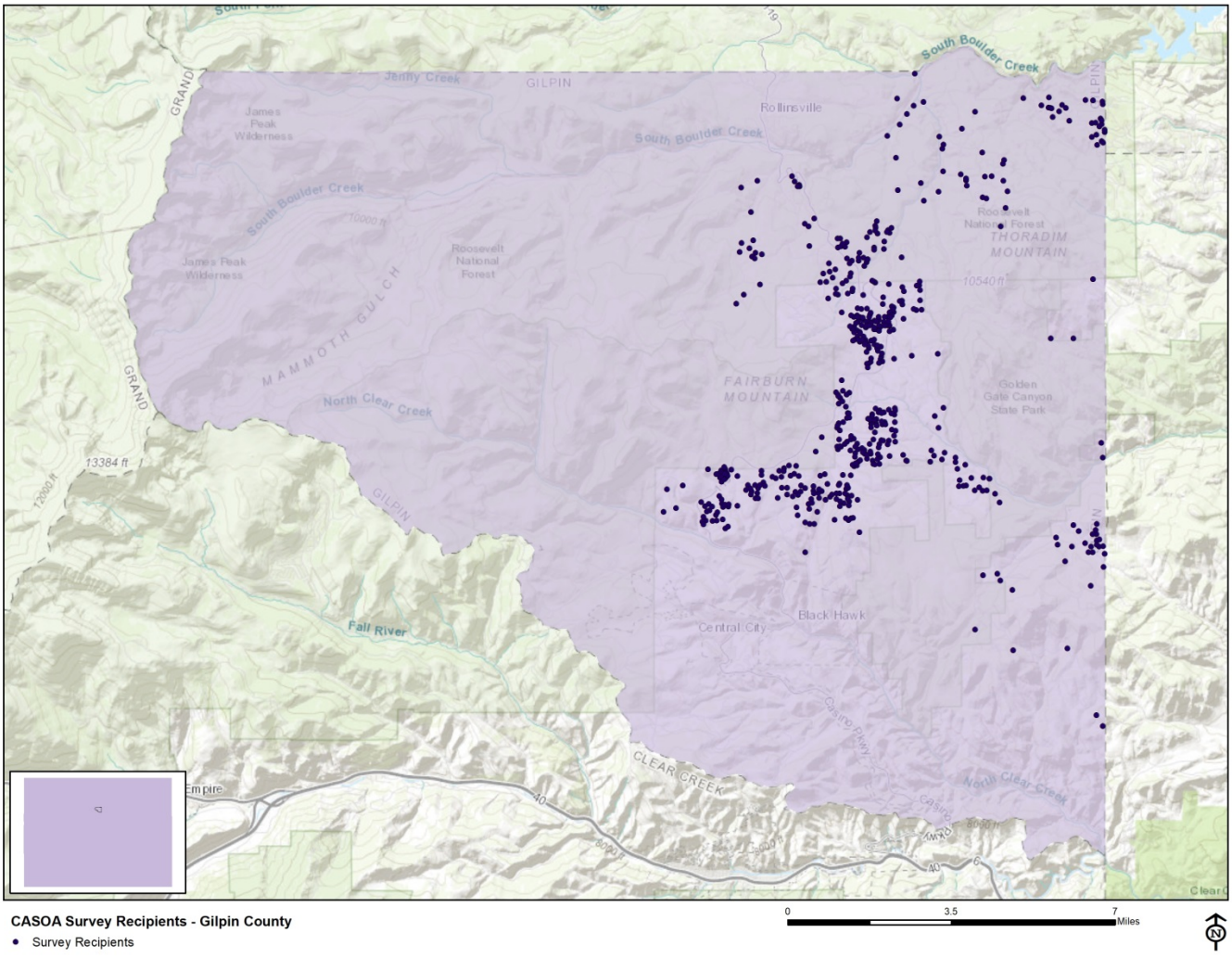
The sampling frame used for this survey was a list of households with a high likelihood of having a resident age 60 years or older within DRCOG’s service area from Go-Dog Direct. These lists to do not provide complete coverage of all members of the target population, but do provide a fairly complete coverage. The lists provided by Go-Dog Direct cannot be mapped directly to political boundaries such as municipalities or counties, but to United States Postal Service (USPS) boundaries such as zip codes or carrier routes. To ensure all eligible households are included, they randomly selected households from their entire list for the target population for all the zip codes that contain even a part of the study

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

boundaries. They provided a greater number of households than needed so that a process referred to as "geocoding" could be used to eliminate addresses from the list that were outside the study boundaries. Geocoding is a computerized process in which addresses are compared to electronically mapped boundaries and coded as inside or outside desired boundaries. All addresses determined to be outside the study boundaries were eliminated from the list. A stratified, systematic sampling method was used with the remaining addresses to create a mailing list of older adult households with a surveys being sent to each county within the agency's service area (see Figure 22 and Table 49). Systematic sampling is a procedure whereby a complete list of all possible households is culled, selecting every Nth one, giving each eligible household a known probability of selection, until the appropriate number of households is selected.

Although the purchased list of known senior households contained names of the residents 60 years and older, no name was printed on the survey envelope; instead, the survey was addressed to "Resident." In order to select a random individual 60 years of age and older within the household, the cover letter requested that the questionnaire be given to the person 60 years of age and older who most recently celebrated their birthday (regardless of year of birth) to complete. The underlying assumption in this method is that day of birth has no relationship to the way people respond to surveys. This instruction was contained in the cover letter accompanying the questionnaire.

Figure 22: Location of Survey Recipients



Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Survey Administration and Response

Each sampled household received three mailings, about one week apart, beginning May 7, 2018. The first mailing was a prenotification postcard announcing the upcoming survey. The next mailing contained a letter from the AAA director inviting the household to participate, a questionnaire and a postage-paid return envelope. The final mailing contained a reminder letter, another survey and a postage-paid return envelope. The second cover letter asked those who had not completed the survey to do so and those who had already done so to refrain from turning in another survey. The cover letter included URL, which allowed respondents to complete the survey online if they preferred. The survey was available in English and Spanish (online only). Completed surveys were collected over the following six weeks.

About 3% of the 10,400 surveys mailed were returned because the housing unit was vacant or the postal service was unable to deliver the survey as addressed. Of the remaining households that received the survey, 1,246 completed the survey, providing an overall response rate of 12%. Of the 1,246 completed surveys, 65 were completed online and none were completed in Spanish. Additionally, responses were tracked by county and are displayed in the table below. For Gilpin County, 6% of the 1,200 surveys mailed were returned because the housing unit was vacant or the postal service was unable to deliver the survey as addressed. Of the remaining households that received the survey, 178 completed the survey, providing an overall response rate of 16%. Of the 178 completed surveys, eight were completed online and zero were completed in Spanish.

The response rates were calculated using AAPOR's response rate #2[2] for mailed surveys of unnamed persons.

Table 49: Survey Response Rate

	Adams County	Arapahoe County	City and County of Broomfield	Clear Creek County	City and County of Denver	Douglas County	Gilpin County	Jefferson County	AAA Overall
Total sample used	1,525	1,665	1,200	1,200	1,200	1,210	1,200	1,200	10,400
I=Complete Interviews	157	158	158	188	138	126	176	133	1,234
P=Partial Interviews	1	2	1	1	2	2	2	1	12
R=Refusal and break off	0	0	0	0	0	0	0	1	1
NC=Non Contact	0	0	0	0	0	0	0	0	0
O=Other	0	0	0	0	0	0	0	0	0
UH=Unknown household	0	0	0	0	0	0	0	0	0
UO=Unknown other	1,337	1,471	1,009	935	1,026	1,063	947	1,041	8,829
Response rate: (I+P)/(I+P) + (R+NC+O) + (UH+UO)	11%	10%	14%	17%	12%	11%	16%	11%	12%

[2] See AAPOR's Standard Definitions here: http://www.aapor.org/Standards-Ethics/Standard-Definitions-(1).aspx for more information

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Confidence Intervals

It is customary to describe the precision of estimates made from surveys by a "level of confidence" and accompanying "confidence interval" (or margin of error). A traditional level of confidence, and the one used here, is 95%. The 95% confidence interval can be any size and quantifies the sampling error or imprecision of the survey results because some residents' opinions are relied on to estimate all residents' opinions.[3]

The margin of error for the DRCOG survey report is no greater than plus or minus 3% around any given percent and two points around any given average rating reported for all respondents (1,246 completed surveys). The a margin of error for this survey report for Gilpin County is no greater than plus or minus 7% around any given percent and four points around any given average rating for all respondents (178 completed surveys).

