



The Caregiver Services and Support team assists caregivers in accessing resources in the community. This program is designed to support caregivers in all stages of the caregiving journey.

The Area Agency on Aging is the Denver area's designated organization to address the needs of the region's older adults and people living with disabilities by providing comprehensive services, essential support and compassionate advocacy.

Caregiver information and assistance

Navigating the world of caregiving can be challenging, especially in today's information age. It's important to connect with experts who can provide accurate information and assistance tailored to each person's unique caregiving situation. Program professionals can help explain benefits and connect caregivers with local resources via telephone or email. Contact Caregiver Services and Support at 303-480-5656 or caregiversvcs@drcog.org.

Topics include:

- Navigating challenging caregiving situations.
- Finding in-home services for care for older adults.
- Explaining housing and placement options: independent living, assisted living and nursing facilities.
- Paid caregiving.
- Respite resources.
- Referrals to caregiver education programs and counseling services.
- End-of-life options and services.
- Referrals to disease-specific caregiving resources and support groups.

Caregiver respite

The program offers valuable information and referrals to trusted respite providers. Eligible caregivers can access respite services, receive an opportunity to recharge and take

from caregiving duties. The one-time voucher can provide 32 hours of in-home care to be used within 90 days from receipt of the award.

Caregiver respite voucher eligibility

Family caregiver

Must meet one of the following:

- Must be an adult aged 18 or older who is the unpaid, informal and primary family caregiver.
- Must be a caregiver aged 55 or older who is living and caring for an adult aged 18-59 with a disability.

Care recipient

- Must not currently receive care or support services through Medicaid waivers, Veterans Affairs or other respite programs.
- Must be an older adult aged 60 or older with an inability to perform at least two activities of daily living.

or

- Must be an adult of any age with dementia or other organic brain dysfunction who requires supervision.

The program is a free service for eligible caregivers.

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 Caregiving isn't easy. But it shouldn't feel hopeless.