For subgroups of responses, the margin of error increases because the number of respondents for the subgroup is smaller. For subgroups of approximately 100 respondents, the margin of error is plus or minus 10 percentage points.

Survey Processing (Data Entry)

Upon receipt, completed surveys were assigned a unique identification number. Additionally, each survey was reviewed and "cleaned" as necessary. For example, a question may have asked a respondent to pick two items out of a list of five, but the respondent checked three; in this case, NRC would use protocols to randomly choose two of the three selected items for inclusion in the dataset.

All surveys then were entered twice into an electronic dataset; any discrepancies were resolved in comparison to the original survey form. Range checks as well as other forms of quality control were also performed.

NRC used Qualtrics, a web-based survey and analytics platform, to collect the online survey data. Use of an online system means all collected data are entered into the dataset when the respondents submit the surveys. Skip patterns are programmed into system so respondents are automatically "skipped" to the appropriate question based on the individual responses being given. Online programming also allows for more rigid control of the data format, making extensive data cleaning unnecessary.

A series of quality control checks were also performed in order to ensure the integrity of the web data. Steps may include and not be limited to reviewing the data for clusters of repeat IP addresses and time stamps (indicating duplicate responses) and removing empty submissions (questionnaires submitted with no questions answered).

Survey Data Weighting

The primary objective of weighting survey data is to make the survey sample reflective of the larger population of the study area. This is done by: 1) reviewing the sample demographics and comparing them to the population norms from the most recent Census or other sources and 2) comparing the responses to different questions for demographic subgroups. The demographic characteristics that are least similar to the Census and yield the most different results are the best candidates for data weighting. Several different weighting "schemes" are tested to ensure the best fit for the data. The characteristics used for

[3] A 95% confidence interval indicates that for every 100 random samples of this many residents, 95 of the confidence intervals created will include the "true" population response. This theory is applied in practice to mean that the "true" perspective of the target population lies within the confidence interval created for a single survey. For example, if 75% of residents rate a service as "excellent" or "good," then the 4% margin of error (for the 95% confidence interval) indicates that the range of likely responses for the entire community is between 71% and 79%. This source of uncertainty is called sampling error. In addition to sampling error, other sources of error may affect any survey, including the non-response of residents with opinions different from survey responders. Though standardized on CASOA, on other surveys, differences in question wording, order, translation and data entry, as examples, can lead to somewhat varying results.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

weighting were tenure, housing unit, race, ethnicity, sex and age. No adjustments were made for design effects. The results of the weighting scheme are presented in the following table.

Table 53: Weighting Scheme

	Population norm*	Unweighted	Weighted
Housing**			
Own	80%	83%	81%
Rent	20%	17%	19%
Attached	11%	12%	12%
Detached	89%	88%	88%
Race and ethnicity**			
White	92%	89%	91%
Not white	8%	11%	9%
Hispanic	16%	11%	11%
Not Hispanic	84%	89%	89%
Sex and Age			
Female	48%	48%	47%
Male	52%	52%	53%
60 to 64 years	50%	45%	47%
65 to 74 years	41%	45%	44%
75 or over	9%	10%	10%
Female 60 to 64	22%	18%	25%
Female 65 to 74	20%	22%	19%
Female 75+	6%	7%	2%
Male 60 to 64 years	28%	27%	22%
Male 65 to 74 years	21%	23%	25%
Male 75+	3%	3%	7%

** Source: U.S. Census Bureau, 2011-2015 American Community Survey 5-Year Estimates*

*** Source: U.S. Census Bureau, 2011-2015 American Community Survey 5-Year Estimates, householder age 65 and over*

Survey Data Analysis and Reporting

The survey dataset was analyzed using the Statistical Package for the Social Sciences (SPSS). For the most part, the percentages presented in the reports represent the "percent positive." The percent positive is the combination of the top two most positive response options (i.e., "excellent" and "good," "very safe" and "somewhat safe," "essential" and "very important," etc.), or, in the case of resident behaviors/participation, the percent positive represents the proportion of respondents indicating "yes" or participating in an activity at least once a month.

On many of the questions in the survey respondents may answer "don't know." The proportion of respondents giving this reply is shown in the full set of responses included in *Appendix B: Complete Set of Survey Frequencies*. However, these responses have been removed from the analyses presented in the reports. In other words, the tables and graphs display the responses from respondents who had an opinion about a specific item.

A variety of analyses were presented in the body of the report. The following sections summarize how these analyses were conducted or scores calculated.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Estimates of the Contribution of Older Adults to the Economy

The calculations of the economic contributions of older adults in DRCOG's service area were rough estimates using data from the U.S. Department of Labor Bureau of Labor Statistics (Metropolitan and Nonmetropolitan Area Occupational Employment and Wage Estimates).

Table 50: Contribution of Older Adults to the Economy

	Percent of older adults	Number of older adults[1]	Average number of hours*	Average hourly rate**	Annual total
Providing care to older adult(s)	22%	345	10.2	$12.26	$2,124,714
Providing care to adult(s)	15%	243	6.3	$12.26	$906,170
Providing care to child(ren)	11%	171	13.5	$13.43	$1,497,290
Providing help to family and friends	86%	1,378	4.5	$14.10	$4,253,186
Volunteering	45%	718	4.5	$19.71	$3,157,537
Subtotal unpaid					$11,938,898
Working part time	18%	295	15.0	$27.60	$6,130,908
Working full time	30%	481	32.0	$27.60	$21,349,717
Subtotal paid					$27,480,625
Total contribution					$39,419,523

[1] Based on Colorado State Demography Office, Single Year of Age Data 1990-2050.

** Respondents were asked to select a range of hours. The average number of hours was calculated from the mid-point of the response scale. For example, a response of "1 to 3 hours" equated to 2 hours and a response of "never" was assumed to be zero hours. In cases where the respondent chose a response that indicated "11 or more hours" or "20 or more hours", the number of hours was calculated as 125% of 11 and 125% of 20 (i.e., 13.75 and 25 respectively). Working full time was assumed to be 32 hours per week and working part time was assumed to be 15 hours per week.*

***The economic value of an hour worked was assumed to be the same as the average hourly wage as calculated by the Bureau of Labor statistics for similar types of work in the Denver-Aurora-Lakewood, CO MSA. Providing care for older adults and adults was assumed to be the equivalent of "Personal and Home Care Aides." Providing care for children was assumed to be the equivalent of "Child Care Workers." Providing help to family and friends was assumed to be the equivalent of "Personal Care and Service Occupations." Volunteering was assumed to be the equivalent of "Office Clerks, General." Working full time and part time was assumed to be the equivalent of "All Occupations."*

The proportion of older adults who work was estimated by examining the responses to question D7 from the survey ("What is your employment status?"). Those working full-time were assumed to work 32 hours per week and those working part-time were assumed to work 15 hours per week. The proportion of survey respondents was multiplied by the number of adults 60 and over in the community to ascertain the number of employed older adults. To determine the average paid wage, information from the Bureau of Labor Statistics for the Denver-Aurora-Lakewood, CO MSA was examined. Working full-time and part-time was assumed to be the equivalent of "All Occupations" (occupation code 00-0000).

The proportion of older adults doing volunteer work and providing help to friends and neighbors was determined by looking at the responses to question 12 ("During a typical week, how many hours, if any, do you spend doing the following?"), items f ("providing help to family and friends") and g ("volunteering your time to some group/activity"). Those responding "1 to 3 hours" were assumed to spend two hours, "4 to 5 hours" were assumed to spend 4.5 hours, those responding "6 to 10 hours" were assumed to spend eight hours, and those responding "11 or more hours" were assumed to spend 13.75 hours (125% of 11). To determine the average hourly wage, "providing help to family and friends" was assumed to be the equivalent of "Personal Care and Service Workers, All Other" (occupation code 39-9099) and volunteering was assumed to be the equivalent of "Office Clerks, General" (occupation code 43-9061).

The proportion of older adults providing care to family and friends was determined by examining the responses to question 12. Those responding "1 to 3 hours" were assumed to spend two hours, "4 to 5 hours" were assumed to spend 4.5 hours, those responding "6 to 10 hours" were assumed to spend eight

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

hours, and those responding "11 to 19 hours" were assumed to spend 15 hours and those responding "20 or more hours" were assumed to spend 25 hours (125% of 20). To determine the average hourly wage, "providing care for older adults and adults" (items a and b) were assumed to be the equivalent of "Personal and Home Care Aides" (occupation code 39-9021) and "providing care for children" (item c) was assumed to be the equivalent of "Child Care Workers" (occupation code 39-9011).

Community Summary Scores

The community score presented in the body of the report represents the average of the questions included in the index. Although the evaluative or frequency questions were made on 4- or 5- point scales with 1 representing the best rating, the scales had different labels (e.g., "excellent," "not a problem," "very likely"). To calculate these average scores, the questions used in the index were converted to a common scale where 0 is the worst possible rating and 100 is the best possible rating. If everyone reported "excellent," then the result would be 100 on the 0-100 scale. If the average rating for quality of life was right in the middle of the scale (half way between "good" and "fair"), then the result would be 50. The new scale can be thought of like the thermometer used to represent total giving to United Way. The higher the thermometer reading, the closer to the goal of 100 – in this case, the most positive response possible. The table below shows the individual questions comprising each summary score.

Index	Individual Variables Used in Index
Quality of Community	How do you rate your community as a place to live?
	How do you rate your community as a place to retire?
	How would you rate the overall services provided to older adults in your community?
	Recommend living in your community to older adults
	Remain in your community throughout your retirement
Community and Belonging	Sense of community
	Openness and acceptance of the community towards older residents of diverse backgrounds
	Overall feeling of safety in your community
	Valuing older residents in your community
	Neighborliness of your community
Community Information	Availability of information about resources for older adults
	Availability of financial and legal planning services
	In general, how informed or uninformed do you feel about services and activities available to older adults in your community?
Opportunities for Productive Activities	Opportunities to volunteer
	Employment opportunities
	Opportunities to enroll in skill-building or personal enrichment classes
	Recreation opportunities (including games, arts and library services, etc.)
	Opportunities to attend social events or activities
	Opportunities to attend religious or spiritual activities
	Opportunities to attend or participate in meetings about local government or community matters
Health and Wellness Opportunities	Fitness opportunities (including exercise classes and paths or trails, etc.)
	Availability of long-term care options
	Availability of daytime care options for older adults
	Availability of affordable quality physical health care
	Availability of affordable quality mental health care
	Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Index	Individual Variables Used in Index
Community Design and Land Use	Availability of affordable quality housing
	Variety of housing options
	Availability of affordable quality food
	Ease of travel by public transportation in your community
	Ease of car travel in your community
	Ease of walking in your community
	Ease of getting to the places you usually have to visit
	Cost of living in your community

Needs Summary Scores

The needs summary scores (indices) are based on the response patterns of older adults in the community. The table below contains each question included in the index and the required response to that question. So, for example, if a respondent indicated that her overall physical health (q5a) was "fair," she would be counted as having a physical health issue along with other respondents who may have noted that they had a moderate or major problem with falling or maintaining a healthy diet, etc. Respondents with many physical health problems are counted only once in this category so that the total percent shown in the report graph represents the percent of older adults with at least one physical problem.

Index	Individual Variables Used in Index	Required Rating
Safety	Must have at least one of the following:	
	- Being a victim of crime	Moderate or major problem
	- Being a victim of fraud or a scam	Moderate or major problem
	- Being physically or emotionally abused	Moderate or major problem
	- Being treated unfairly or discriminated against because of your age	Moderate or major problem
Civic engagement	Must	
	- Vote in local elections	Never or rarely
	Or	
	- Participating in a civic group (including Elks, Kiwanis, Masons, etc.) and Volunteering your time to some group/activity in your community	Never (no hours)
	Or	
	- Attended local public meeting and Watched (online or on television) a local public meeting	Not at all
Social engagement	Must have:	
	- Having interesting social events or activities to attend	Moderate or major problem
	Or all of the following:	
	- Used a senior center in your community	Not at all
	- Participating in a club (including book, dance, game and other social)	Never (no hours)
	- Participating in religious or spiritual activities with others	Never (no hours)
Recreation	Must have q6(b)c:	
	- Having interesting recreational or cultural activities to attend	Moderate or major problem
	Or all of the following:	
	- Used a recreation center in your community	Not at all
	- Used a public library in your community	Not at all
	- Visited a neighborhood park	Not at all

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Index	Individual Variables Used in Index	Required Rating
	- Participating in a recreation program or group activity	Never (no hours)
Caregiver burden	Must have:	
	- Feeling physically burdened by providing care for another person	Moderate or major problem
	- Feeling emotionally burdened by providing care for another person	Moderate or major problem
	- Feeling financially burdened by providing care for another person	Moderate or major problem
Financial and legal	Must have at least one of the following:	
	- [Ratio] How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.) / How many people, including yourself, live in your household?	Income was at or below the income limits set by HUD for Section 8 programs
	- Having enough money to meet daily expenses	Moderate or major problem
	- Having enough money to pay your property taxes	Moderate or major problem
	- Dealing with legal issues	Moderate or major problem
	- Finding work in retirement	Moderate or major problem
	- Building skills for paid or unpaid work	Moderate or major problem
	- Dealing with financial planning issues	Moderate or major problem
Meaningful activities	Must have at least one of the following:	
	- Finding productive or meaningful activities to do	Moderate or major problem
	- Feeling like your voice is heard in the community	Moderate or major problem
	- Finding meaningful volunteer work	Moderate or major problem
	- Not knowing what services are available to older adults in your community	Moderate or major problem
Physical health	Must have at least one of the following:	
	- How do you rate your overall physical health?	Fair or poor
	- Your physical health	Moderate or major problem
	- Doing heavy or intense housework	Moderate or major problem
	- Maintaining your home	Moderate or major problem
	- Maintaining your yard	Moderate or major problem
	- Staying physically fit	Moderate or major problem
	- Maintaining a healthy diet	Moderate or major problem
	- Eat at least 5 portions of fruits and vegetables a day	Never or rarely
	- Participate in moderate or vigorous physical activity	Never or rarely
Mental health	Must have at least one of the following:	
	- How do you rate your overall mental health/emotional wellbeing?	Fair or poor
	- Feeling depressed	Moderate or major problem
	- Experiencing confusion or forgetfulness	Moderate or major problem
	- Having friends or family you can rely on	Moderate or major problem
	- Figuring out which medications to take and when	Moderate or major problem
	- Feeling bored	Moderate or major problem
	- Feeling lonely or isolated	Moderate or major problem
	- Dealing with the loss of a close family member or friend	Moderate or major problem
Health care	Must have at least one of the following:	
	- Finding affordable health insurance	Moderate or major problem
	- Getting the health care you need	Moderate or major problem

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Index	Individual Variables Used in Index	Required Rating
	- Affording the medications you need	Moderate or major problem
	- Getting the oral health care you need	Moderate or major problem
	- Getting the vision care you need	Moderate or major problem
	- Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	Moderate or major problem
Institutionalization risk	Must have at least one of the following:	
	- Performing regular activities, including walking, eating and preparing meals	Moderate or major problem
	- No longer being able to drive	Moderate or major problem
	- Falling or injuring yourself in your home	Moderate or major problem
	- A hospital	Spent 3 or more days in past 12 months
	- In a long-term care facility (including nursing home or in-patient rehabilitation)	Spent 3 or more days in past 12 months
	- Thinking back over the past 12 months, how many times have you fallen and injured yourself? Was it…	Fell 3 or more times in past 12 months
	- Receive assistance from someone almost every day	Sometimes, usually or always
Basic necessities	Must have at least one of the following:	
	- How do you rate your overall quality of life?	Fair or poor
	- Having housing to suit your needs	Moderate or major problem
	- Having enough food to eat	Moderate or major problem
	- Having safe and affordable transportation available	Moderate or major problem

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Appendix C: Benchmark Comparisons

NRC has developed a database that collates responses to CASOA and related surveys administered in other communities, which allows the results from Gilpin County to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in 175+ communities across the nation. The demographics of NRC's database match the demographics in the nation, based on the U.S. Census 2010 estimates.

Interpreting the Results

Ratings are compared when similar questions are included in NRC's database and there are at least five communities in which the question was asked. Where comparisons are available, three numbers are provided in the table. The first column is Gilpin County's proportion of the population responding in a particular way (e.g., percent "likely" to recommend living in the community). The second column is the rank assigned to this rating among communities where a similar question was asked. The third column is the number of communities that asked a similar question. The fourth column shows the comparison of Gilpin County's rating (column one) to the benchmark.

Where comparisons for ratings were available, Gilpin County's results were generally noted as being "higher" than the benchmark, "lower" than the benchmark or "similar" to the benchmark. In instances where ratings are considerably higher or lower than the benchmark, these ratings have been further demarcated by the attribute of "much," (for example, "much higher" or "much lower"). These labels come from a statistical comparison of the Gilpin County's rating to the benchmark where a rating is considered "similar" if it is within than the margin of error; "higher" or "lower" if the difference between your community's rating and the benchmark is greater the margin of error; and "much higher" or "much lower" if the difference between your community's rating and the benchmark is more than twice the margin of error.

Table 51: Community as a Place for Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Community as an excellent or good place to live	83%	261	393	Similar
Community as an excellent or good place to retire	54%	352	391	Lower
Excellent or good overall services provided to older adults	48%	42	69	Similar

Table 52: Recommendation of Community to Others Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Likely to recommend living to older adults	49%	314	315	Much lower

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 53: Remaining in Community Throughout Retirement Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Likely to remain throughout retirement	64%	69	69	Lower

Table 54: Older Adult Community and Belonging Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good sense of community	59%	249	392	Similar
Excellent or good openness and acceptance of the community towards older residents of diverse backgrounds	64%	166	376	Similar
Excellent or good overall feeling of safety	76%	122	202	Similar
Excellent or good valuing of older residents	59%	25	68	Similar
Excellent or good neighborliness	56%	128	199	Similar

Table 55: Safety Problems Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with being a victim of crime	14%	23	69	Similar
Problems with being a victim of fraud or a scam	19%	31	68	Similar
Problems with being physically or emotionally abused	4%	61	68	Similar
Problems with being treated unfairly or discriminated against because of age	23%	36	61	Similar

Table 56: Awareness of Older Adult Services and Activities Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Informed about services and activities available to older adults	64%	12	69	Similar

Table 57: Availability of Information About Older Adult Resource Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of information about resources for older adults	35%	46	69	Similar
Excellent or good availability of financial and legal planning services	21%	59	68	Lower

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 58: Meaningful Activities Needs Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with finding productive or meaningful activities to do	20%	65	68	Lower
Problems with feeling like your voice is heard in the community	45%	65	69	Lower
Problems with finding meaningful volunteer work	30%	44	69	Similar
Problems with not knowing what services are available to older adults in your community	52%	61	69	Similar

Table 59: Civic Engagement Opportunities Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good opportunities to volunteer	75%	179	307	Similar
Excellent or good opportunities to attend or participate in meetings about local government or community matters	75%	13	69	Higher

Table 60: Participation in Civic Activities Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Attended a local public meeting at least once in past 12 months	50%	21	391	Higher
Watched (online or on television) a least once in past 12 months	8%	317	322	Much lower
Participating in a civic group (including Elks, Kiwanis, Masons, etc.) for one hour or more per week	14%	14	69	Similar
Volunteering your time to some group/activity for one hour or more per week	45%	14	69	Similar
Voted in the last local election	95%	11	390	Higher

Table 61: Social Engagement Opportunities Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good opportunities to attend social events or activities	59%	199	303	Similar
Excellent or good opportunities to attend religious or spiritual activities	72%	237	267	Similar

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 62: Participation in Social Activities Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Used a senior center at least once in past 12 months	26%	14	69	Similar
Participating in a club (including book, dance, game and other social) for one hour or more per week	23%	63	69	Similar
Communicating/ visiting with friends and/or family for one hour or more per week	97%	16	199	Much higher
Participating in religious or spiritual activities with others for one hour or more per week	27%	265	266	Much lower
Providing help to friends or relatives for one hour or more per week	86%	17	194	Similar

Table 63: Social Engagement Problems Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having interesting social events or activities to attend	47%	32	69	Similar

Table 64: Recreational and Personal Enrichment Opportunities Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good opportunities to enroll in skill-building or personal enrichment classes	25%	63	69	Much lower
Excellent or good recreation opportunities (including games, arts and library services, etc.)	77%	112	389	Higher

Table 65: Participation in Recreational and Personal Enrichment Activities Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Used a recreation center at least once in past 12 months	50%	130	341	Similar
Used a public library at least once in past 12 months	44%	337	350	Much lower
Visited a neighborhood park at least once in past 12 months	51%	378	389	Much lower
Participating in a recreation program or group activity for one hour or more per week	37%	37	69	Similar

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 66: Recreational Problems Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having interesting recreational or cultural activities to attend	38%	55	69	Similar

Table 67: Caregiver Burden Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with feeling physically burdened by providing care for another person	15%	59	61	Similar
Problems with feeling emotionally burdened by providing care for another person	19%	57	61	Similar
Problems with feeling financially burdened by providing care for another person	17%	46	61	Similar

Table 68: Employment Opportunities Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good employment opportunities	30%	208	376	Similar

Table 69: Financial and Legal Problems of Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having enough money to meet daily expenses	46%	5	69	Higher
Problems with having enough money to pay your property taxes	18%	61	69	Similar
Problems with dealing with legal issues	35%	13	68	Similar
Problems with finding work in retirement	40%	6	69	Higher
Problems with building skills for paid or unpaid work	35%	8	69	Similar
Problems with dealing with financial planning issues	43%	7	68	Similar

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 70: Physical Health Opportunities Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good fitness opportunities (including exercise classes and paths or trails, etc.)	80%	71	201	Similar
Excellent or good availability of affordable quality physical health care	11%	347	347	Much lower

Table 71: Overall Physical Health of Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good overall physical health	71%	47	202	Similar

Table 72: Participation in Healthy Activities Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Always or usually eats at least 5 portions of fruits and vegetables a day	34%	163	192	Similar
Always or usually participates in moderate or vigorous physical activity	63%	23	193	Higher

Table 73: Physical Health Problems of Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with your physical health	61%	26	69	Similar
Problems with problems with Doing heavy or intense housework	52%	42	68	Similar
Problems with maintaining your home	40%	32	69	Similar
Problems with maintaining your yard	38%	57	69	Similar
Problems with staying physically fit	45%	62	69	Similar
Problems with maintaining a healthy diet	39%	51	69	Similar

Table 74: Availability of Mental Healthcare Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of affordable quality mental health care	6%	185	185	Much lower

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 75: Emotional Wellbeing of Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good overall mental health/emotional well being	91%	13	69	Similar

Table 76: Mental Health Problems of Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with feeling depressed	38%	36	68	Similar
Problems with experiencing confusion or forgetfulness	25%	58	68	Similar
Problems with having friends or family you can rely on	31%	31	69	Similar
Problems with figuring out which medications to take and when	10%	30	61	Similar
Problems with feeling bored	32%	58	68	Similar
Problems with feeling lonely or isolated	32%	37	68	Similar
Problems with dealing with the loss of a close family member or friend	35%	36	69	Similar

Table 77: Availability of Preventative Health Care Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	34%	277	285	Much lower

Table 78: Health Care Problems of Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with finding affordable health insurance	48%	10	69	Similar
Problems with getting the health care you need	48%	6	69	Higher
Problems with affording the medications you need	40%	6	68	Similar
Problems with getting the oral health care you need	36%	7	67	Similar
Problems with getting the vision care you need	35%	6	61	Similar
Problems with having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	49%	13	69	Similar

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Table 79: Care Options for Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of long-term care options	2%	60	62	Much lower
Excellent or good availability of daytime care options for older adults	4%	58	61	Much lower

Table 80: Falls, Hospitalizations and Institutionalizations of Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Spent at least 1 day in a hospital in past 12 months	25%	16	68	Similar
Spent at least 1 day in a nursing home or in-patient rehabilitation facility	0%	58	68	Similar
Had at least 1 fall in the past 12 months	32%	45	68	Similar

Table 81: Independent Living Problems of Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with performing regular activities, including walking, eating and preparing meals	28%	44	69	Similar
Problems with no longer being able to drive	11%	46	69	Similar
Problems with falling or injuring yourself in your home	28%	24	68	Similar

Table 82: Aspects of Design and Land Use Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of affordable quality housing	5%	378	383	Much lower
Excellent or good variety of housing options	5%	307	309	Much lower
Excellent or good availability of affordable quality food	31%	307	311	Much lower
Excellent or good ease of bus, rail, subway or other public transit	6%	196	200	Much lower
Excellent or good ease of car travel	65%	200	377	Similar
Excellent or good ease of walking	49%	312	374	Lower
Excellent or good ease of getting to the places usually visited	55%	193	202	Lower
Excellent or good cost of living	34%	120	194	Similar

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

ATable 83: Public Transportation Use by Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Used bus, rail, subway or other public transportation instead of driving at least once	11%	107	177	Similar

Table 84: Basic Needs Problems of Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having housing to suit your needs	24%	15	68	Similar
Problems with having enough food to eat	20%	3	68	Similar
Problems with having safe and affordable transportation available	41%	3	69	Higher

Table 85: Overall Quality of Life of Older Residents Benchmarks

	Gilpin County percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good overall quality of life	89%	15	69	Similar

Jurisdictions Included in Benchmark Comparisons

- Fort Smith, AR
- Siloam Springs, AR
- Apache Junction, AZ
- Casa Grande, AZ
- Dewey-Humboldt, AZ
- Gilbert, AZ
- Goodyear, AZ
- Mesa, AZ
- Peoria, AZ
- Prescott Valley, AZ
- Safford, AZ
- Sahuarita, AZ
- Scottsdale, AZ
- Sedona, AZ
- Surprise, AZ
- Tucson, AZ
- Yuma, AZ
- American Canyon, CA
- Benicia, CA
- Burlingame, CA
- Chula Vista, CA
- Clovis, CA
- Coronado, CA
- Dublin, CA
- El Cerrito, CA
- Elk Grove, CA
- Galt, CA
- Laguna Beach, CA
- Livermore, CA
- Lodi, CA
- Martinez, CA
- Menlo Park, CA
- Monterey, CA
- Oceanside, CA
- Palm Springs, CA
- Palo Alto, CA
- Richmond, CA
- Ridgecrest, CA
- San Jose, CA
- San Luis Obispo County, CA
- San Ramon, CA
- Santa Barbara County, CA
- Saratoga, CA
- Seaside, CA
- South Lake Tahoe, CA
- Stockton, CA
- Tracy, CA
- Walnut Creek, CA
- Adams County, CO
- Arapahoe County, CO
- Archuleta County, CO
- Associated Governments of Northwest Colorado (Reg. 11), CO
- Aurora, CO
- Boulder County Area Agency on Aging (Reg. 3b), CO
- Boulder County, CO
- Brighton, CO
- Broomfield, CO
- Carbon Valley, CO
- Clear Creek County, CO
- Colorado Springs, CO
- Craig, CO
- Crested Butte, CO
- Delta County, CO
- Denver, CO
- Douglas County, CO
- DRCOG Area Agency on Aging (Reg. 3a), CO

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

- Eagle County, CO
- East Central Council of Governments (Reg. 5), CO
- El Paso County, CO
- Englewood, CO
- Erie, CO
- Estes Park, CO
- Garfield County, CO
- Gilpin County, CO
- Gunnison County, CO
- Hinsdale County, CO
- Jefferson County, CO
- Lafayette, CO
- Larimer County Office on Aging (Reg. 2a), CO
- Lower Arkansas Valley AAA (Reg. 6), CO
- Mesa County, CO
- Montrose County, CO
- Northeastern Colorado Association of Local Governments (Reg. 1), CO
- Northwest Colorado Council of Governments (NWCOG) (Reg. 12), CO
- Ouray County, CO
- Park County, CO
- Pikes Peak Area Agency on Aging (Reg. 4), CO
- Pitkin County, CO
- Pueblo AAA Southern Region (Reg. 7), CO
- Region 10 AAA, CO
- Routt County, CO
- San Juan Basin AAA (Reg. 9), CO
- San Miguel County, CO
- South Central Council of Governments AAA (Reg. 14), CO
- South-Central Colorado Seniors, Inc. (Reg. 8), CO
- Teller County, CO
- Thornton, CO
- Upper Arkansas AAA (Reg. 13), CO
- Weld County Area Agency on Aging (Reg. 2b), CO
- Windsor, CO
- Coventry, CT
- Dover, DE
- Bonita Springs, FL
- Brevard County, FL
- Cape Coral, FL
- Charlotte County, FL
- Clearwater, FL
- Cooper City, FL
- Dania Beach, FL
- Daytona Beach, FL
- Delray Beach, FL
- Destin, FL
- Gainesville, FL
- Jupiter, FL
- Key West, FL
- Lee County, FL
- Melbourne, FL
- Miami, FL
- Oakland Park, FL
- Ocoee, FL
- Oldsmar, FL
- Oviedo, FL
- Palm Bay, FL
- Palm Coast, FL
- Pasco County, FL
- Pinellas County, FL
- Port St. Lucie, FL
- Sanford, FL
- Sarasota, FL
- South Daytona, FL
- Titusville, FL
- Walton County, FL
- Winter Garden, FL
- Albany, GA
- Cartersville, GA
- Conyers, GA
- Decatur, GA
- McDonough, GA
- Milton, GA
- Sandy Springs, GA
- Smyrna, GA
- Snellville, GA
- Suwanee, GA
- Honolulu, HI
- Ankeny, IA
- Bettendorf, IA
- Clive, IA
- Iowa City, IA
- Muscatine, IA
- Newton, IA
- Polk County, IA
- Urbandale, IA
- Pocatello, ID
- Post Falls, ID
- Twin Falls, ID
- Collinsville, IL
- Crystal Lake, IL
- DeKalb, IL
- Evanston, IL
- Highland Park, IL
- Homewood, IL
- Lake Zurich, IL
- Libertyville, IL
- Lincolnwood, IL
- Oak Park, IL
- O'Fallon, IL
- Orland Park, IL
- Palatine, IL
- Park Ridge, IL
- Peoria County, IL
- Peoria, IL
- Riverside, IL
- Schaumburg, IL
- Shorewood, IL
- Skokie, IL
- St. Charles, IL
- Sugar Grove, IL
- Western Springs, IL
- Wilmington, IL
- Aging and In-Home Services of Northeast Indiana, IN
- Area 10 Agency on Aging, IN
- Area 7 Agency on Aging and Disabled/WCIEDD, IN
- Area Five Agency, IN
- Area IV Agency on Aging & Community Action Programs, Inc., IN
- Boone County, IN
- Brownsburg, IN
- CICOA Aging and In-Home Solutions, IN
- East Chicago, IN
- Fishers, IN
- Generations, IN
- Hamilton County, IN
- Hancock County, IN
- Hendricks County, IN
- Hoosier Uplands/Area 15 Area Agency on Aging, IN
- Johnson County, IN
- Lifespan Resources, IN
- LifeStream Services - Area 6, IN
- LifeStream Services - Area 9, IN
- LifeTime Resources, IN
- Marion County, IN
- Morgan County, IN
- Munster, IN

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

- Noblesville, IN
- Northwest Indiana Community Action, IN
- REAL Services, Inc., IN
- Shelby County, IN
- SWIRCA & More, IN
- Thrive Alliance, IN
- Yorktown, IN
- Arkansas City, KS
- Lindsborg, KS
- Salina, KS
- Wichita, KS
- Ashland, KY
- Bowling Green, KY
- Danville, KY
- Daviess County, KY
- Paducah, KY
- Bedford, MA
- Brookline, MA
- Hopkinton, MA
- Needham, MA
- Weston, MA
- Annapolis, MD
- Gaithersburg, MD
- La Plata, MD
- Ocean City, MD
- Ann Arbor, MI
- Battle Creek, MI
- Delhi Township, MI
- Farmington Hills, MI
- Howell, MI
- Jackson County, MI
- Kalamazoo County, MI
- Meridian Charter Township, MI
- Midland, MI
- Novi, MI
- Oakland Township, MI
- Petoskey, MI
- Rochester, MI
- South Haven, MI
- Troy, MI
- Albert Lea, MN
- Bloomington, MN
- Chanhassen, MN
- Duluth, MN
- Hutchinson, MN
- Inver Grove Heights, MN
- Lakeville, MN
- Maplewood, MN
- Ramsey, MN
- Victoria, MN
- Maryville, MO
- Richmond Heights, MO
- Billings, MT
- Bozeman, MT
- Asheville, NC
- Charlotte, NC
- Davidson, NC
- Mooresville, NC
- Morrisville, NC
- Winston-Salem, NC
- Grand Island, NE
- La Vista, NE
- Papillion, NE
- Dover, NH
- Hooksett, NH
- Lebanon, NH
- Summit, NJ
- Willingboro Township, NJ
- Alamogordo, NM
- Bloomfield, NM
- Farmington, NM
- Las Cruces, NM
- Rio Rancho, NM
- San Juan County, NM
- Santa Fe County, NM
- Taos, NM
- North Las Vegas, NV
- Geneva, NY
- Hanau, Germany
- Rye, NY
- Watertown, NY
- Delaware, OH
- Hamilton, OH
- Hudson, OH
- Piqua, OH
- Sandusky, OH
- Broken Arrow, OK
- Stillwater, OK
- Ashland, OR
- Corvallis, OR
- Gresham, OR
- Hermiston, OR
- Lane County, OR
- McMinnville, OR
- Tualatin, OR
- Wilsonville, OR
- Chambersburg, PA
- Cranberry Township, PA
- Cumberland County, PA
- Ephrata Borough, PA
- Kennett Square, PA
- Kutztown Borough, PA
- Lower Providence Township, PA
- Peters Township, PA
- State College, PA
- West Chester, PA
- East Providence, RI
- Clinton, SC
- Columbia, SC
- Greer, SC
- Horry County, SC
- Mauldin, SC
- Rock Hill, SC
- Canton, SD
- Rapid City, SD
- Sioux Falls, SD
- Bristol, TN
- Johnson City, TN
- Morristown, TN
- Sevierville, TN
- White House, TN
- Benbrook, TX
- Burleson, TX
- Denison, TX
- Denton, TX
- Duncanville, TX
- Flower Mound, TX
- Galveston, TX
- Grand Prairie, TX
- La Porte, TX
- League City, TX
- McAllen, TX
- Missouri City, TX
- New Braunfels, TX
- Pasadena, TX
- Pearland, TX
- Plano, TX
- Rosenberg, TX
- Temple, TX
- Watauga, TX
- Farmington, UT
- Park City, UT
- Washington City, UT
- Albemarle County, VA
- Ashland, VA
- Blacksburg, VA
- Charlottesville, VA
- Chesterfield County, VA
- Fredericksburg, VA
- Hampton, VA
- Hanover County, VA
- Harrisonburg, VA
- Hopewell, VA

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

- Lexington, VA
- Lynchburg, VA
- Montgomery County, VA
- Norfolk, VA
- Northampton County, VA
- Radford, VA
- Williamsburg, VA
- Montpelier, VT
- Airway Heights, WA
- Bainbridge Island, WA
- Federal Way, WA
- Gig Harbor, WA
- Issaquah, WA
- Kenmore, WA
- Lakewood, WA
- Lynnwood, WA
- Marysville, WA
- Mountlake Terrace, WA
- Pasco, WA
- Renton, WA
- Spokane Valley, WA
- Tacoma, WA
- Yakima, WA
- Appleton, WI
- Eau Claire, WI
- Merrill, WI
- Milton, WI
- River Falls, WI
- Wauwatosa, WI
- Whitewater, WI
- Morgantown, WV
- Casper, WY
- Cheyenne, WY
- Teton County, WY

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Appendix D: References

1. McMillan DW. Sense of community. *Journal of Community Psychology.* 1996;24(1):315-325.
2. Rowe JW, Kahn RL. *Successful Aging*. New York: Pantheon Books; 1998.
3. Namkee GC, Burr A, Mutchler JE, Caro FG. Formal and informal volunteer activity and spousal caregiving among older adults. *Research on Aging.* 2007;29:99-124.
4. Klinenberg E. *Heat Wave: A Social Autopsy of Disaster in Chicago*: University of Chicago Press; 2003.
5. Greene LV. New Directions in Work and Family Policy. *APA Briefing Paper on Work and Family Policy* 2004; http://www.apa.org/ppo/issues/workandfam.html. Accessed Feburary 5, 2008.
6. Gibson MJ, Houser AN. *Valuing the Invaluable: A New Look at the Economic Value of Family Caregiving.* Washington, DC: AARP Public Policy Institute; June 2007.
7. Roper ASW & AARP. *Baby Boomers Envision Retirement II: Survey of Baby Boomers' Expectations for Retirement*: AARP; May 2004.

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Appendix E: Survey Materials

Community Assessment Survey for Older Adults™
© 2018 National Research Center, Inc.

Dear Resident,

It won't take much of your time to make a big difference!

Your household has been randomly selected to participate in a survey about your community. Your survey will arrive in a few days.

Thank you for helping us with this important study!

Sincerely,

Estimado Residente,

¡No le tomará mucho de su tiempo para marcar una gran diferencia!

Su hogar ha sido elegido al azar para participar en una encuesta sobre su comunidad. Su encuesta le llegará dentro de pocos días.

¡Gracias por ayudarnos con este importante estudio!

Atentamente,

Jayla Sanchez-Warren
Director/Directora

Dear Resident,

It won't take much of your time to make a big difference!

Your household has been randomly selected to participate in a survey about your community. Your survey will arrive in a few days.

Thank you for helping us with this important study!

Sincerely,

Estimado Residente,

¡No le tomará mucho de su tiempo para marcar una gran diferencia!

Su hogar ha sido elegido al azar para participar en una encuesta sobre su comunidad. Su encuesta le llegará dentro de pocos días.

¡Gracias por ayudarnos con este importante estudio!

Atentamente,

Jayla Sanchez-Warren
Director/Directora

Dear Resident,

It won't take much of your time to make a big difference!

Your household has been randomly selected to participate in a survey about your community. Your survey will arrive in a few days.

Thank you for helping us with this important study!

Sincerely,

Estimado Residente,

¡No le tomará mucho de su tiempo para marcar una gran diferencia!

Su hogar ha sido elegido al azar para participar en una encuesta sobre su comunidad. Su encuesta le llegará dentro de pocos días.

¡Gracias por ayudarnos con este importante estudio!

Atentamente,

Jayla Sanchez-Warren
Director/Directora

Dear Resident,

It won't take much of your time to make a big difference!

Your household has been randomly selected to participate in a survey about your community. Your survey will arrive in a few days.

Thank you for helping us with this important study!

Sincerely,

Estimado Residente,

¡No le tomará mucho de su tiempo para marcar una gran diferencia!

Su hogar ha sido elegido al azar para participar en una encuesta sobre su comunidad. Su encuesta le llegará dentro de pocos días.

¡Gracias por ayudarnos con este importante estudio!

Atentamente,

Jayla Sanchez-Warren
Director/Directora

1290 Broadway Suite 100
Denver, CO 80203-5606

Presorted
First Class Mail
US Postage
PAID
Boulder, CO
Permit NO. 94

1290 Broadway Suite 100
Denver, CO 80203-5606

Presorted
First Class Mail
US Postage
PAID
Boulder, CO
Permit NO. 94

1290 Broadway Suite 100
Denver, CO 80203-5606

Presorted
First Class Mail
US Postage
PAID
Boulder, CO
Permit NO. 94

1290 Broadway Suite 100
Denver, CO 80203-5606

Presorted
First Class Mail
US Postage
PAID
Boulder, CO
Permit NO. 94

drcog
DENVER REGIONAL COUNCIL OF GOVERNMENTS

Executive Committee
Herb Atchison, Chair
Bob Fifer, Vice Chair
John Diak, Secretary
Ashley Stolzmann, Treasurer
Bob Roth, Immediate Past Chair
Douglas W. Rex, Executive Director

May 2018

Dear Resident:

The Denver Regional Council of Governments, in association with the Colorado Association of Area Agencies on Aging (C4A) and with funding from NextFifty Initiative, is conducting a survey to learn about the current and future needs of older adults living in Adams, Arapahoe, Clear Creek, Douglas, Gilpin, and Jefferson Counties, as well as the City and County of Broomfield and the City and County of Denver.

El Consejo Regional de Denver de la Agencia de Área de Gobiernos Locales sobre el Envejecimiento está llevando a cabo una encuesta en su comunidad para enterarse de sus necesidades actuales y futuras. Usted ha sido elegido al azar para participar en la encuesta. Si usted prefiere completar la encuesta en Español, puede hacerlo en el sitio de red escrito abajo. Por favor escriba el vínculo exactamente como aparece. ¡Gracias por participar!

Please take a few minutes to complete the enclosed survey. Your participation in this survey is very important – especially since your household is one of only a small number of households being surveyed. Your feedback will help us to better understand and plan for the needs of older adults in our community.

A few things to remember:

- **Your responses are completely anonymous.**
- In order to hear from a diverse group of older residents, the **adult 60 years or older** in your household who most recently had a birthday should complete this survey.
- **Please return the survey by mail in the enclosed postage-paid envelope, or you can complete the survey online at:**

If you have any questions or need assistance with this survey, please call Mindy Patton at 303-480-6723.

Thank you for your time and participation.

Respectfully,

Jayla Sanchez-Warren
Director, Area Agency on Aging

drcog
DENVER REGIONAL COUNCIL OF GOVERNMENTS

Executive Committee
Herb Atchison, Chair
Bob Fifer, Vice Chair
John Diak, Secretary
Ashley Stolzmann, Treasurer
Bob Roth, Immediate Past Chair
Douglas W. Rex, Executive Director

May 2018

Dear Resident:

Here's a second chance if you haven't already responded to our 2018 community survey! **(If you completed it and sent it back, we thank you for your time and ask you to recycle this survey. Please do not respond twice.)**

The Denver Regional Council of Governments, in association with the Colorado Association of Area Agencies on Aging (C4A) and with funding from NextFifty Initiative, is conducting a survey to learn about the current and future needs of older adults living in Adams, Arapahoe, Clear Creek, Douglas, Gilpin, and Jefferson Counties, as well as the City and County of Broomfield and the City and County of Denver.

El Consejo Regional de Denver de la Agencia de Área de Gobiernos Locales sobre el Envejecimiento está llevando a cabo una encuesta en su comunidad para enterarse de sus necesidades actuales y futuras. Usted ha sido elegido al azar para participar en la encuesta. Si usted prefiere completar la encuesta en Español, puede hacerlo en el sitio de red escrito abajo. Por favor escriba el vínculo exactamente como aparece. ¡Gracias por participar!

Please take a few minutes to complete the enclosed survey. Your participation in this survey is very important – especially since your household is one of only a small number of households being surveyed. Your feedback will help us to better understand and plan for the needs of older adults in our community.

A few things to remember:

- **Your responses are completely anonymous.**
- In order to hear from a diverse group of older residents, the **adult 60 years or older** in your household who most recently had a birthday should complete this survey.
- **Please return the survey by mail in the enclosed postage-paid envelope, or you can complete the survey online at:**

If you have any questions or need assistance with this survey, please call Mindy Patton at 303-480-6723.

Thank you for your time and participation.

Respectfully,

Jayla Sanchez-Warren
Director, Area Agency on Aging

Please complete this questionnaire if you are the adult (age 60 or older) in the household who most recently had a birthday. The adult's year of birth does not matter. Please circle the response that most closely represents your opinion for each question. Your responses are anonymous and will be reported in group form only.

1. Please circle the number that comes closest to your opinion for each of the following questions:

	Excellent	*Good*	*Fair*	*Poor*	*Don't know*
How do you rate your community as a place to live?	1	2	3	4	5
How do you rate your community as a place to retire?	1	2	3	4	5

2. Please rate each of the following characteristics <u>as they relate to adults age 60 or older in your community:</u>

	Excellent	*Good*	*Fair*	*Poor*	*Don't know*
Opportunities to volunteer	1	2	3	4	5
Employment opportunities	1	2	3	4	5
Opportunities to enroll in skill-building or personal enrichment classes	1	2	3	4	5
Recreation opportunities (including games, arts, and library services, etc.)	1	2	3	4	5
Fitness opportunities (including exercise classes and paths or trails, etc.)	1	2	3	4	5
Opportunities to attend social events or activities	1	2	3	4	5
Opportunities to attend religious or spiritual activities	1	2	3	4	5
Opportunities to attend or participate in meetings about local government or community matters	1	2	3	4	5
Availability of affordable quality housing	1	2	3	4	5
Variety of housing options	1	2	3	4	5
Availability of long-term care options	1	2	3	4	5
Availability of daytime care options for older adults	1	2	3	4	5
Availability of information about resources for older adults	1	2	3	4	5
Availability of financial or legal planning services	1	2	3	4	5
Availability of affordable quality physical health care	1	2	3	4	5
Availability of affordable quality mental health care	1	2	3	4	5
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	1	2	3	4	5
Availability of affordable quality food	1	2	3	4	5
Sense of community	1	2	3	4	5
Openness and acceptance of the community towards older residents of diverse backgrounds	1	2	3	4	5
Ease of travel by public transportation in your community	1	2	3	4	5
Ease of travel by car in your community	1	2	3	4	5
Ease of walking in your community	1	2	3	4	5
Ease of getting to the places you usually have to visit	1	2	3	4	5
Overall feeling of safety in your community	1	2	3	4	5
Valuing older residents in your community	1	2	3	4	5
Neighborliness of your community	1	2	3	4	5
Cost of living in your community	1	2	3	4	5
Availability of services at the senior center	1	2	3	4	5
Quality of senior nutrition programs	1	2	3	4	5
Accessibility of long term care options that are open and accepting toward people of diverse backgrounds	1	2	3	4	5
Accessibility of daytime care options that are open and accepting toward people of diverse backgrounds	1	2	3	4	5

3. How would you rate the overall services provided to adults age 60 or older in your community?

- ❑ Excellent
- ❑ Good
- ❑ Fair
- ❑ Poor
- ❑ Don't know

© 2007-2018 National Research Center, Inc.

4. In general, how informed or uninformed do you feel about the following?

	Very informed	*Somewhat informed*	*Somewhat uninformed*	*Very uninformed*
Services and activities available to older adults in your community	1	2	3	4
Long term care options (i.e. nursing homes, home care)	1	2	3	4
Information on planning for the future	1	2	3	4

5. Please circle the number that comes closest to your opinion for each of the following questions:

	Excellent	*Good*	*Fair*	*Poor*	*Don't know*
How do you rate your overall physical health?	1	2	3	4	5
How do you rate your overall mental health/emotional well being?	1	2	3	4	5
How do you rate your overall quality of life?	1	2	3	4	5

6a. The following questions list a number of problems that older adults may or may not face. Thinking back over the last 12 months, how much of a problem, if at all, has each of the following been for you?

	Not a problem	*Minor problem*	*Moderate problem*	*Major problem*	*Don't know*
Having housing to suit your needs	1	2	3	4	5
Your physical health	1	2	3	4	5
Performing regular activities, including walking, eating and preparing meals	1	2	3	4	5
Having enough food to eat	1	2	3	4	5
Doing heavy or intense housework	1	2	3	4	5
Having safe and affordable transportation available	1	2	3	4	5
No longer being able to drive	1	2	3	4	5
Feeling depressed	1	2	3	4	5
Experiencing confusion or forgetfulness	1	2	3	4	5
Maintaining your home	1	2	3	4	5
Maintaining your yard	1	2	3	4	5
Finding productive or meaningful activities to do	1	2	3	4	5
Having friends or family you can rely on	1	2	3	4	5
Falling or injuring yourself in your home	1	2	3	4	5
Finding affordable health insurance	1	2	3	4	5
Getting the health care you need	1	2	3	4	5
Affording the medications you need	1	2	3	4	5
Figuring out which medications to take and when	1	2	3	4	5
Getting the oral health care you need	1	2	3	4	5
Having tooth or mouth problems	1	2	3	4	5
Getting the vision care you need	1	2	3	4	5
Having enough money to meet daily expenses	1	2	3	4	5
Having enough money to pay your property taxes	1	2	3	4	5
Staying physically fit	1	2	3	4	5
Maintaining a healthy diet	1	2	3	4	5
Having interesting recreational or cultural activities to attend	1	2	3	4	5
Having interesting social events or activities to attend	1	2	3	4	5
Feeling bored	1	2	3	4	5
Feeling like your voice is heard in the community	1	2	3	4	5
Finding meaningful volunteer work	1	2	3	4	5
Feeling physically burdened by providing care for another person	1	2	3	4	5
Feeling emotionally burdened by providing care for another person	1	2	3	4	5
Feeling financially burdened by providing care for another person	1	2	3	4	5

© 2007-2018 National Research Center, Inc.

6b. The following questions list a number of other problems that older adults may or may not face. Thinking back over the last 12 months, how much of a problem, if at all, has each of the following been for you?

	Not a problem	*Minor problem*	*Moderate problem*	*Major problem*	*Don't know*
Feeling overwhelmed and/or exhausted when caring for another person	1	2	3	4	5
Dealing with legal issues	1	2	3	4	5
Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	1	2	3	4	5
Finding work in retirement	1	2	3	4	5
Building skills for paid or unpaid work	1	2	3	4	5
Not knowing what services are available to older adults in your community	1	2	3	4	5
Feeling lonely or isolated	1	2	3	4	5
Dealing with the loss of a close family member or friend	1	2	3	4	5
Being a victim of crime	1	2	3	4	5
Being a victim of fraud or a scam	1	2	3	4	5
Being physically or emotionally abused	1	2	3	4	5
Dealing with financial planning issues	1	2	3	4	5
Being treated unfairly or discriminated against because of your age	1	2	3	4	5

7. Thinking back over the past 12 months, how many days did you spend…

As a patient in a hospital?..... _____ number of days

In a long-term care facility (including nursing home or in-patient rehabilitation)?..... _____ number of days

8. Thinking back over the past 12 months, how many times have you fallen and injured yourself? Was it…

- ❑ Never
- ❑ Once or twice
- ❑ 3-5 times
- ❑ More than 5 times
- ❑ Don't know

9. How likely or unlikely are you to recommend living in your community to older adults?

- ❑ Very likely
- ❑ Somewhat likely
- ❑ Somewhat unlikely
- ❑ Very unlikely
- ❑ Don't know

10. How likely or unlikely are you to remain in your community throughout your retirement?

- ❑ Very likely
- ❑ Somewhat likely
- ❑ Somewhat unlikely
- ❑ Very unlikely
- ❑ Don't know

11. In the last 12 months, about how many times, if ever, have you participated in or done each of the following?

	2 times a week or more	*2-4 times a month*	*Once a month or less*	*Not at all*
Used a senior center in your community	1	2	3	4
Used a recreation center in your community	1	2	3	4
Used a public library in your community	1	2	3	4
Used bus, rail, subway or other public transportation instead of driving	1	2	3	4
Visited a neighborhood park	1	2	3	4
Attended a local public meeting	1	2	3	4
Watched (online or on television) a local public meeting	1	2	3	4

12. During a typical week, how many hours do you spend providing care for one or more individuals with whom you have a significant personal relationship (such as a spouse, other relative, partner, friend, neighbor or child), whether or not they live with you?

	Never (no hours)	*1 to 3 hours*	*4 to 5 hours*	*6 to 10 hours*	*11 to 19 hours*	*20 or more hours*	*Don't know*
One or more individuals age 60 or older	1	2	3	4	5	6	7
One or more individuals age 18 to 59	1	2	3	4	5	6	7
One or more individuals under age 18	1	2	3	4	5	6	7

© 2007-2018 National Research Center, Inc.

13. During a typical week, how many hours, if any, do you spend doing the following?

	Never (no hours)	*1 to 3 hours*	*4 to 5 hours*	*6 to 10 hours*	*11 or more hours*	*Don't know*
Participating in a club (including book, dance, game and other social)	1	2	3	4	5	6
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	1	2	3	4	5	6
Communicating/visiting with friends and/or family	1	2	3	4	5	6
Participating in religious or spiritual activities with others	1	2	3	4	5	6
Participating in a recreation program or group activity	1	2	3	4	5	6
Providing help to friends or relatives	1	2	3	4	5	6
Volunteering time to some group/activity in the community	1	2	3	4	5	6

14. How often, if at all, do you do each of the following, considering all of the times you could?

	Never	*Rarely*	*Sometimes*	*Usually*	*Always*
Eat at least 5 portions of fruits and vegetables a day	1	2	3	4	5
Participate in moderate or vigorous physical activity	1	2	3	4	5
Receive assistance from someone almost every day	1	2	3	4	5
Vote in local elections	1	2	3	4	5

15. How frequently, if ever, do you do each of the following things on the Internet (using a computer, tablet, cell phone, etc.)?

	Daily	*Weekly*	*Monthly*	*Less than once per month*	*Never/Not applicable*
Use email, texting or video to communicate	1	2	3	4	5
Use social media (Facebook, Twitter, LinkedIn)	1	2	3	4	5
Get the news or weather	1	2	3	4	5
Shop, search for products and services	1	2	3	4	5
Research or study a topic of interest	1	2	3	4	5
Share opinions, post to a blog, review a product or service	1	2	3	4	5
Attend an online class or training	1	2	3	4	5
Work from home	1	2	3	4	5
Banking online (paying bills, investing, etc.)	1	2	3	4	5
Find info on community resources and events	1	2	3	4	5
If you have a question, use Internet to the find the answer	1	2	3	4	5
Engage in civic activities (participate in a discussion about community and government issues; research information about an issue or a candidate)	1	2	3	4	5
Look up health and medical information	1	2	3	4	5
Communicate with government (seek services, get a license, discuss a problem)	1	2	3	4	5
Sell goods and services online, advertise	1	2	3	4	5
Find directions or look up a map	1	2	3	4	5

16. How comfortable, if at all, are you at each of the following?

	Very comfortable	*Somewhat comfortable*	*Not at all comfortable*	*Don't know*	*Not applicable*
Using a computer laptop/desktop	1	2	3	4	5
Using a smartphone or tablet computer	1	2	3	4	5
Accessing the Internet	1	2	3	4	5
Using email	1	2	3	4	5
Locating information online (bus schedules, weather, news, etc.)	1	2	3	4	5
Using social networking sites (Facebook, Twitter, etc.)	1	2	3	4	5

© 2007-2018 National Research Center, Inc.

Our last questions are about you and your household. Again, all of your responses to this survey are completely anonymous and will be reported in group form only.

D1. How many years have you lived in your community?
- ❑ Less than 1 year
- ❑ 1-5 years
- ❑ 6-10 years
- ❑ 11-20 years
- ❑ More than 20 years

D2. Which best describes the building you live in?
- ❑ Single family home
- ❑ Townhouse, condominium, duplex or apartment
- ❑ Mobile home
- ❑ Assisted living residence
- ❑ Nursing home
- ❑ Other

D3. Do you currently rent or own your home?
- ❑ Rent
- ❑ Own (with a mortgage payment)
- ❑ Own (free and clear; no mortgage)

D4. About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance and homeowners' association (HOA) fees)?
- ❑ Less than $300 per month
- ❑ $300 to $599 per month
- ❑ $600 to $999 per month
- ❑ $1,000 to $1,499 per month
- ❑ $1,500 to $2,499 per month
- ❑ $2,500 or more per month

D5. How many people, including yourself, live in your household? ..... _____ members

D6. How many of these people, including yourself, are…

60 or older..... _____ members

17 or younger..... _____ members

18-59 years old..... _____ members

D7. What is your employment status?
- ❑ Fully retired ➔ *Go to Question D9*
- ❑ Working full time for pay
- ❑ Working part time for pay
- ❑ Unemployed, looking for paid work

D8. [IF NOT YET FULLY RETIRED] At what age do you expect to retire completely and not work for pay at all? …… _____ years old

D9. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)
- ❑ Less than $15,000
- ❑ $15,000 to $24,999
- ❑ $25,000 to $49,999
- ❑ $50,000 to $74,999
- ❑ $75,000 to $99,999
- ❑ $100,000 or more

Please respond to both questions D10 and D11.

D10. Are you Spanish/Hispanic/Latino?
- ❑ Yes
- ❑ No

D11. What is your race? (Mark one or more races to indicate what race you consider yourself to be.)
- ❑ American Indian or Alaskan native
- ❑ Asian or Pacific Islander
- ❑ Black, African American
- ❑ White/Caucasian
- ❑ Other

D12. In which category is your age?
- ❑ 60-64 years
- ❑ 65-69 years
- ❑ 70-74 years
- ❑ 75-79 years
- ❑ 80-84 years
- ❑ 85-89 years
- ❑ 90-94 years
- ❑ 95 years or older

D13. What is your sex?
- ❑ Female
- ❑ Male
- ❑ Other/non-conforming

D14. What is your sexual orientation?
- ❑ Heterosexual
- ❑ Lesbian
- ❑ Gay
- ❑ Bi-sexual

D15. Are you a grandparent raising a grandchild?
- ❑ Yes
- ❑ No

Thank you for completing this survey. Please return the completed survey in the postage-paid envelope to:
National Research Center, Inc. Data Entry
P.O. Box 549, Belle Mead NJ 08502-9922

© 2007-2018 National Research Center, Inc.